

### Rinat PSA

#### RINAT WEBSITE UPDATE

In the interest of security, to have complete access to our website, including upcoming events and blogs you are now required to log into your Rinat account. If you have any questions with regards to security, please e-mail [security@rinat.org](mailto:security@rinat.org). If you have any questions relating to accessing your Rinat account, please e-mail [office@rinat.org](mailto:office@rinat.org).

#### NEW BABY

New Baby? The New Baby Committee at Rinat Yisrael offers Shabbat meal assistance to a member family bringing a new baby home. The Committee members provide full Shabbat meals from Kiddush to dessert for one Shabbat of the family's choice. If you would like to receive meals or to volunteer please contact Dana Becker or Ruth Hartstein at [newbaby@rinat.org](mailto:newbaby@rinat.org).

#### PARKING COURTESY TO RINAT'S NEIGHBORS

We value our good relationship with our neighbors. Driveways cannot be blocked by cars belonging to people davening at our shul. We will cooperate to have violators reported, ticketed and/or towed. Please ensure that both members and visitors treat our neighbors as you would like to be treated.

#### SECURITY REMINDER

Our Shabbat/Yom Tov lock is located on the second door from the left of the main entrance. The lock will be accessible when there is no CSS team on duty. During this time, all other doors will be locked and access to the building will only be via the Shabbat/Yom Tov lock. Doors will only be unlocked on Shabbat when there is a security presence. Please do not prop doors open with items such as hangers. The code for the lock can be accessed by logging into your Rinat account and clicking the link: <https://www.rinat.org/shabbat-entry-instructions.html>. If you have any questions with regards to this and other security measures, please e-mail [security@rinat.org](mailto:security@rinat.org).

#### INCOMPLETE SIDDIRIM OR CHUMASHIM

If you use a siddur that is missing pages, please place in the labeled basket located on the siddurim bookshelf.

#### WEST ENGLEWOOD ROAD CROSSING

As a reminder, please exercise caution when using the cross-walk in front of Rinat (even when a TPD officer is present). Please cross with your young children and, if possible, help older people or people that otherwise need assistance if necessary or if traffic is particularly heavy.

### Community PSA

#### BAR MITZVAH LESSONS

Offered by Joel Krim. Your son will learn the Te'amim, develop an appreciation for Kriat HaTorah and deliver an impressive, inspired Leining. Video chat lessons available. Email [learnTheLeining@gmail.com](mailto:learnTheLeining@gmail.com) for more information.

#### TOMCHEI SHABBOS OF BERGEN COUNTY

Volunteers needed to pack | Wednesdays at 2:30pm—Early pack— (Adults only), or 5:45pm Regular packing  
Please only reply if you are willing and able to make a serious commitment. Contact Sara Walzman at [sdwalzman@yahoo.com](mailto:sdwalzman@yahoo.com)  
Chesed Opportunities Bar and Bat Mitzvah boys and girls! For information how to commemorate your Simcha with a chesed project thru partnering with Tomchei Shabbos, contact Andrea Fields at 973-371-1771x411 or [AJBier@aol.com](mailto:AJBier@aol.com)

#### TUTORING AND BABYSITTING

Chessed for Tzedakah is a chessed organization that tutors and babysits for low, affordable prices, and gives all of their tutoring and babysitting money to Beit Elazraki, a Jewish orphanage in Israel. This organization is running for its second year. Please visit us at [www.chessedfortzedakah.com](http://www.chessedfortzedakah.com).

THE KINNOR PROJECT with a mission to reintroduce the Harp to Jewish Cultural life, is offering one free Harp or Keyboard lesson to children ages 6-9, for more info [www.thekinnor.com](http://www.thekinnor.com) or call 201-837-1214

TEANECK SIMCHA GEMACH has folding tables, cocktail tables, chairs and coat racks (w/ hangers) available for loan. Contact [teanecksimcha@yahoo.com](mailto:teanecksimcha@yahoo.com).

#### BAT MITZVAH DRESS GEMACH

Do you have a gorgeous Bat Mitzvah dress that no longer fits, hanging in your closet? Teaneck Bat Mitzvah Gown/Dress Gemach now accepting dresses in excellent condition. Current styles only please. Happy to pick up or you can drop off. Come take a look at our great selection! For more info email the Gemach at [bmdressgmach@gmail.com](mailto:bmdressgmach@gmail.com)

#### DOWN THE AISLE GEMACH

Setting up a home can be daunting and expensive. Help couples by donating new or unopened gifts. We accept household, Judaica, linens, gift-ware, engagement and wedding gifts that perhaps are not your taste but others would enjoy as they start their new lives together. *Teaneck Drop off:* Carrie Cooper, 1060 Windsor Road 201-801-9028. [candscooper@gmail.com](mailto:candscooper@gmail.com). *Bergenfield Drop off:* Meredith Yager, 65 Lee Place 201-321-4301 [Meredithyager@gmail.com](mailto:Meredithyager@gmail.com)

#### PROJECT YECHI TABLECLOTH GEMACH

Project Yechi helps to provide financial support for families fighting illness. Please email [projectyechi@gmail.com](mailto:projectyechi@gmail.com) for details.

TOILETRY COLLECTION DRIVE - Ongoing collection of full size shampoo, conditioner, body wash and bar soap that is distributed on a regular basis to community members in need. This is a year-round collection and very much needed. Drop off at the Stone residence - 578 Grenville Avenue, Teaneck - purple collection box located at the right side door. Questions? Please contact Gila - [gr5thkid@msn.com](mailto:gr5thkid@msn.com).

#### CAN YOU USE FREE FOOD ONCE A WEEK?

SHEARIT HAPLATE OF BERGEN COUNTY is our only local kosher food rescue and distribution organization. If you think this would help you and your family, please email us at [shearithaplate@gmail.com](mailto:shearithaplate@gmail.com). If you would like to volunteer 2hrs/week to help Shearit HaPlate pick up or repack food donations, please email us at [shpbinc@gmail.com](mailto:shpbinc@gmail.com) and we would be happy to put you to work ASAP! If you would like to donate catered leftovers from a special gathering or event, small or large, please call for pick-up Danny Chazin 201-835-5338. For more information about our not-for-profit organization and for donation opportunities please visit [www.shpbc.org](http://www.shpbc.org) or visit our Facebook page.

FAMILY SUPPORT GROUP for loved ones of those suffering from addiction and substance abuse. We meet every other Wednesday in Teaneck at 8pm., free of charge. The support group meets this week. For location and more information please email: [Time2TalkAddiction@gmail.com](mailto:Time2TalkAddiction@gmail.com).

BIKUR CHOLIM BERGEN COUNTY (BCBC) is a volunteer run organization which provides support, facilities, and services to ease the burden of local families facing crises. Their services include: 7 day a week sleeping accommodations near Hackensack UMC; medical equipment gemach; rides to and from local (Bergen County) medical appointments; meal assistance. The hotline number is 201-579-3066 or visit the website at [bikurcholimbergencounty.org](http://bikurcholimbergencounty.org) for a more detailed understanding of services.



## HELPS WITH



FINANCIAL ASSISTANCE



EMPLOYMENT SEARCH



PRO BONO SERVICES

- Attorneys, Dentists, Financial  
Advisors, Doctors, Bar Mitzvah  
Lessons, Accountants, Therapists,  
Business Development, etc.



INTEREST FREE LOANS

For more information, please contact: [Assistance@ezrah.org](mailto:Assistance@ezrah.org)

85 Cedar Lane, Suite 12, Englewood, NJ 07631 | 201.569.9047 | Fax: 201.569.2906 | [www.ezrah.org](http://www.ezrah.org)

Project Ezrah is a 501(c)(3) charitable organization

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### *A MESSAGE FROM TEANECK VOLUNTEER AMBULANCE CORPS. (TVAC)*

As you all know, our community at large is going through a very challenging time. Teaneck has been named the epicenter of the COVID-19 virus outbreak in the state of New Jersey and we at the Teaneck Volunteer Ambulance Corps (TVAC) are on the front lines of this battle. Our volunteers have already transported dozens of COVID-19 cases and as always, we continue to work around the clock to provide free EMS service to the Township of Teaneck. Our volunteers have been putting in extra hours to help keep up with the additional call volume, to ensure our trucks are properly sanitized between calls and to procure the extra personal protective equipment now required to be used on all calls. We are asking for your support at this time.

How you can help:

1. Monetary Donations - We are experiencing increased call volumes and increased operating costs due to the extra personal protective equipment and sanitizing equipment needed. We are a volunteer non-profit
2. Critical Supplies Donation - We are looking for the following new/unused items: N95 or surgical masks, Protective goggles, Gowns/Tyvek suits, Self-contained respirators with filters  
Please contact us at [fundraising@teaneckambulance.org](mailto:fundraising@teaneckambulance.org) to arrange for a drop-off or pickup.
3. Follow all Medical Guidance. As you have all heard by now, it is

of utmost importance to stay at home and observe social distancing in order to prevent the spread of the virus. Should you need medical assistance please follow these guidelines:

If you are experiencing mild symptoms such as fever, chills, or cough, you should contact your physician.

If you are experiencing life threatening symptoms such as difficulty breathing, call 9-1-1 and be sure to notify the dispatcher of any flu-like symptoms.

Thank you in advance for helping us with covering our operating costs and with our supply needs so that we can continue saving lives at this difficult time. Your continued support and assistance at this challenging time is greatly appreciated.

Support Holy Name's Fight Against Covid-19 -Protect our healthcare workers and keep us on the frontlines of this pandemic.

At the epicenter of the pandemic in New Jersey, Holy Name Medical Center is playing a leading role in the fight against COVID-19. We are working round-the-clock caring for patients and modifying medical units with new construction. But as we strive to meet the demand of new patients and those who are seriously ill with the virus.