

Sisterhood Program Calendar - 2023-2024

(All events subject to change)

** SISTERS ASSEMBLE! **

1. **August 13th - 9:30 AM - "Sisterhood of the Traveling (Congre) Gants"** - Our CBI Sisterhood has the honor of hosting this first gathering of local Sisterhoods since COVID. We will meet with women from Orlando to Sarasota to Tampa and share ideas while attending various workshops. Open to everyone. Let's show the other synagogues how strong our Sisterhood has become. Lunch provided.

2. **August 20 th - 9:00 AM - "CBI's Sunday Fun Day"** - This morning is devoted to getting to know more about CBI. Sisterhood will lead one of the breakout sessions and everyone will have an opportunity to taste our much-loved "Hug in a Bowl" soup. This event is for all members, young and old, long-standing or brand-new.

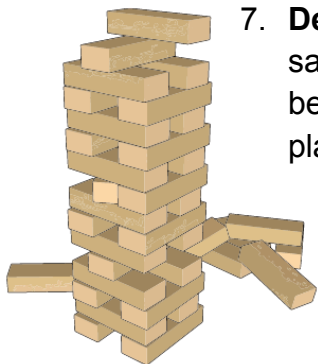
3. **August 27th - 11:00 AM - "How Not to Die ...Prematurely"** with Kathleen Buns. Come explore one author's ideas for living our best and longest life via a fascinating video. During the viewing, enjoy a healthy, plant-based meal.

4. **September 27- 6:45 PM - "Sassy Sisters Selebrating Sukkot"** - The focus will be on this joyous holiday and will result in us fulfilling the mitzvah of decorating CBI's first sukkah inside our pergola.

October 29 - 6:45 PM - "HoeDOWN for the PaidUP" - Wanted: All paid-up cowgirls to saddle up and ride on over for a barn-stomping good time at our paid-up member event.

6. **November 1 - 6:45 PM - "Healthy for the Holidays"** - Let's get into our best shape - mentally and physically - before Thanksgiving and Chanukah. We will get moving with an exercise physiologist, set new goals by creating a Vision Board, and get our blood circulating with our guest masseuse.

7. **December 3 - 9:30 AM - "Let the Games Begin"** - When was the last time you sat down and played a game with your friends? Well, put on your game face because it's...GAME DAY! Before the Bucs play the Panthers at 1:00, you can play with us at 9:30. Choose from a variety of games that will include a Mah



Jongg tournament and a “learning table” for those who don’t yet know how to play.

8. **January 10 - 6:45 PM - “An Officer and a Gentlewoman”** - Due to the popularity of last year’s program, we will once again enjoy listening and learning from St Pete Police Officer, Chip Wells. There will be plenty of time for a Q and A session, so be ready to “Ask the Officer.”



Shabbat
Shalom

9. **January 20 - 9:00 AM - “Shabbat Shalom, Hey!”** - All women are welcome and encouraged to participate as we take over the Shabbat morning service. Let’s show our egalitarian synagogue why we once fought so hard for the right to be on the bimah.

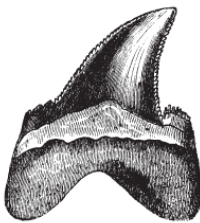
10. **February 4 - 11:00 AM - “That’s the Way We Became the Lady Brunch”** - Help us honor those women who made donations to Torah Fund as well as the newest recipient of the “Jackie Jacobs Woman of Achievement” award. Delicious meal included.



11. **March 6 - 7:00 PM - “Young at Art”** - Let your inner artist out as our own CBI talent, Susan Kagan, helps us tap into our creativity to make a piece of art that we can take home and display with pride.



12. **April 7 - 9:30 AM - “Jews, Juice and Jaws”** - Put on your sunscreen and sun hat, pack a bathing suit and a bag lunch, and get ready for a day of fun (and some tikkun olam) in the sun. We will be heading south. First stop - a farm for some berry picking followed by a visit to Caspersan Beach in Venice to collect both shark teeth and litter. We will leave CBI at 9:00 and return sometime in the late afternoon.



13. **May 1 - 6:45 PM - Mystery Meeting - Details to follow**

