

December 23rd and beyond

Motzel Shabbat, December 23rd, 8pm—The Bergen County Community is invited to join Dr. Sara Markowitz and Dr. Simcha Chesner for a conversation about leading a Torah lifestyle while struggling with ADHD. They will be discussing their new book, *Kosher ADHD: Surviving and Thriving in the Torah-Observant World*. Within the conversation there will be an opportunity for Questions and Answers. Following the session, books will be sold and signed by the authors. The event will take place in Congregation Shomrei Torah, 19-10 Morlot Avenue, Fair Lawn, NJ 07410.

Please register at forms.gle/aCxi6Vn6xftjABVGA and visit www.kosher-adhd.com for more information.

Drisha presents *Mishnah in Depth* with Rabbi Silber. A project of Drisha's Rifka Rosenwein, z"l Mishnah Division. Sundays 1pm Eastern through **December 24th**. To sign up go to 5784.drisha.org/mishnahyomit.

Monday, December 25th, 2:30-5:30pm—The world-famous Aish HaTorah Discovery Seminar is coming back to Teaneck. Topic: Hidden codes of the Torah. Learn about statistically tested and verified hidden words that seem to predict the future. This event is open to everyone, BUT if you know any lesser-affiliated Jews please tell them about our seminar and encourage them to attend! Located at Congregation Beth Aaron. RSVP by 12/21 at JLE.org, \$20/pp., refreshments served. For more information: RabbiJesseShore@gmail.com.

Tuesday, December 26th—BMT Tuesday Parsha & Jewish History Shiurim Open to All. The Beit Midrash of Teaneck, located at JCT/Heichal HaTorah, 70 Sterling Place, Teaneck is open for its Fall Trimester, and welcomes the community, both men and women, to our weekly Tuesday shiurim on Parsha & Jewish History. This week's Parsha shiur (10:30-11:30am) will be delivered by Rabbi Daniel Feldman of Cong. Ohr Saadya, and RIETS. Our Jewish History shiur (11:45-12:45) will feature Dr. Ari Mermelstein, of Associate Prof. of 2nd Temple Literature at Yeshiva University, entitled, "Seder in the Wake of the Destruction of the Second Temple". Rabbi Angel's Nach shiur - M/W @ 12:00 - is open to men and women. Rabbi Chaim Marcus's "Character Development Through Torah" - Wed @ 11:00 is open to women. Full BMT men's program - M thru W, 9:15-12:45. Please write to BMTeaneck@gmail.com for further details.

Sunday, December 31st, 6:30pm—Keter Torah will host an Epic Kumsitz with Simcha Leiner in support of Sderot and other Southern communities and their needs. No admission fee or tickets required; donations of all amounts encouraged. Reserved VIP seating for sponsorships of \$1,000 and above. To cosponsor, email howard@keter Torah.org.

Monday, January 1st, 8:15pm—Bikur Cholim Bergen County invites the community to an evening of inspiration with Rav Moshe Tzvi Weinberg: "מלבדו אין עוד: The Wondrous Power of Radical Simple Faith" at Congregation Bnai Yeshurun (old main shul) Both men and women invited. For more information regarding general services or to help sponsor the event call our hotline 201-579-3066 or visit www.bikurcholimbergencounty.org registration requested but not required- walk-ins welcome to register: www.bnaiyeshurun.org/form/bikur-cholim-shiur.

Wednesday, January 3rd, 6:30pm—Please join us in honoring Rebecca ('99) and Elly ('95) Gamss at the Yeshiva University High School for Boys Annual Dinner of Tribute: MTA Community Pillars at Marina Del. Reservations can be made at yu.edu/yuhsbdinner2024.

Wednesday, January 10th—Please join us for TABC's Annual Dinner at Keter Torah, as we celebrate 41 years of Yeshiva education in Bergen County. We are proud to pay tribute to our Guests of Honor, Amy & Daniel Gibber; our Faculty Recognition awardees, Rabbi Raphi Mandelstam and Rabbi Yoni Mandelstam; and our Alumni Tribute Award to Michael Levy '12. Your contributions to the Bruce Ritholtz z"l Scholarship Fund will help ensure that all TABC students, regardless of family finances, will have access to the TABC experience. RSVP or donate online at www.tabc.org/dinner2024.

Howie Sterman, a long time Teaneck resident beloved father and grandfather is fighting kidney failure. HE IS IN URGENT NEED OF A KIDNEY DONOR. It can be you!!!! To learn more about kidney donation or to see if you are a match, email RN25869@renewal.org or call 718 431-9831 ext. 315. Please keep him in your tefillot. His Hebrew name is Elchanan Leib Ben Bracha.

Please sign up for a tour of RYNJ! Sign up at RYNJ.org/tour or email Debra Popowitz, Director of Admissions, at welcome@rynj.org.

Experience Yeshivat He'Atid on a tour! Get in touch with Maya Dombroff to arrange your visit at admissions@yeshivatheatid.org.

Torah Academy of Bergen County Parent Association invites you to participate in our Goods and Services Marketplace. Purchase goods and services such as: gift cards, entertainment, fitness, tutoring, personal services, aesthetics, retail, baked goods, art, and much, much, more! Amazing raffle prizes... jewelry, tasting menu, and a vacation timeshare!!! All items for sale have been generously donated for this incredible cause! tinyurl.com/TAPAIsrael. 100% of proceeds will be donated to Friends of the IDF, Magen Dovid Adom and United Hatzalah. Please email any questions to tapa@tabc.org.