

A YOM KIPPUR LETTER TO MY RABBI

Dear Rabbi:

I'll tell you the whole story now. It was before Yom Kippur - a few hours before Yom Kippur and I decided to try your test. So I filled up my cheek with water - it was more than 1 1/2 ounces. I tried again - it was less than 1 1/2 ounces. Again, 1 3/4 ounces. Should I call Rabbi Buchwald at this hour and ask him MORE QUESTIONS? What if I take in the wrong amount - can I do anything to change my cheeks so they will hold less than 1 1/2 ounces of water? Then I decided to try figuring out how to eat solid food. Test run #2. No bigger than an olive. But I don't have olives. So I went out and bought olives. But there were 15 different brands. Big, small, medium. I tried one can and tried molding tuna fish to see how much I could eat.



I said to myself this is getting ridiculous - I better call Rabbi Buchwald. It's too late already! Being the neurotic I am, I was obviously going crazy. The measurements, the sizes, drove me crazy - it's too complicated. It's easier to fast. So I did!

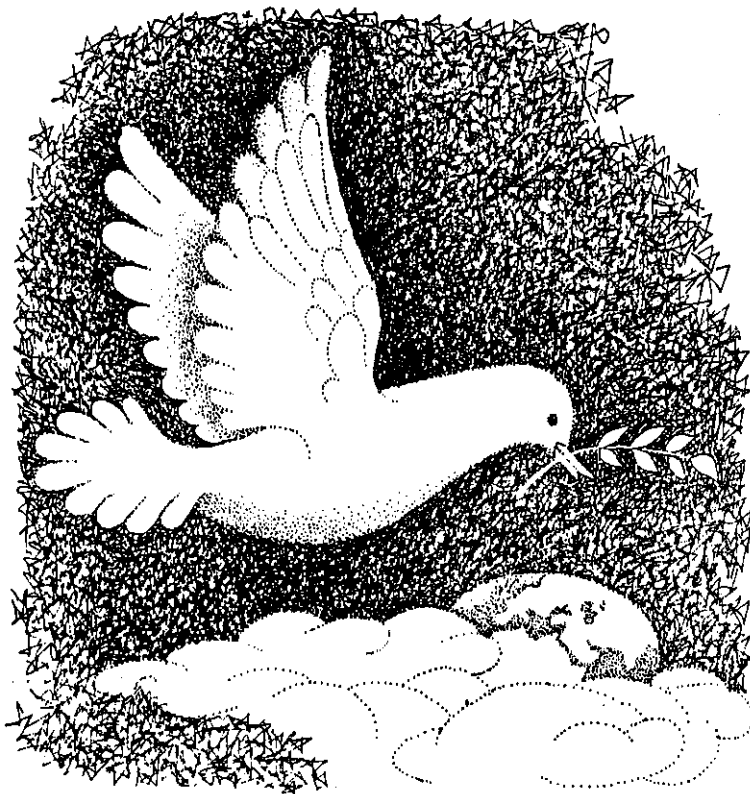
I loved the service. It gave me the strength to fast. And the fasting itself was truly meaningful. Thanks again for everything. Wishing you and your family a wonderful happy and healthy year.

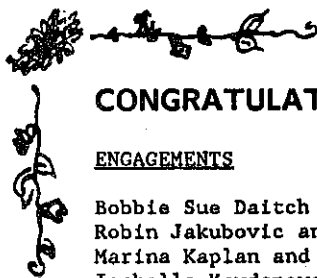
Love,
Steven

Renewal

by Betty S. Jacobs

*Feel
the heart
marking
each moment
with a beat
Beating out
my time
within my body
Believe the beats
are not indifferent
It's the soul's
insistent knocking
I'm here
I'm here.*





CONGRATULATIONS AND MAZEL TOV

ENGAGEMENTS

Bobbie Sue Daitch and David Landau
 Robin Jakubovic and Mark Caren
 Marina Kaplan and Yaakov Shechter
 Isabella Kaydanova and Aaron I. Reichel
 Nina Spritz and Adam Coopersmith

MARRIAGES

Debbie Altman and Brian Thau
 Ann Crane and Victor Zackay
 Penny (Mattana) Rosalki and Erwin Stern



BIRTHS

Sheryl and Uri Deblinger on the birth of a daughter, Leah
 Deborah and Allan Frederick on the birth of a son, Nachum Menachem
 Toby and Bruce Simon on the birth of a son
 Judith Weil and Lloyd Epstein on the birth of a son

CONDOLENCES

Ernest Kahn on the loss of his mother, Ida
 Pearl Kipnis on the loss of her brother, Jack

 * Yom Kippur Services *
 * Sun, Mon Oct. 8, 9 *
 * Beginners Shabbaton *
 * Dec. 15th - 16th *
 * Beginners Luncheons *
 * Nov. 4, Dec. 2, Jan. 6, \$10 *
 * Beginners Schmooze *
 * Mon, Nov. 6th, Jan. 8th - 8:15 pm *
 * Beginners & Intermediate Dinner *
 * Simchat Beit Hashoeva *
 * Mon, Oct. 16th - \$15 *

SCHEDULE OF SERVICES



Sunday, September 24th
 Morning Services..... 7:15 and 8:30 a.m.
 Daily Selichot and Morning Services 6:45 and 7:30 a.m.

Wednesday, September 27
 Selichot service with explanation led by
 Rabbi Kenneth Brander..... 9:45 p.m.

Friday, September 29th
 Eve of Rosh Hashana
 Selichot and Morning Services..... 6:00 and 7:00 a.m.
 Kindle Shabbat Rosh Hashana Candles..... 6:24 p.m.
 Mincha and Kabbalat Shabbat Rosh Hashana..... 6:35 p.m.

Saturday, September 30th
 Rosh Hashana Services..... 7:45 a.m.
 Beginner's services..... 9:00 a.m.
 Daf yomi..... 5:20 p.m.
 Mincha at 6:20 p.m. followed by Maariv and Daf Yomi
 KINDLE ROSH HASHANA CANDLES NOT BEFORE..... 7:22 p.m.

Sunday, October 1st
 Rosh Hashana Services..... 7:45 a.m.
 Beginner's Services..... 9:00 a.m.
 Taashlich Walk..... 5:25 p.m.
 Mincha..... 6:25 p.m.

Monday, October 2nd
 Fast of Gedalia
 Fast Begins..... 5:40 a.m.
 Selichot and Morning services..... 6:40 and 7:15 a.m.
 Mincha..... 6:18 p.m.
 Fast ends..... 7:05 p.m.

Selichot and Daily morning services..... 6:40 and 7:15 a.m.
 Daily Mincha and Maariv..... 6:20 p.m.

Friday, October 6th
 Selichot and Morning Services..... 6:40 and 7:15 a.m.
 Kindle Shabbat Candles..... 6:12 p.m.
 Mincha and Kabbalat Shabbat..... 6:20 p.m.

Saturday, October 7th (HAAZINU)
 Shabbat Shuva
 Shabbat Morning Services..... 8:45 a.m.
 Mincha followed by Shabbat Shuva Discourse..... 5:25 p.m.

Sunday, October 8th
 Eve of Yom Kippur
 Selichot and Morning Services..... 7:00 and 8:30 a.m.
 Mincha..... 3:00 p.m.
 Kindle Memorial and Yom Kippur candles..... 6:09 p.m.
 Kol Nidre Services..... 6:15 p.m.

Monday, October 9th
 Yom Kippur
 Main Sanctuary..... 8:00 a.m.
 Auditorium..... 9:00 a.m.
 Beginners..... 9:00 a.m.
 Final shofar blast..... 7:09 p.m.
 Daily Mincha and Maariv..... 6:15 p.m.

Friday, October 13th
 Eve of Sukkot
 Morning Services..... 7:15 and 7:50 a.m.
 Kindle Yom Tov Candles..... 6:01 p.m.
 Mincha and Kabbalat Yom Tov..... 6:10 p.m.

Saturday, October 14th
 Sukkot Morning Services..... 8:00 and 8:45 a.m.
 Daf Yomi..... 5:00 p.m.
 Mincha..... 6:00 p.m.
 KINDLE YOM TOV CANDLES NOT BEFORE..... 7:00 p.m.

Sunday, October 15th
 Sukkot Morning Services..... 8:00 and 8:45 a.m.
 Daf Yomi..... 5:05 p.m.
 Mincha..... 6:05 p.m.
 Daily Chol Hamosed Morning Services..... 7:00 & 7:40 a.m.
 Daily Mincha and Maariv..... 6:05 p.m.

Friday, October 20th
 Hoshana Rabba
 Morning Services..... 6:30 and 8:00 a.m.
 Kindle Yom Tov Candles..... 5:21 p.m.
 Mincha and Kabbalat Shabbat Yom Tov..... 6:00 p.m.

Saturday, October 21st
 She'ini Atzeret
 Morning Services..... 8, 8:45 and 9:30 a.m.
 including Yizkor Memorial services..... 8:45 and 9:30 a.m.
 Daf Yomi..... 4:50 p.m.
 Mincha..... 5:50 p.m.
 KINDLE YOM TOV CANDLES NOT BEFORE..... 6:49 p.m.

Sunday, October 22nd
 Simchat Torah
 Heankehah MiNyan..... 6:45 a.m.
 Yom Tov Morning Services..... 8:00 a.m.
 Family Services (Net Midrash)..... 9:00 a.m.
 Women's Tefillah Group..... 9:00 a.m.
 Late MiNyan..... 9:30 a.m.
 Mincha followed by Seudah Shlishet Neilat Hecanah..... 9:45 p.m.

Friday, October 27th
 Kindle Shabbat candles..... 5:41 p.m.
 Mincha and Kabbalat Shabbat..... 5:50 p.m.

Saturday, October 28th (BERESHEET)
 Daf Yomi..... 8:00 a.m.
 Shabbat Morning Services..... 8:45 a.m.
 Talud and Bible Class..... 4:10 p.m.
 Mincha..... 5:10 p.m.
 followed by special Chatanim Seudah Shlishet
 SET TIME ONE HOUR EARLIER FOR EASTERN STANDARD TIME
 Daily Mincha and Maariv..... 4:45 p.m.
 Maariv only Monday-Thursday..... 6:20 p.m.

Sunday, October 29th
 Rosh Chodesh Heshvan
 Morning Services..... 7:00 & 8:30 a.m.

Monday, October 30th
 Rosh Chodesh Heshvan
 Morning services..... 7:00 & 7:40 a.m.

Friday, November 3rd
 Kindle Shabbat Candles..... 4:32 p.m.
 Mincha and Kabbalat Shabbat..... 4:40 p.m.

Saturday, November 4th (NOACH)
 Daf Yomi..... 8:00 a.m.
 Shabbat Morning Services..... 8:45 a.m.
 Talud and Bible Class..... 3:45 p.m.
 Mincha..... 4:30 p.m.
 Daily Mincha and Maariv..... 4:40 p.m.
 Maariv Only Monday-Thursday..... 6:20 p.m.

Tuesday, November 7th Election Day
 Morning Services..... 7:15 & 7:50 a.m.

Friday, November 10th
 Kindle Shabbat candles..... 4:25 p.m.
 Mincha and Kabbalat Shabbat..... 4:35 p.m.

Saturday, November 11 (LECH-LECHA)
 Daf Yomi..... 8:00
 Shabbat Morning Services..... 8:45 a.m.
 Talud and Bible Classes..... 3:40 p.m.
 Mincha..... 4:25 p.m.
 Daily Mincha and Maariv..... 4:30 p.m.
 Maariv only Monday-Thursday..... 6:20 p.m.

Friday, November 17
 Kindles Shabbat candles..... 4:19 p.m.
 Mincha and Kabbalat Shabbat..... 4:30 p.m.

Saturday, November 18 (VAYERA)
 Daf Yomi..... 8:00 a.m.
 Shabbat Morning Services..... 8:45 a.m.
 Talud and Bible Classes..... 1:35 p.m.
 Mincha..... 4:20 p.m.
 Daily Mincha and Maariv..... 4:25 p.m.
 Maariv only Mon-Wed..... 6:20 p.m.

Thursday November 23 Thanksgiving Day
 Morning Services..... 7:10 and 8:30 a.m.
 Mincha Maariv..... 4:25 p.m.
 No Maariv only

Friday, November 24th
 Kindle Shabbat Candles..... 4:14 p.m.
 Mincha and Kabbalat Shabbat..... 4:25 p.m.

Saturday, November 25 (CHAYEI SARA)
 Daf Yomi..... 8:00 a.m.
 Shabbat Morning Services..... 8:45 a.m.
 Talud and Bible Classes..... 3:30 p.m.
 Mincha..... 4:15 p.m.
 Daily Mincha and Maariv..... 4:25 p.m.
 Maariv only Mon-Thurs..... 6:20 p.m.

Tuesday November 28th and Wednesday, November 29th
 Rosh Chodesh Kislev
 Morning Services..... 7:00 & 7:40 a.m.

Friday, December 1
 Kindle Shabbat Candles..... 4:11 p.m.
 Mincha and Kabbalat Shabbat..... 4:20 p.m.

Saturday, December 2 (TOLEDOTE)
 Daf Yomi..... 8:00 a.m.
 Shabbat Morning Services..... 8:45 a.m.
 Talud and Bible Classes..... 3:25 p.m.
 Mincha..... 4:10 p.m.
 Daily Mincha and Maariv..... 4:25 p.m.
 Maariv only Mon-Thurs..... 6:20 p.m.

Friday, December 8
 Kindle Shabbat candles..... 4:11 p.m.
 Mincha and Kabbalat Shabbat..... 4:20 p.m.

Saturday, December 9 (VAYAVTZAV)
 Daf Yomi..... 8:00
 Shabbat Morning service..... 8:45
 Talud and Bible Class..... 3:12
 Mincha..... 4:11
 Daily Mincha and Maariv..... 4:25 p.m.
 Maariv only Mon-Thurs..... 6:20 p.m.

Friday, December 15
 Kindle Shabbat Candles..... 4:12 p.m.
 Mincha and Kabbalat Shabbat..... 4:20 p.m.