

LSS UPDATE

We are happy to once again be open for Shabbat services. As with all our minyanim in these times, ***you must be pre-registered in order to attend*** - only those who have signed up for these minyanim and have received confirmation may participate, as we are limited in the number of people who can attend. Social distancing, wearing of masks, no communal singing and all of the other public health measures that we have been employing since we began weekday services (see the complete Attendance Guidelines in the electronic version of Echod) will be in effect. Please remember to bring your own tallit, siddur and chumush on Shabbat if you are signed up. There will be no Seudah Shlishit at the shul, so please remember to eat Seudah Shlishit before you come to Mincha. *All minyanim mentioned below will be held in the Nathaniel Richman Cohen Sanctuary:*

Shacharit:

Sunday, July 26 @ 8:30am

Monday, July 27 - Wednesday, July 29 & Friday July 31 @ 7:30am

Mincha/Maariv:

Sunday, July 26 - Wednesday, July 29 @ 8:05pm

*For Wednesday evening and Thursday times,
please see Tisha B'Av schedule below*

Please see below for important Shabbat times.

SHABBAT TIMES

Friday Night:

Earliest Candle Lighting: 6:48pm

Zoom Mincha/Kabbalat Shabbat: 7:00pm

Mincha followed by Kabbalat Shabbat at shul: 7:00pm

Shabbat Candle Lighting: 8:01pm

Sunset (daven Mincha by): 8:17pm

Repeat Shema after 8:48pm

Shabbat:

Shabbat Morning Minyan at shul: 8:30am Location: Spira Terrace

Shabbat Morning Services at shul: 9:00am

Location: Nathaniel Richman Cohen Sanctuary

Latest Shema: 9:23am

Latest Shacharit: 10:36am

Earliest Mincha: 1:38pm

Mincha followed by Maariv at shul: 8:00pm

Sunset (daven Mincha by, and begin seudah shlishit by): 8:17pm

Shabbat Ends: 9:01pm

Zoom Havdalah: 9:30pm

For access to the zoom links for Kabbalat Shabbat and Havdalah, please click the link in the electronic version of Echod.

TISHA B'AV TIMES

Wednesday, July 29:

Fast Begins: 8:15pm

Mincha at shul: 8:05pm

Maariv & Kinnot: 8:46pm

Wednesday night services will be at shul, including Eicha and Kinot, and live streamed on Zoom. Shacharit at shul will include only a few Kinot.

Thursday, July 30:

Shacharit: 8:30am

Kinnot: 10:00am-12:00pm: *Join LSS Clergy for introductions,*

explanations, and readings of selected Kinnot and texts of Tisha B'Av

Chatzot: 1:02pm

Mincha: 1:40pm

Shiur with Rabbi Sokolow: 6:30pm-7:30pm: Topic: Nachem or Rachem:

The Vicissitudes of a Distinctive Tisha B'av Prayer

Mincha/Maariv: 7:40pm

Fast Ends: 8:45pm

Tisha B'av programming is sponsored by Elaine and Scott Liebman in memory of their parents - Rabbi Philip and Ruth Cohen z"l and Lt. Col Seymour and Rhea Liebman z"l.

UPCOMING EVENTS

Thursday, July 30: The Jewish Revolt Against the Romans 132-135 C.E.:

Myth and Reality: 2:00pm Why do we commemorate the fall of Beitar on Tisha B'Av? Was the leader of the revolt a hero, a villain, or... the Messiah? The Jewish Revolt of 132-135 C.E. was the final war between the Jewish people and the Roman Empire. This presentation will review the historical sources including written sources (non-Jewish and Jewish) and archeological finds. We will examine the origin and legacy of the rebel leader, the causes of the rebellion and its long term consequences on the history of the Jewish people. The speaker will be Adele Wasser. Adele was a long-time LSS member before she made Aliya. She is currently a docent at the Israel Museum.

Wednesday, August 5: Israel and Covid-19: What's Going On?: 1:00pm

Live from Israel! About a month ago, Israel seemed to have gotten the coronavirus under control. The curve had been flattened and everything looked very promising. Then, things went south. A panel of Magen David Adom experts will discuss what is currently happening in Israel, what went wrong, what is being done about it, and lessons we can apply in the States. The presenters will include: Uri Shacham, MDA Chief of Staff, Dr. Eilat Shinar, Director of MDA Blood Services who will speak on testing and contact tracing in Israel, Dr. Shafir Botner, Director of MDA's Paramedic School, and Dr. Tamir Rotman, a practicing psychologist who will discuss the emotional toll the pandemic is having on the people of Israel. There is no charge to attend the webinar, but you need to register in advance.

Wednesday, August 12: Israel Book Club: 6:30pm We are thrilled to launch an Israel book club where we will read and discuss books by Israeli authors. The first book that we will read is *"Someone to Run With"* by David Grossman. You can purchase the book in English from either Amazon or Barnes & Noble, either print or digital versions. Are you up to the challenge of reading the book in its original Ivrit? Email harelf@jafi.org and he will send you the link to purchase. The discussion will be in English.

For access to the links for these events, please click on the link in the electronic version of the Echod or visit our website at www.lss.org.

WEEKLY LEARNING OPPORTUNITIES

For access to all the Zoom links for these classes, please visit www.lss.org/learningopportunities.

To dial into a class please call 646-876-9923 and enter the Meeting ID and password (if necessary) associated with the class below.

Sunday:

- **Sunday Morning Responsa** with Rabbi Josh Rosenfeld: 10:15am. Meeting ID: 827 823 0785 Password (if necessary): mds1234

Monday:

- **Chug Ivrit led by Harel Fenigstein:** 7:00pm-8:15pm. In this class, we read articles from the Israeli press, watch videos of news stories, documentaries and comedy clips, listen to (and sing along!) to Israeli songs and chat in Ivrit. Meeting ID: 459 533 337

- **The Book of Jeremiah** with Rabbi Josh Rosenfeld: 8:15pm-9:15pm Meeting ID: 827 823 0785 Password (if necessary): mds1234

Tuesday:

- **The Marilyn & Sam Isler, "Studies in the weekly Parsha"** led by Rabbi Shaul Robinson: 10:30am- 11:30am Meeting ID: 241 022 510
- **Beit Midrash night, The M'lachim (Kings) Study Group** Led by Ron Platzer: 7:00pm-8:00pm. Meeting ID: 811 662 074

Thursday:

- ***(Cancelled this week) The Jacob Adler Parsha Class** Explorations in the Weekly Parsha led by Rabbi Shaul Robinson: 7:00pm-8:00pm. Meeting ID: 912 657 888

ERUV ANNOUNCEMENT

The Hudson River boardwalk and pier are outside the Eruv, and carrying west of the West Side Highway is not permitted. For the full eruv map please visit www.lss.org/west-side-eruv.html.

Dvar Torah:

This week we begin the fifth book of the Torah, Devarim. The setting is Moshe in front of the Jewish people, retelling Bnei Yisrael the words of the Torah; how Hashem brought them out of Egypt, how they have lived in the desert for 40 years, the appointment of Judges, and the mistake of the 12 spies. Moshe tells the people that nations remain who wish to destroy Bnei Yisrael, but not to fear, because Hashem is on their side.

It was important that Moshe recounted a well rounded recollection of their history; not only stories of the great successes like the exodus from Egypt, but also the struggles as a nation on the way to Israel. The Parsha ends with Moshe reminding Yehoshua (who will soon take over as the leader when Moshe passes) not to fear Bnei Yisrael's ability to defeat their enemies.

Upcoming Events:

In the Kitchen with Ariella & Margot: Thursdays @ 4:30 pm
LSS Facebook Live

June 21-July 26: Virtual Color War

A month long series of challenges open to any family who wants to play. Check your email every Sunday for a fresh list of challenges. Earn points for every challenge you participate in. No advanced registration required, simply start participating at any time!

Teens in Central Park: August 9th
Time and meeting location TBD

Questions:

1. What is the name of the fifth book of the Torah?
2. Why is it so important for Moshe to recollect the past for Bnei Yisrael?
3. What should we refrain from during the nine days?

Answers:

1. Devarim
2. To remind everyone that Hashem has been with them through the good times and the struggles, and will continue to be with them even after Moshe passes away
3. Swimming, consuming meat and wine, laundering clothing

Kids in the Kitchen: Summer Fruit Crisp

List of Ingredients:

- 1 stick of margarine or ½ cup oil (coconut, vegetable oil, canola oil)
 - 1 cup all purpose flour
 - ½ cup sugar
 - ½ cup brown sugar
 - 1 tsp cinnamon
 - 4-6 cups of chopped fruits*
 - 1 tbsp flour
 - ¼ cup sugar
 - The juice of half a lemon (1-2 tbsp)
- *Use any combination of fruits you have on hand. Apples, blueberries, raspberries, blackberries, plums, peaches etc.

Instructions:

1. Preheat the oven to 375 degrees
2. Combine the margarine/oil with the flour, sugars, and cinnamon until it resembles wet sand, set aside.
3. Wash and chop whatever combination of fruits you will be using. The more bite size the pieces, the better they'll melt into each other.
4. Add 1 tbsp of flour, ¼ cup of sugar, and juice of half a lemon to the fruit and mix to combine.
5. Add the fruit to a pan and top with the crumbles
6. Bake at 375 for 45-60 minutes or until the fruit is bubbly and cooked through

Shabbat Shalom!

In case of a bereavement, please call our Clergy at 646-543-7485 (day or night)

If you would like to receive the Shabbat Echod by e-mail, sign up at www.lss.org.

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