

SHABBAT SCHEDULE	THANK YOU TO OUR SPONSORS
<p>Friday night:</p> <p>5:15pm Candle Lighting</p> <p>5:20pm Mincha/Kabbalat Shabbat</p> <p>Davening led by Chazzan Yanky Lemmer</p> <p>Location: Nathaniel Richman Cohen Sanctuary.</p> <p>5:33pm Sunset: Latest time to daven Mincha</p> <p>6:04pm Repeat Shema</p> <p>Shabbat:</p> <p>7:45am Hashkama Minyan; Location: Belfer Beit Midrash. Hashkama Kiddush to follow; Shiur by Dr. Moshe Sokolow on the third floor.</p> <p>9:00am Chazzan Sherwood Goffin Memorial Minyan;</p> <p>Davening led by Chazzan Yanky Lemmer</p> <p>Drasha after Musaf by Community Intern Tzophia Stepansky.</p> <p>Location: Nathaniel Richman Cohen Sanctuary.</p> <p>Cholent/Kugel Kiddush to follow in the Ballroom.</p> <p>9:27am Latest Shema</p> <p>9:30am Beginners Service led by Rabbi Ephraim Buchwald;</p> <p>Location: 3rd Floor. Beginners Kiddush to follow.</p> <p>9:45am Rabbi Herschel Cohen Memorial Minyan</p> <p>Location: Belfer Beit Midrash.</p> <p>10:00am Shabbat Groups; Location: Second Floor Classrooms.</p> <p>Location: Belfer Beit Midrash</p> <p>3:15pm Beginners Mishna Chavura with Moshe Sheinwexler;</p> <p>Location: Belfer Beit Midrash.</p> <p>4:15pm Louis and Rhoda Lazar Memorial Shiur by Community Intern Tzophia Stepansky in the Nathaniel Richman Cohen Sanctuary.</p> <p>5:00pm Mincha; Location: Nathaniel Richman Cohen Sanctuary.</p> <p>Followed by Seudah Shlishit in the Ballroom.</p> <p>*Hebrew only* shiur with Lloyd Epstein Torah Mitzion Kollel Fellows. Led by Yechiel Rozenberg in the Nathaniel Richman Cohen Sanctuary.</p> <p>Topic: Halacha state - Dream or Nightmare? Observation on the State of Israel and Religious Government</p> <p>שיעור שבועי בעברית אחר מנחה בשבת עם חברי כולל תורה מצינן!</p> <p>נושא: מדינת הלכה - הלכה המדינה מבט על מדינת ישראל ושלטון</p> <p>5:34pm Sunset: Latest time to daven Mincha.</p> <p>6:17pm Ma'ariv/Shabbat Ends</p>	<p>Hashkama</p> <p>Steve Kay Kupietzky in honor of the 67th wedding anniversary of his parents, Rabbi Jonah and Fran Kupietzky.</p> <p>Cholent/Kugel Kiddush</p> <p>Anonymously sponsored in commemoration of the yahrtzeit of Bayla bat Avraham Chaim a"n</p> <p>Beginners Kiddush</p> <p>Dr. Nikki Pacheco in honor of a great rabbi, Rabbi Ephraim Buchwald.</p> <p>Seudah Shlishit</p> <p>Golda, Shira, and Hannah Hudes in commemoration of the yahrtzeit of their grandmother & great-grandmother, Ksenia Fizitskaya, Simcha bat Avraham & Chanah, a"n on erev Rosh Chodesh Adar.</p>
WEEKDAY MINYAN	MAZAL TOV
<p>Shacharit:</p> <p>Sunday, February 19th @ 7:10am & 8:30am</p> <p>Presidents' Day: Monday, February 20th @ 7:00am & 8:30am</p> <p>Rosh Chodesh Adar: Tuesday and Wednesday, February 21st-22nd @ 7:00am & 7:40am</p> <p>Thursday, February 23rd @ 7:00am & 7:50am</p> <p>Friday, February 24th @ 7:10am & 7:50am</p> <p>Mincha/Maariv:</p> <p>Sunday-Tuesday, February, 19th-21st @ 5:25pm</p> <p>Wednesday-Thursday, February 22nd-23rd @ 5:30pm</p>	<p>Rabbi Jonah and Mrs. Fran Kupietzky on the celebration of their 67th wedding anniversary this week.</p> <p>Great-grandparents Judy and Joel Schreiber on the birth of a boy born to their grandchildren Blima and Ben Weintraub.</p> <p>Steven Galla and Michal Pelcovitz Galla on the birth of a baby girl, Anna Claire, חנה גיטל.</p>
ROSH CHODESH	ISRAEL AT 75
<p>The molad for Rosh Chodesh Adar will be on Monday afternoon at 40 minutes and 11 chalakim after 12 noon. Rosh Chodesh Adar will be on Tuesday and Wednesday.</p>	<p>Join us as we celebrate the State of Israel's 75th birthday. with many exciting programs and events culminating in a Yom Ha'Atzmaut celebration on April 25-26. As we pull together programming and speakers, we ask that you help support our efforts with a minimum donation of \$75.</p> <p>We hope to offer the majority of the events at a limited cost or free. Visit www.lss.org/form/75-donation</p> <p>Sunday, March 12th: Religious and Secular in Israel: 10:00am: Relationship or Lack Thereof? Rav David Stav the founder and chairman of the Tzohar Rabbinical Organization will discuss the environment in Israel since the recent elections and new government, specifically, the general tension between religious and secular Israelis, what are the issues at stake and how to try to deal with them successfully. Tzohar is a modern orthodox rabbinical organization which aims to provide religious services to and create dialogue with the broader Israeli population. Register at www.lss.org/form/rav-stav</p> <p>* Offsite Sunday, March 12th: 71st Annual Israel Folk Dance Festival and Festival of the Arts: 12:30pm: Location: The Gerald W. Lynch Theater at John Jay College, 524 West 59th Street. Visit www.israelidanceinstitute.org to register.</p>
PURIM MISHLOACH MANOT 2023!	Friday, March 17th: Israel Themed Dinner:
<p>LSS is thrilled to offer the opportunity to send Mishloach Manot to members of the shul. Through your participation, your friends and neighbors will receive a beautiful gift basket all while helping to support the shul in the process. Order yours today!</p> <p>Register at www.lss.org/campaign/mishloach-manot-2023</p> <p>Deadline to order: Wednesday, March 1st by noon.</p>	<p>Join us for a Friday night dinner celebrating Israel's 75th. An Israeli cuisine will be served by Sova catering.</p> <p>Chat with fellow members and friends as the Benny Amar Acapella Choir fills our ballroom with ruach and song. An activity for children will be available and youth group items will be set up in the pre-function room for babies & toddlers. Sponsors requested and encouraged!</p> <p>Register at www.lss.org/form/lss-israel-dinner</p> <p><i>*The Benny Amar Acapella Singers choir is sponsored by Yael and Avi Lavi in celebration of Israel's 75th.</i></p>
<p>Sunday, March 19th: 3:00pm: AVIIR Krav Maga Class:</p> <p>Location: Ballroom. One time only class with Raz Chen, an accredited Level Expert 2 Krav Maga Instructor. In keeping with the mission of Imi Lichtenfeld, Raz aims to bring Krav Maga to as many communities around the world as possible, creating a ripple effect that will help communities feel safer. Cost: \$25. Open to all ages. Only 20 spots are available. Register at www.lss.org/form/krav-maga-class</p>	

UPCOMING EVENTS

Shabbat, February 25th: 18th Annual Spanbock Lecture in Jewish Ethics: Drasha after Musaf by Rabbi Daniel Sinclair. Topic: Human Dignity and Dignifying People with Disabilities in Halakhic Discourse. Special tribute to Maurice and Marion Spanbock z"l. Location: Nathaniel Richman Cohen Sanctuary.

Sunday, February 26th: Women's Tefillah Group Chodesh Adar Shiur: 8:00pm: Topic: Zeres and Her Daughter: The Women of Haman's Household in the Eyes of Chazal by Rabbanit Mindy Schwartz Zolty. Meeting ID: 823 2375 0975 Passcode: 338771

Tuesday, February 28th: Parent Loss Support Group: 12:00pm: * Register at www.lss.org/form/PLSG. This closed group of 12 sessions led by our LSS Social Worker, Daniella Veres and Social Worker, Rabbi Adam Huttel, seeks to help individuals discover personal models for navigating through the challenges of loss. Discussion topics vary, ranging from psycho-education about grief, self-care, cultivating spirituality, and navigating your current relationships during grief.

Friday night, March 3rd: Shabbat Across America at LSS: 6:45pm: Featuring former Beginner and former Radio City Rockette, Darlene Frank, who will be presenting on the topic, "Not the girl next door, or is she?" Cost: \$55 per person, \$35 per child under the age of 10. Register or sponsor at www.lss.org/beginners. To host, email jessica@njop.org.

Shabbat, March 4th: Beginners Luncheon: 12:30pm: Cost: \$35. (PLEASE NOTE NEW PRICE! First increase in price since 2015!) Register at www.lss.org/beginners. Deadline: Wednesday, March 1st.

Shabbat, March 4th: Young Professional Women's Seudah Shlishit: 5:00pm: Location: Hosted at the home of Jackie Retig. Dvar Torah by Aliza Penn. Email Rabbanit Mindy at Rabbanit@lss.org for address.

Monday, March 6th: Beginners Purim Bash: 7:40pm. Purim Bash – Featuring renowned musical artist and performer Psachya Septimus. Cost includes food, music and the Purim Shpiel: \$35 in advance; \$40 at the door (PLEASE NOTE NEW PRICE! First increase in price since 2015!). Register at www.lss.org/beginners.

Monday, March 6th: Purim Night Comedy Show: 7:50pm: Special performance by comedian Eli Lebowicz. Register at www.lss.org/form/purim-2023-comedy-show

Sunday, March 12th: Annual Clothing Drive: 8:30am-1:00pm Location: Shele Danishefsky Covlin Foyer. Donations will be shipped and distributed to Israel's needy, including recent immigrants from Ukraine and Russia by the Yad Leah organization email nvogel212@gmail.com to volunteer.

Monday, March 13th, Beginners Schmooze: 8:15-9:30pm (EST) on Zoom. Register online at www.lss.org/beginners.

Offsite Thursday, March 16th: Gila's Way– Suicide Prevention and the value of Life: 8:00pm: Gila's Way is a nonprofit dedicated to mental health awareness, breaking stigmas, and saving lives throughout the Jewish World. Rabbi Hammer will share the tragic story of how he lost his daughter Gila a"h to suicide and how his family commemorates her memory. Location: West Side Institutional Synagogue 120 W 76th St., NY.

Shabbat, May 6th: Bat Mitzvah Project: If you haven't had a Bat Mitzvah or read from a Torah scroll, here's your chance! You can read as little as 3-4 sentences. We will help you! Register at lssbatmitzvah@gmail.com

**All programs run by our Social Worker Daniella Veres are supported by Stuart and Paul Hanau in memory of Reni & Walter Hanau z"l.*

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In case of a bereavement,
 please call our Clergy at 646-543-7485 (day or night)

If you would like to receive the Shabbat Echod by e-mail,
 sign up at www.lss.org or email info@lss.org

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WEEKLY LEARNING OPPORTUNITIES

Daily

Daf Yomi: Sunday at 7:30am Monday & Thursday at 6:10am and Tuesday, Wednesday, & Friday at 6:20am: Location: Belfer Beit Midrash and virtual. Schedule: Sunday, Monday, and Wednesday– virtual. Tuesday, Thursday, and Friday– in person and virtual. Dial instructions: Step 1: dial in #: 646-558-8656. Step 2: dial in code 83765052291. Step 3: password # 1948 Wednesday's: conference call only. dial in instructions: Step 1: dial in #: 267-807-9601. Step 2: code #: 3113299601.

Sunday, February 19th

- **9:15am-10:15am: Sh'eilot and Teshuvot by Assistant Rabbi Yoni Zolty.** Location: Belfer Beit Midrash.

Monday, February 20th

- **11:00am-1:00pm: Gemara Class Bava Kama: Laws of Personal Injury led by Rabbi Robinson:** Location: Nathaniel Richman Cohen Sanctuary.
- ***CANCELLED* 7:00pm: Chug Ivrit Chadashot (News from Israel) with Gali Rabin:**
- **7:00pm: Exploring Daat Tevunot with Lloyd Epstein Torah Mitzion Kollel Fellow Yehonatan Kahana.** Location: Belfer Beit Midrash
- ***CANCELLED* 7:30pm: The Jewish Living Workshop:** Hands on Jewish living experience. Led by Dassa and Bill Greenbaum. Email them at: jworkshop@yahoo.com.

Tuesday, February 21st

- **11:00am-12:00pm: The Marilyn & Sam Isler, "Studies in the Weekly Parsha" led by Rabbi Robinson.** Location: Nathaniel Richman Cohen Sanctuary.
- **6:30pm-8:00pm: Introduction to Bible: The 10 Commandments with Rabbi Ephraim Buchwald:** An in-depth study and analysis of the Decalogue (the Ten Commandments) and other basic biblical texts. Co-sponsored by NJOP. Register at www.lss.org/beginners or contact Jessica at jessica@njop.org or 646-871-0012.
- **7:00pm-9:00pm: Beit Midrash Night:** Location Beit Midrash. Dinner included. Sponsorships welcome.
 - 1. 7:00pm: Special Guest Speaker YU Rosh Yeshiva and Rosh Kollel, Rav Mordechai Willig.**
 - 2. 8:10pm The Kaddish Class with Rabbi Shaul Robinson.**
 - 3. 8:10pm Ezra- Nechemia: with Kollel Fellow Yehonatan Kahana.**
 - 4. 8:10pm Jewish Sages Throughout the Ages with Kollel Fellow Yechiel Rozenberg.**
- **8:00pm: The M'lachim (Kings) Study Group led by Ron Platzer:** Contact Ronald Platzer at RPlatzer@citytech.cuny.edu to join.



Wednesday, February 22nd

- **11:00am: Conspiracy and Dysfunction: A Study of Shmuel 1 Through Biblical Contrasts: Led by Assistant Rabbi Yoni Zolty.** Topic: Maternal Mortality and a Mother's Legacy. Location: Outside the Nathaniel Richmond Cohen Sanctuary
- **12:30pm: Shakespeare and the Bible:** Dr. Shaina Trapedo is a lecturer in English at Stern College and a Resident Scholar at Yeshiva University's Strauss Center for Torah and Western Thought. Topic: "King Lear and the Fifth Commandment". Cost: \$15 Lunch will be served. Register at www.lss.org/form/shakespeare-and-the-bible
- **Wednesday, February 22nd: Building Blocks of Israeli Society with Paul Shaviv: 8:00pm:** An analysis of the basic social, political, cultural, and religious building blocks of evolving Israeli society, history, ideology and personalities. Topic: The Hebraists: Would there be an Israel without Ivrit? Eliezer Ben-Yehuda and S.Y. Agnon. Meeting ID: 820 8615 6691 Passcode: 119157



Thursday, February 23rd

- **11:00am-12:00pm: Women's Talk Time: Led by School Psychologist Ruth Moser Riemer.** Meeting ID: 972 4054 8238 Passcode: 142533
- **7:00pm: Jacob Adler Parsha Class: Explorations in the Weekly Parsha Led by Rabbi Robinson.** Location: Belfer Beit Midrash.

NEW LEARNING OPPORTUNITY

March 1st: Yiddish Course by Pamela Brenner: 6:30pm: This series of four classes will explore the history and culture of the Yiddish language from its inception 1000 years ago to today. Cost: \$15 Register at www.lss.org/form/yiddish-class

DVAR TORAH SHABBAT MEVARCHIM/SHEKALIM/PARSHAT MISHPATIM

NAASEH V'NISHMAH: THE BIRTH OF A NATION

By Lori Jacobowitz

This D'var Torah is written in commemoration of the *yahrzeit* of my mother, Winnie Jacobowitz (Michlah bas Eliyahu a"n), who was *niftar* on Erev Shabbos *Parshas Yisro* 5777.

We read last week in *Parshas Yisro* that the Israelites experienced thunder, lightning, smoke, shofar blasts and fire at Matan Torah. In this week's *Parshas Mishpatim*, we read that the Israelites are presented with a series of laws. In *Parshas Yisro* (19:8), we were introduced to the first of three "*Na'aseh*" proclamations. Now, in *Parshas Mishpatim*, we experience the true birth of our nation as the Israelites collectively repeat *Na'aseh* (24:3) and four verses later, the familiar *Na'aseh V'Nishmah* (24:7):

"*Kol Asher Debair Hashem Na'aseh*" (*Yisro*)

"*Kol Hadevarim Asher Debair Hashem Na'aseh*" (*Mishpatim*)

"*Kol Asher Debair Hashem Na'aseh V'Nishmah*" (*Mishpatim*)

The Baal HaTurim, in his classic commentary on *Parshas Mishpatim*, remarks that the key phrases in 24:3 and 24:7 each contain six words, for a total of 12 words, corresponding to the 12 Tribes of Israel.

It is interesting to note that 24:7 is exactly 13 words in length: "*VaYikach Sefer HaBris...Na'aseh V'Nishmah*." Thirteen is a significant number in Judaism – there are 13 Attributes of Mercy, 13 Principles of Faith, 13 Rules of Explaining the Torah, and the number 13 appears in the opening words of the Zohar. Many great sages have offered their unique interpretations of *Na'aseh V'Nishmah*.

According to the Sar Shalom of Belz, G-d enters into a *bris (covenant)* with the Israelites and responds measure for measure to their proclamation of *Na'aseh V'Nishmah*. (Isaiah 65:24).

Rabbi Yoel Teitelbaum, the Satmar Rebbe, observed that *V'Nishmah* cannot literally mean listen, since one cannot hear something that up until then had been inaudible. Rather, *V'Nishmah* means "to understand." He implores in his writings that in order to put this understanding to best effect, one should attempt to elevate oneself spiritually as much as possible, thus leading to a higher level of understanding.

In his explanation of these verses, Rabbi Jonathan Sacks said that if you follow the narrative in the chronological order of *Parshas Mishpatim* (as do Ibn Ezra, Rashbam and Ramban), it makes sense that once we heard the laws, we agreed to follow them. However, if you hold that "there is no before and after in the Torah" (as does Rashi here), then the utterance of *Na'aseh V'Nishmah* preceded the laws enumerated in this *Parshah*. According to this understanding, the events in Chapter 24 preceded Matan Torah in Chapter 20.

Rabbi Berel Wein cites the Talmud (BT Shabbos 88), that a non-Jew once remarked that the Jews were a hasty and impulsive people with their "no questions asked" attitude in accepting the Torah. On the contrary, says Rabbi Wein, they correctly foresaw that only those who are willing to "do" and know "what to do" would eventually

appreciate the greatness of Torah, both intellectually and emotionally.

Rabbi Norman Lamm stated that *Na'aseh V'Nishmah* is nothing less than an entire philosophy of Judaism: do and understand. He explains the order of the words in 24:7 as follows:

- 1) This is the natural way to live Judaism, since life is lived before it is comprehended = NATURALNESS.
 - 2) As an act of love; you do the bidding of your beloved even before you understand = LOVE.
 - 3) It entails an act of discipline and self-restraint, without which religion has no spiritual and existential grounding = DISCIPLINE.
- He suggests that we utter these three approaches daily in our prayers when we describe the angels: "They are all beloved; they are all pure; they are all might, and all perform in fear and trepidation the Will of their Maker."

When the Israelites said *Na'aseh V'Nishmah*, they were spontaneous in their acceptance and enthusiasm. As their journey continued, they became lost, building a golden calf a mere 40 days after Matan Torah, and later on, participating in the sin of the spies. After 40 years of wandering, the Israelites finally do enter the Promised Land.

We continue to be a nation of both *Na'aseh* and *Nishmah*. *Na'aseh*: our current generation is the exemplar of unprecedented *chesed*, as we constantly help our fellow Jews and the world at large. *Nishmah*: in addition to our great rabbis and teachers, we have our great Jewish thinkers, people who understand the previously unimaginable (e.g. Freud, Einstein, numerous Nobel Laureates).

Finally, it is interesting to note that the *gematriya (numerology)* of "*Na'aseh V'Nishmah*" is exactly that of "*Yetzias Mitzrayim*" – the true *Yetzias Mitzrayim* is accepting and following the Torah. If we follow the Torah, G-d will lead us in an open way.

Thanks to Eliot Jacobowitz for his assistance with the sources for this D'var Torah. May we merit the coming of *Mashiach speedily* in our days.

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DVAR TORAH

The next Shabbatot available to write are:
Zachor/Tetzaveh 3/4, Parshat Para Ki Tisa 3/11,
and Vayakhel Pekudei 3/18

Dvar Torah writing is open to all LSS members. Guidelines will be provided on request. For more info, call Ricky in the LSS office, or see Bill Greenbaum in shul, or email him at dvar@lss.org.

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-in print, in the Shele Danishefsky Covlin Foyer, or
-on lss.org under the Echod tab, or
- in the Electronic Echod from info@lss.org (available to print at home).