



# ECHOD

19 TEVET 5775 • JANUARY 9-10, 2015  
PARSHAT SHEMOT • CANDLE LIGHTING: 4:29PM

Shaul Robinson  
Rabbi  
Sherwood Goffin  
Senior Cantor  
Yanky Lemmer  
Cantor  
Lloyd Epstein  
President  
Ben Keil  
Executive Director

## Friday Evening

**4:29pm:** Candle Lighting  
**4:35pm:** Mincha/Kabbalat Shabbat in the Nathaniel Richman  
Cohen Sanctuary

## Shabbat Morning

**7:45am:** Hashkama Minyan in the Belfer Beit Midrash followed  
by Kiddush and shiur with **Rabbi Moshe Sokolow**  
**8:30am:** The Siddur In Depth with **Rabbi Ben Elton** in the  
Nathaniel Richman Cohen Sanctuary: *Blessings over the*  
*Torah*.  
**9:00am:** Services in the Nathaniel Richman Cohen Sanctuary.  
Drasha by **Rabbi Shaul Robinson**  
**9:15am:** Beginners Service led by **Rabbi Ephraim Buchwald** in  
room LL201 (Lower Level)  
**9:40am:** Latest Shema  
**9:45am:** Rabbi Herschel Cohen Memorial Minyan in the Belfer  
Beit Midrash

## Shabbat Afternoon

**3:00pm:** Beginners Mishna Chavura with **Moshe Sheinwexler** in  
the Belfer Beit Midrash  
**3:00pm:** Herb Weiss Bikur Cholim Society meets in front of LSS.  
New volunteers are needed.  
**3:30pm:** Bible Class in room 211 with **Rabbi Ephraim Buchwald**  
**3:30pm:** Louis Lazar Memorial Pre-Mincha Shiur with **Rabbi Josh**  
**Rosenfeld : Special 2-Part Series: Stairway (only) to**  
*Heaven? - The Use of Elevators on Shabbat*  
**4:15pm:** Mincha followed by Seudah Shlishit  
**5:30pm:** Ma'ariv/Shabbat Ends

*Thank you to our volunteer greeters, security guards,  
and ushers this Shabbat.*

## Welcome to the Newest Members of our LSS Community

**Dr. and Mrs. Robert and Robin Schwartz**

## Weekday Prayer Schedule

**Sunday, Jan 11th - Friday, Jan 16th**

Mincha/Ma'ariv: **Sun — Thurs at 4:35pm**

Late Ma'ariv **Mon — Thurs : 8:15pm**

Sunday	Mon & Thurs	Tues, Wed, Fri
Shacharit: <b>7:10am</b>	Daf Yomi: <b>6:15am</b>	Daf Yomi: <b>6:20am</b>
Daf Yomi: <b>7:45am</b>	Shacharit: <b>7:00am</b>	Shacharit: <b>7:10am</b>
Shacharit: <b>8:30am</b>	Shacharit: <b>7:50am</b>	Shacharit: <b>7:50am</b>

## Thank you to our Sponsors

### Hashkama Kiddush

Sponsored by the Fund

### Main Kiddush

Sponsors Welcome

### Beginners Service Kiddush

Sponsored anonymously in loving memory of **Shmuel Shoshai z"l**,  
and in honor of **Rabbi Ephraim Buchwald**.

### Rabbi Herschel Cohen Memorial Minyan Kiddush

Sponsored by **Esther and Dr. William Green** in celebration of the  
engagement of their daughter, **Blima Malka** to **Zack Freud**.

### Seudah Shlishit

Sponsored by **Esther and Dr. William Green** in celebration of the  
engagement of their daughter, **Blima Malka** to **Zack Freud**.

## Mazal Tov to our Members

- Mazal Tov to **Esther and Dr. William Green** on the engage-  
ment of their daughter, **Blima Malka** to **Zack Freud**, son of  
**Judy and Chaim Freud**, of Woodmere, New York. Mazal  
Tov also to brother and sister-in-law **Dr. Yonah and Rachel**  
**Green**.
- Mazal Tov to grandparents **Nancy and Sully Bemak** on a  
birth of a baby boy, **Micah Abraham**, born to their children  
**Jeremy and Rachel Bemak**.
- Mazal Tov to **Rabbi Ben Elton** on the birth of a niece born to  
**Natalie Angel and Daniel Elton** of London.

## Give to LSS Every Time You Shop on Amazon!!

You shop. Amazon gives.  
Welcome to  
**amazon**smile

Amazon Smile offers the  
opportunity to share a portion of every purchase with LSS.

Don't forget to designate Lincoln Square Synagogue as  
your charity by going to [Amazon Smile](https://www.amazon.com/smile). (You can also  
simply save this [direct link](#) to your Bookmarks)  
Then, whenever you visit [smile.amazon.com](https://smile.amazon.com), LSS will  
automatically benefit from your purchase.

## Weekly Learning Opportunities

### Sunday

- **Minchat Chinuch** with **Rabbi Ben Elton** • 9:15am  
The new weekly series begins on Sunday, January 18th following the second minyan.

### MONDAY

- **Kaddish Class** with **Rabbi Shaul Robinson** • 8:30pm

### TUESDAY

- **Parsha Class w/ Rabbi Shaul Robinson** • 10:30am
- **Tuesday Beit Midrash Night** • 7:30-9:15pm
- Tanach Survey: The Books of Samuel and Kings (7pm)  
Facilitated by Marcy Zwecker and Robin Mitchnick  
(meeting in a private home – call office for details)
- Politics and Kingship: The Book of Samuel  
Facilitated by Ron Platzer

### WEDNESDAY

- **Wednesday Beit Midrash Night** • 8:15-9:15pm  
The Subversive Religious Poetry of Yehuda Amichai  
Facilitated by Sara Brzowsky
- **Talmudic Logic w/ Rabbi Dennis Weiss** • 7:30pm  
An in-depth look at a single Talmudic subject matter, starting from the relevant biblical texts and delving into the logic system of the Gemara. This year's topic will be "Misappropriation & Trespass"
- **Nach B'lyun: Sefer Shmuel Beginning w/ Chapter 11**  
**With Rabbi Hayyim Angel**  
The Spring Semester of the popular Series begins on Wednesday, January 28th. \$125 for the entire 8-session series or \$20 per class. Sign up at [lss.org/RabbiAngel](http://lss.org/RabbiAngel)

### THURSDAY

- **Parsha Class** with **Rabbi Shaul Robinson** • 7:00pm

### Beginners Announcements

- The next session of the **Hebrew Reading Crash Course Level I** will meet on **Monday, January 12th, 2015 at 6:30pm**, and continue for **3 more weeks**. The classes meet for 1 1/2 hours, and are free and open to all. Register at [www.lss.org/beginners](http://www.lss.org/beginners).
- **Save the date!** Register now for **Introduction to Bible: The 10 Commandments** with Rabbi Ephraim Buchwald (Begins **Tuesday, January 27<sup>th</sup>, 2015 6:30-8:00pm**). An in-depth study and analysis of the Decalogue (the Ten Commandments) and other basic biblical texts. The religious significance of the Bible, scriptural exegesis and the relationship of the written and oral law will be discussed and analyzed. To register, please call **212-874-6100** or register online at [www.lss.org/beginners](http://www.lss.org/beginners). Cost: \$90, Free to LSS Members. **No one will be turned away for lack of funds.**
- **Save the date! One Day Review (only 1 session)** will be held **Monday, February 2, 2015 at 6:30pm**. The 1 class lasts 1 1/2 hours, and is free and open to all. Register at [www.lss.org/beginners](http://www.lss.org/beginners).
- **Save the date!** The next **Beginners Luncheon** will be **Shabbat, February 7th, 2015**. The cost is still only \$20. Please make your reservations by **Thursday, February 5th, 2015**. You can register online at [www.lss.org/beginners](http://www.lss.org/beginners) or call **212-874-6100**.
- **Save the date!** New sessions of the **Hebrew Reading Crash Course Level II** will begin **Monday, February 9th, 2015 at 6:30pm**. The 5 classes last 1 1/2 hours, and are free and open to all. Register at [www.lss.org/beginners](http://www.lss.org/beginners).

**The Lea Segre Tomchei Shabbos Fund discreetly distributes thousands of dollars to our own community members to defray the costs of Shabbat and Yom Tov meals and clothing. Help yourself and your neighbors by sending your contributions, earmarked for LSTSF to the LSS office. If you are aware of any LSS community member (including yourself) who could benefit from a Shabbat meal, please let us know by contacting the LSS office or by confidential email to [rabbi@lss.org](mailto:rabbi@lss.org).**

### Youth Announcements - [lss.org/youth](http://lss.org/youth)

**Please Note:** The afternoon Shabbat groups are cancelled this week.

#### Youth Groups Schedule

Pre-k: Room 206 at 10:00am  
 k-1: Room 207 at 10:00am  
 2-4 grade girls: Room 208- 10 am  
 2-4 grade boys: Room 210- 10 am  
 5-8th boys and girls: Room 211—10:15am  
 Youth Breakfast @ 9:30am room 206



## Upcoming Events - [lss.org/events](http://lss.org/events)

- **Journey to Yossele's World • Monday, January 19th • 8pm**

For all lovers of Jewish liturgical music. There will be a presentation by Charlie Bernhaut, who will explore the life and music of the great chazzan **Yossele Rosenblatt**. Charlie will bring an original 1905 RCA Victrola with a wooden horn and play original recordings as they were meant to be played and heard, together with film clips and a presentation. Special guest performances by Chazzan Goffin and Lemmer. Free



- **Seudah Shlishit Guest Speaker: Itamar Marcus • Shabbat, January 24th**

Itamar Marcus, Founder and Director of Palestinian Media Watch, is one of the foremost authorities on Palestinian ideology and policy. In 1999, Mr. Marcus was appointed by the Israel Government to represent Israel in negotiations with the Palestinian Authority on Incitement. He has lectured at conferences and at universities and to senior security officials world wide. He gives analysis on CNN, FOX News, BBC, and the full range of world TV news.



- **Oneg Shabbat with Scholar-in-Residence Rabbi Alex Israel • Friday, January 30th**

**Rabbi Alex Israel** teaches at Yeshivat Eretz Hatzvi and at the Pardes Institute of Jewish Studies where he serves as Director of Community Education and the Summer Program. He is a popular lecturer at campuses and communities on three continents. In 2013, he published his first book: "I Kings: Torn in Two" a commentary to Sefer Melakhim. Rabbi Alex Israel holds degrees from London School of Economics, the Institute of Education, London, and Bar Ilan University. Rabbi Israel lives in Alon Shevut, Gush Etzion, with his wife Aliza and their four wonderful children. He enjoys running, music and everything to do with contemporary Israel.



Sign up in advance for our events at [lss.org/events](http://lss.org/events)

## ISRAEL CORNER • פינת ישראל

### LSS Israel Alumni Directory

As mentioned in previous articles, we'd like to connect with **former LSS members** who have made *aliya* and plan for joint activities with them when we are in Israel or when they visit the States. We'd also like to reconnect with the former **Kollel Fellows** and plan for similar joint activities with them, both here and in Israel.

A huge thank you to those of you who have already provided this contact information. To those of you who have yet to do so, please submit any names and email addresses that you may have for either of these two groups to [nathan.vogel.lss@gmail.com](mailto:nathan.vogel.lss@gmail.com)

### Ki Mi'Tzion Tetze Torah

Have you visited [lss.org/Israel](http://lss.org/Israel) lately? You should. Thanks to the assistance of Alan Samuels, the web site now features tabs for Beit Morasha in Jerusalem (BMJ) and Tzohar. Both tabs include articles and *divrei Torah* produced by these institutions. The BMJ tab includes the weekly commentary on the Parshat Hashavua by Rabbanit Michal Tikochinsky. Enjoy her insights and also share the link with your friends and family. A limited number of hard copies of Rabbanit Tikochinsky's commentary on Parshat Shemot is also available in the lobby.

In case of a bereavement,  
please call our Clergy at 646-  
543-7485 (day or night)

If you would like to receive the  
Shabbat Echod by e-mail, sign up  
at [www.lss.org](http://www.lss.org).

### LINCOLN SQUARE SYNAGOGUE OFFICERS

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## D'var Echod B'lev Echod

Insights into the weekly Parsha and other matters at the heart of the LSS community

19 TEVET 5775 • JANUARY 9-10, 2015  
PARSHAT SHEMOT

By: Faith Fogelman

### *Hide and Speak*

As the poignant last page of Genesis is turned, the metaphoric reality of life is keenly felt. Past a certain age, we have all mourned the significant others of our earlier lives. We subsequently entered new worlds as we shed the wings of our families of origin, but we never forgot them. We continue to reference mom, dad, and Uncle Joe. Likewise, we cry upon leaving Genesis, but know that our beloved collective family of origin will always remain with us as we continue to reference our forefathers and mothers, Joseph, and Judah. Life is like Torah, a dynamic force forever moving us forward.

In Parshat Shemot, the preeminent personality of the rest of Torah is introduced. Moshe Rabbeinu was a man with a disability, a description infrequently referenced. His speech impairment, a hidden disability, was revealed upon communication. The intersection of his personality and disability might have resulted in compensatory actions to either hide or minimize his condition, or to express great frustration through physical means.

Moshe Rabbeinu, as seen through the disability lens, strengthens our understanding of the duality of his personality/disability. In Shemot 2:11, he saw an Egyptian strike a Hebrew man and wanted to assist. Perhaps with the gift of perfect articulation he would have verbally intervened on behalf of the Hebrew. Instead, he slew the Egyptian, thereby avoiding disability exposure. Subsequently, he saw two Hebrews fighting. Although he first verbally defended the weaker, he did not continue when the belligerent one contemptuously referenced the first incident. Moshe Rabbeinu was uncomfortable that the first incident *was known, and perhaps he declined to verbally defend his prior actions anxious that his speech might be ridiculed.*

His fear of Pharaoh's possible reprisal for slaying an Egyptian precipitated an escape to Midian. He hid as a shepherd, but not for long. Hashem selected him for leadership, a man who could not self-present perfectly. Moshe Rabbeinu's own protestations were for naught. He begged Hashem to release him from the spotlight due to his impairment, as people with hidden disabilities frequently state what they cannot do. He was self-conscious, but he only cites it once with Hashem. To the credit of all others, his speech impairment was never referenced.

Jethro did not encourage his daughter to seek another mate (Shemot 2:21); the children of Israel never complained about an imperfect leader; Miriam and Aaron did not include disability when they complained about their brother to Hashem (Numbers 12:1); and even Korach refrained from mentioning his rival's disability. Moving through Torah, we forget about the speech impairment and see our leader as he self-presented in other ways. Yet, his own fear of disability exposure or exacerbation was omnipresent. Moshe Rabbeinu's speech disability could have contributed to the smashing of tablets (Shemot 32:19) and hitting the rock (Numbers 20:1). Anger expressed with physical means minimized the disability and reflected what other men might have done.

With the selection of a physically imperfect leader, Hashem set an example not to dismiss the talents of people who cannot perfectly present. Hashem also communicated to disability holders to push past their comfort zone and assert abilities. To emulate Hashem's ways, people without disabilities should offer opportunity and not feel that a favor has been bestowed. A renowned musician with a disability once said that being disabled means being a member of a group to which anyone could eventually belong.

Sensitivity awareness for people with hidden disabilities translates to understanding that exposure can equal shame. Socially acceptable excuses are substituted for actions. The legally blind might state that without glasses they cannot review a document, which is visually inaccessible even with glasses. Those with heart conditions might express momentary fatigue for not taking walks. Holders of hidden disabilities experience stigmatization upon exposure and the wish to conceal is paramount. Those with speech disabilities have unique challenges when it comes to hiding since communication is instant exposure. Voice is critical to self-perception and the perception of others to the self. Imagine rejecting a gifted personality who could not articulate perfectly. Hashem could not have imagined that.

*Shabbat Shalom*