

Director's Message

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The Lauren Elise Bier Nursery School opened on September 5th after the teachers were in the building setting up and preparing for the students the week prior. We are very excited to be welcoming returning and new students and families into our school and larger shul community this year. We have students 3 months- 5 years old and each day you can see how excited the children are to come to school and see their morahs and friends. It really warms my heart in year six of being here to see the growth of the school as we include our younger children and officially have classes in all the classrooms in the building. We even have waiting lists for a couple of our classes. This year we brought back many returning morahs in addition to a few new ones who have added so much to our program. Morah Tamar in particular has added her musical talent to bring Hebrew into all of the classes with a Hebrew word of the week and special songs.

After the chagim were over, all the classes pushed full steam ahead as our full weeks of learning began. Each week you can see the parsha come alive in the classrooms with tevas, tents, petting zoos and so much more.

The children have been very busy learning and exploring their environment. The beautiful weather lent itself to a lot of fun outdoor play and hands-on learning in nature. Each class worked on their own Fall units exploring the season in many different ways. The Tiny Tots enjoyed taking walks in the buggy while learning the colors of the different leaves as they change color and fall to the ground. The 2's class used their sense of touch to collect, toss and crunch leaves they found outside. The 3's class read many fall books and also began noticing the changes in the leaves outside and discussing why those changes are happening. Our Pre-K class learned about Fall through their different learning centers. They counted leaves and acorns in math, examined and experimented with apples in science and read books about the season.

All of our fall units led into our school-wide

Thanksgiving unit and celebration. Each class did their own preparations and learning for the holiday and then came together for a special Thanksgiving feast to celebrate. We enjoyed a delicious lunch with special foods that we baked ourselves. Each class also created fun projects to bring home to celebrate with their families as well as a special poster thanking the West Orange Police Department that we presented to officers who joined us at our feast. We want to thank our PTA for generously organizing and to the many families who sponsored our Thanksgiving feast this year.

Our Chanukah festivities are very exciting this year. Each class has made their own menorahs to take home and share with their families along with other exciting projects. We look forward to a special Chanukah drum circle with our grandparents and special friends as part of our Chanukah celebrations. Each day will be another fun activity for the students.

It has been a fantastic fall semester and we are looking forward to continuing our learning and growing this year!

We look forward to sharing our year with you and encourage you to follow us on Instagram at @LaurenEliseBierNS and on our Lauren Elise Bier Nursery School Facebook page and in the Jewish Link.



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PTA Corner

Ayala Ben-Zikry and Dani Rosenwein
Co-Presidents
pta@aabjd.org

2023-2024 has been a great year so far! This year the PTA proudly provided presents to our teachers for Rosh Hashana and had a teacher in service week where we served breakfast and lunch.

The PTA also had a challah bake where 100 women attended, and all of the proceeds went to support Israel, through Friends of the Israel Defense Force (FIDF).

We also had our thanksgiving feast which was a huge success! All of the kids enjoyed the food, singing and friends. Thank you to the many parent volunteers for helping make this event smooth and successful.

What's up next? We will be gifting our dedicated teachers, maintenance staff and security staff with presents for Chanukah to thank them for all they do! On Friday December 15th we will also be having grandparents and special friends day. Make sure to save the date!

Want to get involved? Our PTA is comprised of over 10 parents that are dedicated to the success of Lauren Elise Bier Nursery School. If you are interested in getting involved - whether it be once per week or once per quarter - please reach out to Ayala Ben-Zikry or Dani Rosenwein. We are happy to welcome you with open arms.

Look forward to a successful second half of the year! -The PTA



חג חנוכה שמחת!



Candle Lighting Times

Thursday, December 7th • after 5:15PM

Friday, December 8th • 4:11PM

(Then light Shabbat Candles)

Saturday, December 9th • 5:15PM Havdalah

(Then light Chanukah Candles)

Sunday, December 10th • after 5:15PM

Monday, December 11th • after 5:15PM

Tuesday, December 12th • after 5:15PM

Wednesday, December 13th • after 5:16PM

Thursday, December 14th • after 5:16PM



Welcome to our Tiny Tots jungle. It's been a great year so far getting to know each other. Each child takes his/her own time to get used to their new environment and caregivers. We are happy to say that all of our students have not only adjusted but are thriving in the class. Each day the children enjoy playing with different toys, crawling or walking around the classroom to explore with their senses and listening to stories and songs. Music and movement is definitely a favorite time of day. For each chag or special day on the calendar we work on a special project to take home. For Rosh Hashana we did apple printing and for Sukkot we loved crawling in and out of our pop up sukkah and taking a walk to the real sukkah outside. For Thanksgiving, we enjoyed feasting on yummy dishes that all the classes made. Another exciting part of our day is our sensory exploration whether that is paint in a bag, the light table, fingerpainting or different musical instruments. Story Time is also fun as we gather on the carpet and learn to sit while a morah reads to us. We are always working on using our gently hands and taking turns with toys in the classroom. We have already seen such growth from every child and we are looking forward to a





LEBNS CELEBRATES CHANUKAH

Friday, December 8th
Storytime & Challah Making

Monday, December 11th
Hebrew Movement with Morah Reut

Tuesday, December 12th
Special visit from Rabbi Eliezer Zwickler

Wednesday, December 13th
Donut Decorating

Thursday, December 14th
Latkas & Chanukah Project
Music with Ms. Jenifer

Friday, December 15th
Grandparents Day
Featuring Drum Circle

Made with PosterMyWall.com





What an amazing school year it has been so far! From the first day in September when nineteen children stepped into their new classroom environment, meeting their new classmates and teachers skeptically to the laughing, playing, and learning of today we have experienced so much together. We started the year by allowing the children to explore and check out everything in their new environment, including a very exciting loft and slide space. We began learning our daily routines, different centers and our different circle times. One circle time is Tefillah/Parsha and Chagim and the other circle time is morning meeting, learning English and Hebrew months of the year, days of the week, weather, seasons, holidays, numbers, colors and songs.

In our centers we could be doing a holiday or parsha project, using tabletop toys or playing a game to work on social and fine motor skills. We also work on our imaginative play skills in our dramatic play center using our kitchen, puppets, baby dolls and books.

How special is Friday when we have our Shabbat party hearing a Shabbat story, singing songs, lighting the candles, saying kiddush and washing for hamotzei with one of our classmates being Shabbat Ima or Abba. Occasionally on Fridays we make challah, and we love kneading the dough before we pack it up to take it home to bake.

Another fun day in our class is when we have

a birthday or Mazal Tov announcement to celebrate. The children love decorating posters for their friends and hearing special birthday stories while enjoying delicious cupcakes.

We started the year delving right into learning about Rosh Hashanah then Yom Kippur and Sukkot. For each chag the children worked on beautiful projects to share with their family. For Yom Kippur, just as we were all becoming friends, we made a friend's banner which is hanging in the hallway by our cubbies. We love looking at it each day to see all of our friends. We ate in the Shul Sukkah on Sukkot and loved shaking the lulav and etrog.

Right after Sukkot we started learning Parashat Hashavuah. We learned all about Bereishit and made our sensory creation book to remember how Hashem created the world in six days and rested on the seventh which is how we have Shabbat. For Parashat Noach, the petting zoo was a real highlight.

In the 2's we love sensory exploration whether it be painting with our feet, playing with shaving cream, playdough or kinetic sand. All the different textures are very exciting for us.

We learned about the season of fall and made leaf catchers and painted a pumpkin. All our pumpkins came together to make our own pumpkin patch hanging outside our classroom.

We enjoyed learning about Thanksgiving and learned that we say thank you to Hashem every day when we say Modeh Ani. We made a special poster to say thank you to the West Orange Police Department and also made special Thanksgiving crafts and costumes to bring home. We really enjoyed baking a delicious cranberry and apple dish for the school wide Thanksgiving feast, which was so much fun!

In our effort to say thank you, we also said thank you to the chayalim who are fighting for Eretz Yisrael. The children learned to stand still and straight and sing Hatikvah. They also learned the song Am Yisrael Chai and enjoyed dancing to it as well.

During recess, weather permitting, we love to run, go down the slide and play in the playground. If not, we go to the gym where we have our scooters, bikes, cars, hoola hoops, balls and other fun games to let us get our energy out.

We look forward to Mondays when we have Hebrew movement with Morah Reut and Fridays when we have music with Ms. Jennifer. We also love when Morah Tamar comes into our class throughout the week to teach us special Hebrew words.

Now we are busy exploring and learning about Chanukah. The children love trying to spin the dreidels and count the candles on the chanukiah.

We hope our weekly ask me questions and daily Remini posts allow parents to get insight into our day and ask their child questions.

We wish everyone a wonderful chag and look forward to continued growth and learning this





The 3's class is truly "Out of this World." These past three months have been filled with laughter, friendships, and learning. Here is a breakdown of all that has been going on since we started the 3's.

September

We wasted no time blasting off into what has been an amazing school year so far. We began the month going over routines and circle time. The month of September was filled with so many Chagim. We began with Rosh Hashanah, the New Year. We made honey pots, drip mats, and our very own shofars. One thing we did was tashlich. We learned how we say sorry for the bad we have done throughout the year and start fresh with all good things. Some things we said that we could do was be nice to our friends and help our mom and dad. For science we observed what would make an apple not turn brown. We learned that lemon juice stops an apple slice from turning brown and that baking soda makes the apple slice very soft and easy to break. We also made honey sensory bags. We also loved listening to the shofar. From Rosh Hashanah we moved onto Yom Kippur. We learned about Yona and the whale. We made whales where we can open the mouth and see Yona inside. We also made tzedakah boxes. From Yom Kippur we moved onto Sukkot. We made edible sukkahs, decorations to hang in our sukkahs, a lulav, and an etrog. We also ate our snack and Davened in our school sukkah. In our block area we built sukkahs and in our kitchen center we pretended to make meals for our sukkahs.

Hebrew words we learned this month:

Shalom- hello, goodbye, and peace

Rosh-head

Slicha-sorry

Sameach-happy

Letters we learned this month with examples of words that start with that letter:

A- apple, alligator, ant, and applesauce

October

This month was an exciting month. We celebrated Simchat Torah and we began learning Parsha. For Simchat Torah we made flags and celebrated as a school listening to music and waving our flags around while dancing. We learned Parsha Bereshit. We had a lot of fun making our creation book. For Parsha Noach we made a door hanger. We also made a classroom tevah, ark, that we loved playing in. In science we learned about what items sink or float by putting different items in a bin filled with water. Some things we learned that float are a plastic spoon, plastic cow, and pencil. Some things we learned that sink are a nickel and a crayon. We also had fun at the petting zoo that came to our school. We got to feed the animals and pet them. For Parsha Lech Lecha we made a car to hang in our cars and learned how we are one of Avraham's children and we are one of the stars in the sky. In science we made ramps to see how ramps make the cars go faster. One of our ramps we put crayons to see how it slows the car down. In our block area the children made ramps to put cars on. For Parsha Vayeira we made a welcome sign to represent how Avraham welcomed the 3 malachim (angels) into his ohel (tent). We also began "filling our buckets." We have been working on ways we can do good things to fill our buckets. As we learn a new letter we learn a new way to fill our buckets to earn a pom pom. We also began doing yoga this month. The children love our ABC yoga. They also like our calming exercises we do. We do the yoga and calming exercises using the you tube channel Moovlee.

Hebrew words we learned this month:

Lashevet-sit, Lakoom-stand, Mayim-water, Ohel-tent, tevah-ark

Letters we learned this month with examples of words that start with that letter:

B- baby, banana, bee, bus/ C- carrot, corn, car, candle/ D-dog, dad, dinosaur, dot/ E- egg, elephant, elbow, envelope/ F-fish, food, fan, frog

For math we focused on patterns this month. We also began working on our scissor skills this month.

November

This month we talked about election day. We even got to vote. We voted for which cookie we like better, chocolate or vanilla. We spent a lot of time this month talking about things we are thankful for. Some things we said we were thankful for are our family, house, and food. To show that we are thankful for people that help us we made a special sign to give to the West Orange police to say thank you for keeping us safe. We talked about this as we learned about Thanksgiving. We hope you enjoyed our Thanksgiving projects. For Thanksgiving we also cooked for our Thanksgiving Feast. We made sweet potatoes with marshmallows on top. This month we learned about Parsha Chayei Sara. We made special Shabbat candle cards. We also got to use the well that the Pre-K made. For Parsha Toldot we learned about Eisav and Yaakov and made puppets to learn about them. For Parsha Vayeitzei we made Yaakov laying down surrounded by the 12 rocks. We showed his dream and how the 3 malachim, angels, went up and down a ladder to keep Yaacov safe. We are also beginning Chanukah this month. We began learning about the Chanukiah and started making our Chanukiah. This month we also began learning the aleph beis through yoga.

Hebrew words we learned this month:
Be'er-well, Todah-thank you, one-Akhat, two -shta'im, Three-shalosh, Four-arba

Letters we learned this month with examples of words that start with that letter:

G- green, glue, glove, gold/ H-hat, hair, head, hand/ I-igloo, iguana, invention, indigo

Hebrew letters we learned this month through aleph beis yoga: Aleph, Bet, Gimmel, Dalet

In math we continued to work on patterns and counting with 1-1 correspondence.



PRE:K HARD AT WORK

© Teacher Created Resources

This year the Pre-K class hit the ground running and wasted no time at all. The children adjusted beautifully to their new classroom and daily routines. Every morning the children start with their morning meeting which entails the Pledge of Allegiance, Hatikvah, Calendar, 100th day of school counting and so much more. Each and everyday the children learn new Hebrew vocabulary that is incorporated into our daily routines. The children have already picked up so much.

We kicked off the year learning all about the Chagim. The children learned all about Rosh Hashana, Yom Kippur, Sukkot and Simchat Torah and why these holidays are so important to the Jewish people. In Pre-K learning really comes to life and becomes a hands-on experience for the children. One aspect of Rosh Hashana that was discussed was the tradition of Tashlich. We learned that

each year the Jewish people say "I'm Sorry" for anything they did that was not nice or for any bad choices they made and think of ways to make better, good choices in the new year. The children gathered around our indoor "lake" to throw crackers, their bad choices, away and practice saying I am going to make good choices this year. The children also studied the process of making dvash/ honey. We learned that the bees gather the nectar, convert the nectar to honey, ripen the honey to dry it out and seal the honeycomb with wax. The children really enjoyed getting to taste test the honey as well. The children had the opportunity to open and

explore the inside of a pomegranate, but not before each child guessed how many seeds they thought would be inside. The children then separated the seeds from the pomegranate wall and enjoyed the sweet and yummy treat.

The children have been enjoyed learning and exploring during their Fall unit specifically the Apple unit. The children made predictions if



they thought the apples would sink or float and documented what they learned. They then were able to taste test red, green and yellow apples and write down what they thought of each one. They

voted on their favorite and green won. The children had the opportunity to compare many different seeds including apple, avocado and pumpkin and we even planted some in our classroom. We have taken many nature walks to observe the many incredible changes taking place outside.



Each week we introduce an ABC letter of the week. We use the **Handwriting Without Tears** program which teaches the children handwriting skills using a multi-sensory approach. The children use tools like tracing paper, fingers, workbook exercises, poetry, and hands on activities to help form the letters. The program aims to make the handwriting process fun, engaging and automatic for the children. In addition, we also introduce an Aleph Bet letter of the week. The children learn words that begin with that letter and create a yearlong Aleph Bet train. The children love Aleph Bet Yoga and get excited every day when we do it and are always looking for-



ward to the next letter.

The children recently began their yearlong art unit. The children will study the artwork of famous artists in conjunction with their Parasha and holiday units. The unit was kicked off with Vincent Van Gogh's "The Starry Night". The children explored the artwork with magnifying glasses, so not a detail was missed. The children used their creativity and channeled their inner artist to create inspired artwork. We look forward to continuing this unit throughout the entire year!

The children of the Pre-K class have such a love for Israel. They hosted a lemonade stand for the community members to support the Friends of the IDF (FIDF). The children were proud to take part in every step of the planning, sign making, lemonade making, and selling. Over \$150 was collected, sent to Israel and are happy to know it was going to good use! The Director of the New Jersey Chapter of FIDF and grandfather to one of our Pre-K students, Howard Gases,

came to visit the lemonade stand and give FIDF swag to the Pre-K children. The children also wrote cards for the soldiers in Israel, telling them how brave they are and thanking them for protecting our homeland. One of the student's uncles went to Israel to serve and personally hand delivered the cards.

The children were joined by their friends in the 3's class and learned all about Election Day and the importance for their voices to be heard. They took it to the polls to vote on their favorite cookies, chocolate vs. vanilla. The children each had the opportunity to taste test both cookies, enter the polling booth, cast their vote, and receive a voting sticker. The votes were then counted, and it was a tie! The children had a blast taking part in this.

The children have so much to be thankful for. They learned about all the history of Thanksgiving and enjoyed cooking for the school wide feast. The children measured, mixed, and baked deli-

cious pumpkin bread. The class created a beautiful thank you poster for the West Orange Police Department for keeping us safe every single day! They presented the police with their poster at the feast. This event is always a big hit.



We are hard at work preparing for Chanukah. The classroom is filled with lots of singing and dancing. The children are creating beautiful math inspired menorahs. They are taking pride in their hard work and we can't wait to show them off.

Wishing you and your family a Chag Sameach!



Ivrit with Morah Tamar

Tamar Livnat– ArieH

When we are learning Ivrit at our pre-school, we use different ways of exposing the kids to the language. We use Hebrew through Movement - that is based on learning a language through Total Physical Response - the kids are introduced to a verbal input and they are reacting with their bodies - lalechet - to walk, Laatzor etc. We also learn simple songs - mostly songs that has movement in them - Yadayim L'mala al Harosh or Nad-Ned. We also read Hebrew books together and learn colors, counting and simple expressions. In conclusion we are learning the language using all of our senses and we always have fun! Add about alef bet yoga



Music with Ms. Jenifer

Jenifer Zignauskas

This year in music our babies, toddlers and preschoolers have been very busy! We have been learning about the "Colors of Music", Fast, Slow, Loud and Soft! We have been working on our listening skills and are really good at matching the music through dancing and singing! We are learning about all different types of instruments and are so good at guessing the different sounds! The babies and toddlers have been doing lots of dancing and silly songs, they love to march around and make tons of noise!! The preschoolers have started learning about different rhythms and note values, they know all about Quarter Notes and can clap them so many different ways! We also learned all kinds of fancy words like Forte, Piano, Len-to and Presto! We have so much more to learn this year and we are looking forward to lots more music fun together!



Hebrew Movement with Morah Reut

Reut Segall

Dancing with your kids reminded me of my purpose and guided me through a very difficult time. I want to thank you for the support you and your staff offered me, and for the opportunity to serve your community.

A run through our First month of learning and Chagim (Holidays):

- We started naming **body parts** with the help of Koffi, The monkey.
- We danced and moved around in different ways - **slow/ fast, loud/ quiet.**
- We **counted to 5** with hammers while building our **Sukkah** (counting objects in Hebrew is different than just counting)
- We danced to **Hava Nagila**, and **Uga Uga.**
- We learned about **big/ small** using scarves.
- We love the **train** song! our train runs 6 days a week and rests on **Shabbat!**
- We practiced fine motor skills by **counting to 3** using our fingers to the fish song.
- The younger groups used fine motor skills to push a scarf **in** through an opening in a box and pull it back **out**
- We choose a color stamp at the end of class, between **Red** and **Green.**







Upcoming Events!



NYA
NEFESH YEHUDI ACADEMY

NEFESH YEHUDI ACADEMY
PRESENTS


**CHANUKAH
GRANDPARENTS
& SPECIAL FRIEND
DAY**

THURSDAY, DECEMBER 7TH

Help NYA ensure future programs by participating in this big fundraising opportunity and become a sponsor today!

Sponsorship Opportunities:
\$54, \$72, \$108,
\$180, \$360, \$500

Donations can be made
via Zelle or check.



SAVE THE DATE!
Lauren Elise Bier Nursery School Presents

**Havdallah
in Pajamas**

Wear your favorite pajamas
and enjoy Havdallah,
bubble show, dinner and fun!

**Saturday, February 3rd
6:30 pm
Congregation AABJ&D**

Lauren Elise Bier
Nursery School
OF CONGREGATION AABJ&D

Participate!



Lauren Elise Bier
Nursery School

**School-Wide
CHALLAH
Bake**

Each Child will enjoy
making a challah for
Shabbat Mevarchim and
the Chagim throughout
the school year!

**\$180
to Sponsor**
Click Here to Sponsor!



Lauren Elise Bier Nursery School

Birthday Packages

\$25 Package
a cupcake for each child, birthday plates
and a birthday balloon!

\$36 Package
a cupcake for each child, birthday plates,
a birthday balloon and a book/toy for the class!

\$45 Package
a cupcake for each child, birthday plates,
a birthday balloon, a book/toy for
the class and a small gift for each student!

Please email alizam@aabjd.org to order your package.

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