

## SHABBAT SCHEDULE

4:46pm Shabbat Candle Lighting

### Friday Night

4:50pm Mincha/Kabbalat Shabbat in Nathaniel Richman Cohen Sanctuary. Services officiated and Dvar Torah given by **Rabbi Shaul Robinson**.  
Davening led by **Chazzan Yanky Lemmer**.

### Shabbat Morning

7:45am Hashkama Minyan in the Belfer Beit Midrash followed by a shiur on the third floor given by **Rabbi Moshe Sokolow**.  
9:00am Services in the Nathaniel Richman Cohen Sanctuary. Drasha given by **Rabbi Shaul Robinson**. Davening led by **Chazzan Yanky Lemmer**.  
9:15am Beginners Service led by **Rabbi Ephraim Buchwald** in Rm LL201  
9:39am Latest Shema  
9:45am Rabbi Herschel Cohen Memorial Minyan in the Belfer Beit Midrash  
10:00am Youth Groups for children ages 2-12  
11:00am "Baby & Me" (ages 0-24 months, Rm 208/210)

### Shabbat Afternoon

3:00pm Herb Weiss Bikur Cholim Society: Meets in the Shele Danishefsky Covlin Foyer to visit patients at Mount Sinai West. (New volunteers needed and welcome)  
3:20pm Beginners Mishna Chavura with **Moshe Sheinwexler** in the Belfer Beit Midrash  
3:50pm Samson Raphael Hirsch Bible Class with **Rabbi Ephraim Buchwald** in Rm 211  
3:50pm Louis & Rhoda Lazar Memorial Shabbat Pre-Mincha Shiur in the Nathaniel Richman Cohen Sanctuary given by **Rabbi Shaul Robinson** on "Highlights from Daf Yomi—Is Religious Coercion A Good Thing?"  
4:35pm Mincha/Seudah Shlishit.  
5:48pm Ma'ariv/Shabbat Ends

## HAKARAT HATOV

**Judy Sokolow** for writing this week's Dvar Torah.

**Lenore Richter** expresses appreciation to LSS members and friends who visited her shiva for her brother Mark (Menachem) Wolfson, and to those who supplied shiva meals.

## MAIN KIDDUSH

Upcoming Main Kiddush Sponsorship Availability:

February 1  
February 15  
February 22

To sponsor, please visit [www.lss.org/requestkiddush](http://www.lss.org/requestkiddush) or contact Julie Rosenthal at 212-874-6100 ext. 105 or [julie@lss.org](mailto:julie@lss.org).

## ROSH CHODESH

The molad for Rosh Chodesh Shevat was this Shabbat morning at 46 minutes and 9 chalakim after 8 Am. Rosh Chodesh Shevat will be on Monday.

## THANK YOU TO OUR SPONSORS

**Hashkama Kiddush:** Alla Fizitskaya in memory of Dana Hudes z"l.

**Main Kiddush:** Sponsored by **Ilana & Bernard Kabak, Judy Rappaport**, and **Harriet Reznick** in honor of the LSS community.

### Rabbi Herschel Cohen Memorial Minyan:

**Veronica Roth** in commemoration of the yahrtzeit of her father, Melvin Zachary Roth, Moshe Zalman ben Yehuda Leib z"l.

**Beginners Kiddush:** **Sarah Leah Vynereb** in loving memory of her father Benjamin Friedman, Baruch Kalman ben Yisrael Lieb z"l, on the 28th of Teves, and a very Happy Birthday to Rabbi Ephraim Buchwald.

**Deena-Kristi Hays and Ira Weinstock** in honor of Ira's mother, Evelyn Weinstock's birthday which would have been January 20th.

**Seudah Shlishit:** **Sara Berman** in commemoration of the yahrtzeit of her mother, Daisy a"h.

## MAZAL TOV

Grandparents **Rocky and Freddy Kohn** on the birth of a baby girl to their children Esti and Nochi Kohn.

**Edna and Bill Caplow** on the marriage of their son Daniel to Lauren Klein, daughter of Dori & Ron Klein of Boca Raton, Florida.

Great grandmother **Linda Rogers** on the birth of a baby boy to her grandchildren Rebecca and Brandon Ehrlich. Mazal tov to grandparents Susan and Martin Ehrlich.

## SECURITY UPDATE

Community Security Service (CSS), a not-for-profit organization is now in many synagogues in the tri-state area. The team participates in ongoing training each year and collaborates closely with the NYPD, CSS and security teams at other synagogues. CSS will be providing the following courses so now is the time to join the LSS Security Team:

January 2020 – Active Shooter Training

February 2020 - L2, Advanced training

February 2020 – ROAM, advanced training course for "YP"

Qualifications – You'll need to be a member of LSS, be fit and able to stand guard outside of the Synagogue and complete the L1 Basic Training. To apply please email [security@lss.org](mailto:security@lss.org) quoting: Each course of interest, Name (first, last), Contact number (cell phone) and any Affiliations to Jewish Organizations

**HOSPITALITY NEEDS:** Please host our Rabbinic Intern and Community Educator for Shabbat meals and /or lodging.

**LSS Community Intern, Mindy Schwartz Zolty** and her husband Yoni are in need of lunch on February 1 and meals on February 7-8.

**LSS Rabbinic Intern, Tzvi Benoff** is in need of meals and lodging on February 14-15.

Weekly Prayer Schedule:	January 26-31					
Day	Sunday:	Monday: Rosh Chodesh Shevat	Tuesday:	Wednesday:	Thursday:	Friday:
Daf Yomi	7:45am	6:15am	6:20am	6:20am	6:15am	6:20am
Shacharit	7:10am, 8:30am	7:00am, 7:40am	7:10am, 7:50am	7:10am, 7:50am	7:00am, 7:50am	7:10am, 7:50am
Candle Lighting						4:54pm
Mincha/Ma'ariv	4:55pm	4:55pm	5:00pm	5:00pm	5:00pm	5:00pm

## UPCOMING EVENTS

**Tuesday, January 28: Meeting of the Board of Trustees and Governors: 7:00pm** Location: Ballroom

**Thursday, January 30: Membership Meeting: 8:00pm**  
Location: Ballroom

### Shabbat, February 1: Beginners Luncheon

The cost is only \$25 per person. Register and pay online at [www.lss.org/beginners](http://www.lss.org/beginners) or call 212-874-6100. Please make your reservations and payment by Thursday, January 30th. Special meal requests must be submitted no later than Tuesday, January 28th.

**Sunday, February 2: LSS Presents A Mother Daughter Lunch and Learn: 12:00pm** Join our Community Intern, Mindy Schwartz Zolty, for this four part mini series. We invite you to connect with your daughters through Torah study, a delicious lunch, and through the empowerment of coming together with other Jewish women. To register, please visit [www.lss.org/event/miniseries](http://www.lss.org/event/miniseries). *Lunch generously sponsored by Sara & Brad Nash in honor of her daughters, Gaby and Elana Nash, and in memory of their great grandmothers, Gertrude Silverman, Charlotte Siris, Chickie Witten, and Lillie Nash.* We are looking for sponsors for the last two classes. If you are interested in sponsoring the lunch portion, please email [info@lss.org](mailto:info@lss.org). Thank you and we look forward to learning together!

### Shabbat, February 8: Women's Tefillah Group Presents: Tu B'Shvat Oneg: 3:45pm

WTG will be highlighting elements of the Kabbalistic Tu B'Shvat seder and its corresponding fruits. A representative of JNF will also join us to celebrate the New Year of Trees. So girls and woman have your Tu B'Shvat fruit dessert with us!

**Motzei Shabbat, February 8: Meet the Real Fauda Soldiers: 8:00pm** the Netflix series Fauda took America by storm as it depicted the operations of the special forces IDF Duvdevan unit, These soldiers specialize in anti-terrorist warfare, well behind enemy lines and are generally under cover. In this special program, you will meet two graduates of the Duvdevan unit. Please note, They are not FAUDA actors, rather real, former Duvdevan IDF Officers who will give first-hand accounts of the work of this elite unit. The Duvdevan Foundation supports bereaved family members who have lost a loved one in active combat, helps sustain soldiers on active duty and enables Duvdevan veterans to transition back to civilian life. Advance registration: \$50 (LSS members), \$60 (non-members). At the door (if still available, \$80). To register, please visit [www.lss.org/event/therealfauda](http://www.lss.org/event/therealfauda).

**Sunday, February 9: Mental Health First Aid Training: 10:00am**  
Presented by Lincoln Square Synagogue, Congregation Ohab Zedek, The Spanish & Portuguese Synagogue, and West Side Institutional. MHFAT provides proven practices that will help you recognize the early signs and symptoms of mental illness and substance misuse. Certificate of completion will be presented to participants. This training will be a mixture of lecture style and breakout sessions facilitated by a mental health professional. Lunch will be provided. To register, please visit [www.lss.org/event/mentalhealth](http://www.lss.org/event/mentalhealth).

### Tuesday, February 25: Wake Up Your Soul: 7:00pm

LSS is proud to host the main US book launching event of Rabbi Dov Singer's "Prepare My Prayer: Recipes to Awaken the Soul", Maggid Books' new English language translation of his best seller "Tikon Tefillati". Join us to welcome the joyous month of Adar for a musical/spiritual voyage with this Modern Orthodox Hassidic master. Refreshments will be served.

## LSS BAT MITZVAH PROJECT

Women if you've never had a Bat Mitzvah or haven't read from the Torah sign up now at [LSSbatmitzvah@gmail.com](mailto:LSSbatmitzvah@gmail.com). Read only 3-4 sentences and we help you do it with recordings and mentors. Assignments given early February allowing for lots of prep time for the Shabbat May 9th reading.

## WEEKLY LEARNING OPPORTUNITIES

### Sunday:

- **\*(Cancelled this week) Sunday Morning Responsa** with Rabbi Josh Rosenfeld; Takes place after the 2nd Minyan. Location: Belfer Beit Midrash.

### Monday:

- **Chug Ivrit led by Harel Fenigstein** 7:00pm-8:15pm. In this class, we read articles from the Israeli press, watch videos of news stories, documentaries and comedy clips, listen to (and sing along!) to Israeli songs and chat in Ivrit. This year, we will have a special focus on Israeli poetry. Location: Rm 206/207
- **What a Jew Believes: Practicing Faith in a Skeptical World led by Rabbi Shaul Robinson.** 1:00pm-2:00pm Topic: The Jewish people—Chosen, but why? And For What?

### Tuesday:

- **The Marilyn & Sam Isler, "Studies in the weekly Parsha"** led by Rabbi Shaul Robinson: 10:30am– 11:30am. Location: Rm LL201
- **Beit Midrash night, The M'lachim (Kings) Study Group** led by Ron Platzer: 7:30pm-8:30pm. Location: Rm 211

### Wednesday:

- **Beit Midrash night: The Subversive Religious Poetry of Yehuda Amichai** given by Sara Brzowsky: 7:00pm-8:00pm Location: Rm 207
- **What a Jew Believes: Practicing Faith in a Skeptical World led by Rabbi Shaul Robinson.** 7:00pm-8:00pm Topic: The Jewish people—Chosen, but why? And For What? Location: Belfer Beit Midrash

### Thursday:

- **Women's Talk Time:** led by School Psychologist Ruth Moser Riemer: 11:30am-12:30pm. Last Week's Topic: Should I Return to That Doctor? Location: Rm LL201.
- **The Jacob Adler Parsha Class** Explorations in the Weekly Parsha led by Rabbi Shaul Robinson: 7:00pm-8:00pm. Location: Belfer Beit Midrash

**Join Rabbi Shaul Robinson as he offers this exciting new mini series for beginners, intermediate, and advanced alike!**  
**What a Jew Believes: Practicing Faith in a Skeptical World**

02/03 @1:00pm & 02/05 @ 7:00pm

**Prayer - Does G-d listen? And why is shul always the same?**

02/10 @ 1:00pm & 02/12 @ 7:00pm

**Torah From Heaven? Did G-d really speak and does He ever change His mind?**

03/02 @ 1:00pm & 03/04 @ 7:00pm

**The Money in My Pocket - Who does it belong to and what should I do with it?**

### Save the Date:

**Monday, February 3: Deep Calling Unto Deep: A Journey into Tehillim led by Rabbi Josh Rosenfeld: 7:45pm-8:45pm**

A five part series on the history, thought, and usage of Psalms in Jewish tradition through explanation and in depth study of individual chapters. Location: Belfer Beit Midrash

**Tuesday, February 11: Introduction to Bible: The 10 Commandments with Rabbi Ephraim Buchwald: 6:30pm-8:00pm**

An in-depth study and analysis of the Decalogue (the Ten Commandments) and other basic biblical texts. The religious significance of the Bible, scriptural exegesis and the relationship of the written and oral law will be discussed and analyzed. To register, please call 212-874-6100 or register online at [www.lss.org/beginners](http://www.lss.org/beginners). Cost: \$90, Free to LSS Members. No one will be turned away for lack of funds.

**Monday, February 24: Hebrew Reading Crash Course Levels I and II: 6:30pm** These 5 classes last 1 1/2 hours, and are free and open to all. To register, please visit [www.lss.org/beginners](http://www.lss.org/beginners).

## DVAR TORAH

Parshat Vaera/Shabbat Mevarchim January 24-25  
By: Judy Sokolow

### Redemption

Our sidrah begins with God's assurance that he will take the Israelites out of Egypt, in an event commonly known as the Exodus. But is the sole purpose of the verses before us simply to describe what happened back then? True, we are no longer slaves in Egypt, but might we ourselves or others whom we care about be "enslaved" to a bad habit, an overly stressful work situation, or an unhappy personal relationship? Or might our community and even our nation be imperiled?

The Passover Haggadah states that had God not taken our ancestors out of Egypt, we would still be enslaved there along with our children and our children's children. Reason dictates against taking this statement literally. We could chalk it up to hyperbole, but perhaps, what the authors had in mind is that we view the Exodus story not merely as a singular event in history but as a paradigm for dealing with affliction as it enters our lives.

Our text offers advice about redemption. Is it our job to save the world? The text states (6:6) that God came to save the Jewish people because of the promise He had made to their ancestors. No, we cannot save the world, but, following in God's footsteps, we do have the responsibility to help those close to us when misfortune strikes.

Can anyone become a redeemer? We know that when God turned to Moses to lead the Jewish people out of Egypt, Moses demurred, claiming that a speech impediment rendered him unfit (v. 12). Exegetes disagree over whether his challenge was physical or that he lacked self-esteem.\* God gave him encouragement by standing by him and also by designating Aaron as his associate (v. 14). The takeaway might be that when we find ourselves or someone else in trouble, to strive to rise to the occasion and join forces with others as needed.

Is there a particular process to follow? Our text describes God as taking four actions with the promise of a fifth, which have come to be known as the four (or five) expressions of redemption: ve-hotzeiti, ve-hitzalti, ve-ga'alti, ve-lakachti (and ve-heiveiti) (vs. 6-8). Although different translations nuance them differently, God's plan entailed ending the slavery; ending Egypt's rule over the Israelites; showing His strength, perhaps an allusion to crushing the Egyptians at the Red Sea so that the Jews would no longer live in fear of their vengeance; taking the Jews to Him as a nation, presumably by giving them the Torah; and fulfilling his promise to bring them to the land of Israel. In general terms, the process required ending the abuse in conjunction with destroying the power of the abuser and removing the victim from the negative environment, demonstrating the power of the savior, creating a strong bond between the victim and the savior, introducing the victim to more beneficial behaviors, and relocating the victim to a more hospitable setting. Back to the Bible, as prolonged negotiations did not lead the abuser to back down, God employed increasingly strong "sanctions," including warfare as a last resort. Are there not lessons to ponder in all this about handling personal, communal, and national distress?

In biblical times, God's actions were overt as He was nation-building and establishing Himself as the savior of the Jewish people. In our day, when God rarely makes the headlines, our redemption lies not only in relying on our leaders and on ourselves but in garnering strength from our relationship with Him to help us remain optimistic and confident as we face our challenges.

*\*For more on Moses's impediments, see Studies in the Weekly Parashah Based on the lessons of Nehama Leibowitz by Moshe Sokolow*

*Shabbat Shalom*

We are currently looking for writers for:

Parshat Tazria-Metzora (4/25)

Parshat Emor (5/9)

Parshat Behar-Bechukotai (5/16)

Email [dvar@lss.org](mailto:dvar@lss.org) or see Bill Greenbaum in shul.

## YOUTH AND MAGEN AVRAHAM TEEN DEPARTMENT



זרעים Seedlings (2 years old) Room 210  
שורשים Roots (3-4 years old) Room 211  
ניצנים Buds (K-1st) Room 208  
פרחים Flowers (2nd-7th) Room 206  
ענפים Branches (2nd-7th) Room 207

### Schedule:

10:00 am Drop-Off (Rooms 208/210, 211)  
11:00 am Davening, Circle Time and Baby & Me (208-210)  
11:10 am Recreation, Games, and Rehydration  
11:30 am Parsha & Candy: The Plagues Begin  
11:45 am Groups End

### Dvar Torah:

At the start of this week's Parsha we find ourselves back in Egypt, ready to learn the Pesach story. HaShem tells Moshe and Aharon to repeatedly go to Pharaoh and demand he let the Jewish people go free. Aharon first demonstrates HaShem's power to the Egyptians by turning his staff into a snake. Aharon's snake then eats the staffs of the other Egyptian sorcerers.

As the story and miracles progress, HaShem brings the first seven (of ten total) plagues on Pharaoh and Egypt. He turns the water to blood, covers the land with frogs, infests the people first with lice, and then with wild animals, kills all the farm animals and livestock, sends painful boils, and rains a fiery, icy hail down all over Egypt. Still, the stubborn Pharaoh refuses to let the Jewish people go.

### After Shul Ask Your Children:

1. What happened to Aharon's staff?
2. How many plagues happen in this week's Parsha?
3. What are the first seven plagues?
4. Does Pharaoh let the Jewish people go at the end of the Parsha?

- Answers:
1. It turned into a snake and ate the Egyptian magicians' staffs
  2. Seven
  3. Blood, frogs, lice, wild animals, death of the livestock, boils, fiery hail
  4. No. Pharaoh's heart is hardened

### Upcoming Events:

To sponsor an event please email [youth@lss.org](mailto:youth@lss.org)

**Sunday, January 26: Teen Minyan Bagels & Schmear: 9:45am**

**Motzei Shabbat, February 8: Youth and Teen Musical Havdalah with Chazzan Lemmer** More information to follow.

**Shabbat, February 15: Youth Spot it Tournament: 10:30am**

Location: Room 206/207

**Shabbat, February 22: Parshat Mishpatim Teen Minyan: 10:00am**

If you'd like to lead any part of the Shabbat service (Kriyah Hatorah, Haftarah, Shacharit, Musaf) please speak directly to Mendel or email [youth@lss.org](mailto:youth@lss.org).

**Sunday, March 8: LSS Annual Youth Department Purim Carnival**

The Purim Carnival is the main fundraiser for the LSS Youth Department. We need your support for another incredible decade. To donate, please email [youth@lss.org](mailto:youth@lss.org).

**Sunday, March 29: Dorot Passover Package Delivery**

**(Volunteer Mission)** Save the date. More information to follow.



LINCOLN SQUARE SYNAGOGUE PRESENTS

## A Mother Daughter Lunch & Learn

Join our Community Intern, Mindy Schwartz Zolty, for this four part mini series. We invite you to connect with your daughters through Torah study, a delicious lunch, and through the empowerment of coming together with other Jewish women.



SUNDAY, FEBRUARY 2, 2020

12:00 PM - 1:30 PM

BELFER BEIT MIDRASH

SAVE THE DATES: 03/01 - 04/19 - 05/03  
REGISTER AT [WWW.LSS.ORG/EVENT/MINISERIES](http://WWW.LSS.ORG/EVENT/MINISERIES)



LUNCH GENEROUSLY SPONSORED BY SARA & BRAD NASH  
IN HONOR OF THEIR DAUGHTERS, GABY AND ELANA NASH,  
AND IN MEMORY OF THEIR GREAT-GRANDMOTHERS,  
GERTRUDE SILVERMAN, CHARLOTTE SIRIS, CHICKIE WITTEN, AND LILLIE NASH.

LSS YOUTH DEPARTMENT



Join us for a glow In The Dark

# Musical Havdalah

WITH CHAZZAN YANKY LEMMER

MOTZEI SHABBAT, FEBRUARY 8  
IMMEDIATELY FOLLOWING MA'ARIV  
BEGINNING AT 6:05 pm

In case of a bereavement, please call our  
Clergy at 646-543-7485 (day or night)

If you would like to receive the Shabbat  
Echod by e-mail, sign up at [www.lss.org](http://www.lss.org).

### LINCOLN SQUARE SYNAGOGUE OFFICERS

Alan Samuels, *President* ([president@lss.org](mailto:president@lss.org))

Jamie Nussbaum, Ian Silver, Morey Wildes, *Vice Presidents*

Michael Roxland, *Treasurer* Jay Ziffer, *Secretary*

Michael Doppelt, Tanya Gershon, Adam Herbst, Rande Price, Yitzzy Rubin, Paris Wald Stulbach

You may contact our officers by emailing [Officers@lss.org](mailto:Officers@lss.org)

## WOMEN'S TEFILLAH GROUP: TU B'SHVAT ONEG

SHABBAT, FEBRUARY 8

TIME: 3:45PM

BELFER BEIT MIDRASH

Women and Girls join us for an  
Oneg focused on Tu B'Shvat!

Highlighting elements of the  
Kabbalistic Tu B'Shvat seder  
and its corresponding fruits. A  
representative of JNF will also  
join us to celebrate the New  
Year of Trees.

Come enjoy Tu B'Shvat with us!



LINCOLN SQUARE SYNAGOGUE IS PROUD TO PRESENT:

# THE REAL FAUDA

THE NETFLIX SERIES FAUDA TOOK AMERICA BY  
STORM AS IT DEPICTED THE OPERATIONS OF  
THE SPECIAL FORCES IDF DUVDIVAN UNIT.  
THESE SOLDIERS SPECIALIZE IN  
ANTI-TERRORIST WARFARE, WELL BEHIND ENEMY  
LINES AND ARE GENERALLY UNDER COVER.

IN THIS SPECIAL PROGRAM, YOU WILL MEET  
TWO GRADUATES OF THE DUVDIVAN UNIT.  
PLEASE NOTE, THEY ARE NOT FAUDA ACTORS,  
BUT REAL, FORMER DUVDIVAN IDF OFFICERS  
WHO WILL GIVE FIRST-HAND ACCOUNTS  
OF THE WORK OF THIS ELITE UNIT.

THE DUVDIVAN FOUNDATION SUPPORTS  
BEREAVED FAMILY MEMBERS WHO HAVE LOST A  
LOVED ONE IN ACTIVE COMBAT, HELPS  
SUSTAIN SOLDIERS ON ACTIVE DUTY AND  
ENABLES DUVDIVAN VETERANS TO  
TRANSITION BACK TO CIVILIAN LIFE.

Motzei  
Shabbat,  
February 8th

@ 8:00 PM Light Refreshments will be served



REGISTER AT: [WWW.LSS.ORG/EVENT/THEREALFAUDA](http://WWW.LSS.ORG/EVENT/THEREALFAUDA)

180 Amsterdam Avenue www.lss.org (212) 874-6100



\$50 MEMBERS - \$60 NON-MEMBERS