

This Weekend—November 2-4

Rabbi Yosef Carmel to speak this Shabbat, November 2-3

Rabbi Yosef Carmel, Rabbinical Dean of Eretz Hemdah Institute for Advanced Jewish Studies in Jerusalem and Av Beit Din of the Beit Din, Eretz Hemdah-Gazit, will speak at various locations: **Cong Ohr HaTorah, 36 Rector Ct., Bergenfield: Friday night before Maariv**—topic: *The Cave of Machpela and Mount Moriah: The Special Relationship between Yerushalayim and Hevron*; **Oneg Shabbat at 8:30pm at the home of Allen and Miriam Pfeiffer, 400 Warwick Ave., Teaneck** - topic: *Brothers in Bereishit—the Power of Jealousy*; **Shabbat morning following 9am Shacharit at BMOB, 371 S Prospect Ave, Bergenfield**—topic: *Could Avraham have Purchased “Me’arat Hamachpela with a Credit Card?* **Following Mincha at 5:15pm at Keter Torah,** topic: *The Jewish Identity Crisis in Israel and Eretz Hemdah’s Solution.*

Yeshivat Frisch, The Frisch School Open House

Sunday, November 4 | 9:00 am Come and experience the innovative formal and informal educational opportunities provided to our students that foster their individualized intellectual and religious growth. (Kindly register at www.Frisch.org/openhouse.)

Yeshivat Noam Parent & child meet & greet

Sunday, November 4 | 9:30am-11:30am.

Yeshivat Noam invites 2-4 year old children and their parents to a fun morning of play, music, exploration and refreshments. Come meet our Morot, sample our playground, discover wonderful activities in our classrooms and generally have a great time! Please contact Esther Feil for reservations: efeil@yeshivatnoam.org

Jewish Center of Teaneck Evening with Tova Warburg Sinensky, Yoetzet Halakha

Motzei Shabbat, Nov 3 | 8:00pm | private home in Teaneck Please join the Jewish Center of Teaneck for a Special Motzaei Shabbat event *"From the Files of the Yoetzet: A Fireside Evening for Women"* with Tova Warburg Sinensky, our new Yoetzet Halakha at the home of Tamar and Yigal Gross on November 3 at 8:00pm. RSVPs appreciated. Please email tamar.warburg@gmail.com to rsvp and get address.

Nefesh b’Nefesh Aliyah Open Houses

Join us for an informal discussion and learn about living in Israel. Upcoming Aliyah Open Houses: **Sunday, Nov. 4th** NBN-New Jersey, 50 Eisenhower Drive Paramus, NJ **Retiring to Israel: 6:00pm**, register here: <https://events.nbn.org.il/Event.aspx?id=757245184> **Exploring Aliyah: 8:00pm**, register here: <https://events.nbn.org.il/Event.aspx?id=-455331584>

Heichal HaTorah Open House

Sunday, Nov 4 | 7:00pm | 70 Sterling Place, Teaneck All 8th grade talmidim are invited to a Melava Malka for Prospective Talmidim, Motzei Shabbos, November 10, at 8:30pm at the yeshiva. To register, please go to: <http://heichalhatorah.org>. Heichal HaTorah is dedicated to providing a classic yeshiva education and a rigorous general studies program with excitement, warmth and a passion for growth. For more information, please contact Rav Avi Epstein, Director of Admissions, at 201.335.0633 extension 3 or aviepstein@heichalhatorah.org.

RYNJ Open House

Sunday, Nov 4 | 7:00pm | YNJ, 666 Kinderkamack Road, River Edge, NJ.

Open House focusing on our Early Childhood and Lower Elementary School programs (Nursery-2nd Grade). Experience the warm environment created by our dynamic administration, dedicated faculty and involved parent body. Please register at www.RYNJ.org. All prospective parents are also invited to learn more about the RYNJ educational philosophy and our Upper Elementary and Middle School (Grades 3-8) programs at parlor meetings in neighboring communities. For more information about these events and the admissions process, please contact Mrs. Tamar Kahn, Director of Admissions, at tkahn@rynj.org or (201) 986-1414 ext. 338.

COMMUNITY EDUCATION EVENT

Sunday, November 4, 2018, 7:30–9:00pm Cong Keter Torah, ***What questions do YOU have?*** Understand more about state and local initiatives, substance abuse and addiction, and what we can do to address and prevent it. Join us for an evening devoted to answering the questions you may ask of experts as well as relevant community leadership and members. Questions such as:

What do I do if I think a friend or a loved one is using drugs? Why do some people get addicted and others do not? What are the risks of taking prescribed medication? How accessible will marijuana be if it is legalized? What are the real dangers of vaping and juuling? See our website at <https://www.Time2TalkAddiction.org/> to submit your questions anonymously, or email Time2TalkAddiction@gmail.com for more information. Sponsorships are available. We want to thank our sponsors: Cinch Deliveries, Chopstix, Congregation Keter Torah, Englewood Health and Medical Center, Five Star Caterers, Hudson Regional Hospital, Ma’adan Catering, NCSY, Overlook Pain + Recovery, and The Valley Hospital. This event is presented by Communities Confronting Substance Abuse, Inc. in partnership with: the RCBC, NCSY and all of our area day and high schools. *The event will be covered by NBC News as part of a broader documentary about the opioid epidemic

November 5 and beyond

CHANUKAH TOY DRIVE

Rinat is once again participating in The 26th Annual Bergen County Chanukah Toy Drive. We are collecting new and unwrapped toys and gifts for children and young adults going through trying times. **Please drop off your donations at the Grosser Residence, 1190 W. Laurelton Pkwy, Teaneck, from now until Friday, November 23rd.** The Bergen County Toy Drive is a great collaborative effort across many Bergen County Jewish Schools, Synagogues and Temples and donates to 18 different charity organizations. Your donations will help us share the excitement of Chanukah with thousands of children and young adults. This is a great opportunity to involve your children in the mitzvah of tzedakah!

The 24th annual TVAC blood drive

Monday, November 5 | 3:00-8:00pm | TVAC's headquarters, 855 Windsor Road. Refreshments sponsored by Chopstix and Butterflake Bakery. Questions? Call Vitalant (formerly Community Blood Services) at 201-251-3703.

Ben Porat Yosef Parlor Meeting

Monday, November 5 | 8:00pm | home of Malka and Josh Einhorn in Teaneck.

Prospective families are invited to attend our upcoming Teaneck parlor meeting to learn more about our innovative educational experience. The parlor meeting will be hosted by Email sharonagrossberg@benporatyosef.org for address and to RSVP.

Yeshivat He’Atid Open House

Tuesday, Nov 6 | 7:30pm | 1500 Queen Anne Road, Teaneck Come see what makes our schools so unique. For more information or to schedule a tour please contact Gitty Eisner, gittyeisner@yeshivatheatid.org or call 201-374-2272 ext. 6. To register, please go to <http://www.yeshivatheatid.org/open-house/>

16th Annual Worldwide Yarzeit Rachel Imeinu Video

Tuesday, Nov 6 | 8:30pm | Cong Bnai Yeshurun Video Title: *"Bringing the Geula: With the Power of Our Chessed"*, to be shown at Cong. Bnai Yeshurun, with intro by HaRav Shmuel Kamenetsky, shlita, featuring words of inspiration from Rabbi David Ashear ("Living Emunah" "Daily Emunah"), Rabbi Paysach Krohn, Rabbi Zecharia Wallerstein & Rebtzn Tehila Jaeger. Presented by Sisterhoods of CBY, Beth Abraham and Ohr HaTorah. For women and girls only. For more information contact 201-837-0354.

Refa’enu Peer led support groups to meet

Tuesday, November 6, 2018 | 7:30pm | Paramus, NJ Groups meet regularly on the 1st and 3rd Tuesdays of every month, with some exceptions, as noted on the website.

Groups meet at 7:30pm in the Ben Porat Yosef Building at E. 243 Frisch Ct. in Paramus, NJ. Groups are divided between a group for those with a disorder (depression, bipolar) as well as a group for their loved ones. Please check website to confirm meetings: <http://www.refaenu.org>. No reservations are required. For more information contact: dena@refaenu.org

Come learn about Yad B'Yad Israel Experience

Wednesday, November 7 | 8:00pm | the Kilimnick Family, 259 Johnson Ave, Teaneck, NJ. Yad B'Yad Israel Experience, Yachad's premiere summer program for teens with and without disabilities! Hear firsthand from participants and meet some of the program staff! For further information, please contact us at 212-613-8369 or yachadsummer@ou.org.

Rabbi Berel Wein as Scholar in Residence

Shabbat, Parshat Toldot, November 9-10 | Cong Beth Abraham
Schedule is as follows: Friday night - D'var Halakha in the main shul (mincha at 4:25pm); Friday night oneg at 8PM: "What is the religious importance of studying Jewish history?" Shabbos morning: Drasha during the 8:45 minyan; Following Mincha at 4:20: "Do Halacha and Hashkafa evolve with modern times?"

Naaleh High School for Girls Open House

Motzei Shabbat, Nov 10 | 7:45pm | 475 Grove Street, Ridgewood, NJ. Register at www.naalehighschool.org/admissions.

The Moriah Early Childhood Open House

Sunday November 11th, 3:30-5:00 | Moriah (53 South Woodland St. Englewood, NJ) - Bring your little ones for a day of fun at Moriah! Parents, you had your turn - now it's time to give your child a chance to get to know us too! Join us for story time with Morah Divsha, art projects with Morah Gila, model lessons, a Hebrew immersion session, cupcake decorating with Moriah Plus, and more! To RSVP, e-mail admissions@moriahschool.org or sign up on our website.

Yeshiva University High School for Boys (MTA) Open House

Sunday, Nov 11 | 9:30am
Register online at www.yuhsb.org/openhouse. For more information, please contact Jono Fuchs, Director of Admissions at jfuchs@yuhsb.org or 212-960-5400 x6676.

Yad Leah Clothing Drive and Dash for Dignity 5K Run

Sunday, Nov 11 | Overpeck Park
Join the YAD LEAH, Clothing for Israel Dash for Dignity- 5K - Run, Walk or Stroll 1 Mile. Register at <https://www.wizathon.com/dashfordignity/>. Form a team with your friends and family - Donors and Sponsors Welcome! For more information please reach out to Shoshana Poloner at sspol@optonline.net

The Idea School Open House

Sunday, November 11, 3 Kislev 5779 | 1:00 – 3:30pm
8th Graders and their families are invited to join us for The Idea School Open House, JCC on the Palisades, 411 E. Clinton Avenue Tenafly, NJ 07676. Register online at www.theideaschool.org/admissions. Experience our unique model of passion and inquiry based learning and...Chart your own path!

Lubavitch on the Palisades of Tenafly NJ

Monday night, November 12 | 7:45pm | 11 Harold Street Tenafly NJ. Come explore our many hidden gems. Our full time Gan Or Day Care, our warm and nurturing LPS preschool and our progressively academic elementary school, Tenafly Chabad Academy, for grades 1-8. Let us be your child's home away from home from day care through 8th grade! RSVP: www.lpsnj.org

TORA Lunch and Lecture with Elozor Preil

Tuesday, November 13 | 12:00pm | Cong Bnai Yeshurun
The Teaneck Orthodox Retiree Association (TORA) lecture will begin at approximately 12:45, and will feature speaker Elozor Preil, who will speak on "How to Win the Retirement Marathon". Cost is \$12 for those who register by 11/8/18, and \$15 for those who just show up. To register, please go to the following link and fill out the online form that appears. <https://www.bnaiyeshurun.org/tora>

Community Lecture on Protecting Childhood and Family Relationships

Thursday, November 15 | Doors open 7:00pm; program begins at 7:30pm | Cong Ahavath Torah, 240 Broad Ave, Englewood, NJ.
The Bergen County community is invited to a lecture by Dr. Catherine Steiner-Adair of Harvard University, on "Protecting Childhood and Family Relationships in the Digital Age." Professor

Adair is an expert and author of an award winning book on this topic. She will share practical wisdom on strategies for healthy control of technology for families with children of all ages. Admission is free. RSVP at moriahschool.org/smevent. 3 Disney Circle parental control devices will be raffled off to those who RSVP and attend. The Program is sponsored by the Moriah School and a number of local Shuls and technology companies. All are welcome to attend.

Ninth Annual Women's Mikvah Event

Please join the Teaneck Mikvah Association on **Wednesday, November 14th | Keter Torah at 7:30pm**. This event is the Mikvah's biggest annual fundraiser and will feature Danielle Renov of @peaslovenarrots. Couvert is \$72. Sponsorships are available. Register online at www.teaneckmikvah.com/event.

Introducing...Camp RTC

A BRAND NEW Travel Camp for the second half of the summer for boys entering 9th and 10th grade! In addition to davening and learning each day, the campers will enjoy activities such as MLB games, white-water rafting, amusement parks, stadium tours, water tubing, paintball, sports, swimming, hotel stays, and much more! For more information or to register, please email Avi Rosalimsky at RoseTravelCamp@gmail.com.

Ongoing/Miscellaneous

Bikur Cholim Bergen County (BCBC) is a volunteer run 501(c)3 organization which provides support, facilities, and services to ease the burden of families during crises. Bikur Cholim Bergen County can be reached at 201-579-3066 or visit their website at www.bikurcholimbergencounty.org for a full list of services.

Tomchei Shabbos of Bergen County

Volunteers needed to pack | Wednesdays | 6:00pm

Please only reply if you are willing and able to make a serious commitment. Contact Sara Walzman at sdwalzman@yahoo.com

Chesed Opportunities Bar and Bat Mitzvah boys and girls!

For information how to commemorate your Simcha with a chesed project thru partnering with Tomchei Shabbos, contact Andrea Fields at 973-371-1771x411 or AJBier@aol.com

CAN YOU USE FREE FOOD ONCE A WEEK?

Shearit Haplate of Bergen County is our only local kosher food rescue and distribution organization. If you think this would help you and your family, please email us at shearithaplate@gmail.com. If you would like to volunteer 2hrs/week to help Shearit HaPlate pick up or repack food donations, please email us at shpbcc@gmail.com and we would be happy to put you to work ASAP! If you would like to donate catered leftovers from a special gathering or event, small or large, please call for pick-up Danny Chazin 201-835-5338. For more information about our not-for-profit organization and for donation opportunities please visit www.shpbcc.org or visit our Facebook page.

Medical Equipment Gemach

The Rinat Chaim Gemach lends and delivers medical equipment throughout Bergen County. For more information or to contact the Gemach visit our website www.rinatchaimgemach.com. Or you can email info@rinatchaimgemach.com

Teaneck Simcha Gemach has folding tables, cocktail tables, chairs and coat racks (w/ hangers) available for loan. Contact teanecksimcha@yahoo.com.

Project YECHI Tablecloth Gemach

Project Yechi helps to provide financial support for families fighting illness. Please email Chayemf@aol.com for details.

Down the Aisle Gemach Formerly known as: Chatan and Kallah Gemach

Setting up a home can be daunting and expensive. Help couples by donating new or unopened gifts. We accept household, Judaica, linens, gift-ware, engagement and wedding gifts that perhaps are not your taste but others would enjoy as they start their new lives together. **Teaneck Drop off:** Carrie Cooper, 1060 Windsor Road 201-801-9028. candiscooper@gmail.com. **Bergenfield Drop off:** Meredith Yager, 65 Lee Place 201-321-4301 Meredithyager@gmail.com