

Kabbalat Shabbat
“Y’did Nefesh”→ “Adonai Malakh Ge’ut Lavesch”

Stand “at ease” at the podium.

After Gabbai announces pages, begin Y’did Nefesh - 252 in Sim Shalom, 590 in Artscroll.

After Y’did Nefesh, Gabbai will announce pages for Kabbalat Shabbat (308 in Artscroll) and then begin with L’chu N’ran’nah.

Read out loud the first few words and the last few verses of each Psalm. [If you choose to sing any of the Psalms out loud, do not repeat the last few verses at the end of the Psalm; just go on to the next Psalm, saying the first few words out loud.]

After the six psalms are read, you may insert Ana B’koach.

L’cha Dodi is then sung out loud. Leaders often change tunes approximately half way through; if you choose to do this, do so loudly and confidently (it helps to tell some friends/gabbais what tune you will be switching to, so that they can help). The congregation will pause to allow you to switch tunes before “Lo Tevoshi.”

On the verse Bo’i V’shalom, turn to face entrance. On the words “Bo’i Kallah” bow first towards the entrance, then turn, and bow towards the front. (There are other traditions here as well.)

Continue with the first and last of each paragraph.