EMERGING AS A NEW ME

As a child I learned Catholicism from Tessie the maid, and Mademoiselle took me to Mass. During the second world war, our family's concern was about the German occupation of France. The Holocaust was not discussed. I gave up candy for Lent and bemoaned my unsmudged forehead on Ash Wednesday. My Easter basket overflowed. Each Christmas, my parents brought the biggest tree on the block. I never heard of Chanukah.

When I was seven, my brother became a Bar Mitzvah in a Reform ceremony. The memories linger. . . his arguments with my mother, her prodding him to prepare, his lack of interest, hundreds of thank-you notes. The day itself labored on. Judaism

When I was 28, my father died. The funeral was held in a Reform temple because it was the only place large enough to hold the 2000 people who came. Kaddish was not recited. It was the second and last time I ever entered a temple with my mother.

was not discussed again.

I didn't think much about being Jewish again until my eldest son turned thirteen. I had no wish to repeat the sham of my brother's experience; however, my husband persisted and I agreed. On the day my son became a Bar Mitzvah, a tiny flame ignited in me.

August of that same year, I accompanied my husband to Israel. It was a time of political upheaval. Invited by the Mayor of Jerusalem, we stayed at the King David Hotel while Henry Kissinger negotiated the Sinai. It was a week that changed my life; I came home concerned, and proud to be a Jew.

I began traveling to Israel twice yearly to fulfill philanthropic and social obligations; the Israel I knew was secular. Inevitably, however, I began meeting survivors of the Holocaust who had remained observant. I was fascinated. Why? How? What was it that kept them faithful? I needed answers that they were unprepared to verbalize. I began to seek more specific Jewish experiences. I saw he hill where Saul fell, mortally wounded. I stood by the brook where David took his stone and slew Goliath. I attended services.

A wise woman in Jerusalem spoke to me one

day of prayer. We did a visualization in which I saw myself praying. Alone in a desert cave, I "spoke" with G-d and gained a new awareness. This "waking dream" remained with me for months. When I returned to America, I felt driven to discover more about the powerful world of prayer, to learn the active faith which had sustained the Jewish people over 4,000 years. I studied privately and in class, and I attended different synagogues. I struggled for hours with the Hebrew liturgy until one Rosh Hashanah a fellow congregant took pity on me. In one afternoon, he taught me the Hebrew alphabet. Soon I "broke the

code" and slowly I began to read. I hired a

Hebrew teacher, and learned the sweet side of

Torah from Hasidic Rabbis. Within weeks I realized that the religion I sought was a way of life, not an intellectual exercise; I knew I must reshape my lifestyle around Judaism. This came as a surprise to me and as more than a surprise to my family.

by Valerie Tishman Diker

Friday night became Shabbat, a night of family observance. Saturday, Shabbat continued, an oasis of prayer and rest. One day blue and red tape appeared all over our pristine, white kitchen to distinguish "meat" from "dairy". Menus changed; blessings accompanied meals and snacks; morning prayers began each day.

Ritual laws informed my life. I was elated. My family was caught off guard.

From these acts came enhanced commitment. Each week was a new unfolding of knowledge and treasured understandings. Every day brought a new way of being, of dealing with issues thoughtfully and intentionally. I gained a different perspective in which I was no longer the center of my world. Rather, I was a crucial part of a larger, G-d centered, universe, a world with purpose beyond human ambition; a world ordered by faith, in which people could be open, honest and responsive. Fragments of feelings, murmurs of the heart threw my inner life into kaleidoscopic patterns. I was dazzled by the colors, touched by emerging truths.

My search for spiritual intimacy continued; but I was unprepared for the intensity of the moment when I first felt G-d's presence.

(cont.)



EMERGING AS A NEW ME (cont.)

It happened in the exquisite solitude of the New Mexican desert. There, in the silence of prayer, I experienced G-d.

Since then my life could be compared to a narrow gauge railroad on which I traveled in Peru from Cuzco to Machu Pichu. Leaving the station, the tiny train coughed silver smoke, lurched forward, jerked back, then abruptly jumped ahead. Laboriously it gathered speed, puffing its way up the treacherous Andes Mountains. We had been warned the night before, over tea, not to be alarmed when the tiny train stopped suddenly, rolled backwards, switched tracks, and began again its steady climb.

This experience clatters on in my memory as I continue my spiritual journey. I live that halting pattern; prodigious forward energy energy, abrupt stops, back sliding, switching paths, resumed progress towards that place of peace. My poetry is that journey.

Surely I know that G-d is everywhere, especially when the heart is open. Now I am determined to preserve the intimacy and clarity I felt in the desert, to live each day with the challenge of mindfulness and simplicity, preserving a sense of His nearness, allowing His light to reflect in my life.

May the experience of G-d's nearness fill the consciousness of all who pray. May it surround, comfort and inspire us to turn our lives into a perpetual prayer.

Valerie Tishman Diker is a graduate of the Beginners Service at Lincoln Square Synagogue in New York, and the author of the newly published book of poetry, <u>Journey to the Heart</u>.

SCHEDULE OF SERVICES

	•	Past begins5:14 a.:
. was a second of the second o		Horning Services7:00 & 7:30 a.
riday, December 11th		Daily Mincha and Maariv
Cindle Shabbet Candles	Saturday, January 16th (SHEMOT)	And have been seen as
tinchs and Kabbalat Shabbat4:15 p.m.	Shabbat Morning Satvices	Priday, March 5th
Saturday, December 12th (VAYISHLACE)	Mincha4:30 p.m.	Kindle Shabbat Candles
MET YORK	Daily Mincha and Meariv4:50 p.m.	mineral and representation of the property of the second s
Shabbat Morning Services8:45 a.m.	Maariy only Monday - Thursday	Saturday, March 6th (TETZAVVEH) Parshat Zachor
Talund and Bible Classes	• • •	Shabbat Korning Services
fincha4:10 p.s.	Friday, January 22nd	Talmud and Bible Classes4:45 p.
Daily Hincha and Maariv	Kindle Shabhat Candles4143 p.B.	Mincha followed by an
teariv Only Monday - Thursday	Mincha and Kabbalat Shabbat4:45 p.m.	additional reading of Parshat Zachor
Priday, December 18th	Shabbat, January 23rd Rosh Chodesh Shevat (VARRA)	Haariv and Regillah reading. 6:35 p. Late Hegillah reading. 9:3-7.
Kindle Shabbat Candles4:13 p.m.	Shabbat Horning services8:45 a.m.	Daily Mincha and Magriv
Gincha and Kabbalat Shahbat4:15 p.m.	Talmud and Hible classes	
•	Mincha4:40 p.z. Daily Mincha and Maariv4:55 p.z.	Sunday, March 7th
Saturday, December 19th (VAYSHEV)	Daily Mincha and Maeriv4:55 p.m.	Morning Services and Megillah reading7:00 & 8:30 a.
Daf Yomi	Maariv only Honday - Thursday	Additional Hegillah Reading
Shabbat Morning Service		Early Mincha
Falund and Bible Class	Friday, January 29th	Regular Mincha
Daily Mincha and Maariv4:25 p.m.	Kindle Shabbat Candles	
Magriv only Honday - Thursday	Allicha end Rampalet Shahart	Priday, March 12th
• •	Shabbat, January 30th (80)	Kindle Shabbet Candles
Kindle First Chanckah Candle	Shenpat Morning Services	Kindle Shabbat Candles
Sunday, December 20th		
First Day of Chanukah	Minchs4:50 p.m.	Saturday, March 13th (KI TISSA) Parshat Parah
Hogming Services7:00 & 8:30 a.m.	Daily Mincha and Haariv	Shabbat Horning Services8:45 a.
Honday - Friday December 21st-24th	Heariv only Mon-Thurs	Talmud and Bible Classes
December 2181-2441		Daily Mincha and Maariv5:55 p.
Chamukah Morning Services:	Friday, February 5th Xingle Shabbat Candles	
Morning Services	Mincha and Kabbalat Shahbat5:05 p.m.	Friday, March 19th
Kindle Chanukah Candles'(7 candles)		Kindle Shabbat Candles
Kindle Shabbat Camdles	Shabbat, Fabruary 6th (RESHALACE) Tu B'Shevat	Mincha and Kabhalat Shabbat
Mincha and Kabbalet Shabbat4:20 p.m.	Shabbat Morning Service8:45 a.m.	Saturday, March 20th (VAYARREL-PERUDEI)
Synagogue Chanukah Dinner	Talmud and Rible Classes	Shabbat Horning Services
Proposition Describes Date (NTDONE)	Hincha5:00 p.m.	Talkud and Bible Classes
Saturday, December 26th (MIKETZ) Hashkama Minyan7:45 a.m.	Daily Mincha and Masriv	Mincha
Daf Youi	MEETIA CUTA MON-TURES	Daily Mincha and Heariv
Shabbat Korning Services	Friday, February 12th	
Talmud and Bible Classes	Findle Shahnat Candles	Tuesday, March 23rd Rosh Chodesh
Mincha	Kinchs and Kabbalat Shabbat	Morning Services
Deily Mincha and Maariv		Managed Secarcing and an analysis of the San
Maariv only Mon-Thurs	Shabbat, Febraury 13th (YITRO)	Friday, March 26th
· _ · _ · _ · _ · _ · _ · · _ ·	Shabbat Morning Services8:45 a.m.	Kindle Shabbat Candles5:56 0.1
Sunday, December 27th Last Day of Chanukah	Talaud and Bible Classes	Minche and Kabbalat Shabbat
Last Day of Chanusan Morning Sarvices	Daily Mincha and Haariv	·
unthing agrangement in the second of the sec	Heariv only Mon-Thurs	at a transfer of the same of t
Friday, January 1st	•	Shabbat March 27th (VAYIKRA) Shabbat Morning Services
Friday, January 18t Horning Services	Monday, February 15th Washington's Birthday Morning Services	Taimud and Bible Classes
Kindle Shabbat Candles4:21 p.m.	Morning Services	Mincha5:55 p.:
Kindle Shabbat Candles4121 p.m.	-	Daily Mincha and Maeriv
Minchs and Kabbalat Shabbat4:25 p.m.	Friday, February 19th Kindle Shabbat Candles	
Seturday, January 2nd (VAYIGGASH)	Mincha and Kabbalat Shabbat	
Shabbat Morning Services	Nincha and Kannatat Shannat	Friday, April 2nd
Talwad and Bible Classes	Shabbat, Pebruary 20th (MIHSPATIM) Parahat Shekalim	Kindle Shabbat Candles6:04 p.
Mincha	Shappet Morning Services	Mincha and Kabbalat Shanbat
Daily Hincha and Masriv4:35 p.m.	Televid and Bible Classes	Shanbat, April 3rd (TZAV) Shabbat Ragadol
Haariv only Honday - Thursday6:20 p.m.	Minchs	Shabbat Morning Services8:45 a.:
	Daily Minchs and Magriv	Mincha followed by Shebbar Herndol Discourse
Sunday January 3rd Asarah Btevet Past day Fast begins	Maariv only Mon-Thurs	Turn clock forward one hour
Morning Services	A	Turn clock forward one hour Daily Mincha and Maariv
Minchs	Sunday February 21 Rosh Chodesh Adar Morning Services	D.S.T.
Mincha	untitling mararcas	
	Monday, February 22nd Rosh Chodesh Adar	
Friday, January 8th	Horning Service7:00 £ 7:40 a.m.	Sunday, April 4th
Kindle Shabbat Candles		Search for Chometz7:55 p.
Mincha and Kabbalat Shabbat4:30 p.m.	Pri, February 26th	Monday, April 5th
eballing Tanana Abb ///SURANITA	Kindle Shehhat Candles	Morning Services
Shabbat, January 9th (VAYECHI) Shabbat Morning Services8:45 &.m.	Mincha and Kabbalat Shabbat	The first born are invited to complete a Talmudic Tracta
Shabbat Morning Services	Shabbat, February 27th (TERDMAH)	each service so that they may be able to eat on what wou
Minchell	Shahhar Morning Samues	normally be a fast day for them.
Daily Mincha and Masriv	Talmud and Bible Classes4:40 p.m.	
Daily Mincha and Maariv	MINGRE ************************************	The latest time to eat Chametz
	Daily Hincha and Haariv5:35 p.m.	The latest time to burn Chametz
Priday, January 15th	•	Kindle You Tov Candles
Rindle Shabbat Candles4:35 p.s. Hinche and Rabbalat Shabbat4:40 p.s.	(Last week of Maariv only)	followed by the first Seder
Maturia and Manager Shannards stress		;



CONGRATULATIONS AND MAZAL TOV

ENGAGEMENTS

Wendy Coan and Richard Platt Hildy Feinberg and Louis Parks Nancy Jo Friedman and James Margolin Melony Haber and Gerald Weiss Lianne Klapper and David Kulko Lisa Pachtman and Adam Schlesinger Sharon Rothner and Evan Klein

<u>MARRIAGES</u>

Monica Pfeifer and Daniel Barach Shelly Reich and Serge Ben Nathan Susan Saks and Andy Fleisch Barbara Goldenstein and Daniel Leeman Nan Salig and Peter Levy Lisanne Weinberg and Dr. Arthur Lubitz Gina Bremer and Steven Poritz Nancy Sue Boxenbaum and Robin Rotenier Hanni Dorn and Rabbi Charles Rudansky Miriam Sobolofsky and Rick Shields Abbie Furmansky and Dan Sutton Liane White and Ira Wolff Edie Melnick and Scott Yaffe



Beginners Shabbat Luncheons Jan 2, Feb 6, March 6

cost \$15

Beginners Schmooze 8:15 PM

Jan 4, Feb 1, March 1

Beginners Purim Party

Sat. March 6, 6:15 PM

Beginners Shabbaton

Friday-Saturday, April 2-3

TAUBA HOROWITZ

Tauba Horowitz was the oldest living member of the Beginners Service.

BIRTHS

Vivian and Mark Gelberman on the birth of a girl, Minna Rivkah Sharon and Steve Goodman on the birth of a boy, Shalom Yitzchak Hadassah and Bill Greenbaum on the birth of a girl, Ariela Channa Marina and Alex Kochman on the birth of a girl, Rachel Leah Esther and Steve Korn on the birth of a girl, Rachel Tzipporah Jennifer and Richard Mortner on the birth of a girl, Sophie Tracy and Asher Rapp on the birth of a boy, Samuel Peretz Penny and Irwin Stern on the birth of a girl, Melanie Linden and Dr. Gene Stromberg on the birth of a girl, Rachel Tzipporah Shelley (Stangler) and Cliff Wener on the birth of a girl, Rachel (Baila) Beth

TZEITCHEM L'SHALOM to live and/or study in Israel Eve Baygell Lisa Bernstein Kaila and Barry Friedman

REFUAH SHLEMA

Steven Goodman Maurice Orkin

CONGRATULATIONS

Valerie Diker, upon the publication of her volume of poetry Journey to the Heart Debbie and Mark Rosalimsky upon being honored by the Jewish Learning Exchange of Ohr Samayach Sharona and Steve Spevak upon being honored by Ezra Academy

CONDOLENCES

To the family of Tauba Horowitz Jerry Katz on the loss of his mother, Helen Katz Irv Elias on the loss of his father, Salamon Elias Debbie Mann on the loss of her father, Harry Mann Michele Morse on the loss of her mother, Dina Block She would have been 92 in January. She came to Lincoln Square when she was in her late 70s and made her home kosher at age 81! She was most proud of her religious origins and that her father was a Torah Scribe. Her thirst for knowledge, her zest for life, and her pleasant demeanor, to the very end, were remarkable, and will be long remembered



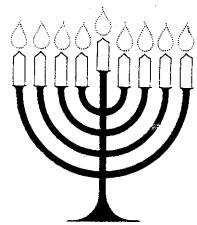
	SCHEDULE OF SERVICES (C)
Tuesday, April 6th Yom Tow Morning Services. 2145 a.T. 2017 Young Services. 6125 p.E. Hindha 7110 p.E. Kindle Yom Tow Candles after 8107 p.E. followed by the second Seder. 8115 p.E.	Shabbat April 10th (REEH) Shabbat Morning Services
Wednesday, April 7th Yos Tow Morning Services	Sunday, April 11th Chol Hamosd Morning Services
r day-Friday April 8th - 9th Amoed Morning Services	Monday, April 12th Yom TOV Morning Services
Priday, April 9th Kindle Shabbat Candles	Tuesday, April 13th You Tov Horning Services including Yizkor8:00 & Daf Yemi
	Friday, April 16th Kindle Shabbat Candles Hincha and Kabbalat Shabbat

8:00 & 8:45 D.E.
6:25 p.z.
7:10 p.c.
7:25 p.E.
•••• p.E.
7:00 & 8:30 a.E.
7×11 m m
7:20 p.E.
********** p.E.
8:00 & 8:45 a.E.
6:30 p.c.

/:15 p.m.
8:13 p.z.
8:00 & B145 a.z.
8:00 & 8:45 a.z.
6:30 p.s.
hag7:15 p.m.

SCHEDULE OF SERVICES (CONT.)





LSS BEGINNERS/INTERMEDIATES CHANUKAH BASH

LIVE MUSIC! LOTS OF RUACH! DINNER WITH ALL CHANUKAH TRIMMINGS

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When:

WEDNESDAY, DECEMBER 23rd - 7:00 P.M.

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\$25 AT THE DOOR



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