

SHABBAT SCHEDULE

4:39pm Shabbat Candle Lighting

Friday Night

4:45pm Mincha followed by Kabbalat Shabbat in the Nathaniel Richman Cohen. Dvar Torah given by **Rabbi Shaul Robinson**.

Shabbat Morning

7:45am Hashkama Minyan in the Belfer Beit Midrash followed by a shiur given by **Rabbi Moshe Sokolow**

*Sponsored by **Golda Hudes** in memory of her husband Dana and her grandfather Menashe, and for the refuah of Shimon ben Yehudis, Esther Miriam bat Shaina Dina and everyone else who needs a speedy refuah shlema.*

9:00am Services in the Nathaniel Richman Cohen Sanctuary.

Drasha given by **Rabbi Shaul Robinson** followed by Musaf.

9:15am Beginners Service led by **Rabbi Ephraim Buchwald** in Rm LL201

9:40am Latest Shema

9:45am Rabbi Herschel Cohen Memorial Minyan in the Belfer Beit Midrash

10:00am Youth Groups for children ages 2-12

11:00am "Baby & Me" (ages 0-24 months, 3rd floor gym)

Shabbat Afternoon

3:00pm Herb Weiss Bikur Cholim Society:
 Meets in the Shele Danishefsky Covlin Foyer to visit patients at Mount Sinai West. (New volunteers needed and welcome)

3:10pm Beginners Mishna Chavura with **Moshe Sheinwexler** in the Belfer Beit Midrash

3:40pm Samson Raphael Hirsch Bible Class with **Rabbi Ephraim Buchwald** in Rm 211

3:40pm Louis & Rhoda Lazar Memorial Shabbat Pre-Mincha Shiur in the Nathaniel Richman Cohen Sanctuary given by **Rabbi Charles Savenor** on "Mystery and History: George Washington's Letter to the Jews"

4:25pm Mincha/Seudah Shlishit. Dvar Torah given by **Rabbi Shaul Robinson**

4:25pm Women's Tefillah Group celebrating the Bat Mitzvah of **Ayumi Silver** Location: Belfer Beit Midrash

5:40pm Ma'ariv/Shabbat Ends

MAZAL TOV

Edina Sultanik and Ian Silver on the Bat Mitzvah of their daughter, Ayumi. Mazal Tov to Ayumi's brother Bernard, grandparents Helen & Abe Sultanik, great grandmothers Sally Sultanik and Ann Menche, uncles, aunts and cousins. At this momentous occasion, we lovingly remember Ian's parents, Leah and Bernard z"l, and his brother Jason z"l.

Great grandparents **Gale and Steven Spira** upon the birth of a baby boy to their grandchildren Max and Tali Ottensoser. Mazel Tov as well to the grandparents Jennifer and David Ottensoser.

Jordana Offer on her promotion to the rank of sergeant in the IDF.

SAVE THE DATE

Shabbat, May 18: Women, if you've never had a Bat Mitzvah or haven't read from the Torah, here is your chance to sign up. Read from the Torah with help from recordings and mentors. To register, please email lssbatmitzvah@gmail.com.

Please make your reservation by Thursday, February 7

Thursday, May 23: **Rabbi Shaul and Sarah Robinson** look forward to celebrating their daughter Esther's wedding, Im Yirtzeh Hashem, on May 23rd (La'g B'Omer) at Lincoln Square Synagogue.

THIS SHABBAT & MOTZEI SHABBAT

Shabbat Afternoon:

4:25pm: Women, please join the Women's Tefillah Group for a mincha service celebrating the Bat Mitzvah of **Ayumi Silver**
Location: Belfer Beit Midrash

Motzei Shabbat:

6:00pm: **Youth Pizza and Movie Night: Wreck-It Ralph:** Register at www.lss.org/event/wreckitalph. Location: Belfer Beit Midrash

7:30pm: **The Segulah Circle: A Performance to Change One's Fortune:** A project of the LSS Chesed Fund: The Segulah Circle Concert world renowned classical musicians Ittai Shapira and Greg Brown perform in an action that leads to a change in one's fortune! Guaranteed to be an elegant, uplifting event. Please register and donate at www.lss.org/event/segulahcircle.
Location: Nathaniel Richman Cohen Sanctuary

THANK YOU TO OUR SPONSORS

Hashkama Kiddush: Sponsored anonymously.

Main Kiddush: **Edina Sultanik and Ian Silver** on the occasion of the Bat Mitzvah of their daughter, Ayumi Silver.

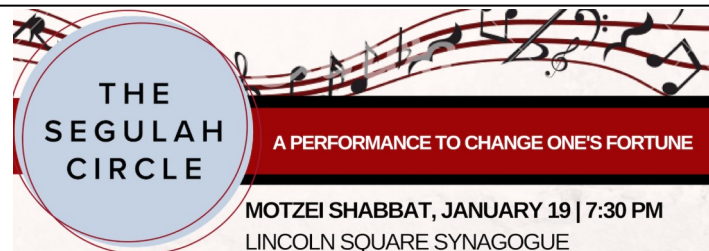
Rabbi Herschel Cohen Memorial Minyan Kiddush:
Beth and David Badner in honor of Mikaila's birthday.

Beginners Kiddush: **Michelle Tukel and Jay Brown** in honor of Lenore and Jack Brown.

Seudah Shlishit: **Ruth Cogan** in memory of her husband's yahrtzeit on Tu Bishvat. Rabbi Leo J. Cogan z"l is sorely missed by her, Jesse and Naomi Cogan, and the whole Cogan family.

HAKARAT HATOV

Jesse Cogan for writing this week's Dvar Torah.



THE SEGULAH CIRCLE
 A PERFORMANCE TO CHANGE ONE'S FORTUNE
MOTZEI SHABBAT, JANUARY 19 | 7:30 PM
 LINCOLN SQUARE SYNAGOGUE

WITH PERFORMANCES BY:



Violinist-Composer
 ITTAI SHAPIRA



Renowned Classical Guitarist
 GREG C. BROWN

A project of the LSS Chesed Fund, the Segulah Circle was created to perpetuate the cycle of giving. This series of benefit gatherings will aid local community members who are, with G-d's help, survivors of catastrophic events, and are recovering from life altering critical conditions. 100% of the funds raised will go to address the needs of these individuals, and help them regain their independence, allowing them to remain dignified members of our community. In time, they will once again elevate and support others, and be honored to be completing the Circle.

To sponsor or purchase tickets please visit
www.lss.org/event/segulahcircle
 Please make checks payable to LSS Chesed Fund, with memo "Segulah Circle"

This venue is accessible for all people with disabilities
 For corporate matching gift information please contact segulahcircle@gmail.com
 Contributions are tax deductible

UPCOMING EVENTS

Monday, January 21: Chesed Opportunity: 12:45pm—4:30pm Join GOOD+ Foundation for a fun day of volunteering to create "diaper cakes" for parents in low-income communities throughout New York City. Volunteers will package essential newborn items including diapers, onesies, teethingers, wash cloths, bibs and socks into cute welcome home gifts to celebrate new babies and alleviate some financial stress for new moms and dads. Volunteers must be at least 10 years or older. Limited space available, call the shul office to register at 212-874-6100. Location: Ballroom

Wednesday, January 30: No One Left Behind: How JNF Promotes Inclusion in the IDF: 7:00pm The United Congregations for Israel group (of which LSS is a member), together with the Jewish National Fund, invite you to "No One Left Behind: How JNF Promotes Inclusion in the IDF". Lt. Col. Tiran Attia, Director of Special in Uniform, will discuss an innovative program that integrates youth with disabilities into the IDF. Please register at www.jnf.org/nycspecial. *Please note this is an offsite event.* Location: Stephen Wise Free Synagogue, 30 West 68th Street

Wednesday, January 30: LSS Presents Lelamed: A New Women's Torah Leadership Initiative: 8:00pm Learn the practical skills to become leaders and educators within our shul community. Please register at www.lss.org/event/lelamed. Location: Rm 206/207

Thursday, January 31: Board Meeting: 7:00pm
Location: Belfer Beit Midrash

Shabbat, February 2: Spanbock Lecture: 11:15am Join us for our fourteenth Annual Jonathan H. Spanbock Lecture in Jewish Ethics. Guest speaker Professor Roy D. Simon will be speaking on "You Have the Right to Remain Silent": Lawyers, Legal Ethics, & Lashon Hara. Please RSVP at www.lss.org/event/spanbock2019. Location: Nathaniel Richman Cohen Sanctuary

Shabbat, February 2: Beginners Luncheon: 12:30pm
The cost is only \$25 per person. Register and pay online at www.lss.org/beginners or call 212-874-6100. Please make your reservations and payment by Thursday, January 31st. Location: Rm 206/207

Sunday, February 3: Wrapunzel: The Art of Head Wrapping: 11:00am
Join The Shearith Israel Sisterhood and LSS to learn the different ways of head wrapping. Cost: \$5 in advance; \$10 at the door. Please register at www.shearithisrael.org/wrapunzel. *Please note this is an offsite event* Location: Congregation Shearith Israel, 2 West 70th Street

Wednesday, February 6: A Conversation with Bari Weiss: 6:00pm Join UJA and LSS for a conversation with New York times op-ed editor and writer Bari Weiss. A native of Pittsburgh, Weiss will share her incisive, nuanced take on Israel, anti-Semitism, and the American political and cultural landscape. Cost: \$10 for members, \$18 for non-members. To register, please click the link in the Echod electronic version or call the shul office at 212-874-6100.

Thursday, February 7: Membership Meeting: 7:00pm Location: Ballroom

Sunday, February 10: LSS Presents Lelamed: A New Women's Torah Leadership Initiative: 10:00am Learn the practical skills to become leaders and educators within our shul community. Please register at www.lss.org/event/lelamed. Location: Rm 206/207

Sunday, February 10: Torah Education & Morality: Are We Succeeding?: 10:00am Join LSS with The Institute for Jewish Ideas and Ideals as they present a stimulating panel discussion of some of today's leading educators, who will address the topic question from a variety of perspectives.

WEEKLY LEARNING OPPORTUNITIES

Sunday:

- **Sunday Morning Responsa** with Rabbi Shaul Robinson; Takes place after the 2nd Minyan Location: Belfer Beit Midrash.

Monday:

- **Chug Ivrit** given by Hai Piazsky and Dan Munk. 7:00pm-8:15pm. In this class, we read articles from the Israeli press, watch videos of news stories, documentaries and comedy clips, listen to (and sing along!) to Israeli songs and chat in Ivrit. Location: Rm 207
- **The Journey: An In-Depth Study of Rebbe Nachman of Breslov's Epic Pilgrimage to the Holy Land, pt. 5** led by Rabbi Josh Rosenfeld: 8:00pm-9:00pm. Location: Belfer Beit Midrash

Tuesday:

- **The Marilyn & Sam Isler, "Studies in the weekly Parsha"** led by Rabbi Shaul Robinson: 10:30am– 11:30am. Location: Rm LL201
- **Beit Midrash night, The M'lachim (Kings) Study Group** led by Ron Platzer: 7:00pm-8:00pm). M'lachim, the Book of Kings - the death of David, the magnificent reign of Solomon and his fall, the split kingdom, the dramatic tales of Elijah and Elisha, and so much more. Join our lively weekly study/discussion group as we analyze, pasuk by pasuk, these exciting Biblical narratives. Location: Rm 211
- **Community Kollel** organized by Rabbinic Intern and Teen Director, Zac Schwartz: 7:30-9:30pm. To register please click on the link in the Echod electronic version or email teens@lss.org. Location: Belfer Beit Midrash

Wednesday:

- **Beit Midrash night: The Subversive Religious Poetry of Yehuda Amichai** given by Sara Brzowsky: 7:30pm-8:30pm. Location: Rm 207

Thursday:

- **(Canceled this week) Women's Talk Time:** led by School Psychologist Ruth Moser Riemer: 11:30am-12:30pm. Last Week's Topic: How to Handle Frustration Location: Rm LL201.
- **The Jacob Adler Parsha Class:** Explorations in the Weekly Parsha with Rabbi Shaul Robinson: 7:00pm–8:00pm. Location: Belfer Beit Midrash

Beginners Save The Date: Tuesday, February 5: Introduction to Bible: The 10 Commandments with Rabbi Ephraim Buchwald: 6:30—8:00pm: Cost: \$90, Free to LSS Members. To register, please call 212-874-6100 or register online at www.lss.org/beginners.

HOSPITALITY NEEDS

Please host our Rabbinic Intern and Community Educator for Shabbat meals and/or lodging. Please email hospitality@lss.org with the subject line "intern" and your availability to meet our current needs.

LSS Teen Director and Rabbinic Intern, Zac Schwartz and his wife, **LSS Teen Director Rachel**, are in need of meals Feb. 1-2 and meals and lodging on Feb. 15-16.

UPCOMING CHAZZAN SCHEDULE

1/26: Yitro: **Assistant Chazzan Yisroel Lesches**
2/2: Mishpatim- Mevarchim: **Chazzan Yanky Lemmer**
2/16: Tetzaveh: **Chazzan Yanky Lemmer**
2/23: Ki Tisa: **Assistant Chazzan Yisroel Lesches**

LSS is lucky to boast dynamic cantors who each have a beautiful signature vocal sound. Check out our complete chazzan schedule!

Visit www.lss.org/chazzan

Weekly Prayer Schedule:	January 20					
Day	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Daf Yomi	7:45am	7:45am	6:20am	6:20am	6:15am	6:20am
Shacharit	7:10am, 8:30am	7:00am, 8:30am	7:10am, 7:50am	7:10am, 7:50am	7:00am, 7:50am	7:10am, 7:50am
Mincha/Maariv	4:50pm	4:50pm	4:50pm	4:50pm	4:55pm	4:50pm

YOUTH DEPARTMENT

זרעים Seedlings (2 years old) Room 210
שורשים Roots (3-4 years old) Room 211
ניצנים Buds (K-1st) Room 208
פרחים Flowers (2nd-7th) Room 206
ענפים Branches (2nd-7th) Room 207



Shabbat schedule:

10:00 am Drop Off (Rooms 206-211)
 10:45 am Davening, Circle Time, and Healthy Kiddush (Rooms 206-211)
 11:00 am Parsha & Candy: Locusts, Darkness, and *Makot Bechorot* (Rooms 210-211)
 11:00 am Baby & Me
 11:10 am Recreation, Games, and Rehydration (Room 206-207)
 11:45 am Groups End

Dvar Torah

Parshat *Beshalach* has a second name, *Shabbat Shira*, because in the story, the Jewish people sang *Oz Yashir*, a prayer we say every day in *davening*. The Jewish people had just escaped Egypt and traveled through the desert where a pillar of cloud led them during the day and a pillar of fire led them at night. When they approached a place called Bal Tefon, Pharaoh decided to chase after them and saddled 600 special chariots. When the Jewish people saw the Egyptian army approaching behind them and the red sea in front of them, they were trapped and questioned Moshe: "Did you bring us out here to be killed?" Hashem told Moshe to stretch his hand out on the sea, and the sea split into two with dry land in-between. While the Jewish people crossed, the Egyptian army pursued. But as soon as the Jewish people reached the other side of the sea, the waters crashed down on the Egyptian army. In seeing this miracle, the Jewish people sang *Oz Yashir*; Miriam took a tambourine and led the women in singing.

While traveling further, the Jews arrived at a place called Marah. In Marah they couldn't drink the bitter water so Hashem instructed Moshe to dip a certain tree into the water, which sweetened and purified the water. When the people became hungry, Hashem rained bread down. The people asked, "*Maan Hu*" (What is this?), which is how this bread got the name *Maan*. The *Maan* had a magical property in that it tasted like whatever the person wanted it to. Each day, the people were allowed a single portion of *Maan*, except on Friday, Erev Shabbat, when they gathered a double portion. This story is how we got the name *Lechem Mishna* for the two *challas* or breads we bless at Shabbat meals, in remembrance of the double portion.

The parsha ends when the Jewish people are attacked by the Amalekites in a place called Rifidim. In response, Moshe appointed Yehoshua to take an army and fight them. Hashem told Moshe to remember this day and to remember what the Amalekites had done.

After Shul Ask your Children:

- A. What led the Jewish people in the desert?
- B. What other name does the parsha have?
- C. Which part of every day Davening appears in the parsha?
- D. What instrument did Miriam play?
- E. Why do we use two Challahs at each Shabbat meal?

Answers:
 A. By day, a pillar of cloud, by night, a pillar of fire
 B. Shabbat Shira
 C. Oz Yashir
 D. Tambourine
 E. Because of the *Lechem Mishna*, the double portion of *Maan* bread that the Jewish people gathered on Fridays

BABY BASKETS

We are proud to announce a new and exciting initiative sponsored by Hattie and Josh Danziger:

Thanks to booming growth in our LSS youth we are excited to launch baby care packages for new parents!

Email youth@lss.org to join the effort.

UPCOMING EVENTS

Sunday, January 27, Babies & Brunch, Winter Crafts: 10:00am-12:00pm

Sponsored by Estee and Eli Friedman & Debra and Avi Srulowitz



SAVE THE DATE: Sunday, March 17: Purim Carnival:

1:00pm-4:00pm

Sponsors Needed! Email youth@lss.org



The Sword of the Jewish People

Why did Moshe ask Pharaoh for only three days? Why not five? A week? Or the truth—forever. Pharaoh threw them out—Moshe could have asked for anything. This week's *sedra* makes it clear. Chazal say, "*Afilu cherev chada munachat al tzavro al tityaesh min harachamim.*" Even if a sharp sword rests upon your neck, do not despair. Hashem's mercy will save you." People at the brink of death have been saved through *bitachon*. *Emunah* and *bitachon* are like a sharp sword, a powerful weapon. The Jews had to sit on the edge of the Red Sea, with Pharaoh and his army in hot pursuit, to learn this lesson.

"*Hut bitachon!*" Moshe did and the water split. A little bit of *bitachon* (Moshe's, Nachshon's or Shevet Yehuda's) goes a long way. He smashed them says the *Shira*. He made the Egyptians sink. It was all about how He saved them.

Gashmius

He made sure that the Israelites' feet didn't get muddy, not making their wives scream. Even the Israelites' ownership of God, saying "*Zeh Keilee Vi'anvehu,*" is the most *gashmiusdic halachah*—one that says you should use a silver cup for kiddush but not a Dixie cup and not use just candles but a silver candelabra.

Gashmius

Why scold Moshe? Why didn't the Israelites (not yet called the Children of Israel) run back to Egypt when they got to the other side? They should have run back by themselves?

A little bit of *ruchnius* must have slipped in. The Jewish balance between the spiritual and the physical began. It would get better but would never be perfect. "*Al Tityaesh*" the Jews had to be told. "Is this how you pay back God? You're stupid!" says Moshe in his goodbye message to *Bnei Yisrael*. "He is the creator."

The Israelites didn't sing about how He did 10 miracles in a row. They didn't even mention His taking them out of slavery. That their water did not turn to blood and that the frogs behaved. That they were able to see in *choshech* while the Egyptians were blind. That none of their first born were killed.

"*Sus Virochvo Rama BaYam*" they sang. They won! They beat their enslavers! "He is Hashem—Warrior is his name."

Gashmius

They never used the word "*nes*" but rather "*pele*" like a cellular phone in Israel.

No, they didn't run back. The real goal was *Aseret Hadibrot* and to get back the land of their forefathers. *Yam Suph* just got in the way.

"*Al tityaesh*" is the message of The Song. "Have *bitachon*." Hashem will take care of the rest.

Glossary

Sedra: Portion of the week

Chazal: Scholars of Blessed Memory

Bitachon: Faith

Emunah: Belief

Hut Bitachon: Have Faith

Choshech: Darkness

Sus Virochvo Rama BaYam: The horse and its rider He drowned in the sea

Shira: The Song (of the sea")

Zeh Keilee Vi'anvehu: This is my God and I will enshrine him

Gashmius: Physicality

Ruchnius: Spirituality

Nes: Miracle

Pele: Wonder

Aseret Hadibrot: The Ten Commandments

Yam Suph: Sea of Reeds

Al tityaesh: Don't despair