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Lecha Dodi was written by R' Shlomo HaLevi Alkabetz (1500-1576), a Rabbi, Kabbalist, and poet from Tzfat whose name is spelled out in the acrostic of the stanzas.

Talmud Shabbat 119a - William Davidson Translation

Rabbi Hanina would wrap himself in his garment and stand at nightfall on Shabbat eve, and say: Come and we will go out to greet Shabbat the queen.

Rabbi Yannai put on his garment on Shabbat eve and said: Enter, O bride. Enter, O bride.

רבּי חָנינָאַ מִיעֲטַף וְקָאֵי אַפּנְיָא דְמַעְלִי שַּבְּתָא, אָמַר: ״בּוֹאוּ וְנֵצֵא לִקְרַאת שַׁבָּת הַמַּלְכָּה״.

ַ<u>רבּי ינּאי</u> לָבִישׁ מָאנֵי מְעַלוּ (שַׁבָּת) [וּמִיכַּסֵי], וִאמֵר: ״בּוֹאִי כַלָּה, בּוֹאִי כַלָּה״.

- Haftarot of Consolation 7 weeks after Tisha Biav
 - Va'etchanan Isaiah 40:1-26
 - Eikev Isaiah 49:14–51:3
 - o Re'eh Isaiah 54:11-55:5
 - Shoftim Isaiah 51:12–52:12
 - o Ki Teitzei Isaiah 54:1–10
 - o Ki Tavo Isaiah 60:1-22
 - Nitzavim Isaiah 61:10–63:9

<u>Lecha Dodi</u> (Metsudah Linear Siddur Translation 1981)

200114 2041 (1 100014411 2 110411 114115141 1701)	
Come my Beloved Friend to greet the bride, let us welcome the	לְכָה דודִי לִקְרַאת כַּלָה³
Sabbath.	פְנִי שַׁבָּת נְקַבְּלָה
WDuranama Wanad WDawaanaha w Walinga alimata watawan sa	
"Preserve" and "Remember" in a single utterance	שָׁמור וְזָכור בְּּדְבּוּר אֶחָד
the One Almighty caused us to hear;	השְׁמִיעָנוּ א-ל הַמְיֻחָד
Hashem is One, and His Name is One;	ה' אֶחֶד וּשָמו אֶחֶד⁴
for fame, for glory, and for praise.	לְשֵׁם וּלְתִפְּאֶרֶת וְלִתְהַלָּהְּ
To greet the Sabbath, come let us go	לָקָרַאת שַׁבָּת לְכוּ וְגַלְכָה ּ
for it is the source of blessing;	בְּי הִיא מִקור הַבְּרֵכֶה ⁷
from the very beginning, of old, it was appointed;	בָראש מְקָדֶם נְסוּכָה°
last in creation, first in [God's] thought.2	סוף מַעֲשֶׁה בְּמַחֲשָׁבָה תְּחִלֶּה
Sanctuary of the King, royal city,	מָקָדָּשׁ מֵלֵדְ ⁹ ּ עִיר מָלוּכַה ¹⁰

¹ Refers to the discrepancy between the two texts of the fourth commandment. Exodus (20: 8) reads, "Remember the Sabbath day," while Deuteronomy (5: 12) reads, "Preserve the Sabbath day." Talmud (Shavuos 20b) explains that both words, מכור and זכור were miraculously pronounced by G-d simultaneously.

יב: לָכֵח דוֹדִי נֵצֵא הַשַּׁדֵּׁה נַלִינָה בַּכְּפַרִים: ³ שיר השירים ז, יב: לָכֵח דוֹדִי נֵצֵא הַשַּׁדֵּה נַלִינָה

Come, my beloved, let us go forth into the field; let us lodge in the villages.

ַ זכריה יד, ט: וְהָיָה ה׳ לְמֶלֶךְ עַל כָּל הָאָרֶץ בַּיּוֹם הַהוּא יִהְיֶה יְ-ק-וָ-ק אֶחָד וּשְׁמוֹ אֶחָד 🕯

And the Lord shall be king over all the earth: on that day the Lord shall be one, and his name One.

: דברים כו, יט וּלְתִּתְּדְּ עֶלְיוֹן עֵל כָּליהַגּוֹיִם אֲשֶׁר יָדֵבֵּר: בּרִים כו, יט וּלְתִתְּדְּ עֶלְיוֹן עֵל כָּליהַגּוֹיִם אֲשֶׁר יִדְבֵּר: גֹּלְיִהַ אֲשֶׁר יִדְבֵּר: 5 and to make thee high above all nations which he has made, in praise, and in name, and in honour; and that thou mayst be a holy people to the Lord thy G-d, as he has spoken.

ישעיהו ב, ה: בֵּית יַעֲקֹב לְכוּ וְנֵלְכֵה בָּאוֹר יִקְוָק

O house of Ya'aqov, come, and let us walk in the light of the Lord.

. בראשית ב, ג: וַיִּבַרָדְ אַ-לֹהִים אַת יוֹם הַשַּׁבִיעִי וַיִּקְדָשׁ אֹתוֹ 7

And God blessed the seventh day, and sanctified it: because in it He rested from all his work which God had created and performed.

משלי ח, כג: מַעוֹלָם נְסַכְתִּי מֵרֹאשׁ מִקַּדְמֵי אַרֵץ 8

I was set up from everlasting, from the beginning, before ever the earth was.

. עמוס ז, יג: ובית אל לא תוסיף עוד להנבא כי מקדש מלד הוא ובית ממלכה הוא. 9

² This sentence is based on the Midrashic illustration of the architect who prepares the plans for the entire structure before beginning the construction. Analogously, the Sabbath is the end-purpose of God's creation, for which everything else was made.

arise, come forth from the upheaval; too long have you dwelt in the valley of weeping; He will show you abundant pity.

Shake the dust off yourself, arise, dress up in your garments of glory, my people; through the son of Yishai the Bethlehemite, draw near to my soul and redeem it.

Wake up! wake up! for your light has come, arise and shine. Awaken! awaken! utter a song, The glory of G-d is revealed upon you.

Feel not ashamed or humiliated why are you bowed down, why do you moan?

קומִי צְאִי מִתּוּךְ הַהְפֵכָּהְ^{וּו} רַב לָךְ שֶׁבֶת^{2ו} בְּעֵמֶק הַבָּכָא^{נּו} וְהוּא יַחֲמוֹל עָלַיִּףְ⁴וּ חֶמְלָהּ

> הִתְנַעֲרִי מֵעֶפֶר קוּמִי¹⁵ לְבְשִׁי בִּגְדִי תִפְאַרְתֵּךְּ עַמִּי עַל יַד בֶּן יִשֵּי בֵּית הַלַּחְמִי קרבה אל¹⁶ נפשי גאלה¹⁷

הָתְעוּרְרִי הִתְעוּרְרִי⁸¹ כִּי בָא אוֹרֵךְ קוּמִי אוֹרִ^{יף} עוּרִי עוּרִי שִׁיר דַּבֵּרִי⁰² כָּבוד ה' עַלַיִדְּ^{וֹ} נָגַלָּהּ

לא תֵבושִׁי וְלא תִכָּלְמִי²² מַה תִּשָׁתּוחחי וּמה תּהמי²³

but do not prophesy again any more at Bet-el: for it is the king's sanctuary, and it is a royal house.

יוֹאָב בְּרַבַּת בְּגֵי עַמְוֹן וַיִּלְכָּד אֶת־עִיר הַמְּלוּכָה: נִיּלָקה יוֹאָב בְּרַבַּת בְּגֵי עַמְוֹן וַיִּלְכָּד אֶת־עִיר הַמְּלוּכָה:

And Yo'av fought against Rabba of the children of 'Ammon, and took the royal city.

בראשית יט, כט: ... וִיְשַׁלַּח אֶת־לוֹטֹ מִתְּוֹךְ הַהְפֵּלֶה בַּהַפֹּרְ אֶת־הֶעָלִים אֲשֶׁר־יָשַׁב בָּהָן לְוֹט:

, and sent Lot out of the midst of the overthrow, when He overthrew the cities in which Lot dwelt.

רה אָר וויה א-לקינו דבר אֵלֵינוּ בְּחֹרֵב לֵאמֹר רַב לָכֶם שֶׁבֶּת בָּהָר הַיֶּה בּים א, וויה א-לקינו דבר אֵלֵינוּ בְּחֹרֵב לֵאמֹר רַב לָכֶם שֶׁבֶת בָּהָר הַיָּה

The Lord our God spoke to us in Horev, saying, You have dwelt long enough in this mountain:

- מוֹרֶה: עַבְרֵי וּ בְּעֲמֶק הַבָּכָא מַעְיָן יְשִׁיתְוּהוּ גַּם־בְּרָכוֹת יַעְטֶה מוֹרֶה: עַבִּרִי וּ בְּעֵמֶק הַבָּכָא מַעְיָן יְשִׁיתְוּהוּ גַּם־בְּרָכוֹת יַעְטֶה מוֹרֶה:

who, passing through the valley of Bakha, turn in into a waterspring; also, the early rain covers it with blessings.

ירמיהו טו, ה: בָּי מֵי־יַחְמָל עָלַיִדְ יְרְוּשָׁלַם וּמֵי יָנָוּד לֶדְ וּמֵי יָסוּר לִשְׁאָל לְשָׁלָם לֶדְ:

For who shall have pity upon you, O Yerushalayim, or who shall bemoan you? or who shall go aside to ask how you do?

ישעיהו פרק נב א,(ב) עוּרֵי עוּרֵי לְבְשִׁי אָזֶּךְ צִיּוֹן לְבְשִׁי | בִּגְדֵי תִפְאַרְתֵּׁךְ יְרוּשָׁלַהַ עִיר הַקּּדֶשׁ בֵּי לְא יוֹסֵיף יָבא־בָּךְ עְוֹד עָרֵל וְטָמֵא: הַתְנַעֲרִי מֵעָבֶּר קּוּמִי שְּבֶי יְרוּשָׁלֶם הַתְפַּתְּחִל מוֹסְרֵי צַנָּארֵדְ שְׁבָיָּה בַּת־צִיּוֹן: ס (הפטרת שופטים)

Awake, awake; put on thy strength, O Żiyyon; put on thy beautiful garments, O Yerushalayim, the holy city: for henceforth there shall no more come into thee the uncircumcised and the unclean. Shake thyself from the dust; arise, and sit down, O Yerushalayim: loose thyself from the bands of thy neck, O captive daughter of Zion.

שמואל א טז, יח: וַיּאמֶר הָנֶה רַאִיתִי בֶּן לִישַׁי בֵּית הַלַּחְמִי יֹדֵעַ נַגּּן וְגִבּוֹר 16

יט: קַרבַה אֵל-נַפִּשִׁי גָאָלָהּ לְמַעַן איְבַי פְּדֵנִי. ¹⁷ תהלים סט, יט: קַרבַה אֵל-נַפִּשִּׁי גָאָלָהּ

Draw near to my soul, and redeem it: ransom me because of my enemies.

18 ישעיהו נא, יז : הִתְעוֹרְרָי הֵתְעוֹרְרָי קוּמִי יְרָוּשָׁלֵּם אֲשֶׁר שָׁתֶית מִיָּד הֹ׳ אֶת־כָּוֹס חֲמָתֵוֹ אֶת־קֻבַּעַת כְּוֹס הַתַּרְעֵלֶה שָׁתֶית מָצִית: (הפטרת שופטים)

Awake, awake, stand up, O Yerushalayim, who hast drunk at the hand of the Lord the cup of his fury; thou hast drunk to the dregs, the deep bowl of staggering.

ישעיהו ס, א: קוּמִי אוֹרִי כִּי בָּא אוֹרֵךְ וּכְבַוֹד יְקוָק עָלַיִּךְ זָבָח: (הָפּטרֶת כי תבוא) וּ

Arise, shine; for thy light is come, and the glory of the Lord is risen upon thee.

(שופטי) : ישעיהו נב אָ יוֹסֶיף יָבאֹ־בֶּךְ עִוֹדְ עָרֶל וְטָמֵא: (שופטי) אָיָר הַלְּדֶשׁי עַיָּרְ עִרָּל וְטָמֵא: (שופטי) אַגּק אָרְיִּלְי עָיָרְ לְבְשִׁי עָיָרְ לְבְשִׁי (שופטי) Awake, awake, Put on thy strength, O Zion; Put on thy beautiful garments, O Jerusalem, the holy city; For henceforth there shall no more come into thee The uncircumcised and the unclean.

(הפטרת כי תבוא): ישעיהו ס, ב: בֵּיהַנָּה הַהֹשְּׁדְּ יְכַּסֶּה־אֶּׁבֶץ וַעֲרָבֶּל לְאֻמֵּים וְעָלֵיִדְ יִזְרָח ה' וּכְבוֹדְוֹ עָלַיִדְ יַרְאֶה: (הפטרת כי תבוא)
For, behold, the darkness shall cover the earth, and gross darkness the peoples: but the Lord shall arise upon thee, and his glory shall be seen upon thee

ישעיהו נד, ד: אַל תִּירְאִי פִּי לֹא תֵבוֹשִׁי וְאַל תִּכָּלְמִי פִּי לֹא תַחְפִּירִי... (הפטרת כי תצא) ישעיהו נד, ד: אַל תִּירְאִי פָּי לֹא תֵבוֹשִׁי וְאַל תִּכָּלְמִי פִּי לֹא תַחְפִּירִי...

Fear not; for thou shall not be ashamed: neither be confounded; for thou shalt not be put to shame: but thou shalt forget the shame of thy youth, and shalt not remember the reproach of thy widowhood any more.

ָישעיהו מה, יז : יִשְׂרָאֵל נוֹשַׁע בַּהֹי תִּשׁוּאַת עוֹלָמֶים לֹא־תַבְשׁוּ וְלֹא־תַכָּלְמְוּ עַד־עְוֹלְמֵי עֵד : (פּ

But Yisra'el shall be saved in the Lord with an everlasting salvation: you shall not be ashamed nor confounded to all eternity.

23 תהילים מב, ו: מַה תַּשְׁתּוֹחֶחָי נַפְשִׁי וַתַּהֵמִי עַלֵי הוֹחִילִי לֵא-להִים

Why art thou cast down, O my soul? and why dost thou moan within me? hope thou in God: for I shall yet praise him for the help of his countenance.

In you will take refuge the poor of my people; and the city will be rebuilt on its ancient site.

They will be ravaged, those who ravaged you, and they will be cast far off, all who devour you. Your G-d will rejoice over you as a bridegroom rejoices over his bride.

Right and left you will spread out. and G-d, you will praise (revere); through the man descended from Peretz (King David) we will rejoice and exult.

Come in peace, crown of her husband, come with song, (rejoicing) and good cheer; amidst the faithful of the treasured people.
Come Bride, come Bride, Shabbos Queen!

בָּךְ יֶחֱסוּ עֲנְיֵי עַמִּי²⁴ וְנִבְנְתָה עִיר עַל תלָהְּ²⁵

ְוְהָיוּ לִמְשִׁפֶּח שׁאסָיִדְּ²⁵ וָרָחֲקוּ כָּל מְבַלְעָיִדְּ⁷⁷ יָשִׁישׁ עָלַיִדְ²³ אֱ-להִידְ²⁹ כִּמִשׁוֹשׁ חָתָן עַל כַּלָּח

יָמִין וּשְׁמאל תִּפְרוצִיºנּ וָאֶת ה' תַּעָרִיצִיוּנּ עַל יַד אִישׁ בֶּן פַּרְצִי וִנְשָׁמֵחָה וָנֵגִילָהִינּ

בּואָי בְשָׁלום 33 עֲטֶרֶת בַּעְלָה 34 גַם בְּשָׁמְחָה וּבְצָהֵלֶה 35 תוך אֱמוּנֵי עַם סְגֵלָה

בּוֹאִי כַלָּה בּוֹאִי כַלָּה בּוֹאִי כַלָּה שַבָּת מֵלְכְּתָא[

. ישעיהו יד, לב: ...כִּי ה׳ יִסַד צִיּוֹן וּבָהּ יֵחֱסוּ עַנְיֵי עַמוֹ.

What shall one then answer the messengers of the nation? That the Lord has founded Ziyyon, and the poor of his people shall shelter in it.

ב. ירמיהו ל, יח: כּה אָמַר ה׳ הְנְנִי שָׁב שְׁבוּת אָהֱלֵי יַצֻקוֹב וּמִשְׁכְּנֹתִיו אֲרַחֵם וְנִבְנְתָה עִיר עַל תִּלֶּהּ וְאַרְמוֹן עַל מִשְׁפְּטוֹ יֵשֵׁב.
Thus says the Lord; Behold, I will bring back the captivity of Ya'aqov's tents, and have mercy on his dwellingplaces; and the city shall be built upon her own tel, and the palace shall stand on its proper place.

ירמיהו (ל, טז): לָכֵן כָּל אֹכְלִיףְ יֵאָכֵלוּ וְכָל צָרִיףְ כֵּלֶם בַּשְׁבִי יֵלֵכוּ וְהִיוּ שֹאֹסֵיִףְ לִמְשִׁפָּה וְכָל בֹּוְיֵךְ אֶתֵּן לָבַז.

Therefore all they that devour thee shall be devoured; and all thy adversaries, every one of them, shall go into captivity; and they that spoil thee shall be a spoil, and all that plunder thee will I give for a prey.

(הפטרת עקב). (הפטרת עקב) ישעיהו מט, יט : כָּי חָרְבֹתַיִּךְּ וְשֶׁלְמֹתַיִּךְּ וְאֶבֶץ הַרְסֻתֵּךְ כִּי עַתָּה תֵּצְרִי מִיּוֹשֵׁב וְרָחֲקוּ מְבַלְּעָיִדְּ. (הפטרת עקב) For thy waste and thy desolate places, and thy devastated land, shall now be too narrow for the inhabitants, and they that swallowed thee up shall be far away.

28 דברים ל, ט: וְהוֹתֵירְדּ ֹיְ-הֹ-נָּ-ה אֱ-לֹהֶידְ בְּכָּלוֹ מַעֲעֵה יָדֶּדְ בִּפְרָי בִטְנְדְּ וּבִפְרֵי בְהֶמְתְּדֶּ וּבִפְרֵי אַדְמָתְדָּ לְטֹבֵה כִּיוֹ יָשִׁוּב יְ-הֹ-נָּ-ה לַשִּוּשׁ עֵלֵידְ לָטוֹב כַּאֲשֵׁר־שֵשׁ עַל־אַבֹתֵיךְ: (פרשת נצבים)

And the Lord thy G-d will make thee plenteous in every work of thy hand, in the fruit of thy body, and in the fruit of thy cattle, and in the fruit of thy land, for good: for the Lord will again rejoice over thee for good, as he rejoiced over thy fathers:

(הפטרת נצבים) : ישעיהו סב, (ה) בֵּייִבְעַל בָּחוּר בְּתוּלֶּה יִבְעָלוּךְ בָּגָיִדְ וּמְשָׂוֹשׁ חָתָן עַל־כַּלֶּה יָשִׂישׁ עָלַיִדְ אֱ-לֹהֲיִדְ וֹהפטרת נצבים)

For as a young man takes to himself a virgin, so shall thy sons take thee to themselves, and as the bridegroom rejoices over the bride, so shall thy God rejoice over thee.

30 ישעיהו נייד :גי כִּי יָמִין וּשְׂמֹאוֹל תִּפְרְצִי וְזַרְעֵךְ גּוֹיִם יִירָשׁ וְעָרִים נְשַׁמֹוֹת יוֹשִׁיבוּ. (הפטרת כי תצא)
for thou shalt break forth on the right hand and on the left; and thy seed shall possess nations, and make desolate cities to be inhabited.

יניטר אוני (כט, כג) ...וְהָקִדִּישׁוּ אֵת קִדוֹשׁ יַעַקֹב וְאָת אֱ-לֹהֵי יִשְׂרָאֵל יַעַרִיצוּ. 13 ישעיהו (כט, כג) ...וְהָקִדִּישׁוּ אֵת קִדוֹשׁ יַעַקֹב וְאֶת אֱ-לֹהֵי יִשְׂרָאֵל יַעַרִיצוּ.

when he sees his children, the work of my hands, in the midst of him, sanctifying my name; for they shall sanctify the Holy One of Ya'aqov, and shall reverence the God of Yisra'el.

. אַפְלּחָרָה בְּישׁוּעָתוֹ: (כה, ט): וְאָמַר בַּיּוֹם הַהוּא הָנֵּה אֱ-לֹהֵינוּ זֶה קוּינוּ לוֹ וְיוֹשִׁיעֵנוּ זֶה ה׳ קוּינוּ לוֹ נָגִילָה וְנִשְּׂמְחָה בִּישׁוּעָתוֹ: (כה, ט): וְאָמַר בַּיּוֹם הַהוּא הָנֵּה אֱ-לֹהֵינוּ זֶה קוּינוּ לוֹ וְיוֹשִׁיעֵנוּ זֶה ה׳ קוּינוּ לוֹ נָגִילָה וְנִשְּׁמְחָה בִּישׁוּעָתוֹ: And it shall be said on that day, Lo, this is our God; we have waited for him, that he should save us: this is the Lord; we have waited for him, we will be glad and rejoice in his salvation.

33 מלכים א כב, כז: ומַים לַחַץ עַד בּאִי בְשַלוֹם

until I come in peace.

34 משלי יב, ד: אֱשֶׁת חַיִּל עֲטֶרֶת בַּעְלֶהּ וּכְרָקָב בְּעַצְמוֹתָיו מִבִּישָׁה

A virtuous woman is a crown to her husband: but she that acts shamefully is as rottenness in his bones.

ירמיהו לא,ז כִּילָה אָמֵר ה׳ רָנָּוּ לְיֵצְקֹב' שִּׁמְחָה וְצַהֲלָוּ בְּרָאֹשׁ הַגּוֹיֵם הַשְּׁמְיעוּ הַלְּלוּ וְאִמְרֹי הוֹשַׁע ה׳ אֶת־עַמְּלְּ אֵת שְׁאֵרֶית יִשְׂרָאֵל יִבְּילְנוּ הְּוֹשְׁע ה׳ בְּנִּוּ לְיִצְקַבֹּ שִׁמְלוּ הְּנְבְּרָאֹשׁ הַגּוֹיֵם הַשְּׁמְיעוּ הַלְּוֹי וְאָמְרֹי הוֹשְׁע ה׳ בְּנִּוּ לְיִצְקְבֹּב' שְּׁמְלִית יִשְּׁרְבְּיֹ שִּׁבְּרָאֹשׁ הַגּוֹיֵם הַשְּׁמְיעוּ הַיְּבְּלוּ For thus says the Lord; Sing with gladness for Ya aqov, and shout on the hilltops of the nations: announce, praise, and say, O Lord, save Thy people, the remnant of Yisra'el.

: ברים ז,ו יד, ב: כֵּי עֲם קְדוֹשׁ אַתָּּה לַהי אֱ-לֹהֶיךְ בְּהְּיִת לוֹ לְעֲם סְגֻּלֶּה מִכּלֹ הָעַמִּים אֲשֶׁר עַל־פְּגֵי הָאֵדָמָה 36 For thou art a holy people to the Lord thy God: the Lord thy God has chosen thee to be a special people to himself, above all peoples that are upon the face of the earth.

<u>Drasha Shoftim 5781</u> - Haftarah Shoftim - What are we waking up from?

Hitorriri Hitorriri, wake up! wake up! Uri Uri arise! Arise!

We say these words as part of Lecha Dodi every Friday night, but what are we waking up from? And why do we need to repeat these phrases twice? In fact, we say a similar line hitnaari mayafar kumi, shake yourself off from the dust. To answer this question we need to see where these words first come up.

These words come up in our haftarah, in Sefer Yeshayahu Chapters 51 and 52. Therein Yeshayahu is conveying G-d's message to Jerusalem, "Wake up!" from the destruction, pick yourself up off the ground and start rebuilding because the time has come for the return to Jerusalem. But if that is the source, why is that part of Kabbalat Shabbat, Welcoming in the Shabbat? We have just finished our busy work week and can now relax and enjoy shabbos. But why do we need to wake up?

Every Friday night we take but one step away from our work week and journey into Shabbat. Not just a step, but we enter into a whole new world. We don't need to worry about what happened, we can simply be where we are and be with those around us and enjoy Shabbos.

But how can we compare leaving our workweek to Jerusalem recovering from the destruction of the Beit Hamikdash? How is this message helping Yerushalayim be healed, the Jewish people as we are in the haftarah of Nechama, comfort? How do we begin rebuilding after the destruction?

The answer lies in our very own work week. What does it take to transition from our busy work to Shabbat?

It takes just one step, that step from everyday life into shul. That is what allows us to leave what is weighing us down and transcend. Yerushalayim is currently left in the pits of despairs after the destruction

That one little step seems like an insurmountable wall that can never be crossed. That is why G-d is coming to Yerushalayim now and saying you can do it. It is time to wake up. It is just one step. You need to rise up, lift yourself off the ground and you'll be there.

That one step is this first step on our journey that will bring us to where we need to be.

As each of us takes a step away from our work week I also want us to take a step towards something. It can be a step towards singing kabbalat shabbat, a step towards a delicious Friday night dinner, or a step away from your phone towards peace and quiet. But the bottom line is make sure that you take that one step away from your week and into SHABBAT.

Ki Tetzei 5781

In our own haftarah we see a comparison to Noah and the flood, and how G-d will sooner destroy the world once again before abandoning his people. But isn't the symbol of G-d's treaty with Noah and Mankind a rainbow? Why do we need these physical representations of G-do's promises?

When enduring difficulties and challenging times having a reassuring physical object to look at can go along way. To get the a turbulent storm the rainbow on the edge of the horizon does wonders, and when in the darkness of night stars serve as a beacon of hope.

Every Friday night in Lecha Dodi we say to Jerusalem לא תבושי לא תכלמי do not be ashamed nor embarrassed quoting from our haftarah, and assure Jerusalem that one day ימין ושמאל תפרוצי that she will once again spread out greater than before. How can we reach that place where we can sing and spread out once again?

By taking a cue from physical signs Hashem gives to Noach and Avraham. Pick a phsyical object or phenomena that give you joyit can be a starry night's sky, a sunset, or a flower and focus on the joy it brings you. From that one moment's inspiration we can regain strength to make it through our challenges, knowing that one day soon G-d willing this too shall pass and we will one day be able to look back unabashedly and proudly over what we overcame together.

Ki Tavo 5781 - Begin by Singing

הַתְעוֹרְרִי הָתְעוֹרְרִי. כִּי בָא אוֹרֵךְ קוּמִי אוֹרִי. עוּרִי עוּרִי שִיר דַּבֵּרִי. כָּבוֹד ה' עַלְיִדְּ נָגַלָּה.

Why am I getting up here and singing? I'm standing up and singing because G-d's splendor is shining upon each and every one of us.

Yeshayahu begins our haftarah, his 60th chapter, telling Yerushalyim:

:ישעיהו אָלוּך אָלוּך וְלְבָלוּד וְלְבָלוּד וְלְבָלוּד אָלוּר אָלוּר אָלוּר אָלוּר אַ פּסוק א (א) אינתר Get up and shine, your light has come; the glory of G-d is shining upon you

This first verse is rearranged in Lecha Dodi by Rabbi Shlomo HaLevi Alkabetz (1500-1576, Tzfat Israel)-

בִּי בָא אוֹבֶך קוּמִי אָוֹרִי... כְבָוֹד יְלוָלָק עָלַיִדְ נִגְלָה

'For your light has come, rise up and shine'...'The glory of G-d is revealed upon you'

Why, for the third straight week, is Lecha Dodi quoting our haftarah in Yeshayahu?

What is so special about Yeshayahu's Haftarot of Consolation for the destruction that Rabbi Shlomo Levi Alkabetz, the composer of Lecha Dodi, thought that we need to hear it every Shabbat?

Please let me read the next verses of our Haftarah

בְּי־הַגָּה החֹשֶׁךּ יְכְּסֶה־אָּרֶץ וַעַרֶפֶל לְאַמֶּים וְעְלֵידְּ יִזְרָח ה וּכְבוֹדְוֹ עַלֵּוְה יִּרָאֵה: וְהָלְכְּוּ גוֹיָם לְאוֹרֶךְ וּמְלֶכָים לְנָגָה זַרְחַךְּ: שְׁאָי־סָבֶיב עִינִוּךְ וּרְאִי כָּלֶם נְקְבְּצִוּ בֵאוּ־לֶדְּ בְּנִוּךְ מֶרְחָוֹק יָבָאוּ וּבְנוֹתַיִּךְ עַל־צַד מַאָמֵנָה: אָז מִּרְאִי וְנָבֹרְתִּ וּפָּתַד וְרָחַב לְכָבֵךְ כִּי־יַהָפֵּךְ עַלֵּיִדְ הַמִּוֹן יָם חֵיל גוֹיָם יָבָאוּ לָדְ:

While darkness may cover the earth, nations by thick clouds; But upon you the G-d will shine, And His Glory be seen upon you. nations shall walk by your light, Kings, by your shining radiance. Lift your eyes and look around: They have all gathered and come to you. Your sons come from afar, Your daughters like raised by their side.

'As you behold, you will glow; Your heart will throb and thrill—For the wealth of the sea shall pass on to you, The riches of nations shall flow to you.'

At the beginning of our Haftarah, Yerushalayim feels suffocated by the night, of her sorry state. Often, the world around us appears to be shrouded in darkness, with seemingly no end in sight.

Yeshayahu tells Yerushalayim that we are never truly without light and hope. All it takes to light up the darkness is but one spark. That small glimmer can be enough to banish the void, and replace it with a path which we all seek to tread. And that light is the glory of Hashem.

All around us miracles happen at every moment, but do we take a moment to notice them?

Each and every Shabbat we get a chance to once again bask in G-d's radiance and enjoy all that Shabbat has to offer.

Please take one more moment to relish the songs we sing at Kabbalat Shabbat, especially Lecha Dodi. Or when you return home, add another tune or zemer to your Shabbat meal. Let Shabbat and its songs light up our week, and may we all enjoy Shabbat and its eternal light.