

This Week, June 7th - June 14th

TABC is hosting a Community-wide Afternoon Adult Learning

Program for men and women on both days of **Shavuot**. TABC rebbeim will be giving shiurim on various aspects of the theme "The Living Torah - A Healthy Body and a Healthy Mind" at six shuls: Congregations Keter Torah, Beth Abraham, Beth Aaron, Bnai Yeshurun, Ahavat Shalom and Young Israel of Teaneck. Visit tabc.org/shavuot for the full schedule. We look forward to learning together! Refreshments will be served.

Wednesday, June 12th - The Beit Midrash of Teaneck (BMT), located at Heichal Hatorah, 70 Sterling Pl., provides an interactive Talmud Torah learning experience for men who are retired or have flexible schedules on Monday and Wednesday mornings between 9:15 a.m. and 12:45 p.m. This coming week the BMT will only meet on Wednesday, June 12th. Seder begins at 9:15 am; at 10am., Rabbi Ronen Dvash (Heichal HaTorah) will give a shiur on Gemara Brachot; at 11am, Rabbi Yosef Adler (Congregation Rinat Yisrael) will give shiur "Taking an Aggressive Stand Against Jokes about Women: Al Tarbeh Sicha Im (Al) Ha'isha" at 12pm, Rabbi Hayyim Angel (Yeshiva University) will give a shiur on Sefer Yirmiyahu. Source sheets are provided and can be obtained in advance by contacting

Thursday June 13th at 9:30am—The next TORA (Teaneck Orthodox Retiree Association) event will be a hike. The hike will be led again by Teaneck resident Danny Chazin, who lives in Teaneck, and is a long time hiking expert. The hike will go to the Garret Mountain Reservation in Passaic County. Participants will meet (no need to reserve, just show up) in front of Bnai Yeshurun at 9:30 AM, and divide into cars for the trip to the starting point, which is about 20-25 minutes away. The hike is rated easy-moderate, and follows a 3 mile loop, passing several outstanding views of northern NJ and the Manhattan skyline. The hike should take about 2-3 hours. Go to this link for more details: www.nynjtc.org/hike/yellow-loop-garret-mountain-reservation. Those attending should bring water and maybe a snack or lunch. Sneakers are adequate for the route (or hiking shoes). Reservations are not required, however, those who email mkarlin@aol.com that they plan to attend will receive a reminder email the night before, and an update the morning of the hike in case the weather is iffy.

June 15th and beyond

Sunday, June 16th at 7pm—Dr. Aliza Bloch, the newly elected and unifying Mayor of Beit Shemesh will be speaking at Congregation Keter Torah. Do not miss the opportunity to explore your own Aliyah possibilities and learn about the promising economic development of Israel's fastest growing city. Come and learn about your next home – Beit Shemesh! Dr. Bloch will be accompanied by Councilman Zvi Wolicki and both will be available to answer all questions about living in Israel and fulfilling the ultimate dream of Aliyah. For more information call Wendy Shindler 845-538 - 3249.

Jewish Family and Children's Services' Annual Wheels for Meals Ride to Fight Hunger will take place on **June 23rd**. Choose from 50-, 25-, 10-, and 3-mile bike routes or 3-mile hike. All Rinat members are invited to join **Nesya Bayewitz's bat mitzvah team** at the ride. More information and team registration at www.ridetofighthunger.com

Wednesday June 26th at 7pm- Shalva Celebrity Chef BBQ, **Becky and Avi Katz** will be hosting Shalva's annual Celebrity Chef BBQ to benefit Shalva's Summer Camp Programs for children with disabilities in Israel. This year's chefs will be Jake Klein from Jake's Handcrafted Sausage and Ari White from the Wandering Que. There will be a special musical performance featuring The Andy Statman Trio. RSVP by emailing leo@shalva-usa.org, calling 212-725-0900 or by logging on to shalvaevents.org/celebritychef.

Ongoing/Miscellaneous

New Weekly Chabura on Daf Yomi Topics

Add some Iyun to your Daf with the Daf B'Iyun Chabura! Led by **Rabbi Ezra Wiener** on **Thursday nights 8:15pm-9pm** at The Lipner home, 573 Churchill Rd, Teaneck, open to Daf Yomi and non-Daf Yomi doers. For more info email ezra.wiener@tabc.org

Nitzanei Noam Summer program for 2-3 year olds

Nitzanei Noam, located in Bnai Yeshurun, Teaneck, is accepting applications for its 2-3 year old summer program. Experienced head counselor, fun junior counselors, outdoor climbing and play area, outdoor water play, dynamic daily programming and learning, music, yoga and more. Hours are 9am-3pm with early drop off and late pick up available. For more information visit www.yeshivatnoam.org, call Morah Joyce Buckman at 201-836-6871, or email her at jbuckman@yeshivatnoam.org.

Bikur Cholim Bergen County (BCBC) is a volunteer run 501(c)3 organization which provides support, facilities, and services to ease the burden of families during crises. Bikur Cholim Bergen County can be reached at 201-579-3066 or visit their website at www.bikurcholimbergencounty.org for a full list of services.

Project YECHI Tablecloth Gemach

Project Yechi helps to provide financial support for families fighting illness. Please email projectyechi@gmail.com for details.

Tomchei Shabbos of Bergen County

Volunteers needed to pack | Wednesdays at 2:30pm—Early pack—(Adults only), or 5:45pm Regular packing

Please only reply if you are willing and able to make a serious commitment. Contact Sara Walzman at sdwalzman@yahoo.com
Chesed Opportunities Bar and Bat Mitzvah boys and girls! For information how to commemorate your Simcha with a chesed project thru partnering with Tomchei Shabbos, contact Andrea Fields at 973-371-1771x411 or AJBier@aol.com

Teaneck Simcha Gemach has folding tables, cocktail tables, chairs and coat racks (w/ hangers) available for loan. Contact teanecksimcha@yahoo.com.

Down the Aisle Gemach

Setting up a home can be daunting and expensive. Help couples by donating new or unopened gifts. We accept household, Judaica, linens, gift-ware, engagement and wedding gifts that perhaps are not your taste but others would enjoy as they start their new lives together. *Teaneck Drop off:* Carrie Cooper, 1060 Windsor Road 201-801-9028. candscooper@gmail.com.
Bergenfield Drop off: Meredith Yager, 65 Lee Place 201-321-4301
Meredithyager@gmail.com

Toiletry Collection Drive - Ongoing collection of full size shampoo, conditioner, body wash and bar soap that is distributed on a regular basis to community members in need. This is a year-round collection and very much needed. Drop off at the Stone residence - 578 Grenville Avenue, Teaneck - purple collection box located at the right side door. Questions? Please contact Gila - gr5thkid@msn.com.

Bat Mitzvah Dress Gemach

Do you have a gorgeous Bat Mitzvah dress that no longer fits, hanging in your closet? Teaneck Bat Mitzvah Gown/Dress Gemach now accepting dresses in excellent condition. Current styles only please. Happy to pick up or you can drop off. Come take a look at our great selection! For more info email the Gemach at bmdressgmach@gmail.com

CAN YOU USE FREE FOOD ONCE A WEEK?

Shearit Haplate of Bergen County is our only local kosher food rescue and distribution organization. If you think this would help you and your family, please email us at shearithaplate@gmail.com. If you would like to volunteer 2hrs/week to help Shearit HaPlate pick up or repack food donations, please email us at shpbccinc@gmail.com and we would be happy to put you to work ASAP! If you would like to donate catered leftovers from a special gathering or event, small or large, please call for pick-up Danny Chazin 201-835-5338. For more information about our not-for-profit organization and for donation opportunities please visit www.shpbc.org or visit our Facebook page.

Family Support Group for loved ones of those suffering from addiction and substance abuse. We meet every other **Wednesday in Teaneck at 8pm.**, free of charge. The support group meets this week. For location and more information please email: Time2TalkAddiction@gmail.com.