

Parshat Beha'alotcha

Shaul Robinson Senior Rabbi

Josh Rosenfeld Assistant Rahhi **Sherwood Goffin**

Foundina Chazzan

19 Sivan 5778 Yanky Lemmer

Cantor

June 1-2 **Tamar Fix**

Alan Samuels

Executive Director President

SHABBAT SCHEDULE

6:49pm Earliest Candle Lighting 8:03pm Shabbat Candle Lighting

Friday Night

Early Mincha/Kabbalat Shabbat in Nathaniel Richman Cohen 6:45pm Sanctuary led by Chazzan Yanky Lemmer. Dvar Torah given by

Rabbi Shaul Robinson.

Mincha/Kabbalat Shabbat in the Nathaniel Richman Cohen 8:05pm

Sanctuary

Shabbat Morning

7:45am Hashkama Minyan in the Belfer Beit Midrash followed by shiur given

by Dr. Moshe Sokolow

Parsha Shiur given by Rabbinic Intern, Jeremey Perlow 8:30am

9:00am Services in the Nathaniel Richman Cohen Sanctuary led by Chazzan

Yanky Lemmer. Dvar Torah given by Rabbi Shaul Robinson followed

by Musaf. General Elazar Stern will be speaking after Musaf.

9:09am

9:15am Beginners Service led by Rabbi Ephraim Buchwald in Rm LL201 9:45am

Rabbi Herschel Cohen Memorial Minyan in the Belfer Beit

Midrash

10:00am Youth Groups for children ages 2-12

11:00am "Baby & Me" (ages 0-24 months, 3rd floor gym)

Shabbat Afternoon

12:30pm Beginners Luncheon Room 206/207 YP Roof Top Garden Party Lunch 1:00pm

6:00pm Teen Shabbat Oneg

Beginners Mishna Chavura with Moshe Sheinwexler in the Belfer 6:20pm

Beit Midrash

6:50pm Samson Raphael Hirsch Bible Class with Rabbi Ephraim

Buchwald in Rm 211

6:50pm Louis & Rhoda Lazar Memorial Shabbat Pre-Mincha Shiur in the

Nathaniel Richman Cohen Sanctuary given by Rabbi Josh Rosenfeld.

7:50pm Mincha/Seudah Shlishit. Guest speaker, Daniel Goldman

9:05pm Ma'ariv/Shabbat Ends

HAKARAT HATOV

Faith Fogelman for writing this week's Dvar Torah.

Madeline Dolfman, Jackie Mero, Rebecca Mero and Keren Stulbach for volunteering last shabbat for our Ben Adam Le'Chavero Kiddush Program. Please volunteer and help continue this important mitzvah! (helping to bring food and drinks to those who need assistance) Email teens@lss.org.

MAZAL TOV

The Dolfman Family on the occasion of their daughter Madeline's Bat Mitzvah.

Grandparents Esther and Dr. William Green on the birth of a granddaughter Orly Zipporah to their children Blima Malka and Zach Freud. Mazal tov to big sister Emma Rebecca and to Aunt, Uncle and Cousins, Rachel and Dr. Yonah Green, J.J., Sammy and Ava Scarlet.

Great Grandparents Shari and Joseph Sonnenberg on the birth of a son, Yishai, to their grandchildren Devorah and Attias in Elad Ramat Beit Shemesh.



THIS SHABBAT

Friday Evening, 6:45pm: Early Mincha/Kabbalat Shabbat in the Nathaniel Richman Cohen Sanctuary led by Chazzan Yisroel Lesches.

Drasha given by Rabbi Shaul Robinson

Friday Evening, 8:05pm: Mincha/Kabbalat Shabbat in the Nathaniel Richman Cohen Sanctuary

Shabbat Morning, 9:00am:

Davening led by Chazzan Yanky Lemmer.

Dvar Torah given by Rabbi Shaul Robinson.

General Elazar Stern will be speaking after Musaf on What Really Happened at the Gaza Border. Elazar Stern is an Israeli politician and former soldier. He served as a Major General in the Israel Defense Forces and as Head of the Manpower Directorate. In 2013, he became a member of the Kennest for Hatunah, and currently serves as an MK for Yesh Atid.



Shabbat: 12:30pm: Beginners Luncheon. We hope you enjoy! Rm 206/207

Shabbat: 1:00pm: YP Roof Top Garden Party Shabbat Lunch. Join LSS Young Professionals in their 20s and 30s as we celebrate great weather at our Roof Top Garden Party Shabbat Lunch. All YP's are welcome. Free babysitting will be provided. (pre-registration required).

Shabbat, 6:00pm: Teen Shabbat Oneg on the Spira Terrace.

Shabbat, 6:50pm: Louis & Rhoda Lazar Memorial Shabbat Pre-Mincha Shiur in the Nathaniel Richman Cohen Sanctuary given by Rabbi Josh Rosenfeld

Seudah Shlishit: Daniel Goldman, Chairman of Gesher Daniel is the founder and managing partner at Goldrock Capital. Born in London, Daniel emigrated to Israel and 1992 and lives there with his wife and children. Daniel is active in many organizations that promote understanding and tolerance among all sectors of society.



THANK YOU TO OUR SHABBAT KIDDUSH SPONSORS

Hashkama Kiddush: Sponsored anonymously. Welcoming back Rabbi Moshe Sokolow.

Main Kiddush: The Dolfman family in honor of their daughter Madeline becoming a Bat Mitzvah.

Rabbi Herschel Cohen Memorial Minyan Kiddush: Bernard Broome in celebration of his daughter Gabrielle's graduation from SAR high school and in honor of our gabbaim Joel Abramson and Alan Axelrod.

Beginners Kiddush: Beatrice Stoller in commemoration of the yahrtzeits of Beatrice's beloved brother, Gerald Mazur, Yochanan ben Yitzchak, son of Irving Mazur z"l and her beloved father Irving Mazur z"l, Yitzchak ben Shlomo, son of Solomon Mazur.

Seudah Shlishit: Shari and Joseph Sonnenberg in commemoration of the yahrtzeit of Joe's father, Shlomo Zalman ben Chaim Dovid z"l and the birth of a great grandson, Yishai Attias in Israel.

THIS SUNDAY

10:30am: Converts in Conversation Topic: "Modesty - Tzniut All Year Round." Rm 211. Register at www.lss.org/event.convertsinconversation

12:15pm: Celebrate Israel Parade We will meet on East 52nd Street between Fifth and Madison Avenues. Look for the banner that reads UWS Loves Israel which will include the LSS logo. We will be marching right behind the UJA group. Come and demonstrate your support for Israel!

7:00pm: Please join us for the next screening of Shababnikim.

This screening will include Episodes 4-6. To register visit www.lss.org/film.

ANNUAL DINNER: SUNDAY, JUNE 17

Keter Torah Award:

Guests of Honor:

Dr. Susan Ungar-Mero and Steven Mero

Le'dor Va'dor Award:

Shirley Wald and Paris Wald Stulbach





Chani and Rabbi Josh Rosenfeld

WEEKLY LEARNING OPPORTUNITIES

There are times when, for various reasons, classes may be canceled. If you would like to confirm that any particular class is indeed taking place please call the shul office at 212-874-6100. To see our full Adult Ed. Brochure please visit us at www.lss.org

Sunday

- Sunday Morning Responsa with Rabbi Josh Rosenfeld; Takes place after the 2nd Minyan - Belfer Beit Midrash.
- Sunday Morning Beit Midrash Program: 10:15am—11:45am. Come enjoy a bagel and OJ with our Rabbinic Interns, Zachary Rothblatt and Jeremy Perlow, and participate in two interactive shiurim on 1) Jewish Philosophy and 2) the Laws and Proper Perspective on Blessings and Jewish Holidays.

Monday:

- Hebrew Reading Crash Course Levels II: 6:30pm- 8:00pm: The 5 classes last 1 1/2 hours, and are free and open to all. Register at www.lss.org/beginners. Rm 211.
- Chug Ivrit given by Hai Piazesky. 7:00pm-8:15pm. In the class, we read articles from the Israeli press, watch videos of news stories, documentaries and comedy clips, listen to (and sing along!) Israeli songs and chat in
- The Jewish Living Workshop Led by Dassa and Bill Greenbaum: 6:30pm-7:30pm The Jewish Living Workshop, a 10 sessions series, is a "hands-on" experience. We learn by doing. The workshop is free, a few sessions will require a modest fee for materials; register at JLworkshop@yahoo.com. Topic: Mikeveh and Family Purity. Meets offsite

Tuesday:

- Talmud Class for Women Studying Mesechet Ketubot led by Rachel Rosenthal, PhD candidate in Rabbinic Literature at JTS: 8:00am: The course focuses on both content and skill building. Students are expected to participate in reading and some translation of the text. As this is an ongoing class, attendance every week is expected. Rm LL202
- The Marilyn & Sam Isler, "Studies in the weekly Parsha" led by Rabbi Robinson 10:30am—11:30am. RmLL201 (Canceled this week)
- Beit Midrash Night, The Book of Samuel II led by Ron Platzer; 7:05pm— 8:05pm. Rm 211
- Gemara b'Shana in Memory of Bruce Ritholtz led by Rabbi Robinson: 7:00pm—8:00pm. Belfer Beit Midrash (Canceled this week)
 Wednesday:
- Beit Midrash night: The Subversive Religious Poetry of Yehuda Amichai given by Sara Brzowsky: 8:00pm-9:00pm. Rm 207

Thursday:

- Women's Talk Time: led by School Psychologist Ruth Moser Riemer:11:30am-12:30pm. Rm LL201 Last Week's Topic: Dealing With Grief
- The Jacob Adler Parsha Class: Explorations in the Weekly Parsha with Rabbinic Intern Zachary Rothblatt: 7:00pm–8:00pm. Belfer Beit Midrash

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ריטר ה' עולם אשירה לדור ודור From generation to generation I will sing of the mercies of the LORD forever Psalms 89:1

DR. SUSAN UNGAR-MERO AND STEVEN MERO
Guests of Honor

CHANI AND RABBI JOSH ROSENFELD Keter Torah Award

PARIS WALD STULBACH

Le'dor Va'dor Award

SHIRLEY WALD

SUNDAY, JUNE 17TH 2018
AT 5:30 IN THE EVENING
180 AMSTERDAM AVENUE. NEW YORK CITY

DINNER CHAIRS:
GLORIA KESTENBAUM
TALIA & JETHRO SOLOMON

JOURNAL CHAIRS: MICHAEL LAUFER YITZY RUBIN

Festive Attore

UPCOMING EVENTS

Tuesday, June 5: 8:00pm: Shiur with Rabbi David Ebner, Rosh Yeshiva and Mashgiach at Yeshivat Eretz HaTzvi. Topic: "A Story or Two, A Sefat Emet, And A Tangent." The shiur is open to all alumni, family, and friends of Yeshivat Eretz HaTzvi as well as the general public at large. Copies of Rabbi Ebner's new poetry, Dance Words, will be available as well. N.B. Mrs. Shulamith Teitz Ebner will also be in attendance.

Monday June 11: 7:00pm: Bar Mitzvah Project Tropp Class Don't miss the chance to be involved in the Bar Mitvah Project this coming Simchat Torah! Cantor Goffin has graciously agreed to give another class in Tropp- (the Cantalitions used in reading Torah) Rm 208/210

EVENT SPACES AT LSS

LSS boasts a range of multi-function rooms for your next simcha or event. Contact us for a private tour of our beautiful outdoor terrace. 442–seat circular sanctuary. Our warm and inviting Beit Midrash and our other event space possibilities. Whether you need to book a venue for a wedding, bar/bat mitzvah, a board meeting, a birthday party or just an informal gathering. We are sure to have something that meets your needs.

For more information, visit www.lss.org/eventspace

E: Devora Movtady at devora@lss.org

T: 212 874 6100 ext 106.

Weekly Prayer Schedule: June 3					Mincha/Ma'ariv: 8:10pm (Sun-Thurs)	
Day	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Daf Yomi	7:45am	6:15am	6:20am	6:20am	6:15am	6:20am
Shacharit	7:10am, 8:30am	7:00am, 7:50am	7:10am, 7:50am	7:10am, 7:50am	7:00am, 7:50am	7:10am, 7:50am

YOUTH DEPARTMENT

זרעים Seedlings (2 years old) Room 210 שורשים Roots (3-4 years old) Room 211 ניצנים Buds (K-1st) Room 208 פרחים Flowers (2nd-7th) Room 206 ענפים Branches (2nd-7th) Room 207



Shabbat Youth Schedule

10:00 am - Dropoff and Davening (all groups) 10:30 am - Lessons from Pesach Shani (all groups) 10:50 am - Second Chances, KanJam (Terrace or Prefunction Room)

11:00 am - Baby & Me (3rd-floor gym) 11:45 am - Pickup and groups end

Parsha Theme: It's never too late

In this week's Parshat Beha'alotcha there are many different components, starting with a discussion of the Levis and ending with the Jewish people complaining to Moshe about the lack of fish and meat. Unfortunately, the story has an unhappy ending—when the Jewish people receive quail, many who eat it end up sick and passing away. One happier lesson we can apply to our everyday life is the story of Pesach Shani. Jewish people who were unable to bring the initial Korban Pesach, either because they were tamei (impure) or too far away to arrive on time to give the Korban, went to Moshe and asked what to do. G-d told Moshe these people should bring the Korban Pesach as a Pesach Shani, a second offering on the 14th of Iyar, one month after the initial Korban Pesach. We can take away from this that sometimes in life we think it's too late to do the right thing or to make up for a lost opportunity. Pesach Shani tells us it's never too late and there are second chances.

Parsha Questions:

What was Pesach Shani? Which lesson does Pesach Shani teach? Why did the people complain at the end of Beha'alotcha?

Baby & Me Recap

This past Shabbat during Baby & Me, the babes learned how Mitzvot help give us confidence, through the story "How Mitzvah Giraffe got his Long Long Neck." Together we learned to share and help our friends. The babies then practiced their fine motor skills and dance moves through a special rendition of *Dovid Melech Yisrael*.



Upcoming Events:

June 10, 10:00 am: 12:00 pm: Tie Dye & Goodbye

June 24, 10:00 am: 12:00 pm: Babies & Brunch Five Senses Edition

Thank you to our sponsors

Estee & Eli Friedman and Vanessa & Michael Rouzenrouch for sponsoring the next edition of Babies & Brunch on June 24!

Jed and Olga Sunden in honor of baby Simon and Jesse and Miriam Izak for sponsoring this week's Shabbat Nosh and Popsicles for Youth Groups.

If you'd like to sponsor the nosh and popsicles for youth groups next week, please email Youth@lss.org

Shabbat Shalom! Ariella & Mendel Lazaros

THE MAGEN AVRAHAM TEEN DEPARTMENT



This Shabbat:

6:00pm: Shabbat Teen Oneg celebrating all Teen GraduatesJoin us for Pareve Ice Cream Sundaes, snacks, sports, and games!

Sponsored by the Ackerman Family and the Mero Family. Location: Spira Terrace

Upcoming Event:

Shabbat, June 16: 4:30pm: Teens on the Terrace: End of Year Celebration More details to follow

Shabbat Shalom! Danielle & Ariel Sterman



Parshat Beha'alotcha June 1-2

Written by: Faith Fogelman



Reflections of Self

The most comprehensive psychological insight into self can be found by reading Torah. A careful perusal will support that human nature has not changed since biblical days, but readers have to know where to look. Some parshas are more psychologically focused than others, especially beyond Genesis. Some latter parshas focus more on the exodus story, law, religious practices, and emerging Judaism, while others focus on something else. Parshat Beha'alotcha is multi-faceted. It gets its name from the priestly responsibility of lighting the Menorah, moves into a discussion of holidays, and also includes two notable episodes of dissatisfaction, frustration, and jealousy.

Let them eat fish. The first episode features the Jewish people weeping for the good old days of slavery in Egypt when they ate a diet rich in fish—free of charge—cucumbers, melons, leeks, onions, and garlic (Numbers: 11:5). Now all they had was manna. Their dissatisfaction with manna overwhelmed Moshe Rabbeinu who appealed to HaShem. They lost sight of the overarching situation, the mission of establishing themselves as a free people. Food got in the way. The psychological underpinnings of frustration is frequently associated with a desire to maintain control over traditional ways (Berkowitz & Newman, 1977). Moving into unknown galaxies shakes the equilibrium and triggers regression. Feelings of unhappiness are reinforced by the group experience since the group justifies the free expression of misery and victimhood, unless a few group members come forward to proclaim the positive aspects of the big picture, as is evident in Parshat Shelach.

The dimension of transition for the greater good, which might include forfeiting perks, is difficult. Frustration is underscored when enmeshed in the loss of customary amenities resulting in the failure to see the ultimate purpose. There was no greater ultimate purpose of beneficial change than the exodus from Egypt, but that point was lost on those whose slave status brought some degree of a comforting routine, including good food. Fear of the future, mourning the past, and the disappearance of Moshe Rabbeinu were contributing factors to the Golden Calf episode (*Exodus*: 32:3). Transitions are hard even when shifting from *good to great* (Collins, 2001) or terrible to great. What we had was always better, at least until we gain awareness of the dynamics of moving forward, embrace a new identity, and get accustomed to a new routine. The Jewish people in our parsha had yet to do any one.

Younger but greater? The second episode of unhappiness comes at the end of our parsha and on a more personal scale. Aaron and Miriam speak against their brother, Moshe Rabbeinu, and even his Cushite wife, which could reflect a touch of racism. Jealous of his prestige, Miriam is suddenly afflicted with leprosy. Karen Horney writes about the dynamics of good friends and siblings. She states that we are conflicted between competition and brotherly love. We can choose one or the other, or chose the two which renders compromise in both directions. When we choose competition resulting in success, our self-esteem rises. We got what we want and then can assuage the hurt feelings of the other (Horney, 1937). The siblings of Moshe Rabbeinu made the choice of competition resulting in drastic consequences, at least for Miriam who was afflicted with leprosy. Why did they fail to see the big picture of their brother's unique role?

What is the common lesson here? The Jewish people and the siblings of Moshe Rabbeinu felt justified to free expression of misery based on not seeing the overarching issue. In the first case, the expression was driven by culinary dissatisfaction and the right to have the same *delicious* diet they had in Egypt. Hashem gave them what they wanted in abundance, but His gift of redemption was lost on them. The second case was driven by ego. Hashem heard the siblings, but His gift of selecting the leader of the Jewish people from their family was lost on them.

There are those who do not read newspapers claiming that the weekly parsha provides insights into current events. Is today's news reflective of a lack of appreciation and ego-driven competitions for prestige? Self-awareness is a gift which can be developed. Few take the time to do so. Nothing has changed. Life should not be all about self; self should embrace awareness.

Shabbat Shalom!

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