

SHABBAT SCHEDULE

Friday night:

4:12pm Candle Lighting

4:15pm Mincha/Kabbalat Shabbat

Davening led by Chazzan Yanky Lemmer

Location: Nathaniel Richman Cohen Sanctuary.

Mashiv HaRuach Kiddush and Shiur

Following Maariv, join us for a shiur given by Rabbi David Fine in the Nathaniel Richman Cohen Sanctuary, followed by a hot kugel kiddush in the Shele Danishefsky Covlin Foyer.

4:29pm: Sunset

5:00pm: Repeat Shema

Shabbat:

7:45am Hashkama Minyan; Location: Belfer Beit Midrash. Hashkama Kiddush to follow; Shiur by Dr. Moshe Sokolow on the third floor.

9:00am Chazzan Sherwood Goffin Memorial Minyan;

Davening led by Chazzan Yanky Lemmer

Drasha before Musaf by Rabbi Robinson

Speech after Musaf by Rabbi David Fine. Topic: From Pain to Inspiration - Inspirational Stories from Today's Israel.

Location: Nathaniel Richman Cohen Sanctuary.

9:22am Latest Shema

Main Kiddush to follow in the Ballroom.

9:30am Beginners Service led by Rabbi Ephraim Buchwald;

Location: 3rd Floor. Beginners Kiddush to follow.

9:45am Rabbi Herschel Cohen Memorial Minyan;

Drasha before Musaf by Rabbi Gottesman;

Location: Belfer Beit Midrash.

10:00am Youth Groups; Supervised play. Location: Second floor classrooms for ages 3+ and Room LL2 for ages 0-2

12:30pm Pre-Chanukah Beginners Luncheon.

Location: Belfer Beit Midrash

2:20pm Beginners Mishna Chavura with Moshe Sheinwexler;

Location: Belfer Beit Midrash.

3:10pm Louis and Rhoda Lazar Memorial Shiur by Rabbi Gottesman in the Nathaniel Richman Cohen Sanctuary.

3:55pm Mincha; Location: Nathaniel Richman Cohen Sanctuary.

Followed by Seudah Shlishit. Featuring guest speaker Rabbi David Fine
Hebrew only shiur with Lloyd Epstein TMZ Kollel Fellow Bezalel Racz in the Nathaniel Richman Cohen Sanctuary

3:55pm Mincha; Location: Nathaniel Richman Cohen Sanctuary.

4:29pm: Sunset: Latest time to daven Mincha.

5:12pm Ma'ariv/Shabbat Ends

MAZAL TOV

Yoetzet Halacha, Ellin and Jeremy Cooper on the birth of a baby girl.

Emily and Tom Eskin on the birth of a baby girl.

Golda and Dana z"l Hudes on the engagement of their daughter Shira to Daniel Itzhaki in Israel. Mazal tov to Shira's sister Hannah and the entire Hudes and Itzhaki families.

V'TAIN TAL U'MATAR LE'VERACHA

Beginning Maariv on Tuesday, December 5th we will begin to say ViTein Tal U'Matar L'vracha in the Beracha of Barech Aleynu in Shemonah Esrei.

LSS IS GOING TO ISRAEL! (See next page for details)

THIS SHABBAT

About Guest Speaker Rabbi David Fine: Rabbi Fine is the Founder and Director of the Barkai Center for Practical Rabbinics and Community Development. Since the war began on October 7th, Rabbi Fine has been involved in procuring and delivering supplies to army units and coordinating volunteering initiatives in all parts of Israel. He is a resident of Modiin and has three children currently serving in elite units.



THANK YOU TO OUR SPONSORS

Hashkama

The Balsam Family in commemoration of the yahrtzeit of Martin's mother, Mollie Balsam a"h (Esther Malya bat Ahron), on the 19th of Kislev.

Main Kiddush

Halana and Alan Greenberg in commemoration of the yahrtzeit of Alan's mother, Rita Greenberg a"h.

Cosponsors Joy and Morey Wildes, in honor of the aufruf of their son, Alexander, and his upcoming wedding this week to Devorah Batt of Boca Raton, FL.

Beginners

Yaron Steinfeld and Leslie Wheeler in honor of Rabbi Ephraim Buchwald and his enthusiasm and dedication to serving the Jewish community. We'd like to thank him for being such a big part of our Jewish journey here in New York.

Seudah Shlishit

Aviva and Marvin Sussman in honor of the end of the recitation of Kaddish for Aviva's mother, Mrs. Els Bendheim a"h.

CHANUKAH

CHANUKAH DINNER

NEXT WEEK: FRIDAY, DECEMBER 8 @ 5:45AM

HAVE YOU SIGNED UP YET?

WWW.LSS.ORG/FORM/CHANUKAH2023



This special time of year highlights light prevailing over darkness and the miracle that occurred. Let's join together for a beautiful sit-down dinner. Zami Catering. **Special guests of honor: Members of the IDF Special Forces Unit 669** which engages in heliborne combat search and rescue operations. (see more details on Unit 669 on page 3)

Motzei Shabbat, December 9: 5:30pm: Join us for a Musical Havdalah, Outdoor Candle Lighting, and Sufganiyot.

6:00pm Bubble show for kids! (see youth section for details)

Sunday, December 10: Clergy on Chanukah: 8:00pm: Short thoughts to inspire your davening during Chanukah.

[Zoom Meeting ID: 869 3635 2278, Passcode: 450760](https://zoom.us/j/86936352278?pwd=450760)

Monday, December 11th: Beginners Chanukah Bash: 7:00pm:

Live music by Psachya Septimus and a special comedic performance by Beginner, Lily Friedman. \$35 in advance, \$40 at the door. Register online at www.lss.org/beginners.

Thursday, December 14th: Chanukah Tisch: 8:00pm: Location: Belfer Beit Midrash: 8:00pm: With Rabbi Robinson, Rabbi Daniel Gottesman, Rabbi Efraim Tepler, and Lloyd Epstein TMZ Kollel Fellow Bezalel Racz. Outdoor candle lighting followed by a festival tisch with

latkes, cholent, whiskey, songs, and divrei Torah. Price: \$15. Register at: www.lss.org/form/chanukah-tisch-2023

UPCOMING EVENTS

Tuesday, December 5th: Coping with Tragedy and War - The Jewish Way to Deal With Crisis: 5:00pm: Rabbi Leo Dee was a financial analyst and investor for 10 years until he became a Rabbi of two communities in the UK. Returning to Israel in 2014 he combined his concern for the environment with financial analysis and formed the first ESG fund on the Tel Aviv Stock Exchange. In April 2023 his life changed when his wife Lucy and two daughters, Maia and Rina, were brutally massacred by Hamas terrorists on their way up to Tiberias for a Passover holiday. Now he spends his time trying to promote Shalom, with messages of personal Shalom, National Shalom and Global Shalom.
Location: Nathaniel Richman Sanctuary

Shabbat, December 16th: Young Professionals Kiddush: 12:00pm:
Register at www.lss.org/event/YPKiddush.
Location: Belfer Beit Midrash.

Wednesday, December 20th: 7:00-8:30pm
Stop the Bleed & Emergency Preparedness with LSS officer, member, and Hatzalah Volunteer, Dr. James Nussbaum PT, PhD, SCS, EMT
Only 10 spots available: reserve yours now! Cost: \$100 per person (all proceeds donated to the LSS Israel Emergency Relief Fund)
Learn to be better prepared for emergencies, particularly bleeding emergencies. We live in an environment where bleeding emergencies are becoming all too familiar. Learn basic steps to be more aware and prepared. What You'll Learn: you'll learn three quick techniques (1) How to use your hands to apply pressure to a wound; (2) How to pack a wound to control bleeding; (3) How to correctly apply a tourniquet. Upon successful completion of the STOP THE BLEED® component of this course, you will be awarded a certificate. Take the STOP THE BLEED® training course and become empowered to make a life or death difference when a bleeding emergency happens.
Register at: www.lss.org/form/StoptheBleed

James Nussbaum, PT, PhD, SCS, EMT is the Clinical and Research Director of ProHealth & Fitness PT OT, a physical and occupational therapy organization in New York City. He is a physical therapist by license and an educator and researcher by passion. He has been involved in emergency response, care, and education for more than 30 years; having been an American Red Cross Instructor in Emergency Response, First Aid, CPR for the Professional Rescuer, Lifeguard Instructor, and more. Jamie, as he is often known, has been an EMS volunteer since 1988, and is a Coordinator of West Side Hatzolah. He is very involved in educating Hatzolah volunteers, health care professionals, and the community at large.

Sunday, January 7th: LSS Films & Culture Committee Presents Prayer for the French Republic at the Manhattan Theater Club: 2:00pm Join LSS friends to see this 2022 Drama Desk award winner. The story begins in 1944, with a Jewish couple in Paris desperately awaiting news of their missing family. Seventy years later, we see the couple's great-grandchildren facing the same questions as their ancestors: Are we French? Are we Jewish? Are we safe? This timely narrative explores five generations of a French Jewish family grappling with belonging, assimilating, and continuing tradition amid rising antisemitism. Plus, there is an exclusive post-show discussion with theatrical talent immediately after the play. Order your tickets today at www.lss.org/form/frenchrepublic. A limited number of \$110 orchestra tickets are available to LSS members: maximum of two ticket purchase. The play is approximately 3 hours long with two intermissions plus a 20–30-minute discussion.

LSS has Zoom AI captions for all online events. The captioning tool is available in the toolbar. Select cc to turn captions on/off. Note: no Hebrew captions.

WE STAND WITH ISRAEL & WE'RE GOING TO ISRAEL!

LSS Solidarity Mission to Israel: Lincoln Square Synagogue is going to Israel from December 24th - 28th. This will be a unique opportunity to visit, support, be educated and strengthened, volunteer, experience and participate in Israel's most critical moment in many decades. Register and submit your deposit (\$300) at www.lss.org/form/israeltrip2023



Boots for Israel: Boots for Israel began with a call from Israeli General Daniel Jacobs, seeking tactical boots for his unit. Facing a shortage of suitable footwear for reservists, our Executive Director's shul, Young Israel of Holliswood, mobilized to help. Through a stroke of luck, a local shoe wholesaler had the exact boots in stock, enabling them to send the boots to Israel at reduced rates. Now, with growing requests, they need your support to continue providing Boots for Israel. Donate today to help them sustain this critical mission. Donate at www.yiholliswood.org/payment.php

Our Brothers and Sisters in Israel: Recently, the Israel Facts and Faith series featured a program with speakers from the Brothers & Sisters in Israel organization. Brothers & Sisters is one of the largest Israeli grassroots organizations that sprang into action after October 7. Their current initiatives include operating logistics centers dedicated to gathering and distributing crucial resources, including equipment and food for displaced individuals and soldiers. They also extend mental help support to families and survivors of the Nova Festival. Additionally, they deliver emergency medical supplies to soldiers and civilians in Israel's front lines. Donate at www.brothersandsistersforisrael.org/donations. For additional information please email Lee Moser lee@and-ventures.com

We have an essential role to play to help protect Israel. Urge members of Congress to continue speaking out and standing with Israel as it acts to defeat the terrorist threat. The message can be simple: "The Jewish community thanks you for your support. I thank you for your support. Please continue to do so publicly and proudly. It is imperative that Israel completely destroy any remnant of Hamas so that the people of Israel and the people of Gaza can live free of tyranny and in prosperity and harmony". Please urge your elected officials to stand with Israel! Reach out at www.takeaction.aipac.org/Wyv8pgS

WEEKDAY MINYAN

Shacharit

Sunday, December 3rd @ 7:10am & 8:30am

Monday, December 4th @ 7:00am & 7:50am

Tuesday & Wednesday, December 5th & 6th @ 7:10am & 7:50am

Thursday, December 7th (Erev Chanukah) @ 7:00am & 7:50am

Friday, December 8th (Chanukah) @ 7:00am & 7:40am

Mincha/Maariv:

Sunday-Thursday, December 3rd - 7th @ 4:20pm

Chanukah Candle Lighting:

Thursday, December 7th @ 5:00pm

CHESED OPPORTUNITY

LSS is looking for its next Hospitality Coordinator. The hospitality coordinator monitors the LSS Hospitality Committee's email account, helping to match visitors seeking Shabbat or holiday meals with volunteer hosts from our shul. The role primarily involves emailing with both prospective guests and hosts (and occasional phone calls) and a time commitment of around an hour a week (possibly a little more before and during the Yamim Tovim). Email tamar@lss.org

NEXT SHABBAT: CHANUKAH DINNER: UNIT 669

On Friday, December 8th, LSS will host our Chanukah dinner. We look forward to welcoming three special guests, three members of the IDF's elite Unit 669, Captain Bar Reuven, former officer Amit Shuker and Chief Sergeant Eyal Ben Eliahu. Unit 669 (nicknamed, the Cats) is the Airborne Combat Rescue and Evacuation Unit of the Israeli Air Force. It was established in the aftermath of the 1973 Yom Kippur War, when the IDF realized that it had no way to rescue downed pilots who were eventually captured behind enemy lines. Over the years, the unit's capabilities have broadened to address new threats and conflicts. Today, Unit 669 is responsible for the rescue and evacuation not only of all distressed military personnel, but also of all Israeli citizens in need, wherever they may be. During its 45 years of operation, the unit has rescued over 12,000 wounded soldiers and civilians. Unit 669 has been heavily involved in the current crisis; starting with October 7 and continuing into Operation Swords of Fire.

To register, visit www.lss.org/form/chanukah2023

YOUTH & MAGEN AVRAHAM TEEN DEPARTMENTS

Youth Groups Shabbat Thanksgiving: 10:00am: Based on attendance, this week's Shabbat groups will be combined on the 2nd floor. Please gather outside the classrooms at 10:00am.

Baby & Me (Newborn-2yrs): Shabbat, 10:00-11:30am in LL203:

Enjoy parent-baby bonding from 10-11am (unsupervised), followed by a lively 30-minute program led by Devorah Batt at 11:00am.

A dedicated nursing area is available in LL203.

Upcoming Events:

Sunday, December 3rd: Babies & Me: 9:45-11:15am: Fun and toys for tots, Guess Who game baby edition for parents! Pastries and coffee will be served.

Shabbat Chanukah, December 8th: Enjoy life-sized board games in the pre-function room while adults daven and children play! Sign up to join the Chanukah dinner at www.lss.org/form/chanukah2023

Motzei Shabbat, December 9th: 5:30pm: Musical Havdalah, Outdoor Menorah lighting, and Sufganiyot. **6:00pm: Chanukah Bubble Event:** Jeff Boyer Productions: in the Ballroom. Sponsorship comes in all kinds of bubble sizes: XL Bubble- \$1,800. L Bubble-\$1,000. M Bubble- \$500, S Bubble- \$ 250, XS Bubble-\$100

Sunday, December 10th: Chanukah Teen Minyan & Sufganiyot:

9:30am: Join your peers for meaningful tefillah and a yummy kiddush! With Rabbi Gottesman and Lloyd Epstein TMZ Kollel Fellow Bezalel Racz.

Location: Belfer Beit Midrash

Motzei Shabbat, January 6th: Winter Wonderland Party: 6:00pm—

7:30pm: Come in pajamas, sip on hot cocoa while you watch a movie with friends! Pizza will be served.

END OF YEAR GIVING

Tax-Wise Strategies to Easily Maximize Your End-Year Gifts:

Donations coming from IRA accounts designated as RMDs (Required Minimum Distributions) Donating stocks, bonds, or mutual funds is easy and financially savvy. When you contribute appreciated securities, you not only support Lincoln Square Synagogue but may also enjoy potential tax benefits. Visit www.lss.org/securities for guidance on how to advise your broker. Your smart giving makes a significant difference! Closing out past membership dues and charges, Gifts of Cash, Gifts of Appreciated Securities, IRA Charitable Rollover, A tax free gift from your IRA, Gifts in Your Will or Revocable Trust, Gifts of Retirement Assets, Gifts of Real Estate, Gifts of Life Insurance, Long term appreciated securities.

If you have any questions please email finance@lss.org or call 212-874-6100 ext 106. To pay your balance online please visit www.lss.org/payment Reminder: you must be logged in.

WEEKLY LEARNING OPPORTUNITIES

Sunday, December 3rd

- 9:15am Kosher Made Clear - Hilchot Kashrut Tzurba Style:** Led by Rabbi Gottesman this week. Location: Belfer Beit Midrash
 - Sponsored by **Robyn and Alan Samuels** in memory of Alan's uncle Henry Samuels (הנהגה בן יצחק) ז"ל

Monday, December 4th

- 7:00pm: Chug Ivrit Chadashot (News from Israel) with Gali Rabin:** This class is taught almost exclusively in Ivrit. This week's class will be held on Zoom. Meeting ID: 835 3789 4515 Passcode:701985

Tuesday, December 5th

- 11:00am-12:00pm: The Marilyn & Sam Isler, "Studies in the Weekly Parsha"** led by Rabbi Shaul Robinson: Location: LL201
- 6:30pm: United Hearts for Israel:** If you have been affected by the crisis in Israel, The Jewish Board invites you to their community of healing. Register at www.tinyurl.com/UnitedHeartsIL

- 7:00pm - 8:30pm: Introduction to the Bible on Zoom with Rabbi Ephraim Buchwald:** This course offers a broad look at the Bible's content and style. We'll explore fundamental literary and theological approaches to studying the Bible, both traditional and modern, by analyzing its text. Register online at www.lss.org/beginners. To sponsor reach out to jessica@njop.org

- 8:15pm: The M'lachim (Kings) Study Group led by Ron Platzer:** If you are interested in joining, please contact Ronald Platzer at RPlatzer@citytech.cuny.edu.

Wednesday, December 6th

- 6:30pm: United Hearts for Israel:** If you have been affected by the crisis in Israel, The Jewish Board invites you to their community of healing. Register at www.tinyurl.com/UnitedHeartsIL
- 8:00pm: Jewish History Course with Paul Shaviv Fall 2023: Christians and the Shoah - Six Case Studies:** Topic: The People and the Catholic Church. Meeting ID: 898 7905 4195 Passcode: 312546 Sponsored by **Karen & Roy Simon**.

Thursday, December 7th

- 11:00am-12:00pm: Gemara Makot Class:** led by Rabbi Robinson: Location: LL201
- 11:00am-12:00pm: Women's Talk Time: led by School Psychologist Ruth Moser Riemer.** Meeting ID: 972 4054 8238 Passcode: 142533
- 7:00pm: Jacob Adler Parsha Class: Explorations in the Weekly Parsha:** Led by Rabbi Robinson. Location: Belfer Beit Midrash
 - Sharon and Avraham Blumenthal** in commemoration of the yahrtzeit of Avraham's father, Bernard Blumenthal (Baruch ben Yosef) ז"ל

Daf Yomi: Sunday at 7:30am, Monday and Thursday at 6:10am, and Tuesday, Wednesday, and Friday at 6:20am: Location: Belfer Beit Midrash and Virtual. Details on www.lss.org/LearningOpportunities

SHABBAT GREETERS

Donate your time and be a greeter! When people first walk into our shul, they should be greeted by helpful, friendly people. Become a greeter on Shabbat and help convey the true spirit of LSS. There are two morning greeting shifts (9:00-10:00am and 10:00-11:00am), with one greeter per shift. You will enjoy meeting new people, putting names to faces, and helping to make every person who walks into shul feel welcome. Register at www.lss.org/form/greeter. If you have any questions or need help signing up please email president@lss.org.

DVAR TORAH PARSHAT VAYISHLACH

By Rabbi Daniel Gottesman

In this week's parsha, Yaakov Avinu finally receives the name, the title, Israel ישראל. A mysterious "man" quarrels with him all night and Yaakov defeats him. In his departing blessing, this man (angel) tells Yaakov: "Your name shall no longer be called Jacob, but Israel, because you have fought with angels and with men and you have prevailed."

Former Yeshiva University President Rabbi Norman Lamm זצ"ל points out regarding Yaakov's renaming, "Notice that the name Yisrael does not incorporate the word 'וְתוֹכָל', the concept of triumph and victory, important as it is, but rather 'שְׂרִית' the concept of struggle and striving. The identification of Jacob and Israel symbolize the development, growth, progress, the good fight to grow and transcend oneself." Henceforth, our people, the People of Israel, would be called by this name, Yisrael.

Similarly, two chapters later, the Torah lists the descendants of Esav, mentioning four separate times that עֲשָׂו הוּא אֶדוֹם, Esav, the person, is Edom the nation. Twenty years after Esav swore to kill his brother Yaakov, Esav and Yaakov finally reunite. However, we now know that it is much more than the people Yaakov and Esav who are meeting; rather it is a meeting between two nations, Yaakov who is Yisrael and Esav who is Edom. What is the meaning of these names, Yisrael and Edom, how were those names attained, and what can Yisrael and Edom teach us about Yaakov and Esav?

Esav obtained his name Edom way back at the beginning of Parashat Toldot. After a long day in the field, Esav comes home, sees Yaakov making soup, and quickly forsakes his birthright in exchange for a bowl of soup. The Torah tells us on the spot: "Esav said: 'Pour into [me] some of this red, red [pottage], for I am faint'; he was therefore named Edom." In one afternoon, in one moment, Esav instinctively relinquishes the birthright, gives everything up for the satisfaction of this one bowl of soup. The Torah intimates that, in fact, this is a defining character trait of Esav, and his descendants will thereafter bear the name "Edom" representing the abandonment of the spiritual in favor of the material (one bowl of red soup).

Esav's brother Jacob, on the other hand, before obtaining his nationhood with the title, ישראל must fight all the way until the bitter end, "עד עלות השחר." "And Yaakov was left alone, and a man wrestled with him **until the break of dawn.**" It takes Yaakov Avinu over 80 years, buying the bechora (the birthright), obtaining a beracha, running away from home, dealing with his deceptive father-in-law, four wives, 11 children, and one all-nighter tumult with a mysterious man, to finally obtain his new title. On the heels of this triumph, he is named ישראל.

Encapsulated in the story of his encounter with the angel but truly throughout his life, Yaakov Avinu tries to live heroically. As our great master Rabbi Joseph B. Soloveitchik writes, "In contrast to classical aesthetic heroism, Biblical heroism, as portrayed in the narrative about Jacob, is not nurtured by an ephemeral mood or a passing state of mind. ...Biblical heroism is not ecstatic but contemplative; not loud but hushed; not dramatic but spectacular and mute. Jacob did not just act heroically upon the spur of the moment. His action was indicative of a resolute

way of life."

In fact, this idea of contrasting contentment with grasping for more are in the very names of Yaakov and Esav. עֲשָׂו comes from the word עָשָׂה completed; he was essentially done at the very start, at his birth. This "completeness" stands in contrast to Yaakov, who emerged "וְיָדוּ אוֹחֶזֶת" already grabbing and searching for greater ideals, no doubt quoting the line from Billy Joel's "Vienna" to his twin brother: "Don't you know that only fools are satisfied."

This "וְיָדוּ אוֹחֶזֶת" outstretched hand, is what defined Yaakov Avinu. The grasping and the willingness to grow and to yearn is, likewise, our mission as a nation, especially during these challenging days of war. As we continue to fight our enemies both in Israel and even in America, the message of Yaakov Avinu to outstretch our arm and play the long game, is often challenging and at times heartbreaking, but it is the calling of our nation.

Dvar Torah Writing

Dvar Torah writing is open to all LSS members. Guidelines will be provided on request. For more info, see Bill Greenbaum in shul, or email him at dvar@lss.org.

The next Shabbatot available to write are Vayeishev & Channukah 12/8-9, Vayechi 12/29-30, and Bo 1/19-20

*Enjoy reading the weekly Dvar Torah
-in print, in the Shelly Danishesky Foyer, or
-on lss.org under the Echod tab, or
- in the Electronic Echod (available to print at home).*

In case of a bereavement, please call our Clergy at 646-543-7485

If you would like to receive the Shabbat Echod by e-mail, sign up at www.lss.org email

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Please note that the deadline to submit content for the Echod, excluding sponsorships, is Wednesday at 3:00pm.