

MINYAN INFORMATION

Lincoln Square Synagogue is happy to welcome you for prayer services. Here is how to secure a seat in shul, as we have a limited number during the pandemic - and what the rules of conduct are:

In advance:

- [1] LSS members must pre-register using the link in the electronic Echod.
- [2] You will then receive a confirmation email.
- [3] Non LSS members are invited, but cannot use the link; they must email Rabbi Robinson to register: rabbi@lss.org

Once in shul:

- [4] Observe social distancing
- [5] You must wear a face mask, covering your mouth and nose
- [6] No communal singing
- [7] Men must bring their own tallit on Shabbat
- [8] No seudah shlishit in shul; eat at home before Mincha
- [9] Read the complete Attendance Guide (see the complete Attendance Guidelines in the electronic version of Echod)

Shacharit:

Sunday, January 31 @ 8:30am
 Monday, February 1— Friday, February 5 @ 7:30am

Mincha/Maariv:

Sunday, January 31 @ 5:00pm
 Monday, February 1 — Thursday, February 4 @ 5:05pm

HAKARAT HATOV

Fred Ehrman for writing this week's Dvar Torah

ALL THINGS PURIM

LSS is thrilled to offer the opportunity to send Mishloach Manot to members of the shul. Through your participation, your friends and neighbors will receive a beautiful gift basket all while helping to support the shul in the process. Order yours today! \$10 per family (6 family minimum, \$60), \$370 (maximum cost)

To sign up, please visit: <https://www.lss.org/campaign/purim2021>

Deadline to order: February 19th, 11:59pm.

Purim Events:

Sunday, February 21: Youth Department Purim Chagigah: 1:00-2:30 pm

Spira Terrace (Outdoors) Celebrations may look different right now but that doesn't mean we can't celebrate Purim together! Join us on our Spira Family Terrace for some safe, socially distant fun! Aracdes, Purim crafts, and to go snacks! Disposable plastic gloves will be readily available to use at each station. Masks required. Sponsorships encouraged E: youth@lss.org Children (ages 3-13) : \$5 Adults: \$10 PP

To Sign up, please visit: <https://www.lss.org/event/purimsponsors2021>

BOOST YOUR BUSINESS

Boost Your Business for an entire month by placing an ad with LSS. Your ad will be featured in 2 locations! on our website homepage, and weekly emailed newsletter. <https://www.lss.org/boostyourbusiness>

THE LEA SEGRE TOMCHEI SHABBOS FUND

It shouldn't take a miracle to make Shabbos. In this time of increasing food insecurity, if you, or someone you know, needs Shabbos meals, please reach out to **The Lea Segre Tomchei Shabbos Fund** through the shul office. Contributions to the Fund are always welcome.

UPCOMING EVENT

SAVE A LIFE: Get free antibody testing with Mount Sinai and see if you qualify to donate plasma! **January 31, 2021 | 12:00 PM -4:00 PM** Chabad of the West Side 166 west 97th street New York NY 10025 Pre-register at: covid-serum.com/upper-west-side Sign-ups are highly encouraged; walk-ins welcome. Social distancing guidelines must be observed. Masks are required.

SHABBAT SCHEDULE

Friday Night:

Zoom Mincha/Kabbalat Shabbat: 4:15pm (link in electronic Echod)
 Shabbat Candle Lighting: 4:52pm
 Mincha followed by Kabbalat Shabbat at shul: 4:55pm Location: Ballroom
 Sunset (daven Mincha by): 5:10pm
 Repeat Shema: after 5:41pm

Shabbat:

Shabbat Morning Minyan at shul: 7:45am
 Location: Nathaniel Richman Cohen Sanctuary.
 Shabbat Morning Services at shul: 9:00am Location: Ballroom
 Beginners Service: 9:30am Location: Belfer Beit Midrash (pre-registration required)
 Latest Shema: 9:38am
 Terrace Minyan: 9:40am (weather permitting, if not it will be held in the Nathaniel Richman Cohen Sanctuary)
 Latest Shacharit: 10:28am
 Mincha at 4:50pm followed by a shiur **Sponsored by Golda Hudes in memory of Dana Hudes's z"l and Golda's late grandfather Menashe's z"l birthdays, both of whom were born on Shabbat, Parasha Beshalach.**
 Location: Nathaniel Richman Cohen Sanctuary.
 Sunset (daven Mincha by, and begin seudah shlishit by): 5:11pm
 Ma'ariv/Shabbat Ends: 5:54pm
 Zoom Havdalah: 6:30pm (link in electronic Echod)

ERUV ANNOUNCEMENT

The Hudson River boardwalk and pier are outside the Eruv, and carrying west of the West Side Highway is not permitted. For the full eruv map please visit www.lss.org/west-side-eruv.html. *Please note due to construction 9 & 10 Av between 20 & 22 St are not in the eruv until further notice*

KITCHEN 2 KITCHEN

This week, we continuing with Kitchen2Kitchen, a collaborative project by the Manhattan synagogues to promote our neighborhoods' kosher restaurants. Our kosher restaurants are an important part of the unique Manhattan Jewish experience, and these establishments (and their employees) have been significantly impacted by the COVID pandemic and the specific restrictions on dining. To foster restaurant (home delivery) patronage, each week, all participating shuls and schools throughout the city will highlight one restaurant in a coordinated effort to encourage community support, and to demonstrate to the proprietors and their employees that we value them in our community.

For this week (2/1-2/7) we are featuring **Kasbah Grill**. Since opening in Manhattan in 1985, Kasbah has been a mainstay of the Upper West Side, known for traditional American deli favorites as well as Middle Eastern specialties.

SPECIAL OFFER FROM Kasbah Grill

Order on line all week long and enjoy 10% off all orders over \$25.
 Or enter code "K2K" to receive a special bonus of FREE 4 piece sweet and sour chicken and fries (\$11.99 value) with all orders over \$25
 Remember Sunday February 7 is Super Bowl Sunday!
 Special Super Bowl offer: Free tray of spicy fries (\$30 value) when ordering any Super Bowl package (orders must be placed by Friday Feb 5).
 Order at: <https://eat.9fold.me/index.html#556>, and insert coupon code "K2K" to receive special.

SCHEDULING APPOINTMENTS FOR COVID-19 VACCINE

Columbia University students are offering assistance with scheduling appointments for the Covid-19 vaccine. They understand that for many individuals eligible for the vaccination, the use of technology required to register for an appointment can be daunting. By being paired with young, tech-savvy students, the registration process will become a lot easier. They are also offering to help take community members to their appointments. Please reach out if you are interested .

Please email: smb2321@columbia.edu

YOUTH AND MAGEN AVRAHAM TEEN DEPARTMENT

Dvar Torah:

Parshat Beshalach has a second name, Shabbat Shira, because in the parsha, the Jewish people sang Oz Yashir, a prayer we say every day in davening. The Jewish people had just escaped Egypt and traveled through the desert. A pillar of cloud led them during the day and a pillar of fire led them at night. When they approached a place called Bal Tefon, Pharaoh decided to chase after them and saddled 600 special chariots. When the Jewish people saw the Egyptian army behind them and the Red Sea in front of them, they were trapped and questioned Moshe: "Did you bring us out here to be killed?" Hashem told Moshe to stretch his hand out on the sea, and the sea split into two with dry land in-between. While the Jewish people crossed, the Egyptian army pursued. But as soon as the Jewish people reached the other side of the sea, the waters crashed down on the Egyptian army. In seeing this miracle, the Jewish people sang Oz Yashir; Miriam took a tambourine and led the women in singing.

The Jews continued to travel and arrived at a place called Marah. In Marah, they couldn't drink the bitter water so Hashem instructed Moshe to dip a certain tree into the water, which sweetened and purified the water. When the people became hungry, Hashem rained bread down. The people asked, "Maan Hu?" (What is this?), which is how this bread got the name Maan. The Maan had a magical property -- it tasted like whatever the person wanted it to. Each day, the people were allowed a single portion of Maan, except on Friday, Erev Shabbat, when they gathered a double portion. This is how we got the name Lechem Mishna for the two challahs or breads we bless at Shabbat meals, in remembrance of the double portion.

The parsha ends when the Jewish people are attacked by the Amalekites in a place called Rfidim. In response, Moshe appointed Yehoshua to take an army and fight them. Hashem told Moshe to remember this day and to remember what the Amalekites had done.

Questions:

1. What led the Jewish people in the desert?
2. What other name does the Parsha have?
3. Which part of every day davening appears in the parsha?
4. What instrument did Miriam play?
5. Why do we use two Challahs at each Shabbat meal?

Answers:

1. By day, a pillar of cloud; by night, a pillar of fire
2. Shabbat Shira
3. Oz Yashir
4. Tambourine
5. Because of the Lechem Mishna, the double portion of Maan bread that the Jewish people gathered on Fridays

YOUTH EVENTS

Tots on The Terrace: Due to expected inclement weather we will be moving our Tots in the Terrace down to the Prefunction room. Masks must be worn at all times. 11:30-12:30

Tuesday, February 2nd: Teen Town Hall: 8:00 pm:

Join the Magen Avraham Teen Department for an important discussion about the light at the end of the Covid-19 tunnel, our community, how we're feeling, and what we can do to strengthen ourselves during this challenging time. Rabbi Robinson will share words of Torah and we will conclude the event with a group recitation of tehilim. *Meeting ID: 940 5891 7260 Passcode: 394292*

FOLLOW US ON INSTAGRAM

LSS Spotlight & Share: This week, meet our **Youth and Teen Director, Ariella Lazaros!!**

1. Where are you from? - Beachwood OH
2. What did you want to be when you grew up? An educator, always!
3. If you had a superpower, what would it be? Go go gadget arms like Inspector Gadget, always need an extra hand!
4. Best part of your job? The absolutely incredible families and kids we get to hang out with every week. We are so blessed to have met the best people in the world.
5. Fun fact about yourself? I have a huge sweet tooth which is why I absolutely love to bake! Cookies, cakes, tarts, crisps...there's almost always a baked good on the counter in our house!

If you are interested in being featured for an upcoming LSS Spotlight and Share post, please contact Julie Rosenthal at julie@lss.org

WEEKLY LEARNING OPPORTUNITIES

For access to all the Zoom links for these classes, please visit www.lss.org/learningopportunities. To dial into a class please call 646-876-9923 and enter the Meeting ID and password (if necessary) associated with the class below.

Sunday:

- **Sunday Morning Responsa** with Rabbi Josh Rosenfeld: 9:45am. *Meeting ID: 827 823 0785 Password (if necessary): mds1234*

Monday:

- **Chug Ivrit led by Harel Fenigstein:** 7:00pm-8:15pm. In this class, we read articles from the Israeli press, watch videos of news stories,
- documentaries and comedy clips, listen to (and sing along!) to Israeli songs and chat in Ivrit. *Meeting ID: 853 8744 3723 Password: 180613*
- **Jewish Living Workshop:** 7:30pm-8:30pm led by Dassa and Bill Greenbaum. The Jewish Living Workshop, a 9 session series, is a "hands-on" experience. We learn by doing. The workshop is free. To register, please email JLworkshop@yahoo.com. The first topic: Shabbat - The Friday Night Experience. (Have candles ready to light.)
- **Talmud Class** with Rabbi Robinson: 8:00pm-9:00pm We will be studying the second perek of Sanhedrin, that deals with Justice,
- Governance, Monarchy and the Legal System. Previous background will be useful but not essential - each shiur will focus on the text and classical commentaries, but will touch on contemporary and modern issues arising from the Gemara. *Meeting ID: 916 3915 9514.*

Tuesday:

- **The Marilyn & Sam Isler, "Studies in the weekly Parsha"** led by Rabbi Shaul Robinson: 10:30am-11:30am *Meeting ID: 241022510. Sponsored by the Goldofsky family commemorating the 10th yahrzeit of Irving Goldofsky, Yitchak ben Eliyahu Z"L on 22 Shevat.*
- **Introduction to Bible:** 6:30pm-8:00pm led by Rabbi Ephraim Buchwald. An in-depth study and analysis of the Decalogue (the Ten Commandments) and other basic biblical texts. The religious significance of the Bible, scriptural exegesis and the relationship of the written and oral law will be discussed and analyzed. Registrants will receive the Zoom link prior to the start of the course. To register, please call 212-874-6100 or register online at www.lss.org/beginners. Cost: \$90, Free to LSS Members. No one will be turned away for lack of funds.
- **Beit Midrash night, The M'lachim (Kings) Study Group** led by Ron Platzer: 8:00pm. *Meeting ID: 811 662 074*
- **The Kohen: The inspired mind of a man of God.** A new series exploring the thought of R. Zadok of Lublin. Led by Rabbi Rosenfeld. 8:00pm. *Meeting ID: 827 823 0785.*

Wednesday:

- **Jewish History with Paul Shaviv: Wandering Jews: Triumph and Tragedies: The rise and fall of six centers of Jewish life** 8:00pm. Topic: Italy—Science, Elegance, Rome *Meeting ID: 916 6638 3728 Password: 362427*

Thursday:

- **Women's Talk Time:** led by School Psychologist Ruth Moser Riemer: 11:30am-12:30pm. *Meeting ID: 972 4054 8238 Password: 142533*
- **The Jacob Adler Parsha Class** Explorations in the Weekly Parsha led by Rabbi Shaul Robinson: 7:00pm-8:00pm. *Meeting ID: 912 657 888.*
- **Parashat HaShavua** led by Rabbi. Moshe Sokolow: 8:15pm. *Meeting ID: 846 701 6968.*

CHESED OPPORTUNITIES

HARRY NEEDS A KIDNEY DONOR: Harry Stricker, beloved husband, father, grandfather and friend is in need of a kidney. With every passing minute the gift of a kidney for Harry becomes more urgent. The rewards of this gift is the GIFT THAT KEEPS ON GIVING. It is not a win/lose... but a win/win. If you can save one life, you save the world. Please share this flyer with friends, relatives and co-workers. The more people who hear of the need, the more likely we are likely to find a donor (Flyer in online Echod) To see if you are a match please email CSTEINMETZ@RENEWAL.ORG

THE JEWISH BOARD: The Jewish Board, along with Kavod v'Nichum, Neshama: the Association of Jewish Chaplains, and several other Bikur Cholim groups around the country, are sponsoring an innovative program on Bikur Cholim—visiting and caring for the sick and vulnerable—Renewing Bikur Cholim. The conference, which runs bi-weekly on Monday nights from January 4 to May 10, addresses many of the emerging challenges of doing Bikur Cholim during the pandemic. The program will provide an educational forum and a venue for exchange of ideas and concerns, assisting providers and volunteers in providing this essential service. To register please visit, <https://www.jewishfunerals.org/2021-bikur-cholim-conference/>.

COMMUNITY FRIDGE: Help our hungry neighbors during this time of food insecurity by donating prepared meals to the Community Fridge located outside the West End Collegiate Church on West 77th Street, between WEA and Broadway. Food containers should be labeled along with the date. Donations accepted Monday through Friday, 9:00 AM to 5:00 pm.

DVAR TORAH

Parshat Beshalach
January 29-30
By: Fred Ehrman

Our Torah reading this week begins with the following verse. וַיְהִי בַשְּׁלַח פְּרַעֲהוֹ אֶת־הָעָם וְלֹא־נָחַם אֱלֹהִים דָּרֹךְ אֶרֶץ פְּלִשְׁתִּים כִּי קָרוֹב הוּא כִּי אָמַר אֱלֹהִים פֶּן יִנָּחֵם הָעָם בְּרֹאֲתָם מִלַּחְמָה וְשָׁבוּ מִצְרַיִם׃
Now when Pharaoh let the people go, G-d did not lead (*nacham*) them by way of the land of the Philistines, although it was nearer; for G-d said, "The people may have a change of heart when they see war, and return to Egypt." (Exodus 13:17)

The word *nacham*, lead, has several meanings. It could mean to lead, the *shoresh*, the root, being the letters Nun, Chet, Heh; or it could mean comfort or regret, the root being Nun, Chet, Mem. In order to ascertain the correct translation, one has to see the context in which it appears. In this Dvar Torah, I would like to prove how this word has been incorrectly translated in a totally different scriptural reading.

Arguably the most famous and frequently recited of all the 150 Psalms is Psalm 23. It consists of only six verses. I have translated the verses below, and transliterated key verbs.

A Psalm of David; The Lord is my shepherd; I shall not want.

He maketh me to **lie down** (*yarbitzaini*) down in green pastures; he leadeth me beside the still waters.

He restoreth my soul: he **leadeth** (*yanchaini*) me in the paths of righteousness for his name's sake.

Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they **comfort** (*yenachamuni*) me.

Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.

Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord forever.

The context here is the scene of a shepherd leading his flock through various environs; green pastures, still waters, the valley of the shadow of death. But the activity is one of leading, guiding, showing the way. The shepherd, of course, is G-d, and the flock is the people of Israel.

The verb that I believe is universally mistranslated is *נחם*, **yenachamuni**, and is translated "will comfort me." We saw at the beginning of this Dvar Torah that the verb *נחם*, *can* mean to lead or to comfort. I would maintain that here it means to lead or guide.

The tenor of the Psalm is the movement of the flock and the verbs all indicate the shepherd leading, guiding the flock. The staff in the key verse is meant for the shepherd to lean on, the rod to prod and guide the flock. Prodding is certainly not a comfort for the sheep but is used to lead. Here *nacham*, *can* logically means to lead and not to comfort.

A second proof is the vowel used here. The poet uses a similar construct of this verb, *yenachamuni*, in two other places, Psalms 71:21 and 119: 82, where the verb is *tenachmaini*, with a *Tzaireh* vowel. where the meaning is to comfort. In our case, a *Kubutz* is the vowel given, and in my opinion, it is used to differentiate the verb from its more common usage.

When someone is walking through the Shadow of Death, when each of us is going through one of life's tribulations that inevitably confront us, what we need is not comfort. What we desperately desire is a guiding hand that leads us out of the situation we find ourselves.

In our current period of the Pandemic, when many have contracted the virus which has led to so many deaths, we pray for Hashem to guide us in finding preventatives, vaccines that will protect us in the years ahead. And to those who are sick, we pray for therapeutics that will cure us. At this point, we don't need comfort, but His outstretched hand to guide us out of the perilous grip of this plague.

As the Almighty led the Hebrews through the Wilderness with a pillar of cloud during the day and a pillar of fire at night (Exodus 13:21), so do we beseech Him to have "Your Rod and your Staff" to guide us. The sweet singer of Israel, King David, has given us these words of prayer, thanksgiving, and praise in this magnificent Psalm.

Shabbat Shalom

DVAR TORAH

The next Shabbatot available are:

Mishpatim (Rosh Chodesh on Shabbat Shekalim) (2/13), Tetzaveh (Shushan Purim) (2/27), Tzav/Shabbat HaGadol (3/27), Shabbat Pesach (4/3)
If interested, please email Bill Greenbaum at dvar@lss.org.

In case of a bereavement, please call our Clergy at 646-543-7485 (day or night)

If you would like to receive the Shabbat Echod by e-mail, sign up at www.lss.org or email info@lss.org

LINCOLN SQUARE SYNAGOGUE OFFICERS

Morey Wildes, President (president@lss.org)

Jamie Nussbaum, Ian Silver, Paris Wald Stulbach, Vice Presidents

Michael Roxland, Treasurer Rande Price, Secretary

Michael Doppelt, Tanya Gershon, Adam Herbst, Yitzzy Rubin, Julie Walpert, Jay Ziffer

You may contact our officers by emailing Officers@lss.org