

February 3rd and beyond

Shabbat, February 3rd—Nach Shabbat in Bergen County. Congregation Beth Abraham, Prof. Smadar Rosensweig. Celebrate Torat Imecha Nach Yomi Siyum participants and join the next cycle beginning with Sefer Yehoshua on February 1, 2024. The National Torat Imecha Nach Yomi Siyum will take place at Congregation Keter Torah on February 4, 2024. For more details, go to ouwomen.org/siyum24.

Motzei Shabbat, February 3rd, 8pm—BCJAC and Congregation Bnai Yeshurun invite the community to Operation Swords of Iron: A Military and Political Perspective of the Impact on Israel and Global Jewry by Jonathan Conricus, Senior Fellow at the Foundation for Defense of Democracies and former IDF spokesperson. Located at Cong. Bnai Yeshurun. Pre-registration required at www.bnaiyeshurun.org/events.

Sunday, February 4th, 9:45-11:30am—Come join Aish HaTorah's Discovery Seminar. Through an examination of Jewish history and Jewish texts, participants will gain a deeper appreciation of how a rational person can believe in the divinity of Judaism. Kindly RSVP to mpoleyeff@aish.com. \$10 entrance fee at the door. The seminar will take place at TABC.

Sunday, February 4th—Ustar Chess Tutoring Team. Session 1: 1-2pm for boys ages 6-10. Session 2: 2:15-3:15pm for boys ages 11-15. Price: \$40 per child. Whatsapp: +1 929-534-7991. Located at Congregation Rinat Yisrael.

Monday, February 5th, 7pm—Yeshivat Shalshélet invites prospective parents to an information session at 411 East Clinton Avenue in Tenafly, NJ. RSVP required at shalsheletnj.org/admissions/info-session. Now enrolling grades 2-7 for the 2024-2025 school year, Yeshivat Shalshélet is a yeshiva day school serving students with language based learning differences from across New Jersey and New York.

Monday, February 5th, 8pm—Shaarei Orah, The Sephardic Congregation of Teaneck located at 1425 Essex Road in Teaneck welcomes guest speaker, Rabbi Elliot Schrier, Rav of Congregation Bnai Yeshurun, Teaneck followed by communal Tehillim and Arvit. For more information please contact Shalom Shushan (914) 334-8127.

Tuesday, February 6th—"BMT Tuesday Parsha & Jewish History Shiurim Open to All". The Beit Midrash of Teaneck, located at JCT/Heichal HaTorah, 70 Sterling Place, Teaneck is open for its Winter Trimester, and welcomes the community, both men and women, to our weekly Tuesday shiurim on Parsha & Jewish History. This week's Parsha shiur (10:30-11:30am) will be delivered by Rabbi Nati Helfgot of Congregation Netivot Shalom. Our Jewish History shiur (11:45-12:45) will feature Rabbi Dr. Ari Mermelstein (title TBA). Rabbi Angel's Nach shiur - M/W @ 12:00 - is open to men and women. Rabbi Chaim Marcus's "Character Development Through Torah" - Wed @ 11:00 is open to women. Full BMT men's program - M thru W, 9:15-12:45 Please write to BMTeaneck@gmail.com for further details.

Tuesday, February 6th, 7:30pm—Jerusalem's Newest Neighborhood: Givat Hamatos
Plus: A Magnificent New Katamon Project
Located at Rinat Yisrael. For more info: Gedaliah Borvick of My Israel Home - gborvick@gmail.com.

Shabbat, February 9th-10th—Congregation Bnai Yeshurun's Adult Education welcomes Rabbi Professor Avraham Steinberg as the Joseph N. Muschel Scholar in Residence. Friday night oneg at 8:15 pm: Modern Genetics and Halacha. Shabbat Drasha at the 9:00 am minyan in the New Main Shul. Shabbat following zman mincha: Personal Experiences with Gedolei HaDor on Medicine and Halacha. Motzaei Shabbat at 8:00 pm: War According to Halacha - Principles and Details; to include musical presentation by Chazzan Yaakov Motzen in memory of his brother, H"YD. For more information please visit www.bnaiyeshurun.org/adult-education.

Sundays, 10am—Run For Their Lives - Teaneck, NJ: All Sundays - Until all the hostages are home. Join us at at Votee Park at Queen Anne Road and Court Street. Walk/Run 1 loop around at your own pace. Wear red & black. International flags welcome.
#BringThemHomeNow.

Wednesdays, 8:45-9:45am—Women's Only Yoga taught by Aja Cohen. Located at Different Breed Studio 418 Cedar Lane, Teaneck. Price: \$20 drop in class, class cards available. Whether you're a seasoned yogi or just starting your journey, this class is designed for every woman seeking a holistic approach to health and wellness. Email aja@transcendentactive.com with any questions.

Luggage 4 Israel/Chaverim Bergen County, One University Plaza, Suite 117, Hackensack, collects essential supplies for Israel. Hours are from 10 am to 3 pm., Mondays and Thursdays. To purchase needed items, visit their registry by going to www.amazon.com/registries/gl/guest-view/3U8YRX387K1BL. Volunteers also are needed to pack supplies and do other tasks. For updated volunteer opportunities and supply needs, join their WhatsApp group by going to chat.whatsapp.com/Jm7XamwXhGd2Jcz8Dud1T2. If you are flying to Israel and can take duffle bags with supplies for displaced families (baggage fees will be paid for), please complete the form at tinyurl.com/Luggage4Israel. For questions, contact luggage4Israel@gmail.com.

Howie Serman, a long time Teaneck resident beloved father and grandfather is fighting kidney failure. HE IS IN URGENT NEED OF A KIDNEY DONOR . It can be you!!!! To learn more about kidney donation or to see if you are a match, email RN25869@renewal.org or call 718 431-9831 ext. 315. Please keep him in your tefillot. His Hebrew name is Elchanan Leib Ben Bracha.

Please sign up for a tour of RYNJ! Sign up at RYNJ.org/tour or email Debra Popowitz, Director of Admissions, at welcome@rynj.org.

Experience Yeshivat He'Atid on a tour! Get in touch with Maya Dombroff to arrange your visit at admissions@yeshivatheatid.org.

Torah Academy of Bergen County Parent Association invites you to participate in our Goods and Services Marketplace. Purchase goods and services such as: gift cards, entertainment, fitness, tutoring, personal services, aesthetics, retail, baked goods, art, and much, much, more! Amazing raffle prizes... jewelry, tasting menu, and a vacation timeshare!!! All items for sale have been generously donated for this incredible cause! tinyurl.com/TAPAIIsrael. 100% of proceeds will be donated to Friends of the IDF, Magen Dovid Adom and United Hatzalah. Please email any questions to tapa@tabc.org.