

## SHABBAT SCHEDULE

6:41pm Earliest Candle Lighting  
7:52pm Shabbat Candle Lighting

### Friday Night

7:05pm Early Mincha/Kabbalat Shabbat in Nathaniel Richman Cohen Sanctuary led by **Chazzan Yisroel Lesches**. Dvar Torah given by **Rabbi Shaul Robinson**  
7:55pm Mincha/Kabbalat Shabbat in the Belfer Beit Midrash

### Shabbat Morning

7:45am Hashkama Minyan in the Belfer Beit Midrash followed by shiur given by **Fred Ehrman**. Topic: A lesson in Parshanut. We will be examining closely a most puzzling commandment in the Torah  
9:00am Services in the Nathaniel Richman Cohen Sanctuary led by **Chazzan Yisroel Lesches**. Drasha given by **Rabbi Shaul Robinson** followed by Musaf.  
9:15am Beginners Service led by **Dr. Leonard Davidman** in Rm LL201  
9:27am Latest Shema  
9:45am Rabbi Herschel Cohen Memorial Minyan in the Belfer Beit Midrash  
10:00am Youth Groups for children ages 2-12  
11:00am "Baby & Me" (ages 0-24 months, 3rd floor gym)

### Shabbat Afternoon

4:00pm Herb Weiss Bikur Cholim Society: Meet in the shul lobby to visit patients at Mount Sinai West. New volunteers needed  
6:05pm Beginners Mishna Chavura with **Moshe Sheinwexler** in the Belfer Beit Midrash  
6:35pm Louis & Rhoda Lazar Memorial Shabbat Pre-Mincha Shiur in the Nathaniel Richman Cohen Sanctuary given by **Rabbi Shaul Robinson** on "Rejected Halachic Positions— Should We Bentsh After Eating Steak"?  
7:35pm Mincha/ Seudah Shlishit  
8:51pm Ma'ariv/Shabbat Ends

## MAZAL TOV

**Merav and Michael Veetal** on the birth of a baby boy.

**Grandparent Shoshana Goldman** on the birth of a son, Shir Emet, Lewis Goldman, to parents Rabbi Yosef Goldman and Rabbi Annie Lewis who was born on Shabbat Tisha B'Av, July 21.

## ROSH CHODESH

The molad for Rosh Chodesh Elul will be next Shabbat afternoon 33 minutes and 9 chalakim after 7 PM. Rosh Chodesh Elul will be next Shabbat and Sunday.

## THIS SHABBAT

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**Friday Evening, 7:55pm:** Mincha/Kabbalat Shabbat in the Belfer Beit Midrash

**Shabbat Morning, 9:00am:** Services led by **Chazzan Yisroel Lesches**. Drasha given by **Rabbi Shaul Robinson**

**Louis & Rhoda Lazar Memorial Shabbat Pre-Mincha Shiur, 6:35pm:** Given by **Rabbi Shaul Robinson**

## THANK YOU TO OUR SHABBAT KIDDUSH SPONSORS

### Hashkama Kiddush:

Sponsored by the generous contributions to the fund.

### Main Kiddush:

**Richard Kestenbaum** in honor of Gloria and Richard's 36th anniversary.

**Fred Gates** in commemoration of the yahrtzeit of his father and stepfather.

### Rabbi Herschel Cohen Memorial Minyan Kiddush:

**Beginners Kiddush:** Sponsored in loving memory of Farokh and Shmuel Shoshani z"l and in honor of Rabbi Ephraim Buchwald.

**Seudah Shlishit:** Sponsors welcome.

## WELCOME NEW MEMBER

**Anita Charish**

## HIGH HOLIDAY SEATS & KOL NIDRE APPEAL

Visit our homepage at [www.lss.org](http://www.lss.org) to reserve your seats now and to donate to our appeal! T: (212) 874-6100 or email [info@lss.org](mailto:info@lss.org)

## STAFF & HOUSE UPDATES



Our previous Facility Manager, Byron Johnson, is moving on to other endeavors. We wish him all the best! His role is now being divided between our Executive Director, Tamar Fix, and Finance Administrator, Devora Movtady as well as some key custodians who will each take on a different point of responsibility. Our new facility team will begin meeting monthly to address issues and review systems. Questions? Concerns? Email [tamar@lss.org](mailto:tamar@lss.org)

Construction on our second floor security doors begins this Monday! We are thrilled to begin this project which is a completion of our 2015 Homeland Security Grant. This project will run through Friday, August 31. Next week the area will be sectioned off and will inhibit the use of access to the second floor through the south stairwell or elevator. Instead, members coming for prayer services and any other shul business are asked to use the north elevator to gain access to the second floor (during non school hours). We thank you in advance for your cooperation.

**Top Row:** Jaime, Corey, Kelvin, Jason, Brittany, Antonio

**Bottom Row:** Devora, Tamar, Rosa

### Weekly Prayer Schedule: August 5

### Mincha/Ma'ariv: 7:50pm (Sun-Thurs)

Day	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Daf Yomi	7:45am	6:15am	6:20am	6:20am	6:15am	6:20am
Shacharit	7:10am, 8:30am	7:00am, 7:50am	7:10am, 7:50am	7:10am, 7:50am	7:00am, 7:50am	7:10am, 7:50am

## WEEKLY LEARNING OPPORTUNITIES

There are times when, for various reasons, classes may be canceled. If you would like to confirm that any particular class is indeed taking place please call the shul office at 212-874-6100. To see our full Adult Ed. Brochure please visit us at [www.lss.org](http://www.lss.org)

### Monday:

- **Hebrew Crash Course Level I: 6:30pm-8:00pm** Classes last 1.5 hours, are free and open to all. Register at [www.lss.org/beginners](http://www.lss.org/beginners). Rm 210

### Tuesday:

- **Talmud Class for Women Studying Mesechet Ketubot** led by Rachel Rosenthal, PhD candidate in Rabbinic Literature at JTS: 8:00am: The course focuses on both content and skill building. Students are expected to participate in reading and some translation of the text. As this is an ongoing class, attendance every week is expected. Rm LL202
- **The Marilyn & Sam Isler, "Studies in the weekly Parsha"** led by **Rabbi Shaul Robinson** 10:30am– 11:30am. Rm LL201
- **Beit Midrash Night, The Book of Samuel II** led by Ron Platzer; 7:10pm–8:10pm. Rm 211
- **Gemara b'Shana** in Memory of Bruce Ritholtz led by Rabbi Robinson: 7:00pm– 8:00pm. Belfer Beit Midrash (canceled this week)

### Thursday:

- **Women's Talk Time:** led by School Psychologist Ruth Moser Riemer: 11:30am-12:30pm. Rm LL201.
- **The Jacob Adler Parsha Class:** Explorations in the Weekly Parsha 7:00pm–8:00pm. Belfer Beit Midrash (canceled this week)

## UPCOMING EVENTS

**Sunday August 26: 7:00pm-9:00pm: LSS Film Committee** presents Ohad Domb, an award winning Israeli director, producer, and graduate of The Ma'aleh Film School who works in Israeli TV and Film on such productions as, Srugim, Shtisel and Shababnikim. He will take you behind the scenes of your favorite Israeli TV series. Cost: \$10 Register at [www.lss.org/event/behindthescenes](http://www.lss.org/event/behindthescenes)

## YOUTH DEPARTMENT

**זרעים** Seedlings (2 years old) Room 210  
**שורשים** Roots (3-4 years old) Room 211  
**ניצנים** Buds (K-1st) Room 208  
**פרחים** Flowers (2nd-7th) Room 206  
**ענפים** Branches (2nd-7th) Room 207



### Schedule:

10:00 am - Drop-off (Room 208, 210, 211)  
 10:30 am - Davening Circle Time, and Healthy Kiddush  
 11:00 am - Baby & Me (3rd Floor Gym)  
 11:00 am - Parsha & Candy: The Importance of All Mitzvot (Room 210, 211)  
 11:10 am - Recreation and Rehydrate (Pre-Function Room Age 8+)  
 11:45 am - Pickup, groups end

### Parshat Eikev

#### The Importance of All Mitzvot

The name of this week's Parsha is Eikev which literally means the 'heel' of a foot but in this context, actually means "because." The Parsha starts by saying "Vehaya Eikev Tishma'un" -- because you will keep the Mitzvot, G-d will give you all of these different blessings. Rashi asks, why use the expression Eikev, which normally means "heel" as "because" in this context? There are other words for "because" that would be seemingly more appropriate.

Rashi answers that if you keep the mitzvot "She'Adam Dash B'Eikev," that a person steps on with his heel or that are not treated as seriously, you will benefit from all of Hashem's blessings. The lesson for us to take away is not to minimize any mitzvot. We shouldn't decide which mitzvot are important and which mitzvot are unimportant. Keeping kosher and keeping Shabbat can seem like fundamental mitzvot, but others such as making Brachot (blessings) before we eat food, or washing hands before bread, can seem trivial and slip through the cracks. Rashi teaches us that the word Eikev is used to teach the importance of every mitzvah. Because you keep all of the mitzvot, even those that can seem unimportant, you will benefit from all of Hashem's blessings.

### After Shul ask your children...

What does the word Eikev literally mean?  
 How is Eikev translated in the context of this Parsha?  
 How does Rashi explain using Eikev to mean "because" in this context?  
 When will we benefit from all of Hashem's blessings?

### Baby & Me Recap

This past Shabbat during Baby & Me, our theme was focused on the holiness and special feeling around our Shabbat tables with family. We used our new plush Shabbat kit toys to set the table and sang out loud for each individual component; "Shabbat Angels" after lighting the candles, "Shabbat is Coming" as we set up for Kiddush, and "Hamotzi" for the Challah. While reading the story, *My Very Own Mitzvah Feet*, we did some healthy stretches and marched to the beat of our feet.



In case of a bereavement, please  
 call our Clergy at 646-543-7485  
 (day or night)

If you would like to receive the  
 Shabbat Echod by e-mail, sign up at  
[www.lss.org](http://www.lss.org).

### LINCOLN SQUARE SYNAGOGUE OFFICERS

Alan Samuels, *President* ([president@lss.org](mailto:president@lss.org))  
 Ian Silver, Jay Ziffer, Morey Wildes, *Vice Presidents* James Nussbaum, *Treasurer*  
 Michael Roxland, *Controller* Adam Herbst, *Financial Secretary*  
 Judith Sabba, *Executive Secretary*, Paris Wald Stulbach, *Corresponding Secretary*  
 Tanya Gershon, *Recording Secretary*, Rande Price, Yitzy Rubin  
 You may contact our officers by emailing [Officers@lss.org](mailto:Officers@lss.org)