

## NEW COVID ATTENDANCE GUIDELINES

In order to continue to keep each other safe and healthy, and to comply with New York City and State regulations, LSS requires that everyone (children and adult) wear a face mask, covering the wearer's mouth and nose, at all times in all areas indoors of LSS. In addition, we request that attendees be sensitive to the comfort and safety concerns of others at shul by respecting any social distancing desires of others. We thank you in advance!

## SHABBAT SCHEDULE

### Friday night:

**4:42pm** Shabbat Candle Lighting

**4:45pm** Mincha followed by Kabbalat Shabbat;

Location: Nathaniel Richman Cohen Sanctuary.

Davening led by Chazzan Yanky Lemmer.

Following Maariv, Neiro Shabbat Shiur by Rabbanit Mindy Schwartz Zolty.

*Sponsored by Shirley Stark & Mark Hus and Susan Stark in commemoration of the yahrtzeit of their father Eliyahu Ben Chaim Dov Stark.*

**5:00pm** Sunset: Latest time to daven Mincha

**5:31pm** Repeat Shema

### Shabbat:

**7:45am** Hashkama Minyan; Location: Belfer Beit Midrash.

Shiur by Rabbi Moshe Sokolow on third floor;

Hashkama Kiddush on The Spira Family Terrace

**9:00am** Chazzan Sherwood Goffin Memorial Minyan;

Location: Nathaniel Richman Cohen Sanctuary. Davening led by Chazzan

Yanky Lemmer. Drasha before Musaf by Rabbi Shaul Robinson.

Main Kiddush on the Spira Family Terrace.

**9:30am** Beginners Service led by Rabbi Ephraim Buchwald;

Location: Ballroom. Beginners Kiddush to follow on the

**9:40am** Latest Shema

**9:45am** Rabbi Herschel Cohen Memorial Minyan;

Location: Belfer Beit Midrash

**9:45am** Shabbat Groups; Location: Second Floor Classrooms

**10:29am** Latest Shacharit

**3:00pm** Beginners Mishna Chavura with Moshe Sheinwexler;

Location: Belfer Beit Midrash

**4:00pm** Louis & Rhoda Lazar Memorial Shiur by Assistant Rabbi Yoni

Zolty; Location: Nathaniel Richman Cohen Sanctuary.

Topic: Discussion of This Week's Haftara.

**4:35pm** Mincha; Location: Nathaniel Richman Cohen Sanctuary.

Followed by Seudah Shlishit in the Ballroom.

**5:01pm** Sunset: daven Mincha

**5:44pm** Ma'ariv/Havdalah

**5:54pm** Zoom Havdalah (link in Electronic Echod)

## THIS SHABBAT

**This Shabbat we are coming together for a Special Shabbat of "Solidarity, Strength and Gratitude."**

**Chazzan Yanky Lemmer and Rabbi Robinson will lead special prayers and Tehillim for Unity, Courage, Protection and Thanks.**

## WEEKDAY MINYAN INFORMATION

### Shacharit:

Sunday, January 23 @ 8:30am

Monday, January 24—Friday, January 28 @ 7:30am

### Mincha/Maariv:

Sunday, January 23 @ 4:50pm

Monday, January 24— Thursday, January 20 @ 4:55pm

## UPCOMING EVENTS

**Tuesday, January 25th: Halachic Shmita in Modern Times: 12:00pm.**

This year (5782) is a shmita year.

וְשֵׁשׁ שָׁנִים תַּרְבֶּעַ אֶת־אֲרָצְךָ וְאָסַפְתָּ אֶת־תְּבוּאָתָהּ: וְהִשְׁבִּיעַת תְּשַׁמְטָהּ וְכִטְשָׁתָהּ וְאָכְלוּ אֲבוֹנֵי עַמְּךָ וְיִתְּרָם תֹּאכְלֵה חֵיט הַשָּׂדֶה בְּנִתְעַשָּׂה לְכַרְמֶךָ לְיִיתָר:

Shemot 23:10-11. Six years you shall sow your land and gather in its yield; but in the seventh you shall let it rest and lie fallow. Let the needy among your people eat of it, and what they leave let the wild beasts eat. You shall do the same with your vineyards and your olive groves.

Please join this live from Israel program with Rabbi Oren Duvdevani, Head of Tzohar's Kashrut Department who will discuss how this Biblical mitzvah is observed in modern Israel. A graduate of Yeshivat Har Etzion, Rabbi Duvdevani is a certified rabbi from the Israeli Rabbinate and received his Ph.D. from Bar Ilan University. He is an internationally-respected expert in matters pertaining to kashrut certification.

Meeting ID: 833 2563 8127 Passcode: 384847.

**Thursday, January 27th: SCN Situational Awareness Training: 1:00pm.**

In light of the hostage taking incident in Texas this past Shabbat, the Secure Community Network will be doing a situational awareness training next Thursday, the 27th. The session is designed to inform and raise awareness of threats for the wider Jewish community, beyond synagogue leadership and security teams. Join at [https://securecommunitynetwork-org.zoom.us/webinar/register/WN\\_r0VSrYVYQjeOtn6ktcW3og](https://securecommunitynetwork-org.zoom.us/webinar/register/WN_r0VSrYVYQjeOtn6ktcW3og)

**Shabbat, February 5th: 12:30pm: Beginners Luncheon.** Cost: \$25.

Register at <https://www.lss.org/event/beginners-shabbat-luncheon---february-5-2022.html>

**Sunday, February 13th: Women's Tefillah Group Shiur: Chodesh Adar I:**

**8:00pm.** Title: Miriam: Sister, Prophet, Leader. Meeting ID: 842 1273 9437 Passcode: 364504

## MAZAL TOV

**Sarah Orenshein and Moshe Soloveichik** on the birth of a girl, Yonina Nechama.

**Shanna and Adam Herbst** on the birth of a girl.

**Karen and Roy Simon** on the birth of a granddaughter, Ella Barnett Simon. Mazal tov also to their children Allie and Joshua.

## NEIROT SHABBAT SHIUR AND KIDDUSH

Following Maariv on Friday night, January 28, join us for a shiur given by Rabbinic Intern Efraim Tepler followed by a hot kugel kiddush. If you are interested in sponsoring, please email [info@lss.org](mailto:info@lss.org).

## THANK YOU TO OUR SPONSORS

**Hashkama Kiddush:** Golda, Shira and Hannah Hudes in commemoration of the yahrtzeit of Dr. Abraham Isaac Hudes z"l on 25 Tevet.

Co-sponsored by Anonymous.

**Main Kiddush:** The Goldofsky family in commemoration of the yahrtzeit of Irving Goldofsky z"l on 22 Shevat.

**Beginners Kiddush:** Elaine H. Witty in commemoration of the third yahrtzeit of her mother, Rachel J. Witty, Rochel Gittel bas HaRav Ephraim v'Sarah a"h.

**Seudah Shlishit:** Howard Tepper in commemoration of the yahrtzeit of his grandmother Chana bat Yitzhak v' Yehudit a"h.

**Would you like to sponsor a kiddush or Neiro Shabbat for future weeks?** Email [info@lss.org](mailto:info@lss.org).

## YOUTH AND MAGEN AVRAHAM TEEN DEPARTMENT

We take the safety and health of our members very seriously and will do whatever we can to prevent further spread of Covid-19. As a reminder to all parents, if children are at all symptomatic (cough, fever, runny nose, sore throat, GI symptoms, etc.), it is important that they stay home.

**Important note:** We ask families to continue to be vigilant about our health policies. Please support our efforts by sending your child to shul with a mask and reminding them of the importance of consistently keeping their masks on during groups.

### Shabbat Youth Groups: 9:45am (Location: 2nd floor classrooms)

Youth Groups are back in full swing with davening, Torah & play.

Youth Directors: Romy and Avraham Sanger

Assistant Youth Director: Alexander Wildes

### Motzei Shabbat, February 5th: Teen Dave & Buster's Night: 7:30pm:

All teens of the UWS are welcome to join us for a fun night out at Dave & Buster's. Cost \$25.

## YOUTH DVAR TORAH

By Romy Sanger

In this week's Parsha we meet Yitro, who is remembered honorably in our Jewish heritage by having a Parsha named after him. We know that Yitro will have a major impact on our nation. His daughter married the greatest prophet that the Jewish people ever had, and later on he will create the foundation for our legal system.

The Torah in Parshat Vaera lists the dynasty of Moshe's tribe, Shevet Levi. We read that Elazar son of Aaron married the daughter of Putiel (6:25). Rashi explains that this Putiel is in fact Yitro, and that his name alludes to the fact that Yitro stuffed animals for Avoda Zarah. Now as we know from the midrash, Yitro had seven names, each one indicating his respect for Torah and the Jewish people. Why then did the Torah choose to highlight the name that relates to the work for idol worship?

In the beginning of this week's Parsha, we read that Yitro came to Moshe in the desert. Rashi asks: why is the Torah emphasizing his travel? Rashi answers that the Torah is highlighting his commitment: Yitro left a comfortable life of prestige and respect to go to a desert wilderness, all for the sake of learning Torah. This is what the Mishna in Avot indicates (4:14) "hevei goleh lim'kom torah", "You need to go out to exile to acquire Torah." This message is all about commitment, if you believe in something you need to be willing to give up certain things in order to achieve it.

When Yitro believed that the truth was idol worship, he was 100% committed, he even did the dirty work of stuffing animals. He did not say that "it is below me, I am an important priest!" The Torah highlights Yitro's stuffing animals for idolatry since it shows that he is a truly committed person. He does what he believes in, and ultimately that led him to Bnei Yisrael and Hashem.

## QUESTIONS

1. Who is Yitro?
2. What advice does Yitro offer Moshe?
3. Which mountain was the Torah given on?
4. What are the Ten Commandments?

1. Moshe's father in law
2. That he appoint judges to delegate issue resolution within Bnei Yisrael
3. Har Sinai
4. These are the ten commandments:
  1. I am the Lord your G-d
  2. You shall have no other G-ds except me
  3. You shall not take G-d's name in vain
  4. Remember Shabbat and keep it holy
  5. Honor your father and mother
  6. Do not murder
  7. Do not commit adultery
  8. Do not steal
  9. Do not bear false witness
  10. Do not covet your neighbor's things

## ANSWERS

## WEEKLY LEARNING OPPORTUNITIES

### Sunday:

- **Sh'eilot and Tshuvot: 9:15am-10:15am led by Assistant Rabbi Yoni Zolty.** Come and learn some classic and contemporary responsa Sunday mornings after Shacharit. In person and via Zoom. In person location: Belfer Beit Midrash. Meeting ID: 838 3061 9860 Passcode: 354153. Sponsors are welcome.

### Monday:

- **A Gemara Class Bava Kama: Laws of Personal Injury led by Rabbi Robinson:** 11:00am-12:00pm. Location: Nathaniel Richman Cohen Sanctuary. Repeated on Zoom Tuesday at 8:00pm.
- **Chug Ivrit led by Harel Fenigstein Chadashot (News from Israel):** 7:00pm-8:15pm. Available in person or via Zoom. Register at <https://www.jotform.com/212903440529048>

### Tuesday:

- **The Marilyn & Sam Isler, "Studies in the weekly Parsha" led by Rabbi Shaul Robinson:** 10:30am-11:30am Meeting ID: 241022510. Dial In: 646 876 9923. Location: Nathaniel Richman Cohen Sanctuary
- **\*Starting February 1st\* Introduction to the Bible: The 10 Commandments with Rabbi Ephraim Buchwald:** 6:30-8:00pm. Register at [www.lss.org/beginners](http://www.lss.org/beginners) for Zoom link. Sponsors welcome.
- **Beit Midrash night, The M'lachim (Kings) Study Group led by Ron Platzer:** 8:00pm. Meeting ID: 850 0937 1460 Password: 560900
- **A Gemara Class Bava Kama: Laws of Personal Injury led by Rabbi Robinson:** 8:00pm. Meeting ID: 858 4080 4793 Passcode: 931015

### Wednesday:

- **Chug Ivrit - Safa Ivrit (Hebrew Language) led by Harel Fenigstein:** 7:00pm-8:15pm. Available in person or via Zoom. Register at <https://www.jotform.com/212903661753153>
- **\*Starting January 26th\* Modern and/or Orthodox - Some History led by Paul Shaviv:** 8:00pm. Topic: When did 'Modernity' begin for Jews?. Meeting ID: 867 9891 8125 Passcode: 396651

### Thursday:

- **Women's Talk Time: led by School Psychologist Ruth Moser Riemer:** 11:30am-12:30pm. Meeting ID: 972 4054 8238 Password: 142533
- **Jacob Adler Parsha Class: Explorations in the Weekly Parsha led by Rabbi Shaul Robinson:** 7:00pm. Meeting ID: 912 657 888 In person location: Belfer Beit Midrash



**Lincoln Square Synagogue Presents**

# DAYTIME LEARNING OPPORTUNITIES

Email [info@lss.org](mailto:info@lss.org) to sponsor a shiur and/or breakfast

Sunday	Monday	Tuesday	Wednesday
<b>Rabbi Yoni Zolty</b> <b>Sh'eilot and Tshuvot:</b> Learning Classic & contemporary responsa 9:15am Following Shacharit <small>In the Belfer Beit Midrash</small>	<b>Rabbi Robinson</b> <b>A Gemara Class</b> <b>Bava Kama: Laws of Personal Injury</b> 10:00 am-11:00am <small>In the Nathaniel Richman Cohen Sanctuary</small>	<b>Rabbi Robinson</b> <b>Parshat HaShavuah shiur</b> 10:30am- 11:30am <small>In the Nathaniel Richman Cohen Sanctuary</small>	<b>Rabbanit Mindy</b> <b>Personalities in Rabbinic Literature</b> Will resume in March 12:00pm-1:00pm <small>In the Nathaniel Richman Cohen Sanctuary</small>



**Tuesday Evening:**  
**Rabbi Robinson**  
**A Gemara Class**  
**Bava Kama:**  
**Laws of Personal Injury**  
 Monday's daytime class repeated on Tuesdays at 8:00pm via zoom  
 Meeting ID: Passcode: 931015  
For other evening learning opportunities visit [www.lss.org/learningopportunities](http://www.lss.org/learningopportunities)



180 Amsterdam Avenue.

## DVAR TORAH

Parshat Yitro  
January 22, 2022  
By Fred Ehrman

### An Essential Component of the Ten Commandments

It was the greatest sound and light display in the history of man. Nothing like it had been seen before, and nothing since. The people had been preparing for days in advance. Their clothes were laundered, they had immersed in a Mikve and were physically and spiritually pure. The Talmud tells us that when Eve ate from the Tree of Knowledge, the serpent, the symbol of the primordial Evil Inclination filled her with spiritual impurity. When the Israelites stood at Sinai, that spiritual impurity was removed (Shabbat 146A).

Mount Sinai was enveloped by heavy clouds, there was thunder and lightning and the blast of the shofar reverberated throughout. There was a huge crowd, numbering six hundred thousand men along with all the members of their households. And what they saw and heard made them tremble. The Ten Commandments were about to be proclaimed by the Almighty.

"I am Hashem, your G-d...There shall be no other gods in My presence." At this point, the people implored Moses to speak to them because they could not survive hearing the voice of G-d. And Moses proceeded to teach them the next eight commandments.

The Midrash tells us what follows. Myriads of angels descended and tied two crowns to each and every one of the Jewish people — one corresponding to "we will do" and one corresponding to "we will hear." (Shabbat 88A). What each of the participants was able to witness at that moment, was not seen in the greatest visions of Isaiah and Ezekiel. (Mechilta).

We can hardly imagine what went through the minds of all who stood at the bottom of that mountain. A feeling of majesty, of being part of a sublime and exalted nature, almost ethereal. After all, no other human being had gone through an experience that each of them had. The two crowns on their heads added to all of this gave them a feeling of superiority and chosenness.

At this point one would have thought that the Torah would focus on the atmosphere surrounding Mount Sinai and its effect on the approximately three million people who were standing there. But surprisingly, it goes on to give us two new mitzvot of a completely different nature that are associated with the altar in the Tabernacle. However, these particular mitzvot appear to be totally misplaced. Logically they should be found in Parshat Terumah, which we will read in just a few weeks, which instructs us on the building of the Tabernacle and all its contents. As Rashi similarly asked elsewhere, "Mah inyan mizbeach etzel Har Sinai" — what is the connection of the altar with Har Sinai? Why here?

I suggest that these mitzvot appear right after this magnificent event in order to awaken us out of a sense of euphoria and elation, to bring everyone back down to earth and teach some fundamental truths regarding our existence. The first mitzvah states, "An altar of earth shall you make for Me..." (Shemot 20:21). Earth, not gold and silver inlaid with precious stones. The Midrash Tanchuma (Tzav 14) explains why it was to be made from earth, "adamah." The first man was called Adam because he came from the adamah. The Jewish people will bring their sacrifices to the altar made from adamah to atone for the sins committed by their mortal bodies that was originally taken from the earth and would someday return to it. They were reminded of their mortality.

The second mitzvah was directed at the Kohanim, the priests. They were instructed to ascend to the altar by means of a ramp and not by steps. Why? "...so that your nakedness will not be uncovered upon it" (Shemot 20:23). Nakedness? Not only was the ordinary Kohen covered in a tunic, but he wore breeches, "...to cover the flesh of his nakedness" (Shemot 28:42). So, what is the Torah really trying to teach us? The Midrash Mechilta of Rabbi Shimon bar Yochai gives us an answer. It is instructing the priestly class that when they are ascending to the altar, that they should be taking small steps, heel to toe, and not giant steps of hubris, signifying naked power and greatness. And if we show such consideration and humility to a stone ramp, how much more so are we to act accordingly to our fellow human beings. "... To walk humbly with your G-d." (Micha 6:8)

So, what do we learn from the end of our Parsha today? After all of this amazing display, with its surrounding pomp and glory, we close with two vital lessons. First, we must always keep in mind the nature of our mortality and how it should affect our conduct. And second, to acquire the most important of all human characteristics, the attribute of humility. One can follow all the commandments but be a "Naval Birshut Hatorah," a degenerate while remaining within the Torah's framework (Ramban Vayikra 19:2). "V'asita ha'yhashar v'hatov b'einai Hashem," one should constantly strive to do what is right and good in the sight of the L-rd (Devarim 6:18). As Rav said, the Commandments were given to Israel solely to refine the human being (Vayikra Rabbah 13:3).

Underlying it all — be a Mensch.

Shabbat Shalom.

## DVAR TORAH

The next Shabbatot available to write a Dvar Torah are:  
Tetzaveh 2/12, Ki Tisa 2/19, Vayakhel 2/26 & Pekudei 3/5  
If interested, please email Bill Greenbaum at [dvar@lss.org](mailto:dvar@lss.org).

## LSS OFFICE

The office is open on Monday, Tuesdays and Thursdays. In order to avoid peak travel times during this recent surge, office hours are 10:00am-4:00pm. If you would like to coordinate anything outside of those hours please email us at [info@lss.org](mailto:info@lss.org).

## ACCOMODATIONS AT LSS

If, due to a disability, you need an accommodation made or you need help registering for an event, please call (212)-874-6100.

## FOLLOW US ON SOCIAL MEDIA



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In case of a bereavement, please call our  
Clergy at 646-543-7485 (day or night)

If you would like to receive the Shabbat  
Echod by e-mail, sign up at [www.lss.org](http://www.lss.org) or

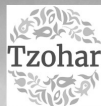
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# Halachic Shmita in Modern Times

Tuesday, January 25th

12:00pm

Live from Israel!



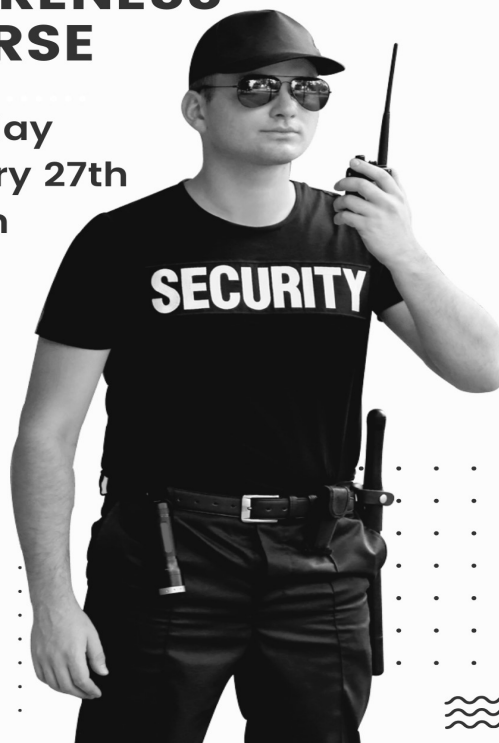
Join Rabbi Oren Duvdevani, the Head of Tzohar's Kashrut Department who will discuss how this Biblical mitzvah is observed in modern Israel

Join the Zoom [here](#)  
Meeting ID: 833 2563 8127  
Passcode: 384847

# SECURE COMMUNITY NETWORK SITUATIONAL AWARENESS COURSE



Thursday  
January 27th  
1:00pm



Women's Tefillah Group  
Presents:

# CHODESH ADAR I SHIUR



Sunday, February 13th  
8:00pm

Shiur given by Community Intern,  
Mindy Schwartz Zolty

Topic:  
"Miriam: Sister, Prophet, Leader"

Interested in sponsoring?  
Please email [info@lss.org](mailto:info@lss.org)

Please note this event  
is open to all

Join via [Zoom](#)  
Meeting ID: 842 1273 9437  
Passcode: 364504

