

30 Av 5778/August 11 2018– Shabbat Parshat Re'eh/Shabbat Rosh Chodesh Elul

This weekend— August 10-12

Dr. Lena Shalem to speak this Shabbat

Shabbat, August 11 | 5:00pm | Elishis home, 68 Westminster Ave., Bergenfield. The Ohr HaTorah Sisterhood invites the Teaneck/Bergenfield Community to an inspiring 6-part Summer Women's Shiur Series on Tefillah. The shiurim are for ages 12-120. The fourth shiur is this Shabbos, Parshas Re'Eh by Dr. Lena Shalem entitled "Structure of Shemoneh Esrei".

Rabbi Steven Weil to speak this Shabbat

Shabbat, August 11 | 6:30pm | Cong. Keter Torah
 Topic: *Fascinating Insights of Rav Soloveitchik on Parshat Shoftim.*

Vendor fair at Ohr Torah in Edison to benefit Yesh Tikva:

Supporting Jewish People Facing Infertility.
Sunday night, August 12, 7:30-9:30pm | Ohr Torah, 48 Edgemount Road, Edison, NJ. Various shopping opportunities to raise money for this worthy organization (clothing, jewelry, head coverings, etc.) In addition, there will be raffle sales for incredible packages. 1 for \$10, 3 for \$25. To order raffles online: Make your donation at <https://yeshtikva.org/disney-dash-for-yesh-tikva/>, then email esalomon@yeshtikva.org with your name and which packages you are interested in. Some include: \$125 meat package to Carving Block, Ottimo, Great Falls Bistro, Sushiana, Target, Acme, Stop & Shop, NFL Experience, etc. You don't have to be present to win. To see the list of prize packages, contact Elie Salomon at esalomon@yeshtikva.org. Deadline for pre-purchase, 10am Sunday.

August 13 and beyond

Boy Scout Troop 226 invites boys grades 6 through 12 to attend

Monday night meetings | 7:30-9:00pm at Teaneck Jewish Center. Utilizing outdoor activities, such as hiking, camping, canoeing, etc., the Shomer Shabbos Troop strives to provides youth training in character, citizenship, and mental and personal fitness. For more information, please contact Danny Chazin at (201) 835-5338 or dchazin@aol.com.

Summer Girls Learning Initiative (SGLI)

Join us 7:15pm on Tuesday nights for NCSY'S Summer Girls Learning Initiative last class is this week— August 14. The class on Tuesday, August 14 will be given by Dr. Aliza Frohlich.

The next TORA (Teaneck Orthodox Retiree Association) lunch and lecture event this week

Tuesday, August 21 | Cong Bnai Yeshurun, featuring professional organizer Eileen Bergman. Lunch will be available at 12:30 PM, **lecture beginning around 1:30pm.** Topic - "Are You Sick of Your Stuff?" Whether you plan on moving or staying in the family home of 50+ years, you

probably have accumulated too much STUFF. Come hear Eileen Bergman, Professional Organizer, discuss important tips on how to downsize and de-clutter your stuff in order to make your home more comfortable and safe. Cost is \$12 by Saturday night August 18, and \$15 afterwards. Reserve your spot by sending an email to Michael Karlin at mkarlin@aol.com. For those in transition or downsizing, it can be a trying time to let go of possessions that bring back fond memories of past events and loved ones. Eileen works hands on with clients, offering judgment free sound advice and expertise on how to reclaim their space that may be overcrowded and visually distracting. She calmly, professionally and lovingly helps people prepare for the next move whether it's scheduled for next month, next year, or longer.

Family Support Group for loved ones of those suffering from addiction and substance abuse. We meet every other **Wednesday in Teaneck at 8:00pm**, free of charge. The support group meets this week. For location and more information please email: Time2TalkAddiction@gmail.com.

Blood Drive at Rinat

Wednesday, August 22 | 2:00-8:00pm, Rinat Classrooms
 To schedule an appointment, please go to: www.tinyurl.com/donatebloodNJBS, group code 66985, or call 1-800-933-2566, www.nybloodcenter.org. NYBC Parent consent form required for all 16 year olds. Walk ins welcome.

Prepare for the holidays with Lamdeinu.

Rabbi Hayyim Angel will speak on The Uncertainty Principle in the Books of Yonah & Yoel on **Wed. Sept. 5 at 1:00pm** followed by Rabbi Tzvi Sinensky with a discussion on The Untold History of Kol Nidrei that evening at 8:15 pm. The next evening, **Thursday, Sept. 6 at 8:15pm**, Dr. Tammy Jacobowitz will explore the topic of Taking Ownership: Biblical Models of Teshuvah. Men and women are welcome to all classes, \$25 each. More info at www.lamdeinu.org.

Friendship Walk and Celebration

Sunday, September 16 | Votee Park, Teaneck
 10:00am registration, 10:30am walk, 11:00am fair
 Register at: www.NJFriendshipWalk.com

Advanced Talmud Shiur in Midtown Manhattan on Tuesday Mornings. Rabbi Michael Rosensweig, Rosh Yeshiva at RIETS, is resuming his weekly Gemora shiur in midtown Manhattan, at Eighth Avenue and 55th Street, starting with *inyanei d'yoma* on **Erev Yom Kippur, September 18.** The shiur meets **Tuesday mornings from approximately 8:30/40 to 9:30/40;** Rav Rosensweig will learn the first perek of *Bava Kamma* this year, commencing **after Sukkot on October 9.** Men and women are welcome. For more information, please contact Simcha Hochman (jhochman@willkie.com) or Jerry Balsam (212 838 7200).

Sponsor a “cool collar” for members of the IDF: Take care of those who are protecting our country....

If you have experienced any heat this summer, just stop and think about what it takes for a Chayal to guard the border of Gaza in the desert heat, for up to 12 hours straight in full battle gear on a daily basis. Deliver immense relief and comfort to our Chayalim by sponsoring a soldier's Cool Collar. Sponsorship of specific chayalim and their units are available as well. Click this link: <https://www.jewcer.org/project/cool-a-chayal/>. Please reach out to Mindy Goldberg at aaofnj@aol.com with any questions.

Kidney Donor needed ASAP!

Eileen Steinman has End Stage Kidney Disease and desperately needs a life-saving kidney donor. (blood type B or O). Eileen is the glue that binds her family together and the person the Steinman friends in need are likely to reach out too. She now needs help. She is working with Renewal, a remarkable non-profit organization that matches potential kidney donors and recipients. There are many that have donated a kidney and their health after is fine. To learn how you can save a life or for more information about Kidney donation, please call 718-431-9831 ext 209. Or e-mail R23580@renewal.com Inquires should be made for **Eileen Steinman or case #R23580**. All inquires to Renewal are strictly confidential and are without obligation. **You never know whether or not there is someone who will respond to this urgent need.**

Teaneck Community Mother-Daughter Bat Mitzvah Trip to

Israel! Led by Rebbetzin Michal Zahtz of Cong Bnai Yeshurun. November 18-24, 2018. 4 Nights at the Dan Panorama; 1 Night at Kibbutz Lavi. Land Package \$1,950/per person. To register visit www.emunah.org/teaneck-bat-mitzvah-mission. For more information please contact Ronnie Faber, ronnie@emunah.org or Michal Zahtz mzahtz@gmail.com

Ongoing/Miscellaneous

Bikur Cholim Bergen County (BCBC) is a volunteer run 501(c)3 organization which provides support, facilities, and services to ease the burden of families during crises. Bikur Cholim Bergen County can be reached at 201-579-3066 or visit their website at www.bikurcholimbergencounty.org for a full list of services.

Tomchei Shabbos of Bergen County

Volunteers needed to pack | Wednesdays | 6:00pm

Please only reply if you are willing and able to make a serious commitment. Contact Sara Walzman at sdwalzman@yahoo.com

Chesed Opportunities Bar and Bat Mitzvah boys and girls!

For information how to commemorate your Simcha with a chesed project thru partnering with Tomchei Shabbos, contact Andrea Fields at 973-371-1771x411 or AJBier@aol.com

CAN YOU USE FREE FOOD ONCE A WEEK?

Shearit Haplate of Bergen County is our only local kosher food rescue and distribution organization. If you think this would help you and your family, please email us at

shearithaplate@gmail.com. If you would like to volunteer 2hrs/week to help Shearit HaPlate pick up or repack food donations, please email us at shpbcinc@gmail.com and we would be happy to put you to work ASAP! If you would like to donate catered leftovers from a special gathering or event, small or large, please call for pick-up Danny Chazin 201-835-5338. For more information about our not-for-profit organization and for donation opportunities please visit www.shpbc.org or visit our Facebook page.

Medical Equipment Gemach

The Rinat Chaim Gemach lends and delivers medical equipment throughout Bergen County. For more information or to contact the Gemach visit our website www.rinatchaimgemach.com. Or you can email info@rinatchaimgemach.com

Teaneck Simcha Gemach has folding tables, cocktail tables, chairs and coat racks (w/ hangers) available for loan. Contact teanecksimcha@yahoo.com.

Project YECHI Tablecloth Gemach

Project Yechi helps to provide financial support for families fighting illness. Please email Chayemf@aol.com for details.

Down the Aisle Gemach Formerly known as: Chatan and

Kallah Gemach—Setting up a home can be daunting and expensive. Help couples by donating new or unopened gifts. We accept household, Judaica, linens, gift-ware, engagement and wedding gifts that perhaps are not your taste but others would enjoy as they start their new lives together. **Teaneck Drop off:** Carrie Cooper, 1060 Windsor Road 201-801-9028. candscooper@gmail.com.

Bergenfield Drop off: Meredith Yager, 65 Lee Place 201-321-4301 Meredithyager@gmail.com

Bat Mitzvah Dress Gemach

Do you have a gorgeous Bat Mitzvah dress that no longer fits, hanging in your closet? Teaneck Bat Mitzvah Gown/Dress Gemach now accepting dresses in excellent condition. Current styles only please. Happy to pick up or you can drop off. Come take a look at our great selection! For more info email the Gemach at bmdressgmach@gmail.com

PROJECT EZRAH INTEREST FREE LOAN PROGRAM

Project Ezrah has recently introduced an Interest Free Loan Program (IFLP). The IFLP is intended to help people with unexpected expenses (collapsed roof, unusual car repair, i.e.). If interested, please contact Robert Hoenig at robert@ezrah.org

NORTH JERSEY SHIDDUCH GROUP

We are part of a group of volunteer, New Jersey matchmakers that would like to help Jewish singles of all ages and hashkafa levels find appropriate matches. This is a Shul by Shul initiative in nearby communities, and there is a commitment to Privacy. Please contact us if you'd like my group to introduce you to great singles and inform you of upcoming singles events. Esty Shafar 917-291-9912 Emil.rdh@gmail.com