TRANFORMATIONS

by Nancy Jacobs

When I was asked to write an article on "transformations", it struck me as an odd word. "Transformation" was the word they used to kick around at EST seminars. It was the promise you could buy for $750 and a weekend.

But my experience of Judaism has been anything but a "quick fix" to life's problems or questions. At its base, Judaism, religious practice and learning have given me something nothing else ever has -- a context to become who I really am, a Jewish Woman. It has given my life a structure, so that I don't feel like I need to re-invent the wheel every day. There has been a growing self-confidence which I've obtained by being part of community.

I came from a dysfunctional home. Therefore, it was often incredible, and at times overwhelming, for me to learn and observe the Shabbat rituals of love for family and children. But I now know that there are different role models from which I can choose, when, G-d willing, I create my own family. My friends say that I have more peacefulness about me. I just think I'm less scared. My life and all its blessing are very real for me now, I don't feel like a house of cards. I feel supported by G-d and by community.

Sometimes all the feelings are hard to process. They can be quite painful. But I never feel that it is pain without purpose. To the contrary, I always feel, literally, as if they are growing pains.

A lot of external things have changed over the past few years. My business, thank G-d, is doing well. And most importantly, I have created a beautiful home across the street from the Shul! I am more at home in the world since I have found a home as a Jew, and a place to explore my relationship with G-d.

It has been a "transformation," a slow growing process which has left me much richer than I ever imagined possible.

Nancy Jacobs is a graduate of the LSS Beginners Service, and is an agent for animation studios.

NJOP Mission to Israel

led by

Rabbi Ephraim Z. Buchwald

Sunday, October 25 - Friday, November 6, 1992

Includes: 2 days in Tel Aviv: Dan Panorama
6 days in Jerusalem: King Solomon Hotel
1 day in Safed: Rimon Inn
1 day in Kibbutz Lavi

- **Visits to spiritual and religious sites**
- **Tours of the Galilee and Negev**
- **Lectures and briefings by noted rabbis, teachers and specialists**
- **Visit to the new Bible Lands Museum**
- **Boatride on Lake Kinneret**

$1999 per person dbl. occ. + $33 airport tax

includes airfare, hotels, breakfasts, all Shabbat meals, Gala Banquet and tours

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CONGRATULATIONS AND MAZAL TOV

ENGAGEMENTS

Betsy Ozer and Avi London
Shelley Reich and Serge Ben Nathan
Beth Richman and Joshua Schwartz

MARRIAGES

Deborah De Winter and Philip Sussman
Barbara Goodstein and Robert Rosenblatt
Dr. Kathy Halton and Dr. Marc Rosenblatt
Devorah Rutterman and Dr. Richard Roberts
Barbara Seplowitz and Marvin Schumer
Dr. Helene Tapper and Andy Linder
Deborah Weiss and Elliot Caplan

BIRTHS

Dr. Michelle and Benjamin Belfer, on the birth of a girl, Rachel
Kaila and Barry Friedman, on the birth of a boy, Aharon Hersch
Eliora (Megan) and Michael Levinson, on the birth of a boy, Mordechai Itai
Carole Weisz and Dr. Michael Putter, on the birth of a boy, Noah Seth
Joy and Dr. Marc Rothenberg, on the birth of a girl, Eliana Nitza
Michelle and Eli Salig, on the birth of a girl, Margolit Nechama

TZEITCHEM L'SHALOM (To live and/or study in Israel)

Miryam Stevens
Tamar and Alec Gindis

REFUAH SH'LEIMAH (Speedy recovery)

Marian Friedman
Steven Goodman
Maurice Orkin

CONDOLENCES

Counselor Yochanan B. Allison, on the loss of his brother, Robert F. Allison
Rabbi Ephraim Buchwald, on the loss of his father, Moshe A. Buchwald
Raphael Epand, on the loss of his mother, Jacqueline Epand

SCHEDULE OF SERVICES

Friday, Sept 11th
Kindle Shabbat Candles.....6:54 p.m.
Mincha and Kabbalat Shabbat.....7:05 p.m.

Shabbat, Sept 12th (KI TETZE)
Shabbat Morning Services.....8:45 a.m.
Daf Yomi.....5:25 p.m.
Bible Class.....5:55 p.m.
Talmud Class.....6:10 p.m.
a.....6:55 p.m.
Mincha Maariv.....6:55 p.m.

Friday, September 18th
Kindle Shabbat Candles.....6:42 p.m.
Mincha and Kabbalat Shabbat.....6:50 p.m.

Shabbat, Sept 19th (KI TAVO)
Shabbat Morning Services.....8:45 a.m.
Daf Yomi.....5:10 p.m.
Bible Class.....5:40 p.m
Talmud Class.....5:55 p.m
Mincha..... 6:40 p.m
Daily Mincha Maariv.....6:45 p.m
Early Selichot.....10:15 p.m
Rabbi's Drasha.....11:30 p.m
Selichot.....12:45 a.m.

Sunday, September 20
Morning Services.....7:10 & 8:30 a.m

Monday, September 21
Morning Services.....6:40 & 8:30 a.m

Tuesday - Friday September 22-25
morning services.....6:40 & 7:30 a.m.

Friday September 25
Kindle Shabbat Candles..... 6:29 p.m
Mincha and Kabbalat Shabbat..... 6:35 p.m

Shabbat September 26 NITZAVIM
Shabbat Morning Services.....8:45 a.m
Daf Yomi.....4:55 p.m
Bible Class.....5:25 p.m
Talmud Class.....5:40 p.m
Mincha

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Sunday, September 27th Erev Rosh Hashana
Selichot and Morning Services.....6:00 & 8:00 a.m.
Kindle Rosh Hashana Candles.....6:30 p.m.
Mincha and Kabbalat Rosh Hashana.....6:35 p.m.

Monday, September 28th
Rosh Hashana Services.....7:45 a.m.
Beginner's Service.....9:00 a.m.
Tashlich Walk.....5:35 p.m.
Mincha.....6:35 p.m.
followed by Maariv and Daf Yomi
KINDLE ROSH HASHANA CANDLES NOT BEFORE.....7:26 P.M.

Tuesday, September 29th
Rosh Hashana Services.....7:45 a.m.
Beginners Service.....9:00 a.m.
Daf Yomi.....5:30 p.m.
a.....6:30 p.m.

sday, September 30th Fast of Gedalia
begins.....5:39 a.m.
Selichot & Morning Services.....6:35 & 7:15 a.m.
Mincha.....6:10 p.m.
Fast concludes.....7:11 p.m.
Daily Selichot and Morning Services.....6:35 & 7:15 a.m.
Daily Mincha & Maariv.....6:25 p.m.

Friday, October 2nd
Kindle Shabbat Candles.....6:19 p.m.
Mincha and Kabbalat Shabbat.....6:25 p.m.

Saturday, October 3rd (VA-YELECH) Shabbat Shuvah
Daf Yomi.....8:00 a.m.
Shabbat Morning Services.....8:45 a.m.
Mincha.....5:30 p.m.
followed by Rabbi Weinberg's Shabbat Shuva Discourse
Daily Mincha & Maariv.....6:20 p.m.

Sunday, October 4th
Selichot and Morning Services.....6:35 & 8:00 a.m.

Monday, October 5th
Selichot and Morning Services.....6:35 & 7:15 a.m.

Tuesday, October 6th Erev Yom Kippur
Selichot and Morning Services.....7:00 & 7:30 a.m.
Mincha.....1:30, 3:00 & 3:45 p.m.
Kindle Memorial and Yom Kippur Candles.....6:12 p.m.
Kol Nidre Services.....6:15 p.m.
Wednesday, October 7th Yom Kippur
Main Sanctuary.....8:00 a.m.
Auditorium.....9:00 a.m.
Beginners.....9:00 a.m.
Final Shofar blast.....7:12 p.m.
PUBLIC YIZKOR SERVICES at.....1:30 p.m., 2:30 p.m.,& 3:30 p.m.
IN THE ANNEX.
Daily Mincha Maariv.....6:15 p.m.

Thursday, October 8th
Morning Services.....7:10 & 7:50 a.m.

Friday, October 9th
Morning Services.....7:10 & 7:50 a.m.
Kindle Shabbat Candles.....6:09 p.m.
Mincha and Kabbalat Shabbat.....6:15 p.m.

Saturday, October 10th (HAAZINU)
Shabbat Morning Services.....8:45 a.m.
Daf Yomi .....4:35 p.m.
Bible Class.....5:05 p.m.
Talmud Class.....5:20 p.m.
Mincha.....6:05 p.m.

Sunday, October 12th
Sukkot Morning Services.....7:10 & 8:30 a.m.
Kindle Yom Tov Candles.....6:04 p.m.
Mincha and Kabbalat Yom Tov.....6:10 p.m.

Monday, October 12th
Sukkot Morning Services.....8:00 & 8:45 a.m.

Talmud Class.....5:[illegible] p.m.
Mincha.....6:05 p.m.
KINDLE YOM TOV CANDLES NOT BEFORE.....7:01 p.m.

Tuesday, October 13th
Sukkot Morning Services.....8:00 & 8:45 a.m.
Talmud Class.....5:05 p.m.
Mincha.....6:05 p.m.
Daily Mincha & Maariv.....6:05 p.m.

Wednesday - Thursday October 14th -15th
Daily Chol Hamoed Morning Services.....7:00 & 7:40 a.m.

Friday, October 16th
Morning Services.....7:00 & 7:40 a.m.
Kindle Shabbat Candles.....5:57 p.m.
Mincha and Kabbalat shabbat.....6:00 p.m.

Saturday, October 17th
Shabbat Morning Services.....8:45 a.m.
Talmud Class.....4:50 p.m.
Mincha.....5:50 p.m.
Seudah Shlishit in the Sukkah

Sunday, October 18th
Hoshana Rabba
Morning Services.....6:30 & 8:00 a.m.
Kindle Yom Tov Candles.....5:54 p.m.
Mincha and Kabbalat Yom Tov.....6:00 p.m.

Monday, October 19th
Shemini Atzeret
Morning Services
including Yizkor Memorial Services.....8:00, 8:45 & 9:30 a.m.
Talmud Class.....4:55 p.m.
Mincha.....5:55 p.m.
KINDLE YOM TOV CANDLES NOT BEFORE.....6:52 P.M.

Tuesday, October 20th
Simchat Torah
Hashkamah Minyan.....6:45 a.m.
Yom Tov Morning Services.....8:30 a.m.
Family Service.....9:00 a.m.
Women's Tefillah Group.....9:00 a.m.
Late Minyan.....9:00 a.m.
Daf Yomi.....4:55 p.m.
Mincha.....5:55 p.m.
Daily Mincha & Maariv.....5:55 p.m.

Women's Tefillah Groups will be meeting at the Esplanade Hotel.

Friday, October 23th
Kindle Shabbat Candles.....5:47 p.m.
Mincha and Kabbalat Shabbat.....5:55 p.m.

Saturday, October 24th (BERESHEET)
Shabbat Morning Services.....8:45 a.m.
Talmud & Bible Classes.....4:10 p.m.
Mincha.....5:10 p.m.
Daily Mincha & Maariv.....4:50 p.m.

Please remember to move your clock back for Eastern Standard Time

Maariv only Monday - Thursday.....6:20 p.m.

Tuesday and Wednesday, October 27th & 28th Rosh Chodesh Cheshvan
Morning Services.....7:00 & 7:40 a.m.

Friday, October 30th
Kindle Shabbat Candles.....4:37 p.m.
Mincha and Kabbalat Shabbat.....4:45 p.m.

Saturday, October 31st (NOACH)
Daf Yomi.....8:00 a.m.
Shabbat Morning Services.....8:45 a.m.
Talmud & bible Classes.....3:50 p.m.
Mincha.....4:35 p.m.
Daily Mincha & Maariv.....4:40 p.m.
Maariv only Monday - Thursday.....6:20 p.m.

Tuesday, November 3rd - Election Day
Morning Services.....7:10 & 7:50 a.m.

Friday, November 6th
Kindle Shabbat Candles.....4:29 p.m.
Mincha and Kabbalat Shabbat.....4:35 p.m.

Saturday, November 7th (LECH-LECHA)
Daf Yomi.....8:00 a.m.
Shabbat Morning Services.....8:45 a.m.
Talmud & Bible Classes.....3:40 p.m.
Mincha.....4:25 p.m.
Daily Mincha & Maariv.....4:30 p.m.
Maariv Only Monday - Thursday.....6:20 p.m.

Wednesday, November 11th - Veterans Day
Morning Services.....7:10 & 7:50 a.m.

Friday, November 13th
Kindle Shabbat Candles.....4:22 p.m.
Mincha and Kabbalat Shabbat.....4:25 p.m.

Saturday, November 14th (VAYERA)
Daf Yomi.....8:00 a.m.
Shabbat Morning Services.....8:45 a.m.
Talmud & BIble Services.....3:35 p.m.