

Shabbat Schedule

6:49pm Earliest Candle Lighting

8:04pm Candle Lighting

Friday Night

7:05pm Early Mincha/Kabbalat Shabbat in the Nathaniel Richman Cohen Sanctuary.

8:10pm Mincha/Kabbalat Shabbat in the Nathaniel Richman Cohen Sanctuary

Shabbat Morning

7:45am Hashkama Minyan in the Belfer Beit Midrash followed by shiur given by **Dr. Moshe Sokolow**

9:00am Services in the Nathaniel Richman Cohen Sanctuary. Drasha given by **Rabbi Shaul Robinson**

9:09am Latest Shema

9:15am Beginners Service led by **Rabbi Ephraim Buchwald** in Rm LL201

9:45am Rabbi Herschel Cohen Memorial Minyan in the Belfer Beit Midrash. Shiur given by **Rabbi Josh Rosenfeld**

10:00am Youth Groups for children ages 2-12

Shabbat Afternoon

4:00pm Herb Weiss Bikor Cholim Society:

Meet in the lobby to visit patients at Mount Sinai West

6:20pm Beginners Mishna Chavura with **Moshe Sheinwexler** in the Belfer Beit Midrash

6:50pm Samson Raphael Hirsch Bible Class with **Rabbi Ephraim Buchwald** in Rm 211

6:50pm Louis & Rhoda Lazar Memorial Shiur in the Nathaniel Richman Cohen Sanctuary given by **Rabbi Josh Rosenfeld** on *Not Just Stories: An Introduction to Aggadah*. Sponsored by Dorothea Krieger commemorating the 5th Yahrzeit of her father, Eliezer Natan ben Moshe Nachum HaKohen z"l.

7:50pm Mincha followed by Seudah Shlishit

9:05pm Ma'ariv/ Shabbat Ends

Youth Department

Groups: Tots (ages 2-4)- Room 208/210, K-1st- Room 211, 2nd + girls- Room 206, 2nd + boys- Room 207

This Shabbat: We learn about a special people who took the responsibilities of being a 'Nazir'. Our children will learn what makes a nazir unique, why wine was forbidden to a Nazir, when do we say Kiddush and why a Nazir teaches us about living life with moderation.

Please note that groups are offered as drop off rooms only. Rest assured that your children are in caring, capable hands and that we will call parents as needed. Additionally, parents with children younger than 2 years old are invited to gather in the pre-function room.

Weekly Prayer Schedule

For the Week of June 4 Mincha/Ma'ariv: 8:10pm

| Sunday | Monday & Thursday | Tuesday, Wednesday & Friday |
|----------------------------|-----------------------------|-----------------------------|
| Daf Yomi: 7:45am | Daf Yomi: 6:15am | Daf Yomi: 6:20am |
| Shacharit: 7:10am & 8:30am | Shacharit : 7:00am & 7:50am | Shacharit: 7:10am & 7:50am |

THANK YOU TO OUR SPONSORS

Hashkama Kiddush: Joel Tenenholtz in commemoration of the yahrtzeit of his brother Perry Tenenholtz, Peretz Ben Binyamin z"l, and the yahrtzeit of his grandfather, Moshe Yosef ben Yitzchack z"l.

Main Kiddush: (on the terrace) Sydell Roth in commemoration of the yahrtzeit of her husband Joseph Roth, z"l.

Beginners Kiddush: Sarah Leah and Lou Vynerib in honor of their grand-daughter, Yehudis Adler's engagement to Tani Einzig.

Seudah Shlishit: Moran and Jack Halpern, in honor of their son's Brit.

THIS SHABBAT

Welcome to all those participating in the **Beginners Luncheon**.

MAZAL TOV

Dr. Leonard Davidman upon his re-election as president of the NYC Psychologists labor union, Local 1189, DC37 representing psychologists at 11 public hospitals, the NYPD, Family & Criminal courts & other city agencies.

Moran and Jack Halpern on birth of a baby boy.

LOOKING AHEAD

Shabbat, June 16: Chazzan Goffin will be our Scholar in Residence. He will lead Musaf and speak in the Rabbi's sermon slot on the "Musical and Halachic Framework of our Nussach Hatefilla." His afternoon topic will be: "3000 years of Jewish Music."

UPCOMING EVENTS

June 7 • 7:15pm • Board of Trustees and Governors meeting (located in the pre-function room)

June 10 • 4:00pm • Teen Oneg on the terrace. Sushi, Snacks and lots of fun! Sponsored by the Hudes family in memory of Dana Hudes.

THIS SUNDAY

Sunday June 4 • Salute to Israel Parade We will be marching under the banner of United Congregations for Israel. Our assembly point will be on East 53rd St between Fifth and Madison Avenues, Group #3, behind Hillel at 1:30 pm .

THANK YOU

Faith Fogelman for writing this week's Dvar Torah.

NEW TO LSS

Announcing our **Shabbat Nursing Room!** Thank you to Rabbi Josh Rosenfeld for sharing his office as a space for nursing mothers on Shabbat. All those using it on Shabbat should please move the 'nursing in progress' sign from the back of the door to the front and return to back of door once done. Thanks

Parsha Naso

By Faith Fogelman

Heightened Intellectual and Emotional Awareness

The duality of Judaism encompasses both intellectual stimulation and emotional inspiration. Upon hearing *Birkat Kohanim* (BK), the duality renders heightened awareness in both areas. The gravitational pull towards one, coupled with the intertwining of both, creates a tension rendering BK a truly breathtaking experience for shul attendees. Those inclined to academic pursuits are simultaneously penetrated by feeling and the reverse is also true. One's placement on the thought/feeling continuum can be identified by a perusal of *Gifts Differing*, by I. Briggs Myers & P. Myers. These authors could not have anticipated the fluidity of both thoughts and feelings facilitated by BK.

The shul attendee was a feeler, but her thinking wasn't latent. She was moved and enraptured upon hearing BK, but she also appreciated learning about BK as a study. She deflected her eyes during BK since the Kohanim might be distracted, so she was told. She knew that BK is found in Parsha Naso, Numbers (6:22-27), but there are 3 other times when the priestly blessings are referenced in the Torah: Leviticus (9:22); Deuteronomy (10:8); and Deuteronomy (21:5). Additionally, the priestly blessings are referenced in Joshua (8:33) and Chronicles II (30:27) where it is written: "The priests and the Levites stood to bless the people, and God heard them, for their prayer reached heaven, His holy dwelling place." She learned that in Temple days the *Kohanim* uplifted their hands and that BK had been said every morning. The rush of the business day contributed to recitation only on the Sabbath and holidays when people are more focused on their spiritual selves. She was taught that customs vary. The Sephardim recite BK on Sabbath and holidays, the Ashkenazim recite only on holidays.

She had been told to always count her blessings, but first she needed to identify them. She also needed to interpret her blessings correctly. She wished she had the confidence of Ms. Manoah* who, in response to her husband's fear when he interpreted phenomena incorrectly, responded with, "If the Lord had meant to kill us, He would not have accepted a burnt offering and grain offering from our hands, nor shown us all these things or now told us this" (Judges 13:23). How did Mrs. Manoah know? Did she have heightened intellectual or emotional awareness? Her conviction in the accuracy of her interpretation went beyond intellect.

Prayer is usually divided into four active conducts: praise, petition, appreciation, and confession. BK is different since the *Kohanim* are appealing to *HaShem* to grant blessings, sustenance, graciousness, proximity and peace to the congregants. How could other shul attendees listen without being moved? As she heard BK she thought about her *blessings*, *HaShem's* **graciousness** to her, how she had called upon Him in moments of great sorrow and great joy during which times she felt **His presence**. She thought about **peace** in all its ways - inner, inter-personal, and international peace. Was she even aware of all her blessings and in all the ways she felt at peace?

She felt and thought, in that order. She could not find expression for either, encouraged not to try by *Halakhic Man* (Rabbi Joseph Soloveitchik) which states that "Halakhic man... is very sparing in his recitation". Halakhic man is not a man of words. She felt that BK is stirring and personal. How could she express herself without the content getting lost in translation? She struggled to be confident in her future, like Mrs. Manoah, trying to connect events with blessings or blessings in disguise.

Birkat Kohanim provides hope. She had to assume that Hashem would be with her after this awful year and would restore her equilibrium. BK is an eternal blessing. "At that time the LORD set apart the tribe of Levi to carry the ark of the covenant of the LORD, to stand before the LORD to minister and to pronounce blessings in His name, as they still do today" (Deuteronomy 10:8). How do others derive strength? What does BK mean to them? Just another blessing?

Oh my. Tears were on her prayer book and she hoped that nobody saw her cascade. She had escaped into her own world. She looked up. Everybody's prayer book was also drenched with tears. She wondered what they were thinking or feeling. She'll never know since all attendees are *Halakhic* People. The experience of BK is universally enrapturing, but inexpressible with the common denominator of awe.

* Manoah and his wife ("Mrs. Manoah," who is unnamed in *Shoftim* 13:2) were the parents of Shimshon.

WEEKLY LEARNING OPPORTUNITIES

Sunday

- 9:15am-10:00am • Sunday morning Responsa with Josh Rosenfeld
- 10:00am-11:30pm • Beit Midrash Program with Rabbinic Fellow, Mark Weinwarten (Canceled this Sunday)

Monday

- Hebrew Reading Crash Course Level I given by Sharona Spivack 6:30pm-8:00pm- Rm LL201 and Rm 211 (one class remaining)
- Conversational Hebrew given by Hai Piazsky - 7:00pm- Rm 207
- Kaddish Class given by Rabbi Shaul Robinson - 7:15pm- Beit Midrash

Tuesday

- The Marilyn & Sam Isler, "Studies in the Weekly Parsha" given by Rabbi Shaul Robinson - 10:30-11:30am- Rm LL202
- Gemara B'Shana given by Rabbi Shaul Robinson - 7:00pm- Beit Midrash
- Beit Midrash Night The first book of Samuel given by Ron Platzer- 8:20pm -Rm 211

Wednesday

- Beit Midrash night: The Subversive Religious Poetry of Yehuda Amichai given by Sara Brzowsky 8:30pm-9:15pm - Rm 207

Thursday

- Women's Talk Time- led by School Psychologist Ruth Moser Riemer- 11:30am-12:30pm- Rm 201. Last week's discussion: *Surviving Trauma*
- The Jacob Adler Parsha Class: Explorations in the Weekly Parsha with Rabbi Shaul Robinson 7:15pm- Beit Midrash
- Cholent Chabura with Rabbi Josh Rosenfeld - 8:45pm (*meets off site*)

