

SHABBAT SCHEDULE

Friday night:

4:48pm Latest Candle Lighting
4:50pm Mincha/Kabbalat Shabbat
 Davening led by Chazzan Yanky Lemmer
 Location: Nathaniel Richman Cohen Sanctuary.
Mashiv HaRuach Kiddush and Shiur
 Following Maariv, join us for a shiur given by Leora Muskat in the Nathaniel Richman Cohen Sanctuary, followed by a hot kugel kiddush in the Shele Danishefsky Covlin Foyer.
5:06pm Sunset: Latest time to daven Mincha
5:37pm Repeat Shema

Shabbat:

7:45am Hashkama Minyan; Location: Belfer Beit Midrash. Hashkama Kiddush to follow; Shiur by Dr. Moshe Sokolow on the third floor.
9:00am Chazzan Sherwood Goffin Memorial Minyan;
 Davening led by Chazzan Yanky Lemmer
 Drasha before Musaf by Rabbi Robinson.
 Location: Nathaniel Richman Cohen Sanctuary.
 Gala Kiddush to follow in the Ballroom.
9:30am Beginners Service led by Rabbi Ephraim Buchwald;
 Location: 3rd Floor. Beginners Kiddush to follow.
9:39am Latest Shema
9:45am Rabbi Herschel Cohen Memorial Minyan
 Drasha before Musaf by Rabbi Gottesman
 Location: Belfer Beit Midrash.
10:00am Youth Groups – Supervised Play;
 Location: Second Floor Classrooms.
3:00pm Beginners Mishna Chavura with Moshe Sheinwexler;
 Location: Belfer Beit Midrash.
3:50pm Louis and Rhoda Lazar Memorial Shiur by Rabbi Tepler in the Nathaniel Richman Cohen Sanctuary.
4:35pm Mincha; Location: Nathaniel Richman Cohen Sanctuary.
 Followed by Seudah Shlishit in the Ballroom.
Israel At War: Personal accounts of bravery from the front lines.
Speakers: IDF Major D, Active-duty combat pilot, Israel Air Force; IDF Corporal S., Golani Brigade, combat soldier critically injured in battle in Northern Gaze; and Prof. Hanoach Kashtan, MD, Head of Trauma and Surgery, Assuta Ashdot Hospital.
5:07pm Sunset: Latest time to daven Mincha.
5:50pm Ma'ariv/Shabbat Ends
7:00pm: *Magen Avraham Teen Department* 16 Handles and Chill (See page 3 for details).
8:00pm UWS Community Tu Bishvat

WEEKDAY MINYAN

Shacharit:
Sunday, January 28th @ 7:10am & 8:30am
Monday, January 29th @ 7:00am & 7:50am
Tuesday & Wednesday, January 30th & 31st @ 7:10am & 7:50am
Thursday, February 1st @ 7:00am & 7:50am
Friday, February 2nd @ 7:10am & 7:50am
Mincha/Maariv:
Sunday - Wednesday, January 28th - 31st @ 5:00pm
Thursday, February 1st @ 5:05pm

THIS SHABBAT

Assuta Ashdod Hospital Delegation: During Seudah Shlishit, we will be joined by a delegation from the Assuta Ashdot Hospital. Opened in 2017, this is the first new hospital established in Israel in 40 years. It is renowned as Israel's Startup Nation Hospital, as a testament to its commitment to healthcare innovation. Its unique design features a comprehensive bomb-shelter infrastructure, ensuring uninterrupted medical services, protecting against rocket attacks and threats of biological and chemical warfare.

Located just 16 miles from Israel's border with Gaza, the hospital has provided round the clock critical emergency medical treatment for hundreds of Israeli soldiers, Nova festival survivors and Gaza envelope community terror victims.

Motzei Shabbat at 8:00pm: Israeli musician Shimon Smith will lead a kumsitz of Israeli songs that reflect the wide range of emotions evoked by the current situation. Sing along (lyrics will be provided) or just sit back and listen. UWS Shlichah, Gali Rabin who was born and raised on a kibbutz will speak about "Rebuilding the Kibbutzim after Oct. 7th." Light refreshments (burekas, falafel, holiday-appropriate fruits) will be served. Location: Belfer Beit Midrash
 Price: \$20 per person in advance (until Friday, January 26 at 11:00am), \$30 at the door. Register at www.lss.org/form/tubishvat.



THANK YOU TO OUR SPONSORS

Hashkama:
Alla Fizitskaya in loving memory of her cousin-in-law, Dana Hudes z"l on his birthday.
 Anonymously sponsored Le'ilui Nishmat Rivka Leah Greller bat Ha'Rav Eliahu Mordechai Sonnenfeld
Gala Kiddush:
Trevor, Lisa, and Joseph Morris, in honor of their son and brother Raphi's bar mitzvah.
Beginners:
Rhonda Weinman in memory of her beloved brother, Arnie Reich, z"l. His nickname to all who knew and loved him was "Mr. Mitzvah".
Seudah Shlishit:
Sponsored by Michael Doppelt
Stephen and Bluma Snyder in commemoration of the 2nd yahrzeit of Steve's father Dr Gilbert Snyder z"l.
Mark Hus & Shirley Stark and Susan Stark in commemoration of the Yahrzeit of Shirley and Susan's father Eliyahu Ben Chaim Dov.

MAZAL TOV

Raphi Morris on the occasion of his bar mitzvah, to his parents, Trevor and Lisa and brother, Joseph. Welcome to all their family from South Africa. Wishing them all continued simcha, nachas and brocha.

Great-grandparents Rabbi Jonah and Fran Kupietzky on the birth of a boy to their grandchildren, Danielle and Joey Silverman. Mazal tov also to great uncles Steve Kay Kupietzky and Morey Wildes.

Naomi and Gary Stein on the birth of a baby girl. Mazal tov also to big brothers Levi, Jonah and Noah and big sister Ava.

Joseph Verschleiser on the marriage of his son Naphtoli to Atara Weiss.



HAKARAT HATOV

Jesse Cogan for writing this week's Dvar Torah.

UPCOMING EVENTS

***Offsite* Sunday, January 28th: The BIU Professor Who Helped Save a Kibbutz: 12:30pm:** October 7 changed everything. Kibbutz Alumim, home to Bar-Ilan Prof. Eitan Okun and his family, came under attack on that fateful day. Join us for an unforgettable firsthand account of those dark hours and what it might take to rebuild a nation. Register today at afbiu.org/okun.

Tuesday, January 30th: Am Yisrael Chai: Join Rabbi Robinson for an uplifting overview of the origins, contributions, vision, and grandeur of the Jewish People. Followed by refreshments at 8:00pm and a choice of Torah classes with the LSS Clergy at 8:15pm. Details in "Weekly Learning Opportunities."

Shabbat, February 3rd: Beginners Luncheon: Cost: \$35. Registration deadline: Wednesday, January 31st at 12:00pm. Register at www.lss.org/beginners.

***Offsite* Sunday, February 11th: Yeshiva University Sefarim Sale and Shiur: 1:00pm:** Join us at Yeshiva University for a gripping session with Rabbi Aryeh Lebowitz, Director of the Rabbi Joseph B. Soloveitchik Semikha Program. Gain insights into 'Shailot from the Front Lines' and don't miss the opportunity to explore the sefarim sale! Location: Yeshiva University, Belfer Hall (2495 Amsterdam Ave, New York, NY, 10033).

Friday, February 16th: Community Friday Night Dinner: More details to follow.

Shabbat February 17th: Annual Jonathan Spanbock Memorial Lecture: 11:15am: Shiur by Rabbi Dr. Shlomo Brody on "The Creation of Jewish Military Ethics: The Debate Over 'Purity of Arms,' 1939."

Sunday, February 18th: 10:15am: Sally Berkovic will highlight how the Chevra Kadisha has been represented as an integral part of Jewish communal life. Her book, *Death Duties*, is a poignant reflection on her own experiences of grief and loss, and challenges the reader to ask the tough questions about one's legacy, digital footprint and the conversations about death and dying with our loved ones. Location: Belfer Beit Midrash

Shabbat, February 24th After Tefillah: Young Professionals Kiddush Lunch: LSS in partnership with MEALuim—raising money for the families of our chayalim! Location: Belfer Beit Midrash. Price: Members: \$35, Non-members: \$45. Register at www.lss.org/form/YPkiddush24

Sunday, February 25: New Member Brunch: 11:00am: Are you a member that has joined the shul between 2020 to present? If so, we invite you to join us for a lovely brunch in the Belfer Beit Midrash. Rabbi Robinson and Co-Presidents, Paris and Michael look forward to seeing you there!

PURIM: Save the date for our Youth Department Purim Carnival on Sunday, March 17 and an LSS Purim Seudah on Sunday, March 24th. More details to follow!



WEEKLY LEARNING OPPORTUNITIES

Sunday, January 28th

- **9:15am Kosher Made Clear - Hilchot Kashrut Tzurba Style:** Led by Rabbi Tepler this week. Location: Belfer Beit Midrash

Monday, January 29th

- ***CANCELED* 7:00pm: Chug Ivrit Chadashot (News from Israel) with Gali Rabin.**
- **8:15pm: The M'lachim (Kings) Study Group led by Ron Platzer:** If you are interested in joining, please contact Ronald Platzer at RPlatzer@citytech.cuny.edu.

Tuesday, January 30th

- **11:00am-12:00pm: The Marilyn & Sam Isler, "Studies in the Weekly Parsha"** led by Rabbi Robinson. Location: LL201
- **6:30pm: United Hearts for Israel:** Register at www.tinyurl.com/UnitedHeartsIL
- **7:00pm: Am Yisrael Chai: Shema Yisrael—What Judaism Taught The World:** Join Rabbi Robinson for an uplifting overview of the origins, contributions, vision, and grandeur of the Jewish People. Followed by refreshments at 8:00pm and a choice of **Torah classes with the LSS Clergy at 8:15pm:**
 - **Ani Ma'amin: Principles of Faith** led by Rabbi Gottesman
 - **The 6 Remembrances:** Led by Rabbi Tepler

Wednesday, January 31st

- **6:30pm: United Hearts for Israel:** Register at www.tinyurl.com/UnitedHeartsIL2
- **7:00pm: Kabbalah and Its Influence on the Birth of Chassidut** with Lloyd Epstein TMZ Kollel Fellow Bezalel Racz. Location: Belfer Beit Midrash.

Thursday, February 1st

- **11:00am-12:00pm: Gemara Makot Class:** led by Rabbi Robinson. Location: LL201
- **11:00am-12:00pm: Women's Talk Time: led by School Psychologist Ruth Moser Riemer.** [Meeting ID: 972 4054 8238](https://www.eventbrite.com/e/meeting-id-972-4054-8238) [Passcode: 142533](https://www.eventbrite.com/e/passcode-142533)
- **7:00pm: Jacob Adler Parsha Class: Explorations in the Weekly Parsha:** Led by Rabbi Robinson. Location: Belfer Beit Midrash

Daf Yomi: Sunday at 7:30am, Monday and Thursday at 6:10am, and Tuesday, Wednesday, and Friday at 6:20am. Location: Belfer Beit Midrash and Virtual.

Details on www.lss.org/LearningOpportunities

Upcoming classes:

Monday, February 5th: Jewish Living Workshop: 7:30pm: "Hands on" Jewish living experience with Dassa and Bill Greenbaum. For more information email them at jlworkshop@yahoo.com. First topic: Shabbat - The Friday Night Experience. Visit www.lss.org/beginners to register.

Tuesday, February 13th: Introduction to the Bible: 7:00pm: Register now for a free online course on the 10 Commandments with Rabbi Ephraim Buchwald. Explore the Decalogue and other biblical texts. Co-sponsored by NJOP. Visit www.lss.org/beginners to register. Zoom link provided to registrants. Sponsors welcome, contact Jessica at jessica@njop.org or 646-871-0012.

Wednesday, February 14th: The Shoah: Jewish Rescuers and Resisters: Led by Paul Shaviv. First topic: Issues and Questions. [Meeting ID: 870 2097 8420](https://www.eventbrite.com/e/meeting-id-870-2097-8420) [Passcode: 728393](https://www.eventbrite.com/e/passcode-728393)

YOUTH & MAGEN AVRAHAM TEEN DEPARTMENTS

Youth Groups: 10:00am: Second Floor Classrooms, supervised play.

Babies & Me (Newborn-2yrs): Shabbat, 10:00-11:30am in LL203: Parent-baby bonding (unsupervised) followed by a 30-min program by Devorah Batt at 11:00 am. Dedicated nursing area available.

Upcoming Events:

Motzei Shabbat, January 27th: 16 Handles and Chill: 7:00pm: Meet at 16 Handles (between 75th and 76th) and enjoy some Fro-Yo with friends!

Friday, February 2nd: Teen Friday Night Oneg: 8:00pm - 10:00pm

Sunday, February 4th: Babies & Me Sunday Funday: 9:45am - 11:15am: Interactive parent-toddler sports program featuring Super Soccer Stars.

Sunday, February 4th: The Magician's Elephant: 3:00pm—5:00pm: Gather your loved ones, cozy up, and join us for a heartwarming movie. Enjoy the magic on the big screen, complete with popcorn and pizza. Register at www.lss.org/form/youth-movie-night.html.

Friday, February 9th: Teen Friday Night Minyan: 5:05pm: in the Belfer Beit Midrash

Motzei Shabbat, February 10th: Upper West Side 3rd Annual 3 On 3 Basketball Tournament: 7pm: Email youth@lss.org to register. Registration deadline: February 8th. Division 1: Grades 6-8, Division 2: Grades 9-12. Location: Manhattan Day School (310 W 75th St.)

Sunday, March 17th: Purim Carnival: 12:30pm - 3:15pm: Magician, clown, bounce house, games, and more! Free entry for children <1. Tickets in advance: \$20, tickets at the door: \$25. Be a sponsor! Matanot Le'evyonim - \$180 + 3 entry tickets, Seudat Hamentashen - \$500 + 6 entry tickets, Mordechai - \$1,000 - 8 entry tickets. Queen Esther - \$5000 - 12 entry tickets. Register at www.lss.org/form/purim2024

For more information email youth@lss.org.



CHESED OPPORTUNITY

Support the Jews of Cuba: Frisch School's sophomore Spanish class will travel to Cuba from February 18-22 on a humanitarian mission to support the Jewish community there. Student and LSS member Gaby Nash is collecting supplies, including over-the-counter medication (even if expired), diapers, feminine and first aid products, and your donations are welcome. Gaby can pick up donated items in the city. Please contact her at gabynash616@gmail.com with any questions and for further details. Tizku Lemitzvot!

WE STAND WITH ISRAEL

***offsite Sunday, February 4th: Zichron Menachem Fundraiser: 6:00pm - 8:00pm:** Join WSS for a crucial fundraising event for Israeli children battling cancer, including those who are suffering additional anxiety from their parent's service in the IDF. Enjoy a light buffet as we listen to the Frisch choir perform. <http://tinyurl.com/ZMFundraiser> T: at 917-697-7027

ACHI (American Communities Helping Israel): The War in Gaza has severely impacted Israel's economy. Here is an easy way to help. Just visit the Market sponsored by ACHI at www.achi613.org/achi-market/ and you will be greeted by almost 250 Israeli vendors. The varied items for sale include art, jewelry, food, clothing, and more. With just a click, you can purchase an assortment of items or you can gift family and friends. Most vendors ship in Israel and globally. Please help ACHI with its mission: Support Israel — Buy Israeli. You will be supporting struggling vendors and this in turn will trickle down to the economy.

Hafrashat Challah for the Hostages: Participate in the meaningful tradition of Hafrashat Challah as a symbol of solidarity for the hostages in Gaza. Let's unite women from every corner in a shared act of connection and support. The goal is to gather 40 women for each hostage. Commit to this cause by pledging your name at www.tinyurl.com/c4Israel

Boots for Israel: Boots for Israel began with a call from Israeli General Daniel Jacobs, seeking tactical boots for his unit. Facing a shortage of suitable footwear for reservists, our Executive Director's shul, Young Israel of Holliswood, mobilized to help. Through a stroke of luck, a local shoe wholesaler had the exact boots in stock, enabling them to send the boots to Israel at reduced rates. Now, with growing requests, they need your support to continue providing Boots for Israel. Donate today to help them sustain this critical mission. Donate at www.yiholliswood.org/payment.php

Contact Your Elected Officials: We have an essential role to play to help protect Israel. Urge members of Congress to continue speaking out and standing with Israel as it acts to defeat the terrorist threat. The message can be simple: "The Jewish community thanks you for your support. I thank you for your support. Please continue to do so publicly and proudly. It is imperative that Israel destroy any remnant of Hamas so that the people of Israel and the people of Gaza can live free of tyranny and in prosperity and harmony". Please urge your elected officials to stand with Israel! Reach out at <https://takeaction.aipac.org/Wyv8pgS>

SHABBAT GREETERS

Donate your time as a greeter at our shul! Be part of the welcoming team on Shabbat, embodying the true spirit of LSS. Two morning shifts available (9:00-10:00am and 10:00-11:00am) with one greeter per shift. Enjoy meeting new people, putting names to faces, and making everyone feel welcome. Register at www.lss.org/form/greeter. For questions or assistance, email president@lss.org.



DVAR TORAH PARSHAT BESHALACH

By: Jesse Cogan

Open miracles נסים גדולים were as everyday to Bnei Yisroel as were their complaints. The sea splits, rocks sprout water, nutrition falls from the skies. It was hard for the generations following slavery to not believe in G-d. After all, they saw His hand at work in supernatural ways, saving and protecting them. This is my G-d and I will adore Him, they say in this week's parsha.

But it was Fear of G-d, their Awe and Wonder that was the driving force behind their Faith. A trembling people, trying to not look up at the threatening mountain G-d held above them exclaimed נעשה ונשמע 'Yes, G-d. We will do anything you want.' the cried. They recognized Hashem because of His might, His ability to affect nature, and His power to destroy. "ויראו את ה'" "The Nation feared G-d," precedes the great Song of the Seas "ויאמינו בה" "and they believed in G-d..." First fear, then faith.

After the Greek exile, the hand of G-d hid behind nature and circumstance. Salvation from Haman, the first miracle in exile, could have easily been blown off as coincidence. But the Jews of Shushan saw G-d's Hand at work. When Mordechai was offered the key to Shushan, there were no mountains over his head. קיימנו וקבלנו says the Megillah of the Yehudim of Purim. Acceptance was at the root of their Emunah.

At Sinai the Torah was given; at Shushan it was received. Finally, accepting the Torah with love, not fear, was the path to Emunah. For what is love if not acceptance and what creates commitment more than love.

The complex mix of Love and Fear has been at the heart of our hashkafa, our Jewish worldview, for years. Can you love without fear? Fear without love? Can you believe without either or must you have both? Is tzedakah given out of commitment better than tzedaka given out of obligation. What about Kashrus and Shatnez? Must I enjoy abstaining? Must I love my G-d to accept His restrictions?

Nobody is all love or all fear. It's your personal mix of love and fear that leads you to Emunah. Your personal mix, your personal map to Emunah, is yours and no less unique than your fingerprints or genetic makeup. You can learn how to daven and how to say a piece of gemara. You can learn how to wash and how to put on tefillin. But when it comes to Emunah, you're on your own. No one can tell you how to believe.

* Dedicated in commemoration of the yahrtzeit of Jesse's beloved father, Leo Cogan z"l.

DVAR TORAH WRITING

Dvar Torah writing is open to all LSS members, their children, and LSS clergy. Guidelines will be provided on request. For more info, see Bill Greenbaum in shul, email him at dvar@lss.org, or call the shul office.

The next Shabbatot available: Tetzaveh, 2/23-24; Ki Tissa, 3/1-2.

Enjoy reading the weekly Dvar Torah

-in print, in the Shelly Danishefsky Foyer, or

-on lss.org under the Echod tab, or

-in the Electronic Echod (available to print at home).

BOOST YOUR BUSINESS

Penguin City Swim is offering a new swim program at John Jay College on 59th and Amsterdam beginning Jan 21st! Pick up a card from the lobby table to learn more! (917) 909- 7946 (SWIM)
www.penguincityswim.com
Email: penguincityswim@gmail.com



HASHAVAT AVEDA

Lost this Tallit bag? E: info@lss.org to claim it!



In case of a bereavement, please call our Clergy at 646-543-7485

If you would like to receive the Shabbat Echod by e-mail, sign up at www.lss.org email

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Please note that the deadline to submit content for the Echod, excluding sponsorships, is Wednesday at 3:00pm.