

This Weekend— April 20th-21st, 2019

Big Bread Burn

Friday, April 19th | 9:00am to 11:45am | Jewish Center of Teaneck parking lot. The Teaneck Fire Department will have fire trucks in the Jewish Center Parking Lot for a photo op for the kids who come to burn the chametz. White Fire Chief hats and Streits Kosher For Passover lollipops will be given out to all the children.

April 22nd and beyond

Post-Pesach food collection –donation to Gemachs and food pantries

Sunday April 28th until Sunday, May 5th | home of Debby & AZ Rapps, 1499 Sussex Rd, (Corner Warwick). (201)837-9683. We will once again be collecting all of your unopened, non-perishable food to be donated to local Gmachs and food pantries. Please leave food on the back deck, on Warwick Ave., during daylight hours so that animals don't get into it overnight. Please don't leave the food in the rain.

Annual Yom Hashoah commemoration

Wednesday, May 1st | 7:30pm | Teaneck High School auditorium
 This year marks the 80th Anniversary of the start of the Shoah. A pre-event reception for survivors and their families in our community will be held at 6PM in the multi-media room at Teaneck High School. To RSVP, contact Annette Prager at 201-385-1612. The guest speaker is Toby Levy, an orthodox woman from Chodorow, Poland in 1933. Toby and her family were saved by righteous gentiles who hid them during the Nazi occupation. They were among the few survivors of the thousands of Jews who lived in this area. For more information, go to www.teaneckyomhashoa.org. The Holocaust Commemoration Committee is currently seeking Holocaust survivors as well as Second and Third Generations to participate in the candle lighting portion of our program. For more information and for potential participation, contact Jeanette Malca at 201-248-4648 or at: jmalca44@gmail.com.

Yom HaShoah—76th Anniversary Warsaw Ghetto Uprising

Wednesday, May 1st | 7:30pm | Fair Lawn Jewish Center, 1010 Norma Avenue, Fair Lawn, NJ

6:00pm Exhibit: Letters from the Shoah. 6:30pm: Remembrance Service and Program with keynote speaker: Gideon Taylor, World Jewish Restitution Organization. Topic: *Holocaust Restitution: The Struggle for Justice*.

MENTAL HEALTH AND ADDICTION SYMPOSIUM: ELIMINATING STIGMA

Sunday, May 5th | 9:00am – 11:30am | Yeshivat He'Atid | 1500 Queen Anne Rd, Teaneck. The symposium will open with a keynote address delivered by Dr. Norman Blumenthal and Lisa Twerski, LCSW, on stigma, its impact on the community, and ways to combat it. This is an opportunity for you to participate in several sessions led by professionals on numerous topics including sexual abuse, suicide, vaping, marijuana, mood disorders, peer support, and ways to approach loved ones with concerns. This event is co-sponsored by Communities Confronting Substance Abuse and Refa'enu. Just a reminder that both CCSA and Refa'enu offer free support groups. Contact dena@refaenu.org regarding its groups for people with mood disorders as well as for their loved ones. Contact CCSA at time2talkaddiction@gmail.com regarding its group for those who have loved ones affected by addiction or substance abuse.

Morning of Learning in commemoration of the Fourth Yahrzeit of Rav Aharon Lichtenstein, zt"l

Sunday, May 5th | 9:00am | Cong Netivot Shalom, 811 Palisade Avenue, Teaneck

9:15am—Rabbi Nathaniel Helfgot will speak. 9:50am— Rabbi Menachem Genack will speak.

Mickey Marcus Memorial Service

Sunday, May 5th | 10:00am | U.S. Military Academy, West Point
 Annual program commemorating Col. David Mickey Marcus among the 41 U.S. and Canadian volunteers. For details, contact Susan Levin, Susanklevin@gmail.com; or Mark Wiesen, srwiesen@aol.com

Jewish National Fund communal brunch celebration

Sunday, May 5th | 9:00am – 11:30am | The Rockleigh, featuring Professor Alan Dershowitz. The celebration will feature over 300 JNF investors, students, clergy and community leaders. Further information and registration details are available at www.jnf.org/nnibrunch or by contacting Jacqueline Yehudiel, JNF Director for Northern NJ at jyehudiel@jfn.org.

Join Beth Aaron Sisterhood for a cooking demo with Victoria Dwek

Sunday, May 5th | 7:30pm | Neugroschl home, 100 Edgemont Place, Teaneck. K kosher food personality Victoria Dwek will offer a Pre-Shavuot cooking demonstration. Victoria is the co-author of many cookbooks, including the "Made Easy" cookbook series, "Everyday Secret Restaurant Recipes," and "Secret Restaurant Recipes." The cost is \$30, and sponsorships are available. Register at www.bethaaron.org/event/SisterhoodShavuotCooking.

NORPAC's Advocacy Mission to Capital Hill on Tuesday May 21st.

Take one day to advocate for Israel's security - Israel's critics are becoming bolder and we cannot afford to sit on the sidelines! Register at Norpac.net, (201) 788-5133 or email Laurie Baumel at lbaumel@norpac.net. Registration - \$185 adults/ \$125 for students and \$135 for young professionals up to age 30. Transportation and Meals included.

Torah in Motion Jewish Medical Ethics Conference

May 23rd-26th | Gideon Putnam Resort and Spa in Saratoga Springs, NY. Join for a weekend of inspiring learning surrounded by the serenity of Saratoga Spa State Park. For information or to book call 416-633-5770 or email info@torahinmotion.org

Jewish Family and Children's Services' Annual Wheels for Meals Ride to Fight Hunger will take place on June 23.

Choose from 50-, 25-, 10-, and 3-mile bike routes or 3-mile hike. All Rinat members are invited to join **Nesya Bayewitz's bat mitzvah team** at the ride. More information and team registration at www.ridetofighthunger.com

Ongoing/Miscellaneous

Nitzanei Noam Summer program for 2-3 year olds

Nitzanei Noam, located in Bnai Yeshurun, Teaneck, is accepting applications for its 2-3 year old summer program. Experienced head counselor, fun junior counselors, outdoor climbing and play area, outdoor water play, dynamic daily programming and learning, music, yoga and more. Hours are 9:00am-3:00pm with early drop off and late pick up available. For more information visit www.yeshivatnoam.org, call Morah Joyce Buckman at 201-836-6871, or email her at jbuckman@yeshivatnoam.org.

Bikur Cholim Bergen County (BCBC) is a volunteer run 501(c)3 organization which provides support, facilities, and services to ease the burden of families during crises. Bikur Cholim Bergen County can be reached at 201-579-3066 or visit their website at www.bikurcholimbergencounty.org for a full list of services.

Tomchei Shabbos of Bergen County

Volunteers needed to pack | Wednesdays | 2:30pm—Early pack— (Adults only), or 5:45pm Regular packing

Please only reply if you are willing and able to make a serious commitment. Contact Sara Walzman at sdwalzman@yahoo.com
Chesed Opportunities Bar and Bat Mitzvah boys and girls! For information how to commemorate your Simcha with a chesed project thru partnering with Tomchei Shabbos, contact Andrea Fields at 973-371-1771x411 or AJBier@aol.com

Teaneck Simcha Gemach has folding tables, cocktail tables, chairs and coat racks (w/ hangers) available for loan. Contact teanecksimcha@yahoo.com.

Project YECHI Tablecloth Gemach

Project Yechi helps to provide financial support for families fighting illness. Please email projectyechi@gmail.com for details.

Down the Aisle Gemach (Chatan and Kallah Gemach)

Setting up a home can be daunting and expensive. Help couples by donating new or unopened gifts. We accept household, Judaica, linens, gift-ware, engagement and wedding gifts that perhaps are not your taste but others would enjoy as they start their new lives together. **Teaneck Drop off:** Carrie Cooper, 1060 Windsor Road 201-801-9028. candscooper@gmail.com. **Bergenfield Drop off:** Meredith Yager, 65 Lee Place 201-321-4301 Meredithyager@gmail.com

Toiletry Collection Drive - Ongoing collection of full size shampoo, conditioner, body wash and bar soap that is distributed on a regular basis to community members in need. This is a year-round collection and very much needed. **Drop off at the Stone residence - 578 Grenville Avenue, Teaneck** - purple collection box located at the right side door. Questions? Please contact Gila - gr5thkid@msn.com.

Bat Mitzvah Dress Gemach

Do you have a gorgeous Bat Mitzvah dress that no longer fits, hanging in your closet? Teaneck Bat Mitzvah Gown/Dress Gemach now accepting dresses in excellent condition. Current styles only please. Happy to pick up or you can drop off. Come take a look at our great selection! For more info email the Gemach at bmdressgmach@gmail.com

CAN YOU USE FREE FOOD ONCE A WEEK?

Shearit Haplate of Bergen County is our only local kosher food rescue and distribution organization. If you think this would help you and your family, please email us at shearithaplate@gmail.com. If you would like to volunteer 2hrs/ week to help Shearit HaPlate pick up or repack food donations, please email us at shpbcinc@gmail.com and we would be happy to put you to work ASAP! If you would like to donate catered leftovers from a special gathering or event, small or large, please call for pick-up Danny Chazin 201-835-5338. For more information about our not-for-profit organization and for donation opportunities please visit www.shpbc.org or visit our Facebook page.