

SHABBAT SCHEDULE

6:47pm Earliest Candle Lighting
7:59pm Shabbat Candle Lighting

Friday Night

7:05pm Early Mincha/Kabbalat Shabbat in Nathaniel Richman Cohen Sanctuary. Dvar Torah given by **Rabbi Shaul Robinson**
8:05pm Mincha/Kabbalat Shabbat in the Nathaniel Richman Cohen Sanctuary

Shabbat Morning

7:45am Hashkama Minyan in the Belfer Beit Midrash followed by shiur given by **Dov Kahane**
9:00am Services in the Nathaniel Richman Cohen Sanctuary. Drasha given by **Rabbi Shaul Robinson** followed by Musaf.
9:15am Beginners Service led by **Dr. Leonard Davidman** in Rm LL201
9:24am Latest Shema
9:45am Rabbi Herschel Cohen Memorial Minyan in the Belfer Beit Midrash
10:00am Youth Groups for children ages 2-12
11:00am "Baby & Me" (ages 0-24 months, 3rd floor gym)

Shabbat Afternoon

6:15pm Beginners Mishna Chavura with **Moshe Sheinwexler** in the Belfer Beit Midrash
6:45pm Louis & Rhoda Lazar Memorial Shabbat Pre-Mincha Shiur in the Nathaniel Richman Cohen Sanctuary given by **Rabbi Josh Rosenfeld**
7:45pm Mincha/ Seudah Shlishit
9:05pm Ma'ariv/Shabbat Ends

WELCOME NEW MEMBER

April Kaminsky

MAZAL TOV

Gabrielle and Avi Kuzniecky on the birth of a baby girl.
Sarah Dunitz and Michael Grunfeld on the birth of a baby girl.

THIS SHABBAT

Welcome Back Rabbi Robinson!

Friday Evening, 7:05pm: Early Mincha/Kabbalat Shabbat in the Nathaniel Richman Cohen Sanctuary. Dvar Torah given by **Rabbi Shaul Robinson**

Friday Evening, 8:05pm: Mincha/Kabbalat Shabbat in the Nathaniel Richman Cohen Sanctuary

Shabbat Morning, 9:00am: Drasha given by **Rabbi Shaul Robinson**

Louis & Rhoda Lazar Memorial Shabbat Pre-Mincha Shiur, 6:45pm:
Given by **Rabbi Josh Rosenfeld**

THANK YOU TO OUR SHABBAT KIDDUSH SPONSORS

Hashkama Kiddush:

Sponsored by the generous contributions to the fund.

Main Kiddush: Development Corporation for Israel/Israel Bonds is proud to sponsor the Kiddush prior to the Ronen Bergman Event and gives thanks to the LSS Community.

Rabbi Herschel Cohen Memorial Minyan Kiddush: Janine, David, and Menachem Sherr in commemoration of the yahrtzeit of David's mother, Marjorie Sherr, Miriam bat Yoseph a"h.

Beginners Kiddush: Sponsored in loving memory of Farokh and Shmuel Shoshani z"l and in honor of Rabbi Ephraim Buchwald.

ISRAEL CORNER

Please visit www.lss.org/israelcorner to read a very moving letter that an IDF soldier wrote a few days ago. In his note, he tells us what it feels like to be in harm's way, and what we can do to support his fellow IDF soldiers.

HIGH HOLIDAY SEATS

Reserve your seats today! Visit our homepage at www.lss.org to reserve your seats now! T: (212) 874-6100 or email info@lss.org

HAKARAT HATOV

LSS wishes to thank Hans Seidemann, z"l, for his generous bequest to LSS and, with permission, would like to share a letter written by his son, Joel, to the LSS community.

To Joel- we were thrilled when, following your father's passing, you and Yael joined LSS. Though the loss of your father will always be felt at LSS, we are comforted in knowing that our shul still has the Seidemann family among us. Thank you for your kinds words-to know him was to love him;

"Dear LSS Community,

One of my favorite phrases in Tehillim, "אל תשליחיני לעת זקנה, ככלות כוחי על תעבני", the translation "Do not cast me away when I am old; do not forsake me when my strength is gone". The modern day version by the Beatles "Will you still need me, will you still feed me, when I'm 64"? LSS was there for my dad when he was 93- they fed him on Shabbat and holidays so often that his doormen marveled at his social life and at the hours (often late) that he kept. It is quite befitting that he say Toda Raba to a special community for making his sunset years so loving, cheerful and meaningful.

On behalf of Hans, Todah Raba- We shall never forget your kindness.

Weekly Prayer Schedule: July 29

Mincha/Ma'ariv: 8:00pm (Sun-Thurs)

Day	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Daf Yomi	7:45am	6:15am	6:20am	6:20am	6:15am	6:20am
Shacharit	7:10am, 8:30am	7:00am, 7:50am	7:10am, 7:50am	7:10am, 7:50am	7:00am, 7:50am	7:10am, 7:50am

WEEKLY LEARNING OPPORTUNITIES

There are times when, for various reasons, classes may be canceled. If you would like to confirm that any particular class is indeed taking place please call the shul office at 212-874-6100. To see our full Adult Ed. Brochure please visit us at www.lss.org

Monday:

- **Hebrew Crash Course Level I: 6:30pm-8:00pm** Classes last 1.5 hours, are free and open to all. Register at www.lss.org/beginners. Rm 210

Tuesday:

- **Talmud Class for Women Studying Mesechet Ketubot** led by Rachel Rosenthal, PhD candidate in Rabbinic Literature at JTS: 8:00am: The course focuses on both content and skill building. Students are expected to participate in reading and some translation of the text. As this is an ongoing class, attendance every week is expected. Rm LL202
- **The Marilyn & Sam Isler, "Studies in the weekly Parsha"** led by **Rabbi Shaul Robinson** 10:30am– 11:30am. RmLL201
- **Beit Midrash Night, The Book of Samuel II** led by Ron Platzer; 7:10pm–8:10pm. Rm 211 (**canceled this week**)
- **Gemara b'Shana** in Memory of Bruce Ritholtz led by Rabbi Robinson:7:00pm– 8:00pm. Belfer Beit Midrash (**canceled this week**)

Thursday:

- **Women's Talk Time:** led by School Psychologist Ruth Moser Riemer:11:30am-12:30pm. Rm LL201. Last weeks topic: Friendship
- **The Jacob Adler Parsha Class:** Explorations in the Weekly Parsha 7:00pm–8:00pm.Belfer Beit Midrash (**canceled this week**)

UPCOMING EVENTS

Tuesday, July 31: 7:00pm-8:30pm: Meet Ronen Bergman, Author of *Rise and Kill First* Ronen Bergman is an award-winning Israeli journalist, a leading Middle East national security expert and a New York Times best selling author of six books. He is senior correspondent for military and intelligence affairs for Yedioth Ahronoth, Israel's largest daily paid newspaper and a staff write for the New York Times magazine. The cost is free although we encourage you to help strengthen Israel with an investment of Israel bonds, starting at \$36.

To register, please visit <https://events.r20.constantcontact.com/register/eventReg?oeidk=a07efhqzawq25849c56&oseq=&c=&ch=>

Sunday August 26: 7:00pm-9:00pm: LSS Film Committee presents a talk with *Ohad Domb* who works in Israeli TV and Film, including titles like *Srugrim*, *Shtisel* and *Shababnikim* who will be giving a talk on behind the scenes of your favorite Israeli TV series. More details to follow.

YOUTH DEPARTMENT

זרעים Seedlings (2 years old) Room 210
שורשים Roots (3-4 years old) Room 211
ניצנים Buds (K-1st) Room 208
פרחים Flowers (2nd-7th) Room 206
ענפים Branches (2nd-7th) Room 207



Schedule:

10:00 am - Drop-off (Room 208, 210, 211)
 10:30 am - Davening Circle Time, and Healthy Kiddush
 11:00 am - Baby & Me (3rd Floor Gym)
 11:00 am - Parsha & Candy: Shema Scramble (Room 210, 211)
 11:10 am - Recreation and Rehydrate (Pre-Function Room **Age 8+**)
 11:45 am - Pickup, groups end

Like last week, this Shabbat also has a name for the Haftorah, Shabbat Nachamu.

The Haftorah of Nachamu is read every year on the Shabbat after Tisha B'Av. The Haftorah, which begins with the words Nachamu Nachamu Ami is a series of 7 Haftorahs that all have to do with the same thing; comforting the Jewish people over the destruction of the Beit Hamikdash.

Why say the words Nachamu Nachamu, translated as "Be comforted, be comforted" twice? The first usage comforts us for the destruction of the first Beit Hamikdash and the second for the destruction of the second Beit Hamikdash. Rabbi Levi Yitzchak of Berditchev gave this analogy: A father brings in a tailor to make a suit for his little boy, and tells the boy not to wear it for playing, only for davening and going to school. The child plays in the mud and tears the suit. . The father calls back the tailor who makes the boy a second suit. The father warns the boy again but the boy trashes the second suit as well. The father calls the tailor a third time. This time, once the suit is finished, the father hangs it in a high place and tells the boy that he'll get to wear the suit when he proves he can be responsible. Similarly, Hashem has already prepared the third Beit Hamikdash. That's the comfort of Nachamu Nachamu Ami, knowing the third Beit Hamikdash is already prepared and simply waiting for us to assume responsibility.

After Shul ask your children...

When is Parshat Nachamu read each year?
 What's the similarity between Ir Miklat and studying Torah?
 How do we accept the first pasuk of Shema everyday?
 When was Matan Torah?
 Why says Nachamu Nachamu twice?

Baby & Me Recap

This past Shabbat in Baby & Me we learned about our amazing bodies. In a new PJ Library book, All of Me: A Book of Thanks, we read about each of the body parts, why they're special and how thankful we should be for our health. We thanked Hashem for our eyes which show us the beautiful world we live in and for our hands which help us hold our mommies and daddies. It was only appropriate to sing "Head, Shoulders, Knees, and Toes" to practice our movements!



Shabbat Shalom! Mendel & Ariella Lazaros

In case of a bereavement, please call our Clergy at 646-543-7485 (day or night)

If you would like to receive the Shabbat Echod by e-mail, sign up at www.lss.org.

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You may contact our officers by emailing Officers@lss.org