

PRAYER
DO
LEARN
BY KNOW
PRAYER



שבת



NEWSLETTER
BEGINNER'S MINYAN
LINCOLN SQUARE SYNAGOGUE

MARCH / 776 (ADAR)



Mitzvot (precepts) are G-d's commands which we must fulfill as individuals belonging to the nation, "Israel."

In addition to this essential truth, which is the embodiment of all precepts, each and every mitzvah potentially carries its unique range of personal benefits to the observer performing the mitzvah. The mitzvah observer has the opportunity to perceive, measure and alter his/her pattern of daily living. Personal insights are realized which would not come to focus in absence of performing the mitzvah.

The yearly cycle of Kiddush mitzvot performed on Shabbatot and Yamim Tovim provide an illustration of the personal simultaneous truth mentioned above.

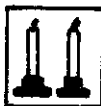
The Kiddush mitzvah is performed over the cup of wine. A minimum amount of wine is required to recite Kiddush. In addition, if the Kiddush cup holds more than the minimum required volume, the cup must still be filled to the brim.

Shabbatot and the Yamim Tovim occur during specified calendar days and clock hours. The result is that the full measure of wine is used in a controlled manner during a clearly designated interval of time.

What is time the measure of? Time is the measure of life! When performing the mitzvah of Kiddush each individual focuses full attention on the Kiddush cup which is firmly poised in air, on an uplifted palm.

While focusing on the Kiddush cup we have a unique opportunity weekly and yearly to take stock of our lives and to measure if we, as individuals and members of the family, are directing our lives and sharing our years as we want them lived.

A.J.F.



Adloyada (Until One Knows Not)

Come join us in a Purim party. Get a little drunk on the spirit or "the spirits." Don't worry, the rabbis say it's okay. Adloyada. You may drink until you do not know the difference between "blessed be Mordecai" and "cursed be Haman."

Come enjoy good food, good drink, and good hamantashen. Come listen to the Megillah, the Book of Esther, the first book of Jewish politics. Learn how the beautiful Jewish princess Esther, through tremendous courage and cleverness, is able to reverse a plot to exterminate our people.

Become involved in the sense of community celebration. Send shalach manos (gifts of food) to neighbors and friends. And last, but most important, give tzedakah or charity.

And so in celebrating the four traditions of Purim, listening to the Megillah, having a festive meal, sending gifts and giving charity, let us rejoice in Esther's great victory and our own continued survival to this day.

J.K.



Do you want to learn the structure, content, and melodies of Shabbat Prayer? COME TO THE BEGINNERS' MINYAN!

Would you like to experience a traditional Shabbat meal in the Lincoln Square community?

COME TO THE LINCOLN SQUARE SYNAGOGUE!

If you have a strictly kosher home and are shomer Shabbat, and are able to provide INSTANT HOSPITALITY on Shabbat, after services, please let Rabbi Buchwald or Debbie Aneis know.

We need your help! Members, and former members of the Beginners' Minyan, please contribute to this newsletter!



To someone who is returning to Jewish life after a long absence, or who is entering for the first time, there are many words he or she may hear in the synagogue and in conversation which are confusing or not defined in the course of their use. In this column, we will try to explain some of these terms, both literally and in the context in which they are used. Please send suggestions to Phyllis Goodman or Rabbi Buchwald.

TORAH: Literally "teaching." The body of laws which govern Jewish life, that were given to Moses on Mount Sinai; hence the term "Books of Moses." They comprise the first five books of the Bible: Genesis, Exodus, Leviticus, Numbers and Deuteronomy. Together, these are referred to as "Pentateuch."

Although many chapters of the Torah are narrative stories, it is their interpretation and symbolism from which the laws are drawn. Recorded on scrolls, the Torah is read in the synagogue every Shabbat. This takes a year to do, and is divided up to end and begin again on Simchat Torah (Rejoicing of the Law). Someone who has read the Torah 70 times is 83 years old (presuming he was Bar Mitzvah'd at age 13).

This is Torah defined in its most specific terms. More broadly, Torah may also refer to all laws and learning of Judaism, encompassing both the Written and Oral Code, as well as all of Talmud (terms to be defined in future issues).

P.G.



Save These Dates!

Tuesday, March 13, 5:00 p.m.

Purim Seudah and Masquerade Ball to honor Esther and Mordechai. Entertainment, songs, dancing, and a special Purim skit. Donation: \$10. for each adult, \$6 for each child under 12.

Saturday, March 31, 8:00 p.m.

Annual Synagogue Dinner. This year honoring Rabbi and Mrs. Herschel Cohen. Donation: \$75. or \$180 in journal ads.

Friday, April 6, Saturday, April 7

Joseph Shapiro Institute Shabbaton. Check at the synagogue for further details.

Become a member of LSS \$36. student, \$100 single membership, \$200 for a family. No one is turned away for lack of funds.

PLEASE CONTACT THE SYNAGOGUE OFFICE IF YOU ARE INTERESTED IN PARTICIPATING (874-6100)

Activities

If you are interested in participating in any of the following activities, please call Debra Aneis, at the synagogue, at 874-6105, Monday through Thursday after 2:00 p.m. or Friday mornings:

- making your home kosher
- taking free Hebrew lessons
- being on the newsletter mailing list
- having an appointment with Rabbi Buchwald
- giving a D'var Torah on Shabbat
- helping to set up the Beginners' Minyan Kiddush
- giving a donation for the Beginners' Minyan Kiddush
- finding out about any of the fifty courses offered evenings at the Joseph Shapiro Institute of LSS
- organizing a Shabbat study group
- getting a pushkah (charity box) from LSS

Marilyn Gelber

and

Dr. Kenneth Swire

are engaged!

Mazel Tov!

Student: Rabbi, I think this Judaism is really getting to me.

Rabbi: Great! How do you know?

Student: Last night I took a shower with my kippah on!

(This is our joke corner. We took this joke, our best so far, from our files. You can see we need help. If you want to be spared next month from more of the same--please send in any funny stories or jokes to the synagogue c/o The Beginner's Minyan Newsletter, Lincoln Square Synagogue, 200 Amsterdam Avenue, New York, New York 10023. If you want to contribute a serious story, article, etc. that's good too!)

We hope you enjoyed this, your first newsletter. The next issue will be even better, if you contribute to it!

Many thanks,
the editors

Schedule of Services

Friday, March 2nd

Kindle Shabbat Candles	5:28 P.M.
Mincha and Kabbalat Shabbat	5:40 P.M.

Saturday, March 3rd (Terumah)

Shabbat Morning Service	8:45 A.M.
Talmud and Bible Class	4:45 P.M.
Mincha	5:30 P.M.
DAILY MINCHA AND MAARIV	5:40 P.M.

Friday, March 9th

Kindle Shabbat Candles	5:36 P.M.
Mincha and Kabbalat Shabbat	5:45 P.M.

Saturday, March 10th (Tetzaveh) Shabbat Zachor

Shabbat Morning Service	8:45 A.M.
Talmud and Bible Class	4:50 P.M.
Mincha	5:35 P.M.
DAILY MINCHA AND MAARIV	5:55 P.M.

Monday, March 12th**Fast of Esther**

Morning Services	7:00 and 7:30 A.M.
Mincha	5:45 P.M.

Purim

Maariv and the Reading of the Megillah	6:30 P.M.
Additional evening Megillah Reading	9:15 P.M.

Tuesday, March 13th

Morning Services and the Reading of the Megillah	6:30 and 8:00 A.M.
Additional Megillah Readings During the Day	12:45 P.M. and 5:00 P.M.

Friday, March 16th

Kindle Shabbat Candles	5:44 P.M.
Mincha and Kabbalat Shabbat	5:55 P.M.

Saturday, March 17th (Kee Tissa) Shabbat Parah

Shabbat Morning Service	8:45 A.M.
Talmud and Bible Class	5:00 P.M.
Mincha	5:45 P.M.
DAILY MINCHA AND MAARIV	6:00 P.M.

Friday, March 23rd

Kindle Shabbat Candles	5:51 P.M.
Mincha and Kabbalat Shabbat	6:00 P.M.

Saturday, March 24th (Vayakhel-Pekude) Shabbat Hachodesh

Shabbat Morning Service	8:45 A.M.
Talmud and Bible Class	5:05 P.M.
Mincha	5:50 P.M.
DAILY MINCHA AND MAARIV	6:10 P.M.

Thursday, March 29th**Rosh Chodesh Nisan**

Morning Services	7:00 and 7:40 A.M.
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Friday, March 30th

Kindle Shabbat Candles	5:58 P.M.
Mincha and Kabbalat Shabbat	6:10 P.M.

Saturday, March 31st (Vayikra)

Shabbat Morning Service	8:45 A.M.
Talmud and Bible Class	5:10 P.M.
Mincha	5:55 P.M.
DAILY MINCHA AND MAARIV	6:15 P.M.

The Sabbath is terminated Saturday evenings one hour after the official candle-lighting time on the previous Friday afternoon.

SHABBAT SERVICES

Shabbat Early Services followed by classes in Bible and Talmud	8:00 A.M.
Services for beginners and those with little Synagogue background.....	9:15 A.M.
Regular Services	8:45 A.M.
Third Minyan followed by a class in Bible	9:45 A.M.
Junior Congregations	10:00-11:15 A.M.
Shabbat Nursery (3-5 years old)	10:00 A.M.

DAILY MINYAN

Weekdays	7:15 and 7:50 A.M.
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If a member requires a shiva minyan at his home, the second minyan meets there.

Sunday	7:15 and 8:30 A.M.
Legal Holidays	8:30 A.M.
Rosh Chodesh	7:00 and 7:40 A.M.
Chol Hamoed	7:00 and 7:40 A.M.
Fast Days	7:00 and 7:30 A.M.