

SCHEDULE OF SERVICES

Fri April 22, 2005 - 13th of Nisan EREV PESACH
 Morning Services 7:10 & 7:50 AM
 Latest time to burn Chametz 11:20 AM
 Candle Lighting 7:24 PM
 Mincha 7:30 PM

**Sat April 23, 2005 - 14th of Nisan Achrei Mot
 SHABBAT HAGADOL EREV PESACH**
 Morning Services 7:00 & 9:00 AM
 Latest time to eat Chametz 10:02 AM
 Daf Yomi 6:45 PM
 Candle Lighting 7:26 PM
 Mincha 7:30 PM
 Begin seder after 8:15 PM

Sun April 24, 2005 - 15th of Nisan PESACH
 Morning Services 8:00 & 9:00 AM
 Daf Yomi 6:26 PM
 Mincha 7:11 PM
 Yom Tov candles after 8:26 PM
 Maariv 8:26 PM
 Begin seder after 8:26 PM

Mon April 25, 2005 - 16th of Nisan PESACH
 Morning Services 8:00 & 9:00 AM
 Daf Yomi 6:25 PM
 Mincha 7:10 PM
 Maariv 8:26 PM
 Yom Tov ends 8:26 PM
 Daily Mincha & Maariv 7:35 PM

**Tue April 26, 2005 - 17th of Nisan PESACH
 (CHOL HAMOED)**
 Morning Services 7:00, 7:30 & 8:30 AM

**Wed April 27, 2005 - 18th of Nisan PESACH
 (CHOL HAMOED)**
 Morning Services 7:00, 7:30 & 8:30 AM

**Thu April 28, 2005 - 19th of Nisan PESACH
 (CHOL HAMOED)**
 Morning Services 7:00, 7:30 & 8:30 AM

**Fri April 29, 2005 - 20th of Nisan PESACH
 (CHOL HAMOED)**
 Morning Services 7:00, 7:30 & 8:30 AM
 Earliest Candle Lighting 6:25 PM
 Candle Lighting 7:32 PM
 Mincha 6:45 & 7:35 PM

Sat April 30, 2005 - 21st of Nisan PESACH
 Daf Yomi 7:15 AM
 Morning Services 8:00 & 9:00 AM
 Talmud Class 6:21 PM
 Mincha 7:06 PM
 Yom Tov candles after 8:32 PM
 Maariv 8:32 PM

Sun May 1, 2005 - 22nd of Nisan PESACH
 Daf Yomi 7:15 AM
 Morning Services 8:00 & 9:00 AM
 Talmud Class 6:30 PM
 Mincha 7:15 PM
 Maariv 8:32 PM
 Yom Tov ends 8:32 PM
 Daily Mincha & Maariv 7:40 PM

Fri May 6, 2005 - 27th of Nisan YOM HASHOAH
 Morning Services 7:10 & 7:50 AM
 Earliest Candle Lighting 6:27 PM
 Candle Lighting 7:39 PM
 Mincha 6:45 & 7:45 PM

Sat May 7, 2005 - 28th of Nisan Kedoshim
 Daf Yomi 7:00 AM
 Bible Class 8:30 AM
 Morning Services 7:45, 9:00 & 9:45 AM
 Talmud & Bible Class 6:35 PM
 Mincha 7:35 PM
 Shabbat Ends 8:39 PM
 Daily Mincha & Maariv 7:45 PM

**Mon May 9, 2005 - 30th of Nisan
 ROSH CHODESH**
 Morning Services 7:00 & 7:40 AM

Tue May 10, 2005 - 1st of Iyar ROSH CHODESH
 Morning Services 7:00 & 7:40 AM

**Wed May 11, 2005 - 2nd of Iyar
 YOM HAZIKARON**
 Morning Services 7:10 & 7:50 AM

**Thu May 12, 2005 - 3rd of Iyar
 YOM HAATZMA'UT**
 Morning Services 7:00 & 7:50 AM

Fri May 13, 2005 - 4th of Iyar
 Morning Services 7:10 & 7:50 AM
 Earliest Candle Lighting 6:34 PM
 Candle Lighting 7:46 PM
 Mincha 6:45 & 7:50 PM

Sat May 14, 2005 - 5th of Iyar Emor
 Daf Yomi 7:00 AM
 Bible Class 8:30 AM
 Morning Services 7:45, 9:00 & 9:45 AM
 Talmud & Bible Class 6:40 PM
 Mincha 7:40 PM
 Shabbat Ends 8:46 PM
 Daily Mincha & Maariv 7:55 PM

Fri May 20, 2005 - 11th of Iyar
 Morning Services 7:10 & 7:50 AM
 Earliest Candle Lighting 6:41 PM
 Candle Lighting 7:53 PM
 Mincha 6:45 & 8:00 PM

Sat May 21, 2005 - 12th of Iyar Behar
 Daf Yomi 7:00 AM
 Bible Class 8:30 AM
 Morning Services 7:45, 9:00 & 9:45 AM
 Talmud & Bible Class 6:50 PM
 Mincha 7:50 PM
 Shabbat Ends 8:53 PM
 Daily Mincha & Maariv 8:00 PM

Fri May 27, 2005 - 18th of Iyar LAG B'OMER
 Morning Services 7:10 & 7:50 AM
 Earliest Candle Lighting 6:42 PM
 Candle Lighting 7:59 PM
 Mincha 6:45 & 8:05 PM

Sat May 28, 2005 - 19th of Iyar Bechukotai
 Daf Yomi 7:00 AM
 Bible Class 8:30 AM
 Morning Services 7:45, 9:00 & 9:45 AM
 Talmud & Bible Class 6:55 PM
 Mincha 7:55 PM
 Shabbat Ends 8:59 PM
 Daily Mincha & Maariv 8:05 PM

Mon May 30, 2005 - 21st of Iyar MEMORIAL DAY
 Morning Services 7:00 & 8:30 AM

Fri June 3, 2005 - 25th of Iyar
 Morning Services 7:10 & 7:50 AM
 Earliest Candle Lighting 6:47 PM
 Candle Lighting 8:04 PM
 Mincha 6:45 & 8:10 PM

Sat June 4, 2005 - 26th of Iyar Bamidbar
 Daf Yomi 7:00 AM
 Bible Class 8:30 AM
 Morning Services 7:45, 9:00 & 9:45 AM
 Talmud & Bible Class 7:00 PM
 Mincha 8:00 PM
 Shabbat Ends 9:04 PM
 Daily Mincha & Maariv 8:10 PM

**Mon June 6, 2005 - 28th of Iyar
 YOM YERUSHALAYIM**
 Morning Services 7:00 & 7:50 AM

**Wed June 8, 2005 - 1st of Sivan
 ROSH CHODESH**
 Morning Services 7:00 & 7:40 AM

Fri June 10, 2005 - 3rd of Sivan
 Morning Services 7:10 & 7:50 AM
 Earliest Candle Lighting 6:52 PM
 Candle Lighting 8:09 PM
 Mincha 6:45 & 8:15 PM

Sat June 11, 2005 - 4th of Sivan Nasso
 Daf Yomi 7:00 AM
 Bible Class 8:30 AM
 Morning Services 7:45, 9:00 & 9:45 AM
 Talmud & Bible Class 7:05 PM
 Mincha 8:05 PM
 Shabbat Ends 9:09 PM
 Daily Mincha & Maariv 8:15 PM

**Sun June 12, 2005 - 5th of Sivan
 EREV SHAUVOT**
 Morning Services 7:00 & 7:50 AM
 Candle Lighting 8:10 PM
 Mincha 7:22 PM
 Maariv 8:59 PM

Mon June 13, 2005 - 6th of Sivan SHAUVOT
 Morning Services 4:50 & 9:00 AM
 Bible Class 7:15 PM
 Daf Yomi 7:30 PM
 Mincha 6:45 & 8:20 PM
 Yom Tov candles after 9:10 PM
 Maariv 9:10 PM

Nesta Feldman

Nesta Feldman was a woman in her early 60s when she began to study her faith seriously. Despite being older than most of the Beginners, she was always young at heart and admired by all. She was one of the early proponents of eating healthy foods, and taught us much about the spiritual value of good nutrition and good living.

Jonathan Spanbock

The tragic passing of Jonathan Spanbock has profoundly shocked and saddened the entire LSS/Beginners family. Jonathan was a gentleman with a gentle soul who attended the Beginners Service with his then girlfriend Carol Zingale. His wit, wisdom and keen insights in Torah enriched us all. His great efforts and accomplishments on behalf of the Jewish community and as a model husband, father, son and brother will stand eternally as his exalted legacy.

SAVE THE DATE

Beginners Shabbat Luncheons
 Saturdays 12:30 PM- \$15
 May 7, June 4

Beginners Schmooze - Mon, 8:15 pm
 Free
 June 6

All Night Shavuot Learn-In
 Sun, June 12, 11:30 PM - 7:00 AM

ARE YOU FREE RIGHT NOW?

Shlomo Dov Gewirtz

You probably see the Seder as celebrating our deliverance from physical slavery, the tyranny of forced labor and the political oppression of dictatorships. But in one of his now-classic Passover essays, the late and revered Joseph B. Soloveitchik (known affectionately to his students as 'The Rav') points to the second sup of wine for a different perspective. He shows us how the blessing of gratitude we recite, "...to offer You a new song about our redemption and the liberation of our soul," reveals another type of slavery that is equally real though not always obvious.

The Rav says that while the "redemption" we sing of is from physically imposed enslavement, the "liberation" is from "a mental state of servility."

Here, the Rav is speaking of those "who think, feel, act, and react in a distinctively docile manner suggesting that their will has been broken, their ego effaced, and their freedom warped and constricted...an emotional condition, a crushing of one's initiative, a submersion of one's individuality, and a distortion of one's judgment... a mentality found even among the politically emancipated."

Now I don't know about you, but this certainly describes me a number of years ago after an interview I had for the post of senior communications director at CBS News:

"Thanks for seeing me. I appreciate it. I wasn't sure I had the qualifications."

"Your letter was dynamite. One of the more impressive pieces of writing that have crossed my desk. I'd love to hire you."

"Thanks."

"Problem is, we need a woman. That's the order."

"A woman?"

"Yeah. A good-looking blonde would be nice, but they just say a woman. So... unfortunately, you don't seem to qualify, do you?"

"I can't believe it."

"What's not to believe? I'm a straight shooter. I didn't have to call you in, but what the hell?"

"I guess I should have worn a dress instead of a suit."

"I wish you a lot of luck."

What...??

There I was, sitting there, an apparent hapless victim of this new 'Affirmative Action,' a political sacrifice, as it were, and all this guy can offer is, 'good luck?' I was so angry and frustrated with my inability to

CONGRATULATIONS AND MAZAL TOV

ENGAGEMENTS

Dr. Kira Bacal and Ron Eisler
Peri Graben and Jonathan Leong
Bella Hahn and Zachary Grossman
Mazal Tov to parents
Ohra and Dr. Manfred Hahn
Jenny Lebowitz and Michael Doppelt
Mim Senft and Shlomo Ben Yakov
Eva Soliz and David Maimon

WEDDINGS

Shoshana Doktor and Guglielmo Lichtner
Amy (Yehudit) Elfman and Richard Schultz
Susan Kent and Mark Esposito
Elaine Witty and Lawrence Komito

BIRTHS

Sara and Dr. Joshua Bleier, on the birth of a boy,
Joseph Zev
Carol and Caleb Lentcher, on the birth of a boy,
Julian Wolfe
Mazal Tov to grandmother Judge Enid Langbert
Jamie and David Mitchell, on the birth of a boy,
Julian Ryder



Jacqueline and Nathan Shalom, on the birth of a girl,
Madeline Jill
Mazal Tov to grandparents Richard and Freya Wigler
Dr. Jennifer and Meir Solomon, on the birth of a girl,
Sima
Leah and Heshey Steinacher, on the birth of a boy,
Yaakov
Allison and David Ullendorff, on the birth of boy, Henry
Mazal Tov to grandmother Regina Ullendorff
Adina Spiro and Philip Wagman, on the birth of a girl,
Sarah Julia

BAR/BAT MITZVAH

Pinchas Mordechai Kreizel
Mazal Tov to parents Miriam and Yochanan Kreizel
Jaron Ellis Tepper
Mazal Tov to parents Drs. Priscilla and Mark Tepper

CONDOLENCES

To the family of Nesta Feldman
Dr. Stephen Glassberg, on the loss of his mother,
June Glassberg Taylor
Nancy Jacobs and Leonard Cohen,
on the loss of their baby daughter, Galit Orah

cope that I could think of nothing else to say to him. It was awful. Where I had walked in proud of my competence and skills and with high hopes for getting a great job, a minute later my initiative was down the tubes. All I could do was get up and leave, docile, meek and withdrawn, enslaved by what Professor Abraham Joshua Heschel called "the tyranny of the self-centered ego."

But if I had been able to liberate that ego, rise above my lamentation, and hum the hymn of a free man here, my judgment wouldn't have been so distorted. I'd have been "a person with

options," according to the language of the Rav, "continually challenged by the many-faceted possibilities inherent in all aspects of life," pulling off "an exercise in discernment, an awareness of nuance, a keenness of perception, and a breadth of judgment."

Had I been a free man, I would have leaned back and relaxed, wise enough to recognize that someone who'd been impressed enough by my letter to call me in when he knew he couldn't give me the job wanted to help me. When I would have said, "Thank you for calling me in anyway," I would have shown character in the face of defeat by recognizing that desire.

When I'd have asked, "Which skills did you see in my presentation made you want to see me?" I would have shown independence by inviting him to join me in looking at the bigger picture.

And when I would have followed up his response with, "Which of those skills would match the criteria you'd use for other jobs in your division?" I would have deepened a relationship that would encourage other options in the future.

True, it's too late to repair the past, but repairing the present is possible.

Now, when I feel like I'm turning into a victim, I remember the slavery of that moment and what I have learned since - to transcend my emotions, see beyond appearances and use my inner vision to appreciate the bigger picture and the new, changing role I can play. To learn what others want and stretch myself as far as I can to meet those needs. It's that ability to surpass oneself that makes freedom what it is, said Professor Heschel. Or, in the Rav's words, "to derive from retrospection the moral imperative to act now in order to realize our visions for the future."

Freedom's just another word for everything to gain.

SHLOMO DOV GEWIRTZ works with Howard Jonas at the IDT Corporation in Newark and is a popular speaker on career growth. His email is shlomo@corp.idt.net.

Shimon (Steve) Klein, on the loss of his mother,
Peggy Klein
John Kosecoff, on the loss of his mother,
Phyllis Kosecoff
James (Jim) Lardner, on the loss of his mother,
Frances Chaney
To the family of Jonathan Spanbock

CONGRATULATIONS

Tracy and Sander Gerber, for being honored by Yeshiva Ketana of Manhattan.
Eliana and Vladimir Gutin and Batya and Eddie Jacobs, who were honored at the recent NJOP dinner.
Rona and Andrew Steinerman, for being honored at Manhattan Jewish Experience.

THANK YOU

Peter Howard and Helen Hanft for the special entertainment they provided at the Beginners Purim Party.
Irwin Mandel, for donating several sweaters for use by our "chilled" Beginner congregants during the air conditioning season.