

SHABBAT SCHEDULE

Friday night:

6:53pm Earliest Candle Lighting

7:05pm Mincha/Kabbalat Shabbat

Davening led by Chazzan Yanky Lemmer

Location: Nathaniel Richman Cohen Sanctuary.

8:09pm Latest Candle Lighting

8:26pm Sunset: Latest time to daven Mincha

8:57pm Repeat Shema

Shabbat:

7:45am Hashkama Minyan; Location: Belfer Beit Midrash. Hashkama Kiddush to follow; Shiur by Dr. Moshe Sokolow on the third floor.

9:00am Chazzan Sherwood Goffin Memorial Minyan; Davening led by Chazzan Yanky Lemmer. Drasha before Musaf by Rabbi Robinson. Location: Nathaniel Richman Cohen Sanctuary. Main Kiddush to follow in the Ballroom.

9:08am Latest Shema

9:30am Beginners Service led by Dr. Leonard Davidman this week; Location: 3rd Floor. Beginners Kiddush to follow.

9:45am Rabbi Herschel Cohen Memorial Minyan Location: Belfer Beit Midrash.

10:00am Youth Groups;

Location: Second Floor Classrooms.

11:00am Babies & Me;

Location: Room 201.

6:10pm Beginners Mishna Chavura with Moshe Sheinwexler; Location: Belfer Beit Midrash.

6:55pm Louis and Rhoda Lazar Memorial Shiur by Assistant Rabbi Yoni Zolty in the Nathaniel Richman Cohen Sanctuary. Topic: Between Facts and Narrative: What Really Happened?

7:55pm Mincha; Location: Nathaniel Richman Cohen Sanctuary. Followed by Seudah Shlishit in the Ballroom.

Hebrew only shiur with Lloyd Epstein Torah Mitzion Kollel Fellows. Led by Yechiel Rozenberg in the Nathaniel Richman Cohen Sanctuary. שיעור שבועי בעברית אחר מנחה בשבת עם חברי כולל תורה מציון!

8:27pm Sunset: Latest time to daven Mincha.

9:10pm Ma'ariv/Shabbat Ends

THIS SUNDAY, JUNE 11

Peace of Mind: We are privileged to be welcoming a unit of recently released IDF combat soldiers to our community for a week from this coming Sunday 6/11 - Sunday 6/18. The IDF veterans will be engaging in group therapy sessions from early in the morning. In the evenings, the soldiers will enjoy sightseeing and free time in the city at night. Ways to get involved:

1. Saturday June 17th: Be a sponsor for our Shabbat kiddush with the soldiers. Sponsor at www.lss.org/form/WelcomeIDF
2. Donate to this wonderful program: www.tinyurl.com/givePOM

Farewell to our Kollel fellows Yechiel Rozenberg and Yehonatan Kahana: 6:30pm:

Don't miss the chance to say thank you and farewell to our wonderful Lloyd Epstein TMZ Kollel Fellows. Join us as we honor Yehonatan and Yechiel and let them know how much we appreciate everything they have done for the Lincoln Square Synagogue community this past year. \$35 per person. Admission for ages 18 and under is free. Register at <https://www.lss.org/form/Farewell2023>

Special thank you to our dinners sponsors:

Talmid Chacham: **The Epstein Family**

Rabbi: **Fei Lu Fang and Roger Wu**

Avrech: **Barbara Klein**

NEXT SHABBAT: GRADUATION KIDDUSH AND A WELCOME KIDDUSH FOR OUR IDF VETERANS

Shabbat, June 17th: Join LSS for a beautiful Shabbat Kiddush in honor of our graduates and as a warm welcome to our IDF Veterans!

To submit a graduate's name for the Mazal Tov section of the Echod or to be a Graduation Kiddush sponsor visit:
www.lss.org/form/graduation-kiddush-2023



To sponsor in honor of our IDF Veterans visit:
www.lss.org/form/WelcomeIDF



MAZAL TOV

Grandparents Ann and Rudy Lowy on the birth of a girl, Esther Chana, born to their children Lea and Ephraim Lowy. Mazel tov also to siblings Zahava, Yitzchok, Pinny, Meir, Yehuda, and Shlomo.

HAKARAT HATOV

Our 58th Annual Dinner was a beautiful celebration of our honorees and displayed the strength of our community. If you would like to get involved and volunteer at LSS please email tamar@lss.org

To **Robyn & Alan Samuels, Marina & Mike Roxland and Howard Zeisel.**

To our journal committee: **Rabbi Robinson, Morey Wildes, Assaf Alster, Lenny Davidman, Bernie Kabak, Michael Laufer, and Yitzy Rubin.** To our dinner committee: **Adina & Marc Dolfman, Tamar Fix and Bernie Kabak**

To the wonderful vendors who helped make the Annual Dinner such a special event for our community; **Petak's Catering, Teaneck Flowers & Gifts, Real to Reel Productions, and BaRock Entertainment.**

* If you haven't yet checked out our **dinner journal** please visit www.tinyurl.com/Din2023

* To peruse our **annual dinner pictures** visit www.lss.org/photo_gallery.php

* **Lastly, our dinner campaign is still open!** To pay a pledge made or to donate to this important annual fundraiser please visit www.lss.org/campaign/lss-annual-dinner-2023.html

THANK YOU TO OUR KIDDUSH SPONSORS

Hashkama:

Michael and Katie Stenbring in commemoration of the yahrtzeit of Michael's grandmother, Sukie Nadler a"h.

Main Kiddush:

Andy Siegal in commemoration of the yahrtzeit of his father Aaron ben Yisrael z"l who was a very special individual who always tried to help others and make it a better world. "I thank my dad for all the good things that he has taught me. May his neshama have many aliyahs in shaymayim, especially on his yahrzeit, as he sends down baruchas to his mishpacha. With much love and admiration, His Son, Andy Siegel"

Beginners:

Abe De Ramos in honor of Yehonatan Kahana, who has enriched the Beginners learning experience with the time and wisdom he has so generously shared.

WELCOME NEW MEMBERS

Dr. Jerrold and Ilene Feit
Dr. Fred and Ellen Meyer

UPCOMING EVENTS

Wednesday, June 14th:

- **Women's Tefillah Group Chodesh Tammuz Shiur: 7:30pm:**
Topic: Avigayil: Perfect Woman, Wife, and Prophet with Rabbanit Mindy Schwartz Zolty. Meeting ID: 830 8411 9685
Passcode: VJ71kW1D
- **Membership Meeting: 8:30pm:**
Meeting ID: 854 7706 0271 Passcode: 241467

Next Shabbat, June 17: Graduation Kiddush and Welcome to Our IDF Veterans: See page 1 for special kiddush opportunities

***Offsite* Tuesday, June 20th: Tribute to the King of Cantors: 7:30pm:**
A tribute to the 90th yahrtzeit of the renowned cantor, Yosef Rosenblatt. Featuring Lincoln Square Synagogue's very own chazzan, Yanky Lemmer. Location: Merkin Hall Kaufman Music Center, NYC. Register at www.CantorsWorld.com.

Shabbat, June 24th:

- **American Jews and Israelis: Can we talk? 4:00pm:** Gali Rabin is the current UWS schlicha (Israel emissary from the Jewish Agency for Israel). For the past year, she has worked with UWS synagogues across all denominations and with various Jewish schools and organizations. Drawing upon her experience and unique vantage point, Gali will address two important questions: What do American Jews need to understand about Israelis? What do Israelis need to understand about American Jews? Refreshments will be served. Location: Spira Family Terrace (weather permitting)
- **Young Professional Women's Seudah Shlishit: 6:30pm:**
Hosted at the home of Young Professional member Hadassah. Email Rabbanit Mindy at rabbanit@lss.org for address.

***Offsite* Sunday, August 20th: 5K Cancer Schlep: 9:00am:** Join the run with American Friends of Rabin Medical Center to honor and remember loved ones with breast, ovarian, and prostate cancer. Location: 636 Broadway, Suite 618, New York, NY 10012.
Visit events.elitefeats.com/23schlep to register, volunteer, or donate.

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EVENTS
COMMITTEES
INSPIRING
SYNAGOGUE
SMACHOT
GROWTH
ECHOD
PRAYER
VIBRANT
KIDDUSH
VOLUNTEER
FUN
FAMILY
SPIRITUALITY
FRIENDS
HERRING
SANCTUARY

WEEKLY LEARNING OPPORTUNITIES

Daily

Daf Yomi: Sunday at 7:30am Monday & Thursday at 6:10am and Tuesday, Wednesday, & Friday at 6:20am: Location: Belfer Beit Midrash and virtual. Schedule: Sunday, Monday, and Wednesday–virtual. Tuesday, Thursday, and Friday– in person and virtual. Dial instructions:
Step 1: dial in #: 646-558-8656. Step 2: dial in code 83765052291. Step 3: password # 1948 Wednesday's: conference call only. dial in instructions:
Step 1: dial in #: 267-807-9601. Step 2: code #: 3113299601.

Sunday, June 11th

- **9:15am-10:15am: Sh'eilot and Teshuvot by Assistant Rabbi Yoni Zolty.** Location: Belfer Beit Midrash.

Monday, June 12th

- **7:00pm: Exploring Daat Tevunot with Lloyd Epstein Torah Mitzion Kollel Fellow Yehonatan Kahana.** Location: Belfer Beit Midrash
- **7:00pm: Chug Ivrit Chadashot (News from Israel) with Gali Rabin:** The class is taught almost exclusively in Ivrit. This week's class will be held on Zoom. Meeting ID: 835 3789 4515 Passcode: 701985.

Tuesday, June 13th

- **11:00am-12:00pm: The Marilyn & Sam Isler, "Studies in the Weekly Parsha" led by Rabbi Shaul Robinson:** Location: Nathaniel Richman Cohen Sanctuary.
- **7:10pm: Weekly Beit Midrash Night:** Location Beit Midrash. Featuring Chaburas from LSS Clergy and Kollel Fellows! Dinner Included. Sponsorships welcome.
 - **7:10pm: Ezra-Nechemia with Kollel Fellow, Yehonatan Kahana**
 - **7:10pm: Jewish Sages Throughout the ages with Kollel Fellow, Yechiel Rozenberg**
- **8:00pm: The M'lachim (Kings) Study Group led by Ron Platzer:** If you are interested in joining, please contact Ronald Platzer at RPlatzer@citytech.cuny.edu

Thursday, June 15th

- *** CANCELED* 11:00am-12:00pm:**
Women's Talk Time: led by School Psychologist Ruth Moser Riemer. Meeting ID: 972 4054 8238 Passcode: 142533
- **7:00pm: Jacob Adler Parsha Class:** Explorations in the Weekly Parsha Led by Rabbi Robinson. Location: Belfer Beit Midrash

WEEKDAY MINYAN

Shacharit:

Sunday, June 11th @ 7:10am & 8:30am
Monday, June 12th @ 7:00am & 7:50am
Tuesday & Wednesday, June 13th-14th @ 7:10am & 7:50am
Thursday, June 15th @ 7:00am & 7:50am
Friday June 16th @ 7:10am & 7:50am

Mincha/Maariv:

Sunday & Monday, June 11th & 12th @ 8:15pm
Tuesday-Thursday, June 13th-15th @ 8:20pm

In case of a bereavement, please call our Clergy at 646-543-7485 (day or night)

If you would like to receive the Shabbat Echod by e-mail, sign up at www.lss.org

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DVAR TORAH PARSHAT BEHA'ALOTCHA

By: Jesse Cogan

Please Release Me, Let Me Go

There's something magical about a candle flickering its flame, maintaining its posture until the wind comes along, yearning to escape and fly home, but held down by its wick until it loses its strength and disappears.

Yet a candle (*ner*), in all its glory, is nothing but a tool. It creates light and then retreats. It can help find all ten pieces of *chametz*, publicize a miracle, remember a loved one, welcome the Sabbath Queen or separate her from the rest of the week. Its singularity of purpose is remarkable, yet its temporal nature leaves you wanting.

Mitzvot, too, seem spiritual at first but then disappoint. The analogy recorded by King Solomon in *Mishlei* (*The Book of Proverbs*) uses just four words to tell the story.

Ner: Mitzvah - Torah: Ohr

Candle: Mitzvah - Torah: Light.

Like a candle, mitzvot can accomplish beautiful and wondrous things. They feed the needy, give money and love, keep the peace, and even when not understood, they bring you closer to G-d. Those, however, are not the reasons for their being. "*Ha'Olam Hazeh domeh laprozdor bifnei ha'olam haba*," it says in *Pirkei Avot*. This world is simply a *prozdor*, a corridor, a tunnel, with a single destination. Their reason for being is to get you somewhere else. Hoboken or *Olam Haba*.

As you travel through the *prozdor*, you pick up mitzvot along the way. You do them, finish them, revel a bit, and then stuff them into your *neshama*. That's what Shlomo HaMelech meant when he said, "*Ner Hashem Nishmas Odom*." God's *ner* (mitzvot) are what your soul is made of.

Oh, how they yearn to escape and go home to Hashem, as they cling to your body, the *mishkan* (dwelling place) of mitzvot. They flicker and fight, push, punch, yearning to return to Hashem. Some say that's the reason we sway when we daven.

As long as you hold on to your mitzvot, you get no rest. The turmoil inside causes havoc. You get no payback, bear *yisurim*-suffering, miseries, without any recognition from The Above of your accomplishment. You can be visiting an old, frail woman, help her shower, prepare her for bed, and get hit by a truck on the way home. *Bitachon*, trust in G-d, is what keeps you going. G-d will only hand you the miseries you can handle. G-d will see you through the *prozdor*. Keep on moving. Somehow G-d knows what He is doing.

The candles that Aharon HaCohen learns to light offer no more permanence than any other flame or mitzvah. If you touch them, you might get burned, but you won't have to bring a *korban chatas* (sin offering). They won't protect you from thirst or war, Amalek, or death. That's why Bnei Yisrael who left *Mitzraim* (Egypt) never made it to the

Holy Land. They complained too much. They found their *prozdor* too difficult to bear. With *bitachon*, they could have lived. Without it, they died.

You need not give meaning to mitzvot or understand why, despite your good deeds, life is such a challenge. Like your body, mitzvot are temporary; they haven't the power you think they do. Don't try and understand. If they weren't so temporary, we'd have a whole lot of that miracle oil that lasted just eight days.

The Abarbanel, financial advisor to Queen Isabel and the last of the Rishonim (or the first of the Achronim), publicly and scornfully belittled the Rambam, who lived two hundred years before him, because the Rambam gave meaning to mitzvot.

Kashrus has no health benefits, he said. Mitzvot don't have to make sense. Every day I see the King and Queen eat anything you can imagine, glatt treif, and trust me, they are not suffering.

Yet "*schar mitzvah behai alma leka*," there is no reward in this world for mitzvot. This famous principle, often acknowledged at times when suffering and doing a mitzvah coincide, comes not from the Abarbanel but from the Rambam. Giving meaning to mitzvot might change your understanding of them, but you still won't understand the mysteries of Hashem.

From doing mitzvot, your *neshama* will grow. "*Schar mitzvah, mitzvah*," says Ben Azzai. Like buy one, get one free, the only reward for a mitzvah is that you get to do another.

Mitvot are temporary. A *yahrzeit* lasts but a day; the tins and glasses are thrown away. You'd be hard pressed to find the remains of a *havdallah* candle in a *sheimos* box. There is no holiness to the candle. It's just a tool.

Do mitzvot for the future, not for today. You'll have too much *agmas nefesh* (heartache) if you have expectations. Hoard them, protect them, and watch your *neshama* grow.

Wait for the end of the tunnel, and then put your *neshama* on the table of The Holy One and ask, "How much can I get for my *neshama*?" Then cash in your mitzvot. Your *chelek* (portion) is your reward. And that's a reward that will last forever.

This Dvar Torah is dedicated to my brother, Hirsch, who gave me his kidney, had no expectations and tucked it away in his neshama for the end of his prozdor.

Email info@lss.org to submit a Dvar Torah for September/October.

Dvar Torah writing is open to all LSS members. Guidelines will be provided on request. For more info, call Ricky in the LSS office, or see Bill Greenbaum in shul, or email him at dvar@lss.org.

Enjoy reading the weekly Dvar Torah

-in print, in the Shele Danishefsky Covlin Foyer, or

-on lss.org under the Echod tab, or

- in the Electronic Echod from info@lss.org (available to print at home).

