

## SHABBAT SCHEDULE

**Friday night:**  
**4:58pm** Candle Lighting  
**5:00pm** Mincha/Kabbalat Shabbat  
 Location: Nathaniel Richman Cohen Sanctuary.  
**5:16pm** Sunset: Latest time to daven Mincha  
**5:47pm** Repeat Shema


**Shabbat:**  
**7:45am** Hashkama Minyan; Location: Belfer Beit Midrash. Hashkama Kiddush to follow; Shiur by Dr. Moshe Sokolow on the third floor.  
**9:00am** Chazzan Sherwood Goffin Memorial Minyan;  
 Drasha after Musaf by Assistant Rabbi Yoni Zolty.  
 Location: Nathaniel Richman Cohen Sanctuary.  
 Main Kiddush to follow in the Ballroom.  
**9:30am** Beginners Service led by Rabbi Ephraim Buchwald;  
 Location: 3rd Floor. Beginners Kiddush to follow.  
**9:35am** Latest Shema  
**9:45am** Rabbi Herschel Cohen Memorial Minyan  
 Location: Belfer Beit Midrash.  
**10:00am** Shabbat Groups; Location: Second Floor Classrooms.  
 Location: Belfer Beit Midrash  
**12:30pm** Beginners Luncheon. Location: Belfer Beit Midrash.  
**3:15pm** Beginners Mishna Chavura with Moshe Sheinwexler;  
 Location: Belfer Beit Midrash.  
**4:00pm** Louis and Rhoda Lazar Memorial Shiur by Rabbinic Associate Efraim Tepler in the Nathaniel Richman Cohen Sanctuary.  
**4:45pm** Mincha; Location: Nathaniel Richman Cohen Sanctuary.  
 Followed by Seudah Shlishit in the Ballroom.  
**\*Hebrew only\*** shiur with Lloyd Epstein Torah Mitzion Kollel Fellows. Led by Yechiel Rozenberg in the Nathaniel Richman Cohen Sanctuary.  
 שיעור שבועי בעברית אחר מנחה בשבת עם חברי כולל תורה מציין  
**5:17pm** Sunset: Latest time to daven Mincha.  
**6:00pm** Ma'ariv/Shabbat Ends  
**8:00pm** LSS Film: The Orchestra with Broken Instruments


## WEEKDAY MINYAN


**Shacharit:**  
**Sunday, February 5th @ 7:10am & 8:30am**  
**Monday, January, 6th @ 7:00am & 7:50am**  
**Tuesday and Wednesday, February 7th-8th @ 7:10am & 7:50am**  
**Thursday, February 9th @ 7:00am & 7:50am**  
**Friday, February 10th @ 7:10am & 7:50am**

**Mincha/Maariv:**  
**Sunday—Wednesday, February 5th-8th @ 5:10pm**  
**Thursday, February 9th @ 5:15pm**

## MAZAL TOV

**Grandparents Sherry Silverman and Ian Baer** on the birth of a boy born to their daughter and son-in-law, Ariella and Ari Lichtig. Mazal tov also to siblings Gabriel, Emma, and Riley and to Grandparents David and Tzippy Lichtig. 

**Grandparent Rita Lourie-Galena** on birth of girl born to Hallie Ruth (Tehila Rut). Mazel Tov also to proud parents April & Isaac Galena 

Grandparents **Judi and Alan Eisenman** upon the birth of a girl, Mia Frances (Frayda Chaya), born to their children Kara and Avram Zamist of Teaneck, NJ. Mazal tov also to siblings Jacob, Bailey and Caleb. 

## THANK YOU TO OUR SPONSORS

**Hashkama**  
**Ari Dubinsky** in commemoration of the yahrtzeit of his father, Morris Dubinsky z"l.

**Main Kiddush**  
**The Lichtig and Baer families** in honor of the birth and Brit of a baby boy born to Ari and Ariella Lichtig.

**Rabbi Cohen's Minayn Kiddush**  
**Bernard and Joanna Broome** in commemoration of the yahrtzeit of Bernard's grandfather, ז"ל ישראל יצחק ז"ל.

**Beginners Kiddush**  
**Yedidya Flaquer** in celebration of the successful completion of his Master's in Arts in Multimedia design and Master of Sciences in Educational Instructional Technology.

**Seudah Shlishit**  
**Jesse and Naomi Cogan** in commemoration of the yahrtzeit of Jesse's father, Rabbi Leo Cogan, ז"ל הרב יהודה לייב זצ"ל .

## THIS MOTZEI SHABBAT:LSS FILM: THE ORCHESTRA WITH BROKEN INSTRUMENTS

Q&A with Karen Brunswasser: **Karen Brunwasser** is a co-founder and the current Chief Strategy Officer of *Mekudeshet*, an award-winning culture NGO that creates original art and music to bridge divides in Jerusalem. She is also a writer and narrator for *Mekudeshet's* popular *Dissolving Boundaries* doco-theatrical productions, and part of the senior team at *FeelBeit*, an Israeli-Palestinian culture house on the seam line between East and West Jerusalem. Originally from Philadelphia, Karen holds a B.A. in International Relations and Middle Eastern Studies from New York University and an M.A. in Middle Eastern Studies and Islam from the Hebrew University of Jerusalem. In the Spring 2023 semester, she will be a Bamah Visiting Artist at the University of MD, College Park, and teach a course on arts and culture as the vanguard of social change in Jerusalem.

Register at [www.lss.org/form/orchestra-film](http://www.lss.org/form/orchestra-film)  
 Members: \$20 Non members: \$25 At door: \$30.  
 Location: Belfer Beit Midrash



## YIDDISH CLASS SURVEY

LSS is launching a series of Yiddish classes. If interested, please fill out the survey so that we can gauge interest and accommodate people's schedule. Register at [tinyurl.com/Yiddishclass](http://tinyurl.com/Yiddishclass)

## A MESSAGE FROM LSS SOCIAL WORKER DANIELLA VERES

Following the recent anti-Semitic attacks, occurring both inside and outside of our country, I would like to offer my support to those who would like a safe space to speak. There can be a wide range of feelings that an individual may have following violent attacks and I am here to provide one on one support to help process these feelings.

If you would like the book a meeting with me, whether this is related to the recent events or not, You can reach out to me at [socialworker@lss.org](mailto:socialworker@lss.org) or book a meeting online at <https://calendly.com/dveres/social-worker-at-lss>

## ISRAEL THEMED SHABBAT DINNER

Friday, March 17th: We look forward to welcoming you to an amazing Friday night dinner celebrating Israel's 75th birthday. Join us as we dine a delicious Israeli cuisine catered by Sova and chat with fellow members and friends as an acapella choir sings in the background, filling our ballroom with Israeli ruach and song. Register at [www.lss.org/form/lss-israel-dinner](http://www.lss.org/form/lss-israel-dinner)

\* The acapella choir is sponsored by Yael and Avi Lavi in celebration of Israel's 75th birthday.

## UPCOMING EVENTS

**Sunday, February 5th: Responding to the challenges of the new government in Israel: 12:00pm:** Professor Gil Troy in conversation with Rav David Stav, Founder and Chairman of the Tzohar organization. Israel today is facing many open questions and challenges over its future, manifesting themselves in an unprecedented wave of internal tension between the citizens of the country. At the heart of the many complexities of this discussion are issues surrounding the link between religion and state and how Jewish identity and tradition will be offered and practiced in the future. To join this important 'live from Israel' program, please use the link in the electronic Echod.

**Sunday, February 5th: WTG Virtual Tu B'Shevat Seder: 7:30pm:** Open to both women and men. Plate 1: Fruits/nuts with shell. Plate 2: Fruit no outer shell but with pit. Plate 3: no shell or big pit. See flyer for details. Meeting ID: 832 6905 4379 Passcode: 532532  
*Sponsored by Arielle Friedman in commemoration of the yahrtzeit of her grandfather, Julius Rosenzweig, Yehuda ben Avraham z"l.*

**Tuesday, February 7th: Senior Schmooze: 12:00pm:** Led by Social Worker, Daniella Veres. Location: Outside of the Nathaniel Richman Cohen Sanctuary. Lunch will be served! Program Cost: \$15. Register at [www.lss.org/form/senior-shmooze](http://www.lss.org/form/senior-shmooze)

**Tuesday, February 7th: Tu B'Shevat Seder: 7:00pm:** Location: Belfer Beit Midrash. A spiritual evening featuring fruits, Israeli songs, and divrei Torah led by Kollel Fellows Yechiel Rozenberg and Yehonatan Kahana.

**Tuesday, February 8th: Membership Meeting: 8:00pm:**  
Location: Belfer Beit Midrash

**Tuesday, February 14: Parent Loss Support Group: 12:00pm:**  
This closed group of 12 sessions, led by LSS Social Worker Daniella Veres and Social Worker Rabbi Adam Huttel, will help them discover personal models for navigating through the challenges of loss. Register at [www.lss.org/form/PLSG](http://www.lss.org/form/PLSG)

**Wednesday, February 22: Visit the 'El Al Museum': 7:30pm:**  
LSS member Marvin Goldman is a retired attorney whose principal avocation is preserving the legacy of EL AL Israel Airlines. He has written two illustrated books on EL AL and maintains the website [israelairlinemuseum.org](http://israelairlinemuseum.org) which includes an up-to-date edition of his books. At his home in Lincoln Towers, Marvin has assembled the world's largest collection of EL AL memorabilia outside of the airline itself – with over 40,000 items and more than 10,000 images on computer. His collection has been utilized as a source of information, images and exhibits by museums and libraries.

A limited number of LSS members will have the opportunity to experience this unique collection in person in his apartment in Lincoln Towers. Register at [www.lss.org/form/el-al-museum](http://www.lss.org/form/el-al-museum). Attendance limited to the first 10 people who register. All attendees must be fully vaccinated against Covid-19.

**Sunday, February 26th: Women's Tefillah Group Chodesh Adar Shiur: 8:00pm:** Topic: Zeres and Her Daughter: The Women of Haman's Household in the Eyes of Chazal by Rabbanit Mindy Schwartz Zolty. Meeting ID: 823 2375 0975 Passcode: 338771

**Shabbat, March 4th: Young Professional Women's Seudah Shlishit: 5:00pm:** Location: Hosted at the home of Jackie Retig. Dvar Torah by Aliza Penn. Email Rabbanit Mindy at [Rabbanit@lss.org](mailto:Rabbanit@lss.org) for address.

**Shabbat, May 6th: Bat Mitzvah Project:** If you haven't had a Bat Mitzvah or read from a Torah scroll, here's your chance! You can read as little as 3-4 sentences. We will help you! Register at [lssbatmitzvah@gmail.com](mailto:lssbatmitzvah@gmail.com)

*\*All programs run by our Social Worker Daniella Veres are supported by Stuart and Paul Hanau in memory of Reni & Walter Hanau z"l.*

## WEEKLY LEARNING OPPORTUNITIES

### Upcoming Learning Opportunities:

**Wednesday, February 22nd: Building Blocks of Israeli Society: 8:00pm:** An analysis of the basic social, political, cultural, and religious building blocks of evolving Israeli society, history, ideology and personalities! Led by Paul Shaviv. Meeting ID: 820 8615 6691 Passcode: 119157

### Daily

**Daf Yomi: Sunday at 7:30am Monday & Thursday at 6:10am and Tuesday, Wednesday, & Friday at 6:20am:** Location: Belfer Beit Midrash and virtual. Schedule: Sunday, Monday, and Wednesday – virtual. Tuesday, Thursday, and Friday – in person and virtual. Dial instructions: Step 1: dial in #: 646-558-8656. Step 2: dial in code 83765052291. Step 3: password # 1948  
Wednesday's: conference call only. dial in instructions:  
Step 1: dial in #: 267-807-9601. Step 2: code #: 3113299601.

### Sunday, February 5th

- **9:15am-10:15am: Sh'eilot and Teshuvot by Assistant Rabbi Yoni Zolty.** Location: Belfer Beit Midrash.

### Monday, February 6th

- **\*CANCELED\* 11:00am-1:00pm: Gemara Class Bava Kama: Laws of Personal Injury led by Rabbi Robinson:** Location: Nathaniel Richman Cohen Sanctuary.
- **The Jewish Living Workshop: 7:30pm:** Hands on Jewish living experience. Led by Dassa and Bill Greenbaum. Email them at: [jworkshop@yahoo.com](mailto:jworkshop@yahoo.com). Topic: Shabbat – The Friday Night Experience. Register at [www.lss.org/beginners](http://www.lss.org/beginners)
- **7:00pm: Chug Ivrit Chadashot (News from Israel) with Gali Rabin:** This week's class will be held on Zoom. Meeting ID: 835 3789 4515 Passcode: 701985.
- **7:00pm: Exploring Daat Tevunot with Lloyd Epstein Torah Mitzion Kollel Fellow Yehonatan Kahana.** Location: Belfer Beit Midrash

### Tuesday, February 7th

- **11:00am-12:00pm: The Marilyn & Sam Isler, "Studies in the Weekly Parsha" led by Assistant Rabbi Yoni Zolty this week:** Location: Nathaniel Richman Cohen Sanctuary.
- **6:30pm-8:00pm: Introduction to Bible: The 10 Commandments with Rabbi Ephraim Buchwald:** An in-depth study and analysis of the Decalogue (the Ten Commandments) and other basic biblical texts. Co-sponsored by NJOP. Register at [www.lss.org/beginners](http://www.lss.org/beginners) or contact Jessica at [jessica@njop.org](mailto:jessica@njop.org) or 646-871-0012.
- **7:00pm-9:00pm: Weekly Beit Midrash Night:** Location Beit Midrash. Dinner included. Sponsorships welcome.
  1. **7:00pm:** Fundamentals of the Parsha with Rabbinical Associate Efraim Tepler.
  2. **7:00pm** Fundamentals of Avodat Hashem through the lens of Chazal with Community Intern Tzophia Stepansky.
  3. **\*CANCELED\* 8:10pm** The Kaddish Class with Rabbi Shaul Robinson.
  4. **8:10pm** Ezra- Nechemia: with Kollel Fellow Yehonatan Kahana.
  5. **8:10pm** Jewish Sages Throughout the Ages with Kollel Fellow Yechiel Rozenberg.
- **8:00pm: The M'lachim (Kings) Study Group led by Ron Platzer:** If you are interested in joining, please contact Ronald Platzer at [RPlatzer@citytech.cuny.edu](mailto:RPlatzer@citytech.cuny.edu)

### Wednesday, February 8th

- **\*CANCELED\* 11:00am: Shmuel Aleph (1 Samuel) led by Assistant Rabbi Yoni Zolty:** Location: Shele Danishefsky Covlin Foyer.
- **Shakespeare and the Bible : 12:30pm.** Led by Dr. Shaina Trapedo. Topic: "Words, words, words": Hamlet and the Hebrew Bible. Location: Shele Danishefsky Covlin Foyer. Register at [www.lss.org/form/shakespeare-and-the-bible](http://www.lss.org/form/shakespeare-and-the-bible)  
*Sponsored this week by Nitza and Micah Bloomfield in loving memory of Mica's father Morton Bloomfield z"l, Medieval scholar.*

### Thursday, February 9th

- **11:00am-12:00pm: Women's Talk Time: led by School Psychologist Ruth Moser Riemer.** Meeting ID: 972 4054 8238 Passcode: 142533
- **7:00pm: Jacob Adler Parsha Class: Explorations in the Weekly Parsha Led by Daniel Gottesman this week.** Location: Belfer Beit Midrash.



In case of a bereavement, please call our Clergy at 646-543-7485 (day or night)

If you would like to receive the Shabbat Echod by e-mail, sign up at [www.lss.org](http://www.lss.org)

### LINCOLN SQUARE SYNAGOGUE OFFICERS

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## DVAR TORAH PARSHAT BESHALACH

2/04/23

Written by: Jesse Cogan

### The Sword of the Jewish People

Why did Moshe ask Pharaoh for only three days? Why not five? A week? Or the truth—forever? Pharaoh threw them out—Moshe could have asked for anything. This week's *sedra* makes it clear. Chazal say, *"Afilu cherev chada munachat al tzavoro al tityaesh min harachamim."* Even if a sharp sword rests upon your neck, do not despair. Hashem's mercy will save you." People at the brink of death have been saved through bitachon. Emunah and bitachon are like a sharp sword, a powerful weapon. The Jews had to sit on the edge of the Red Sea, with Pharaoh and his army in hot pursuit, to learn this lesson.

*"Hut bitachon!"* Moshe did and the water split. A little bit of bitachon (Moshe's, Nachshon's or Shevet Yehuda's) goes a long way.

He smashed them, says the *Shira*. He made the Egyptians sink. It was all about how He saved them.

### Gashmius

He made sure that the Israelites' feet didn't get muddy, not making their wives scream. Even the Israelites' ownership of G-d, saying *"Zeh Keilee Vi'anvehu,"* is the most gashmiusdic halachah—one that says you should use a silver cup for kiddush but not a Dixie cup and not use just candles but a silver candelabra.

### Gashmius

Why scold Moshe? Why didn't the Israelites (not yet called the Children of Israel) run back to Egypt when they got to the other side? They should have run back by themselves.

A little bit of *ruchnius* must have slipped in. The Jewish balance between the spiritual and the physical began. It would get better but would never be perfect. *"Al Tityaesh"* the Jews had to be told. *"Is this how you pay back God? You're stupid!"* says Moshe in his goodbye message to Bnei Yisrael. *"He is the creator."*

The Israelites didn't sing about how He did 10 miracles in a row. They didn't even mention His taking them out of slavery. That their water did not turn to blood and that the frogs behaved. That they were able to see in *choshech* while the Egyptians were blind. That none of their first born were killed.

*"Sus Virochvo Rama BaYam,"* they sang. They won! They beat their enslavers! *"He is Hashem—Warrior is his name."*

### Gashmius

They never used the word *"nes"* but rather *"pele"* like a cellular phone in Israel.

No, they didn't run back. The real goal was *Aseret Hadibrot* and to get back the land of their forefathers. Yam Suph just got in the way.

*"Al tityaesh"* is the message of The Song. *"Have bitachon."* Hashem will take care of the rest. Memory

### Glossary

*Sedra:* Portion of the week

*Chazal:* Scholars of Blessed Memory

*Bitachon:* Faith

*Emunah:* Belief

*Hut Bitachon:* Have Faith

*Choshech:* Darkness

*Sus Virochvo Rama BaYam:* The horse and its rider He drowned in the sea

*Shira:* The Song (of the sea")

*Zeh Keilee Vi'anvehu:* This is my G-d and I will enshrine him

*Gashmius:* Physicality

*Ruchnius:* Spirituality

*Nes:* Miracle

*Pele:* Wonder

*Aseret Hadibrot:* The Ten Commandments

*Yam Suph:* Sea of Reeds

*Al tityaesh:* Don't despair

\*Originally printed in the Echod on January 18-19, 2019

## DVAR TORAH

The next Shabbatot available to write are:  
Yitro 2/11, Mishpatim 2/18, and Zachor/Tetzaveh 3/4.

Dvar Torah writing is open to all LSS members. Guidelines will be provided on request. For more info, call Ricky in the LSS office, or see Bill Greenbaum in shul, or email him at [dvar@lss.org](mailto:dvar@lss.org).

Enjoy reading the weekly Dvar Torah  
-in print, in the Shele Danishefsky Covlin Foyer, or  
-on [lss.org](http://lss.org) under the Echod tab, or  
- in the Electronic Echod from [info@lss.org](mailto:info@lss.org) (available to print at home).