

## SHABBAT SCHEDULE

### Friday night:

**4:40pm** Latest Candle Lighting

**4:45pm** Mincha/Musical Acapella Kabbalat Shabbat

Location: Nathaniel Richman Cohen Sanctuary.

### Mashiv Haruach Kiddush and Shiur

Following Maariv, join us for a shiur given by Rabbanit Adena Berkowitz in the Nathaniel Richman Cohen Sanctuary.

Topic: What We Can Do to Bring Light Into the Darkness

Following service there will be a hot kugel kiddush in the Shele Danishefsky Covlin Foyer.

**4:57pm** Sunset: Latest time to daven Mincha

**5:28pm** Repeat Shema

### Shabbat:

**7:45am** Hashkama Minyan; Location: Belfer Beit Midrash.

Hashkama Kiddush to follow; Shiur by Dr. Moshe Sokolow on the third floor.

**9:00am** Chazzan Sherwood Goffin Memorial Minyan;

Davening led by Max Nussbuam

Drasha before Musaf by Rabbi Robinson.

Location: Nathaniel Richman Cohen Sanctuary.

Cholent/Kugel Kiddush to follow in the Ballroom.

**9:30am** Beginners Service led by Bill Greenbaum;

Location: 3rd Floor. Beginners Kiddush to follow.

**9:40am** Latest Shema

**9:45am** Rabbi Herschel Cohen Memorial Minyan

Drasha before Musaf by Rabbi Gottesman

Location: Belfer Beit Midrash.

**10:00am** Youth Groups – Supervised Play;

Location: Second Floor Classrooms.

**2:50pm** Beginners Mishna Chavura with Moshe Sheinvwexler;

Location: Belfer Beit Midrash.

**3:40pm** Louis and Rhoda Lazar Memorial Shiur by Rabbi

Gottesman in the Nathaniel Richman Cohen Sanctuary.

**4:25pm** Mincha; Location: Nathaniel Richman Cohen Sanctuary.

Followed by Seudah Shlishit in the Ballroom.

**4:58pm** Sunset: Latest time to daven Mincha.

**5:42pm** Ma'ariv/Shabbat Ends

**7:30pm** Resilience in Adversity: A Personal Account from Sderot on October 7th. Location: Belfer Beit Midrash

\*Please note that there is no Hebrew Shiur this week.

## WEEKDAY MINYAN

### Shacharit:

**Sunday, January 21st @ 7:10am & 8:30am**

**Monday, January 22nd @ 7:00am & 7:50am**

**Tuesday & Wednesday, January 23rd & 24th @ 7:10am & 7:50am**

**Thursday, January 25th @ 7:00am & 7:50am**

**Friday, January 26th @ 7:10am & 7:50am**

### Mincha/Maariv:

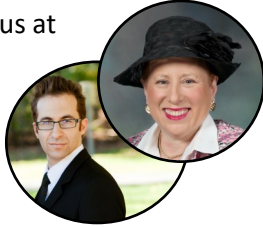
**Sunday - Tuesday, January 21st - 23rd @ 4:50pm**

**Wednesday - Thursday, January 24th & 25th @ 4:55pm**

## THIS SHABBAT

**Musical Acapella Kabbalat Shabbat:** Join us at

4:45pm on Friday night for a musical acapella Kabbalat Shabbat with Rabbanit Adena Berkowitz and Mo Kiss, and the Kol Haneshama Acapella Group. Shiur by Rabbanit Adena Berkowitz on "What We Can Do to Bring Light Into the Darkness."



**Motzei Shabbat, January 20th:**

**Resilience in Adversity: A Personal Account from Sderot on October 7th:**

**7:30pm:** Join us as LSS welcomes Carmi Tint and Eyal Tarchitzky, members of Dror Israel, a grassroots educational organization. Carmi and Eyal reside in Sderot, less than two miles from the Gaza Strip. On October 7th, Carmi was alone with Nivi, their then seven-month-old daughter, for close to 48 hours in their safe room while Hamas terrorists brutally murdered residents outside their building. Carmi, Eyal, and Nivi, along with thousands of displaced Sderot residents, have been residing in a hotel by the Dead Sea for the past four months.



Carmi and Eyal will share their personal story and introduce us to Dror Israel. Dror has an extensive and successful track record in providing emergency response. They currently provide emotional education first aid programs and have set up make-shift schools at over 50 evacuee centers that serve tens of thousands of traumatized children and teenagers who have been displaced from their homes. They will also discuss the impact of the war on Sderot's neighboring kibbutzim and the region's agricultural sector. Light refreshments will be served.

## THANK YOU TO OUR SPONSORS

### Hashkama:

Sponsored by generous contributions to the fund.

**Cholent/Kugel Kiddush:** Be a sponsor!

### Beginners:

Anonymously sponsored in loving memory of Farokh and Shmuel Shoshani, z"l and in honor of Rabbi Ephraim Buchwald.

**Seudah Shlishit:** Be a sponsor!

Visit [www.lss.org/kiddush](http://www.lss.org/kiddush) to sponsor.

## MAZAL TOV

**Lois and Leslie Katz** on the engagement of their grandson, Gavriel Segal, to Leyki Rachamim. Mazal tov also to Gavriel's parents, Shoshana and Yehudah Segal, Leyki's parents, Aviva and Rami Rachami, and to all of the siblings!



## HAKARAT HATOV

**Mordechai Beilis** for writing this week's Dvar Torah.

## CHESED OPPORTUNITY

**Support the Jews of Cuba:** Frisch School's sophomore Spanish class will travel to Cuba from February 18-22 on a humanitarian mission to support the Jewish community there. Student and LSS member Gaby Nash is collecting supplies, including over-the-counter medication (even if expired), diapers, feminine and first aid products, and your donations are welcome. Gaby can pick up donated items in the city. Please contact her at [gabynash616@gmail.com](mailto:gabynash616@gmail.com) with any questions and for further details. Tizku Lemitzvot!

## UPCOMING EVENTS

**Wednesday January 24th: WTG Virtual Tu Bishvat Seder: 7:30pm:** Open to both women and men. Gather family and friends and join us via Zoom. Plate 1: Fruits/nuts with shell. Plate 2: Fruit no outer shell but with pit. Plate 3: No shell or big pit. See flyer for details. [Meeting ID: 837 8648 3798](https://www.meetings.com/join/83786483798)  
[Passcode: 279609](https://www.meetings.com/join/279609)

**Motzei Shabbat, January 27th: Tu Bishvat: 8:00pm:** Join us for a post Tu Bishvat celebration of the New Year for trees. Israeli musician Shimon Smith will lead a kumsitz of Israeli songs that celebrate this beautiful holiday and also reflect on the current difficult situation. Sing along (lyrics will be provided) or just sit back and listen. UWS Shlichah, Gali Rabin who was born and raised on a kibbutz will speak about "Rebuilding the Kibbutzim after Oct. 7th.

Light refreshments (burekas, falafel, holiday-appropriate fruits) will be served. Location: Belfer Beit Midrash Price: \$20 per person in advance, \$30 at the door. Sponsorship opportunities: Figs (\$120 - includes 2 tickets), Dates (\$360 - includes 4 tickets), and Tree Orchard (\$500 - includes 6 Tickets). Register at [www.lss.org/form/tubishvat](http://www.lss.org/form/tubishvat).

**Sunday, January 28th: The BIU Professor Who Helped Save a Kibbutz: 12:30pm:** October 7 changed everything. Kibbutz Alumim, home to Bar-Ilan Prof. Eitan Okun and his family, came under attack on that fateful day. Join us for an unforgettable firsthand account of those dark hours and what it might take to rebuild a nation. Register today at [afbiu.org/okun](http://afbiu.org/okun)

**Shabbat, February 3rd: Beginners Luncheon:** Cost: \$35. Registration deadline: Wednesday, January 31st at 12:00pm. Register at [www.lss.org/beginners](http://www.lss.org/beginners).

## BOOST YOUR BUSINESS

Penguin City Swim is offering a new swim program at John Jay College on 59th and Amsterdam beginning Jan 21st! Pick up a flyer from the lobby table to learn more!  
[www.penguincityswim.com](http://www.penguincityswim.com)  
(917) 909- 7946 (SWIM)  
Email: [penguincityswim@gmail.com](mailto:penguincityswim@gmail.com)



## WEEKLY LEARNING OPPORTUNITIES

### Sunday, January 21st

- 9:15am Kosher Made Clear - Hilchot Kashrut Tzurba Style:** Led by Rabbi Gottesman this week. Location: Belfer Beit Midrash

### Monday, January 22nd

- 7:00pm: Chug Ivrit Chadashot (News from Israel) with Gali Rabin.** This week's class will be held on Zoom.  
[Meeting ID: 835 3789 4515](https://www.meetings.com/join/83537894515) [Passcode: 701985](https://www.meetings.com/join/701985).

### Tuesday, January 23rd

- 11:00am-12:00pm: The Marilyn & Sam Isler, "Studies in the Weekly Parsha"** led by Rabbi Shaul Robinson: Location: LL201
- 6:30pm: United Hearts for Israel:** If you have been affected by the crisis in Israel, The Jewish Board invites you to their community of healing.  
Register at [www.tinyurl.com/UnitedHeartsIL](http://www.tinyurl.com/UnitedHeartsIL)
- 7:00pm: Am Yisrael Chai:** Join Rabbi Robinson for an uplifting overview of the origins, contributions, vision, and grandeur of the Jewish People. Followed by refreshments at 8:00pm and a choice of **Torah classes with the LSS Clergy at 8:15pm:**
  - Ani Ma'amin: Principles of Faith** led by Rabbi Gottesman
  - The 6 Remembrances:** Led by Rabbinic Intern Ilan Kaissar  
Sponsored by **Robyn and Alan Samuels** in commemoration of the yahrtzeit of Alan's grandfather - יצחק בן שמואל מרדכי, Isaac Samuels z"l.
- 8:15pm: The M'lachim (Kings) Study Group led by Ron Platzer:** If you are interested in joining, please contact Ronald Platzer at [RPlatzer@citytech.cuny.edu](mailto:RPlatzer@citytech.cuny.edu).

### Wednesday, January 24th

- 6:30pm: United Hearts for Israel:** Register at [www.tinyurl.com/UnitedHeartsIL2](http://www.tinyurl.com/UnitedHeartsIL2)

### Thursday, January 25th

- 11:00am-12:00pm: Gemara Makot Class:** led by Rabbi Robinson: Location: LL201
- 11:00am-12:00pm: Women's Talk Time: led by School Psychologist Ruth Moser Riemer.** Meeting ID: 972 4054 8238  
Passcode: 142533
- 7:00pm: Jacob Adler Parsha Class: Explorations in the Weekly Parsha:** Led by Rabbi Robinson: Location: Belfer Beit Midrash

**Daf Yomi:** Sunday at 7:30am, Monday and Thursday at 6:10am, and Tuesday, Wednesday, and Friday at 6:20am: Location: Belfer Beit Midrash and Virtual.

Details on [www.lss.org/LearningOpportunities](http://www.lss.org/LearningOpportunities)

### Upcoming classes:

**Monday, February 5th: Jewish Living Workshop: 7:30pm:** "Hands on" Jewish living experience with Dassa and Bill Greenbaum. For more information email them at [jlworkshop@yahoo.com](mailto:jlworkshop@yahoo.com). First topic: Shabbat - The Friday Night Experience. Visit [www.lss.org/beginners](http://www.lss.org/beginners) to register.

**Wednesday, February 14th: The Shoah: Jewish Rescuers and Resisters:** Led by Paul Shaviv. First topic: Issues and Questions.  
[Meeting ID: 870 2097 8420](https://www.meetings.com/join/87020978420) [Passcode: 728393](https://www.meetings.com/join/728393)

YOUTH & MAGEN AVRAHAM TEEN DEPARTMENTS

**Youth Groups: 10:00am:** Second Floor Classrooms, supervised play.

**Babies & Me (Newborn-2yrs): Shabbat, 10:00-11:30am in LL203:** Parent-baby bonding (unsupervised) followed by a 30-min program by Devorah Batt at 11:00 am. Dedicated nursing area available.

Upcoming Events:

**Motzei Shabbat, January 27th: 16 Handles and Chill: 7:00pm:** Meet at 16 Handles (between 75th and 76th) and enjoy some Fro-Yo with friends!

**Sunday, February 4th: Babies & Me Sunday Funday: 9:45am - 11:15am:** Interactive parent-toddler sports program featuring Super Soccer Stars.

**Friday, February 2nd: Teen Friday Night Oneg: 8:00pm - 10:00pm**

**Sunday, February 4th: The Magician’s Elephant: 3:00pm—5:00pm:** Gather your loved ones, cozy up, and join us for a heartwarming movie. Enjoy the magic on the big screen, complete with popcorn and pizza. Register at [www.lss.org/form/youth-movie-night.html](http://www.lss.org/form/youth-movie-night.html).

**Friday, February 9th: Teen Friday Night Minyan: 5:05pm:** in the Belfer Beit Midrash

**Motzei Shabbat, February 24th: UWS-Wide Basketball Tournament: 7:00pm - 11:00pm at MDS** (310 West 75th Street)

**Sunday, March 17th: Purim Carnival: 12:30pm - 3:15pm:** Magician, clown, bounce house, games, and more! Free entry for children <1. Tickets in advance: \$20, tickets at the door: \$25. Be a sponsor! Matanot Le’evyonim - \$180 + 3 entry tickets, Seudat Hamentashen - \$500 + 6 entry tickets, Mordechai - \$1,000 - 8 entry tickets. Queen Esther - \$5000 - 12 entry tickets. Register at [www.lss.org/form/purim2024](http://www.lss.org/form/purim2024)

For more information email [youth@lss.org](mailto:youth@lss.org).

DVAR TORAH

*Dvar Torah writing is open to all LSS members, their children, and LSS clergy. Guidelines will be provided on request. For more info, see Bill Greenbaum in shul, email him at [dvar@lss.org](mailto:dvar@lss.org), or call the shul office.*

*The next Shabbatot available: Tetzaveh, 2/23-24; Ki Tissa, 3/1-2.*

*Enjoy reading the weekly Dvar Torah*

*-in print, in the Shelly Danishefsky Foyer, or*

*-on [lss.org](http://lss.org) under the Echod tab, or*

*-in the Electronic Echod (available to print at home).*

WE STAND WITH ISRAEL

**Hafrashat Challah for the Hostages:** Participate in the meaningful tradition of Hafrashat Challah as a symbol of solidarity for the hostages in Gaza. Let's unite women from every corner in a shared act of connection and support. The goal is to gather 40 women for each hostage. Commit to this cause by pledging your name at [www.tinyurl.com/c4Israel](http://www.tinyurl.com/c4Israel)

**Boots for Israel:** Boots for Israel began with a call from Israeli General Daniel Jacobs, seeking tactical boots for his unit. Facing a shortage of suitable footwear for reservists, our Executive Director’s shul, Young Israel of Holliswood, mobilized to help. Through a stroke of luck, a local shoe wholesaler had the exact boots in stock, enabling them to send the boots to Israel at reduced rates. Now, with growing requests, they need your support to continue providing Boots for Israel. Donate today to help them sustain this critical mission. Donate at [www.yiholliswood.org/payment.php](http://www.yiholliswood.org/payment.php)

**Contact Your Elected Officials:** We have an essential role to play to help protect Israel. Urge members of Congress to continue speaking out and standing with Israel as it acts to defeat the terrorist threat. The message can be simple: “The Jewish community thanks you for your support. I thank you for your support. Please continue to do so publicly and proudly. It is imperative that Israel destroy any remnant of Hamas so that the people of Israel and the people of Gaza can live free of tyranny and in prosperity and harmony”. Please urge your elected officials to stand with Israel! Reach out at [www.takeaction.aipac.org/Wyv8pgS](http://www.takeaction.aipac.org/Wyv8pgS)

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Anger, bitter, bow, dog, firstborn, humble, pick, rise, snare, aviv, blemish, circumcision, elders, foreigner, observe, plundered, roasted, urged, beginning, bones, dead, favor, generations, ordinance, residue, sandals, wonders



# DVAR TORAH PARSHAT BO

By Mordechai Beilis

There is an unusual order of events in this week's Parsha that I find fascinating.

The Torah reports that Hashem instructs Moses to commemorate Pesach (the "festival of matzot") even before the exodus takes place: "seven days shall you eat מצות (matzot), and on the first day you shall put away your חמץ (hametz)." He gives these instructions twice more, lest Moshe fail to understand how important each detail is. Yet when the people get ready to leave it almost seems as if they have forgotten the instructions.

After the killing of the first born, when פרעה (Pharaoh) chases the Jewish people out of מצרים (Egypt), the Torah says, "And the people took their dough before it leavened and put it on their shoulders and they did according to the word of Moshe." It seems that the people had run out of time to leaven their dough. But how can that be?

The Jews already knew they would be liberated that night-- they were told to pack and to wear their garments for the journey. They had been told they would be eating מצה (matza) to commemorate their liberation, and they had been told not to have חמץ in their possession.

So why does the Torah indicate a lack of time to prepare, a surprise exit stage left? I believe it is making a psychological point.

Under normal conditions when we Jews go on a vacation we prepare well ahead of time. We book a donkey, pack our clothes, and take כשר (kosher) food. Here in מצרים (Egypt), even though we booked our airline tickets for our first mission to ישראל (Israel) and were fully packed, we had to understand and behave based on the knowledge that we were truly being freed by Hashem at the last moment. There is a duality here: "Go now, but what's the hurry?"

The issue of not really being prepared to leave is in fact what פסח (Pesach) is all about. We depend on Hashem for our freedom, but we never take it for granted even though we were told it would come. We leave our haughtiness at the door of מצרים (Egypt).

Our freedom from persecution and even our existence on this earth hangs on a thin thread. It is only with the help of the Almighty that we are free. Had we not been freed from מצרים but had ceased to be slaves it would have been enough.

Every week, though we know שבת (Shabbat) is coming, our preparations are down to the wire, no matter how late in the day it comes. We have all of אלול (Elul) to prepare for the הימים הנוראים (The days of Awe), yet we are unprepared for it.

Every year we know that פסח is coming, yet it still seems to sneak up on us. We are still cleaning until the last second, but we never really feel we have cleaned enough. We never feel really prepared in the exile. פסח humbles us: if we felt confident, we wouldn't bother eating מצה. Pass the חלה dipped in honey.

Shabbat Shalom

*\*This Dvar Torah (originally written for the Echod of Parshat Bo 2014) is dedicated to the memory of my parents, Aviva and Aron Beilis, whose yahrtzeit was on the 26th of Tevet and to my great-grandmother Sima Rivka on her 40th yahrtzeit.*

In case of a bereavement, please call our Clergy at 646-543-7485

If you would like to receive the Shabbat Echod by e-mail, sign up at [www.lss.org](http://www.lss.org) email

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Please note that the deadline to submit content for the Echod, excluding sponsorships, is Wednesday at 3:00pm.