

LSS UPDATE

We are happy to once again be open for prayer services. As with all our minyanim in these times, ***you must be pre-registered in order to attend*** - only those who have signed up for these minyanim and have received confirmation may participate, as we are limited in the number of people who can attend. Social distancing, wearing of masks, no communal singing and all of the other public health measures that we have been employing since we began weekday services (see the complete Attendance Guidelines in the electronic version of Echod) will be in effect. Please remember to bring your own tallit, siddur and chumush on Shabbat if you are signed up. There will be no Seudah Shlishit at the shul, so please remember to eat Seudah Shlishit before you come to Mincha. *All minyanim mentioned below will be held in the Nathaniel Richman Cohen Sanctuary:*

Shacharit:

Sunday, August 9 @ 8:30am

Monday, August 10 - Friday, August 14 @ 7:30am

Mincha/Maariv:

Sunday, August 9 - Tuesday, August 11 @ 7:50pm

Wednesday, August 12—Thursday, August 13 @ 7:45pm

SHABBAT TIMES

Friday Night:

Earliest Candle Lighting: 6:36pm

Zoom Mincha/Kabbalat Shabbat: 7:00pm

Mincha followed by Kabbalat Shabbat at shul: 7:00pm

Location: Nathaniel Richman Cohen Sanctuary

Shabbat Candle Lighting: 7:46pm

Sunset (daven Mincha by): 8:02pm

Repeat Shema after 8:33pm

Shabbat:

Shabbat Morning Minyan at shul: 8:00am Location: Spira Family Terrace (weather permitting; if not it will be in the Nathaniel Richman Cohen Sanctuary).

Shabbat Morning Services at shul: 9:00am Location: Ballroom

Latest Shema: 9:30am

Latest Shacharit: 10:40am

Mincha followed by Maariv at shul: 7:45pm Location: Nathaniel Richman Cohen Sanctuary

Sunset (daven Mincha by, and begin seudah shlishit by): 8:01pm

Shabbat Ends: 8:45pm

Zoom Havdalah: 9:15pm

For access to the zoom links for Kabbalat Shabbat and Havdalah, please click the link in the electronic version of Echod.

LSS 2020 HIGH HOLIDAY SURVEY

To view and respond to our High Holiday survey, please click the link in the electronic version of Echod or visit our homepage at www.lss.org.

THANK YOU TO OUR SPONSOR

Main Kiddush: Yudit and Chazzan Yanky Lemmer in honor of the birth of their baby boy.

MAZAL TOV

Grandparents **Tamar and Dov Kahane** on the birth of a baby girl born to their children, Danielle and David Levy.

Yudit and Chazzan Yanky Lemmer on the birth of a baby boy.

Great grandparents **Marion and Maurice Spanbock** on the birth of a baby girl, Elle Juliet born to their grandchildren Sara and Jason Genrich.

Mazal tov to grandmother Carol and Aunt Betsy.

UPCOMING EVENTS

Wednesday, August 12: Israel Book Club: 6:30pm

We are thrilled to launch an Israel book club where we will read and discuss books by Israeli authors. The first book club selection is "Someone to Run With" by Israeli author, David Grossman. You can purchase the book from either Amazon or Barnes & Noble, either print or digital versions. You need to register in advance in order to participate in the discussion. Email harelf@jafi.org and he will send you the link to purchase.

Tuesday, August 18: From Har Sinai to Israel—via Ethiopia: 6:30pm

Live from Israel! For 2500 years, Ethiopian Jews were cut off from the rest of the Jewish people. They were not aware that the Second Temple had been destroyed and that there was an entire Talmudic halachic tradition. In spite of this, they preserved the Jewish heritage that they had inherited from their forefathers, often at great personal sacrifice. When Ethiopian Jews were finally able to reach Israel, a host of complex dilemmas emerged. Should they shed their customs, based on ancient, pre-rabbinic Jewish law, and adopt the rabbinic Halacha of modern-day Jewry? Or is there a place for the unique legacy of the Ethiopian Jews within the umbrella of the wider Jewish community? Join Dr. Rabbi Sharon Shalom, an Ethiopian Israeli Rabbi, for a talk about the origins of Jewish Ethiopian Halacha, its history, customs, and its relationship with other Jewish Halacha sources. To join this webinar, please click the link in the electronic version of Echod. Rabbi Dr. Sharon Shalom was born in Ethiopia and came to Israel when he was eight years old. Today, he has a PhD in Jewish philosophy from Bar-Ilan University, where he now teaches. Rabbi Shalom studied at Yeshivat Har Etzion – a Hesder Yeshiva – and has rabbinic ordination. He is the rabbi of Kadoshei Yisrael, a community in Kiryat Gat.

For access to the links for these events, please click on the link in the electronic version of the Echod or visit our website at www.lss.org.

WEEKLY LEARNING OPPORTUNITIES

For access to all the Zoom links for these classes, please visit www.lss.org/learningopportunities.

To dial into a class please call 646-876-9923 and enter the Meeting ID and password (if necessary) associated with the class below.

Sunday:

- ***(Please note the time change) Sunday Morning Responsa** with Rabbi Josh Rosenfeld: 9:15am. *Meeting ID:* 827 823 0785 *Password (if necessary):* mds1234

Monday:

- ***(Cancelled this week) Chug Ivrit led by Harel Fenigstein:** 7:00pm-8:15pm. In this class, we read articles from the Israeli press, watch videos of news stories, documentaries and comedy clips, listen to (and sing along!) to Israeli songs and chat in Ivrit. *Meeting ID:* 459 533 337
- **The Book of Jeremiah** with Rabbi Josh Rosenfeld: 8:15pm-9:15pm *Meeting ID:* 827 823 0785 *Password (if necessary):* mds1234

Tuesday:

- **The Marilyn & Sam Isler, "Studies in the weekly Parsha"** led by Rabbi Shaul Robinson: 10:30am– 11:30am *Meeting ID:* 241 022 510
- **Beit Midrash night, The M'lachim (Kings) Study Group** Led by Ron Platzer: 7:00pm-8:00pm. *Meeting ID:* 811 662 074

Wednesday:

- **Jewish History Course: Some Distinguished Philosemites—Series I** led by Paul Shaviv: 8:00pm-9:00pm. Topic: Ezra Stiles (1727-1795) *Meeting ID:* 948 8996 3778. *Passcode:* 906183

Thursday:

- **The Jacob Adler Parsha Class** Explorations in the Weekly Parsha led by Rabbi Shaul Robinson: 7:00pm-8:00pm. *Meeting ID:* 912 657 888
- **Parashat HaShavua** led by Dr. Moshe Sokolow: 8:30pm. *Meeting ID:* 846 701 6968.

Dvar Torah:

The name of this week's Parsha, Eikev, literally means the 'heel' of a foot but in this context Rashi says it actually means "because." The Parsha starts by saying "Vehaya Eikev Tishma'un" -- because you will keep the Mitzvot, G-d will provide you with blessings. Rashi asks, why use the expression Eikev, which normally means "heel" to mean "because" in this context? There are many other words that also translate to 'because' (ex: Ki) that are used more commonly and would be seemingly more appropriate.

Rashi answers that if you keep the mitzvot "She'Adam Dash B'Eikev," that a person steps on with his heel, meaning those Mitzvot that are not treated as seriously, then you will benefit from all of Hashem's blessings. The lesson for us is not to minimize any single one of the mitzvot. We shouldn't decide which mitzvot are important and which mitzvot are unimportant. Keeping kosher and keeping Shabbat can seem like fundamental mitzvot, but others such as making Brachot (blessings) right before we eat food, or washing hands before bread, can seem trivial and slip through the cracks since they're every day. Rashi teaches us that the word Eikev is used to teach the importance of every mitzvah and because you keep all of the mitzvot, even those that might seem less significant, then you will benefit from all of Hashem's blessings.

Upcoming Events:

- Wednesday, August 26th @ 2:00pm: 9/11 Day of Service and Remembrance – Zoom and Private Cardmaking Programs with Dorot: Make a card at home, post on social media, and mail to Dorot!
- Parenting in a Pandemic Series - August 16th with Nava Silton & August 30th with Benjamin Mizrahi @ 8:00 pm
- In the Kitchen with Ariella & Margot: Thursdays @ 4:30 pm (LSS Facebook Live)
- Teen in the park is postponed until the start of the school year. Stay tuned!

Questions:

1. What does the word *Eikev* literally mean?
2. How is *Eikev* translated in the context of this week's parsha?
3. How does Rashi explain using *Eikev* to mean "because in this context?"

Answers:

1. The heel of a foot
2. Because
3. Rashi answers that if you keep the mitzvot SheAdam Dash B'Eikev that a person steps on with his heel or that are not treated as seriously, you will benefit from all of Hashem's blessings. The lesson for us is not to minimize any mitzvot.

Kids in the Kitchen: Zucchini Muffins

List of Ingredients:

- 2 large eggs
- 1 1/3 cup sugar
- 2 teaspoons vanilla extract
- 3 cups grated fresh zucchini
- 3/4 cup melted butter or margarine (or oil)
- 2 3/4 cups all-purpose flour
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- 1/4 teaspoon salt
- 2 teaspoons cinnamon
- 1/2 teaspoon nutmeg

Instructions:

1. Mix eggs, sugar, vanilla, then add zucchini and melted butter: Pre-heat the oven to 350°F. Beat the eggs in a large bowl. Mix in the sugar and vanilla extract. Stir in the grated zucchini and the melted butter.
2. Mix dry ingredients: In a separate bowl, mix together the flour, baking soda, baking powder, cinnamon, ground ginger, nutmeg, and salt.
3. Combine to make batter: Stir these dry ingredients into the zucchini mixture. (Do not over-mix!) Stir in walnuts, raisins or cranberries if using.
4. Fill muffin pan: Coat each muffin cup in your muffin pan with a little butter or vegetable oil spray. Use a spoon to distribute the muffin dough equally among the cups, filling the cups up completely, above the surface of the muffin tin.
5. Bake: Bake at 350°F on the middle rack until muffins are golden brown, and the top of the muffins bounce back when you press on them, about 20-30 minutes. Test with a long toothpick or a thin bamboo skewer to make sure the center of the muffins are done.
6. Set on a wire rack to cool for 5 minutes. Remove muffins from the tin and let cool for another 20 minutes.

Recipe from Simply Recipes

DVAR TORAH

We are currently looking for a writer for:

Parshat Netzavim (9/12)
Rosh Hashana (9/19)
Parshat Ha'azinu (9/26)
Sukkot (10/3)

If interested, please email Bill Greenbaum at dvar@lss.org.

In case of a bereavement, please call our Clergy at 646-543-7485 (day or night)

If you would like to receive the Shabbat Echod by e-mail, sign up at www.lss.org or email info@lss.org

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