



After Camp Activities

For our four and five year old campers

This summer we will be offering activities after camp Monday-Thursday for our four and five year old campers. You are welcome to sign up for one, two, three or four activities. Each activity begins at 2:45 PM. From 2:30-2:45 PM the children will have a snack, use the bathroom and then begin the activity. Registration is for the summer, there are no drop in rates.



Monday: Little Artists

In our little artists sessions our campers will create beautiful painted canvases and ceramics. This is a great activity for all kids who love arts and crafts. While we do projects in camp, these projects are above and beyond what we typically do during the camp day.



Tuesday: Yoga

In our yoga class we will have a blast as we move our bodies while focusing on breathing, quieting our busy minds, building self-esteem, releasing pent up feelings like anger and frustration, and talking about ways to work through these feelings when they come up in our lives. We will use music to help us learn and remember some of the poses and will always encourage a feeling of community, respect and friendship in a non-competitive setting.

Questions: Contact Sheri at 917-797-3629 or sheri678@gmail.com



Wednesday: Drama

Our drama program is perfect for all your little actors and actresses! Each week the kids will be acting out different children's books. They will also create their own costumes, backgrounds and props.



Thursday: Sports

Football, Basketball and Soccer are introduced each week using Equipment specifically designed for this age group. In addition, children will enjoy parachute play, hula hoops, scooters and many other fun and exciting games, all to give your child an awesome experience and build their confidence, motor skills and coordination through sports. Questions: Contact Rick at sports Universe at 973-992-7901.

Camp Shemesh After Camp Activity Form

For Office Use Only:

Date Received: _____

Form: _____

Payment: _____

Activity	Day	Time	Price
Little Artists	Monday	2:45-3:30 PM	\$100
Yoga	Tuesday	2:45-3:30PM	\$140
Drama	Wednesday	2:45-3:30 PM	\$100
Sports *	Thursday	2:45-3:30 PM	\$123

* 7 sessions, 4th of July is on a Thursday

Child's Name: _____

Parent's Name: _____

- Gymnastics
- Yoga
- Karate
- Sports

Total Check Amount Enclosed: _____

Your child's spot will not be held unless payment is received in full.