AND YOU SHALL TEACH THEM TO YOUR CHILDREN

by David Fox, M.D.

In Judaism, when we speak of teaching our children, we use the Hebrew word *chinuch*. *Chinuch* can be translated as to teach and to dedicate, and so it is particularly appropriate to reflect upon *chinuch* during the month of Kislev, the month in which we celebrate Chanukah. What is significant about *chinuch* in Kislev? The three Hebrew letters used to spell *chinuch*, *Chet*, *Nun* and *Kaf*, also form the root of the word Chanukah, which is spelled *Chet*, *Nun*, *Kaf*, *Hay*. Chanukah, while it is a commemoration of the re-dedication of the Temple, is also considered by many Jews to be primarily, a children's holiday. Indeed, for many children Chanukah is the most anticipated of all Jewish holidays.

The mitzvah of teaching your children is so important that the commandment is pronounced twice daily during the recitation of the Shema. It is a mitzvah on par with the mitzvot of *tefillin*, *mezuzah* and *tzitzit*, which are also mentioned in the *Shema*.

From my own perspective, I can only state that it is my sincere hope that I am fulfilling this mitzvah to the best of my abilities. I am the proud father of two beautiful girls, Laurel and Audrey, and one of the highlights of my week is taking my daughters to the Beginners Service at Lincoln Square Synagogue, a pleasure we have enjoyed since January 2001. Laurel, who is five, accompanies me most Shabbat mornings. Sometimes I also take Audrey, who is almost three. For all of us, it has truly been a great learning experience.

Laurel delights in the singing and dancing that are, in my opinion, the soul of the service. Even though she is usually the youngest person in the congregation, Rabbi Buchwald makes her feel recognized and important, just like he does for all the "grown-ups." Most of the time she stays for the whole service (aided, of course, by a steady supply of kosher snacks). Laurel usually sits next to me, but she often sneaks around the *mechitzah* to sit with some of the women with whom she has become friendly.

Whatever my own progress, it is amazing to see how Laurel is truly developing *davening* (praying) skills. She knows when to bow. She has learned the words to several of the livelier songs, and joins in enthusiastically when we sing *V'ha'er-ay'-nay'nu*, *Hatov* and *Yismechu*. In fact, Laurel recently started reciting the first few lines of *Adon Olam* quite distinctly.

Most of all, I think, Laurel looks forward to kiddush, where she gets to sit like a queen on a throne of chairs that have been stacked up against the wall. She has become proficient at making the *brachot* for her grape juice and the cherry pastry, both of which, no matter how hard I try, always seem to end up on her dress.

In addition to the Beginners Service, our family has enjoyed going to Shabbat lunches. I can't say that Laurel has acquired a taste for *chulent*, but she (and I) have learned many wonderful songs. We love singing *Yom Ze Mechubad*, or as she and Audrey refer to it as, the "toot-toot" song. The kids also love going to *Seuda Shlishit* (the third Shabbat meal). Their main motivation, I believe, is to be able to have a chance of holding the *Havdallah* candle, but they are nearly as thrilled just to be able to stand on the *bimah* in the dark while we sing *Eliyahu Hanavi*.

Our home life has not gone unaffected by our involvement with the Beginners Service. We have incorporated more Jewish rituals and observances into our lives. The *Shema* has even become part of our nightly bedtime ritual. On Friday nights, the girls look forward to lighting and blessing their own candle alongside Marci, their mother. Our *zemirot* were initially "Shabbat Bear" and "I Had a Little Challah," which are fine, but now we've expanded our repertoire to include more traditional fare such as *Shalom Aleichem*, *Ka-Ribon* and *Yom-zeh-l'Yisrael*. We're not yet close to what anyone would call being "Shomer Shabbat," but I have tried to give the children a taste of the traditional Sabbath. We turn the TV off on Friday nights before lighting Shabbat candles, and we take the stairs, rather than use the elevator. More recently, we've even encouraged the use of Shabbat toilet paper, which the girls find highly amusing.

In addition to the new rituals, our immersion into Jewish life has also raised some interesting and thought provoking questions. Laurel has asked questions having to do with such issues as the nature of G-d, the *mechitzah* and the role of women. She's asked for example, "Can I put on the *tefillin* too?" Astutely, she has noted and inquired about the paucity of women at services other than Shabbat morning. I try to encourage her natural curiosity and inquisitiveness, and we use her questions as learning opportunities. This can be challenging, since I'm often in the position of discussing issues that I have not yet resolved for myself.

One of the most significant factors motivating my bringing the children to the Beginners Service and other activities has been my desire to enrich the depth and breadth of their exposure to Jewish life. My intention is to foster the development of their "*Yiddishe neshama*" (Jewish soul or identity). While in past generations, this may have been an organic process that required little conscious effort, our lives in 21st century America have become so thoroughly immersed in secular activity and culture that I felt the need to be pro-active. I knew that there was much that I did not know about Judaism and wouldn't be able to transmit to our children, so I came to Lincoln Square.

Foremost in mind when involving myself with the mitzvah of *chinuch* is the understanding that a strong adult Jewish identity and positive Jewish feelings evolve from positive childhood Jewish experiences. With its stories of heroism and miracles and its easy-to-follow mitzvot, Chanukah is the perfect holiday for evoking just that positive identification. Certainly there is more to Jewish education than that, but we couldn't ask for a better start.

Dr. Fox is a vascular surgeon from New York City. For further reading on this topic he recommends the book "To raise a Jewish child," by Rabbi Hayim Halevy Donin.

CONGRATULATIONS AND MAZAL TOV

ENGAGEMENTS

Nancy Cate and Douglas Rose
Jordanna Levine and Glen Ross
Mazal Tov to parents
Renee and Irwin Levine
Sheryl Havel and Stanley Turitz

WEDDINGS

Deborah Kolson and Mark Diker
Mazal Tov to parents Val and Chuck Diker
Lisa Blitz and Simcha (Scott) Dunn
Adrienne Karolyi and David Goldberg

BIRTHS

Annette and Dr. David Araten,
on the birth of a girl, Rachel Elizabeth
Sarah and David Berman, on the birth of a girl, Kira
Blanche and Yedidiah Buchwald,
on the birth of a boy, Gavriel Moshe
Mazal Tov to grandparents
Aidel and Ephraim Buchwald
Paula Degan, on the birth of twin girls,
Hannah Josephine and Alexandra Rose
Leah Hannah (Ehrlich) and Daniel Faber,
on the birth of twin boys, Pinchas and Israel
Mazal Tov to grandparents
Nan and Robert Ehrlich
Laurie and Rabbi Dr. Chaim Keller,
on the birth of a girl, Rivkah Devorah
Susy Sarfaty and Jonathan Levin,
on the birth of a boy, Philip Ariel
Sue Fox and Greg Schwartz, on the birth of a boy, Zachary Ilon
Aline and David Smolanoff, on the birth of a boy, Moshe Shmuel
Dr. Karen Ziselman, on the birth of a girl, Anna Tate

BAR/BAT MITZVAH

Naomi Liora Jacobs
Mazal Tov to parents Batya and Eddie Jacobs and grandparents
Vicki and Rabbi Shlomo Riskin
Meir Simcha Keller
Mazal Tov to parents
Laurie and Rabbi Dr. Chaim Keller
Yaakov Yosef Relkin
Mazal Tov to parents Vivian Glass and David Relkin
Shmuel Alexander Sherr
Mazal Tov to Parents Pam and Binyomin Sherr
Avraham David Wahrman
Mazal Tov to parents
Myra and Rabbi Chaim Wahrman

CONDOLENCES

Sheryl Havel
on the loss of her mother, Ruth Delong
Mathilda Kolitz
on the loss of her husband, Prof. Zvi Kolitz
Janice Lieberman Gerber
on the loss of her father, Fred Lieberman
Rivka Olenick
on the loss of her husband, Dr. Levi Olenick
Susan Rosen and Karen Price,
on the loss of their mother, Ruth Price

REFUAH SH'LEIMAH (SPEEDY RECOVERY)

Roslyn Dickens (Raizel Bat Bayla)
Andrew Siegel (Chaim ben Maryam)
Rabbi Simcha Weinberg
(Simcha Leib Gad Ezra ben Shayna Chanah)

CONGRATULATIONS

Irving Cantor, on the publication of his collected poems, "Mostly Jewish."
Beryl Korot and Steve Reich on the premiere of their new video opera "Three Tales."
Judge Enid Langbert, on her 60th Birthday
Rabia Mitchell, on receiving her Masters in Art History from NYU.
Arnold Stark, for being honored as *Chattan Torah* at the Hebrew Institute of Riverdale.

Thank You

To the family of Myron (Mike) Greenfield for their donation of the new and interesting books to the Beginners Library in Mike's memory

TZEITCHEM L'SHALOM/FAREWELL (To live and/or study in Israel)

Aaron Wasser, who has set up our Shabbat Beginners Kiddush for many years.

Prof. Zvi Kolitz

It was an extraordinary privilege to have Professor Zvi Kolitz in attendance at our High Holiday Beginners Service for more than a decade. Scion of a great rabbinic family, impresario, filmmaker, professor of philosophy, Professor Kolitz became the resident "oracle" of the service, responding with great knowledge, wisdom, and passion to the formidable questions of the Beginners. His passing is a great loss to our people.

SCHEDULE OF SERVICES

Fri November 29, 2002 - 24th of Kislev
Chanukah Candles before.....4:12 PM
Candle Lighting.....4:12 PM
Mincha.....4:15 PM

Sat November 30, 2002 - 25th of Kislev *Vayeshev* CHANUKAH
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:40, 9:00 & 9:45 AM
Talmud & Bible class.....3:20 PM
Mincha.....4:05 PM
Shabbat Ends.....5:12 PM
Chanukah Candles afte.....5:12 PM
Daily Mincha & Maariv.....4:15 PM

Sun December 1, 2002 - 26th of Kislev CHANUKAH
Morning Services.....7:00 & 8:30 AM
Chanukah Candles after.....5:00 PM

Mon December 2, 2002 - 27th of Kislev CHANUKAH
Morning Services.....7:00 & 7:40 AM
Chanukah Candles after.....5:00 PM

Tue December 3, 2002 - 28th of Kislev CHANUKAH
Morning Services.....7:00 & 7:40 AM
Chanukah Candles after.....5:00 PM

Wed December 4, 2002 - 29th of Kislev CHANUKAH
Morning Services.....7:00 & 7:40 AM
Chanukah Candles after.....5:00 PM

Thu December 5, 2002 - 30th of Kislev ROSH CHODESH CHANUKAH
Morning Services.....7:00 & 7:40 AM
Chanukah Candles after.....4:59 PM

Fri December 6, 2002 - 1st of Tevet ROSH CHODESH CHANUKAH
Morning Services.....7:00 & 7:40 AM
Chanukah Candles before.....4:10 PM
Candle Lighting.....4:10 PM
Mincha.....4:15 PM

Sat December 7, 2002 - 2nd of Tevet *Miketz* CHANUKAH
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:40, 9:00 & 9:45 AM
Talmud & Bible class.....3:20 PM
Mincha.....4:05 PM
Shabbat Ends.....5:10 PM
Daily Mincha & Maariv.....4:15 PM

Fri December 13, 2002 - 8th of Tevet
Morning Services.....7:10 & 7:50 AM
Candle Lighting.....4:11 PM
Mincha.....4:15 PM

Sat December 14, 2002 - 9th of Tevet *Vayigash*
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:45, 9:00 & 9:45 AM
Talmud & Bible class.....3:20 PM
Mincha.....4:05 PM
Shabbat Ends.....5:11 PM
Daily Mincha & Maariv.....4:15 PM

Sun December 15, 2002 - 10th of Tevet ASARA B'TEVET
Fast Begins.....6:01 AM
Morning Services.....7:00 & 8:30 AM
Mincha.....4:00 PM
Fast Ends.....5:00 PM

Fri December 20, 2002 - 15th of Tevet
Morning Services.....7:10 & 7:50 AM
Candle Lighting.....4:13 PM
Mincha.....4:20 PM

Sat December 21, 2002 - 16th of Tevet *Vayechi*
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:45, 9:00 & 9:45 AM
Talmud & Bible class.....3:25 PM
Mincha.....4:10 PM
Shabbat Ends.....5:13 PM
Daily Mincha & Maariv.....4:20 PM

Wed December 25, 2002 - 20th of Tevet
LEGAL HOLIDAY
Morning Services.....7:10 & 8:30 AM

Fri December 27, 2002 - 22nd of Tevet
Morning Services.....7:10 & 7:50 AM
Candle Lighting.....4:17 PM
Mincha.....4:20 PM

Sat December 28, 2002 - 23rd of Tevet *Shemot*
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:45, 9:00 & 9:45 AM
Talmud & Bible class.....3:25 PM
Mincha.....4:10 PM
Shabbat Ends.....5:17 PM
Daily Mincha & Maariv.....4:25 PM

Wed January 1, 2003 - 27th of Tevet NEW YEARS DAY
Morning Services.....7:10 & 8:30 AM

Fri January 3, 2003 - 29th of Tevet
Morning Services.....7:10 & 7:50 AM
Candle Lighting.....4:23 PM
Mincha.....4:30 PM

Sat January 4, 2003 - 1st of Sh'vat *Vaera* ROSH CHODESH
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:40, 9:00 & 9:45 AM
Talmud & Bible class.....3:35 PM
Mincha.....4:20 PM
Shabbat Ends.....5:23 PM
Daily Mincha & Maariv.....4:30 PM

Fri January 10, 2003 - 7th of Sh'vat
Morning Services.....7:10 & 7:50 AM
Candle Lighting.....4:30 PM
Mincha.....4:35 PM

Sat January 11, 2003 - 8th of Sh'vat *Bo*
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:45, 9:00 & 9:45 AM
Talmud & Bible class.....3:40 PM
Mincha.....4:25 PM
Shabbat Ends.....5:30 PM
Daily Mincha & Maariv.....4:35 PM

Fri January 17, 2003 - 14th of Sh'vat
Morning Services.....7:10 & 7:50 AM
Candle Lighting.....4:37 PM
Mincha.....4:40 PM

Sat January 18, 2003 - 15th of Sh'vat *Beshalach* TU B'SHVAT
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:40, 9:00 & 9:45 AM
Talmud & Bible class.....3:45 PM
Mincha.....4:30 PM
Shabbat Ends.....5:37 PM
Daily Mincha & Maariv.....4:45 PM

Mon January 20, 2003 - 17th of Sh'vat MARTIN LUTHER KING DAY
Morning Services.....7:05 & 8:30 AM

Fri January 24, 2003 - 21st of Sh'vat
Morning Services.....7:10 & 7:50 AM
Candle Lighting.....4:46 PM
Mincha.....4:50 PM

Sat January 25, 2003 - 22nd of Sh'vat *Yitro*
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:45, 9:00 & 9:45 AM
Talmud & Bible class.....3:55 PM
Mincha.....4:40 PM
Shabbat Ends.....5:46 PM
Daily Mincha & Maariv.....4:55 PM

Fri January 31, 2003 - 28th of Sh'vat
Morning Services.....7:10 & 7:50 AM
Candle Lighting.....4:54 PM
Mincha.....5:00 PM

Sat Febuary 1, 2003 - 29th of Sh'vat *Mishpatim*
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:45, 9:00 & 9:45 AM
Talmud & Bible class.....4:05 PM
Mincha.....4:50 PM
Shabbat Ends.....5:54 PM
Daily Mincha & Maariv.....5:00 PM

Sun Febuary 2, 2003 - 30th of *Sh'vat* ROSH CHODESH
Morning Services.....7:00 & 8:30 AM

Mon Febuary 3, 2003 - 1st of Adar Rishon ROSH CHODESH
Morning Services.....7:00 & 7:40 AM

Fri Febuary 7, 2003 - 5th of Adar Rishon
Morning Services.....7:10 & 7:50 AM
Candle Lighting.....5:03 PM
Mincha.....5:10 PM

Sat Febuary 8, 2003 - 6th of Adar Rishon *Terumah*
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:45, 9:00 & 9:45 AM
Talmud & Bible class.....4:15 PM
Mincha.....5:00 PM
Shabbat Ends.....6:03 PM
Daily Mincha & Maariv.....5:10 PM

Fri Febuary 14, 2003 - 12th of Adar Rishon
Morning Services.....7:10 & 7:50 AM
Candle Lighting.....5:11 PM
Mincha.....5:15 PM

Sat Febuary 15, 2003 - 13th of Adar Rishon *Tetzaveh*
Daf Yom.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:45, 9:00 & 9:45 AM
Talmud & Bible class.....4:20 PM
Mincha.....5:05 PM
Shabbat Ends.....6:11 PM
Daily Mincha & Maariv.....5:20 PM

Sun Febuary 16, 2003 - 14th of Adar Rishon PURIM KATAN
Morning Services.....7:10 & 8:30 AM

Mon Febuary 17, 2003 - 15th of Adar Rishon SHUSHAN PURIM KATAN PRESIDENTS DAY
Morning Services.....7:05 & 7:50 AM

Fri Febuary 21, 2003 - 19th of Adar Rishon
Morning Services.....7:10 & 7:50 AM
Candle Lighting.....5:20 PM
Mincha.....5:25 PM

Sat Febuary 22, 2003 - 20th of Adar Rishon *Ki Tisa*
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:45, 9:00 & 9:45 AM
Talmud & Bible class.....4:30 PM
Mincha.....5:15 PM
Shabbat Ends.....6:20 PM
Daily Mincha & Maariv.....5:25 PM

Fri Febuary 28, 2003 - 26th of Adar Rishon
Morning Services.....7:10 & 7:50 AM
Candle Lighting.....5:28 PM
Mincha.....5:35 PM

Sat March 1, 2003 - 27th of Adar Rishon *Vayakhel* SHEKALIM
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:45, 9:00 & 9:45 AM
Talmud & Bible class.....4:40 PM
Mincha.....5:25 PM
Shabbat Ends.....6:28 PM
Daily Mincha & Maariv.....5:35 PM

Tue March 4, 2003 - 30th of Adar Rishon ROSH CHODESH
Morning Services.....7:00 & 7:40 AM

Wed March 5, 2003 - 1st of Adar Sheni ROSH CHODESH
Morning Services.....7:00 & 7:40 AM

Fri March 7, 2003 - 3rd of Adar Sheni
Morning Services.....7:10 & 7:50 AM
Candle Lighting.....5:36 PM
Mincha.....5:40 PM
Shabbat Across America.....6:45 PM

Sat March 8, 2003 - 4th of Adar Sheni *Pekudei*
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:45, 9:00 & 9:45 AM
Talmud & Bible class.....4:45 PM
Mincha.....5:30 PM
Shabbat Ends.....6:36 PM
Daily Mincha & Maariv.....5:45 PM

Fri March 14, 2003 - 10th of Adar Sheni
Morning Services.....7:10 & 7:50 AM
Candle Lighting.....5:43 PM
Mincha.....5:50 PM

Sat March 15, 2003 - 11th of Adar Sheni *Vayikra* ZACHOR
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:45, 9:00 & 9:45 AM
Talmud & Bible class.....4:55 PM
Mincha.....5:40 PM
Additional reading of Parshat Zachor
.....after Mincha
Shabbat Ends.....6:43 PM
Daily Mincha & Maariv.....5:50 PM

Mon March 17, 2003 - 13th of Adar Sheni TA'ANIT ESTHER
Fast Begins.....4:53 AM
Morning Services.....7:00 & 7:30 AM
Mincha.....5:40 PM
Maariv & Megila reading.....6:36 PM
Fast Ends.....6:36 PM
Maariv & Late Megila Reading....9:15 PM

Tue March 18, 2003 - 14th of Adar Sheni PURIM
Morning Services.....6:15 & 7:30 AM
Extra Megila Reading..9:00 AM & 1:00 PM
Early Mincha.....5:10 PM
Mincha.....5:50 PM

Wed March 19, 2003 - 15th of Adar Sheni SHUSHAN PURIM
Morning Services.....7:10 & 7:50 AM

Fri March 21, 2003 - 17th of Adar Sheni
Morning Services.....7:10 & 7:5[illegible]
Candle Lighting.....5:5[illegible]
Mincha.....5:55 PM

Sat March 22, 2003 - 18th of Adar Sheni *Tzav* PARAH
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:45, 9:00 & 9:45 AM
Talmud & Bible class.....5:00 PM
Mincha.....5:45 PM
Shabbat Ends.....6:51 PM
Daily Mincha & Maariv.....6:00 PM

Fri March 28, 2003 - 24th of Adar Sheni
Morning Services.....7:10 & 7:50 AM
Candle Lighting.....5:58 PM
Mincha.....6:05 PM

Sat March 29, 2003 - 25th of Adar Sheni *Shmini* HACHODESH
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:45, 9:00 & 9:45 AM
Talmud & Bible class.....5:10 PM
Mincha.....5:55 PM
Shabbat Ends.....6:58 PM
Daily Mincha & Maariv.....6:05 PM

Thu April 3, 2003 - 1st of Nisan ROSH CHODESH
Morning Services.....7:00 & 7:40 AM

Fri April 4, 2003 - 2nd of Nisan
Morning Services.....7:10 & 7:50 AM
Candle Lighting.....6:06 PM
Mincha.....6:10 PM

Sat April 5, 2003 - 3rd of Nisan *Tazria*
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:45, 9:00 & 9:45 AM
Talmud & Bible class.....5:15 PM
Mincha.....6:00 PM
Shabbat Ends.....7:06 PM
REMEMBER to set your clocks forward
Daily Mincha & Maariv.....7:15 PM DST

Fri April 11, 2003 - 9th of Nisan
Morning Services.....7:10 & 7:50 A[illegible]
Earliest Candle Lighting.....6:06 PM
Candle Lighting.....7:13 PM
Mincha.....6:45 & 7:20 PM

Sat April 12, 2003 - 10th of Nisan *Metzora* SHABBAT HAGADOL
Daf Yomi.....7:00 AM
Bible Class.....8:30 AM
Morning services.....7:45, 9:00 & 9:45 AM
Mincha.....6:20 PM
Shabbat Hagadol Drasha.....6:45 PM
Shabbat Ends.....8:13 PM
Daily Mincha & Maariv.....7:20 PM

Wed April 16, 2003 - 14th of Nisan TA'ANIT BECHOROT EREV PESACH
Morning Services.....6:30 & 7:30 AM
Latest time to eat Chametz.....10:04 AM
Latest time to burn Chametz.....11:19 AM
REMEMBER TO MAKE AN ERUV TAVSHILIN
Candle Lighting.....7:18 PM
Mincha.....7:25 PM
Begin seder after.....8:07 PM

SAVE THE DATE

Beginners Shabbaton - $30
Fri-Sat, Nov 29-30,2002

Beginners Shabbat Luncheons
Saturdays 12:30 PM- $15
Jan 4, Feb 1, Mar 1

Beginners Schmooze- Mon, 8:15 pm - Free
March 3

Beginners Chanukah Party -
$20 in advance, $25 at the door
Mon, Dec 10, 7:00 PM

Shabbat Across America/Canada
Fri, March 7, 2003

Purim Party -
$20 in advance, $25 at the door
Mon, March 17, 8:15 PM