Congregation Ahawas Achim B'nai Jacob & David
PARASHAT BO
SHEVAT 5 - SHEVAT 12 | JANUARY 27 - FEBRUARY 3

WWW.AABJD.ORG
Eliezer Zwickler, Rabbi
Yosef Sharbat, Associate Rabbi and Sephardic Rav

Shabbat Schedule

FRIDAY NIGHT
4:50 pm Candle Lighting
4:55 pm Mincha, followed by Kabbalat Shabbat/Maariv

SHABBAT DAY
7:45 am Hashkama Shacharit (Beit Midrash)
8:30 am Parsha Shiur (Social Hall)
9:00 am Sephardim
9:15 am Shacharit (Main Shul)
9:30 am Shacharit (Beit Midrash)
9:30 am Teen Minyan (Youth Lounge)
9:40 am Sof Zman Kriat Shema
9:45 am Shabbat Morning Groups
Torah in Twenty following Kiddush in the Main Shul

4:35 pm Mincha, followed by Seudah Shelishit
5:43 pm Maariv
5:53 pm Havdalah
6:40 pm Motzei Shabbat Learning

Sunday Schedule

7:00 am Shacharit (Beit Midrash)
7:45 am Daf Yomi (Library)
8:00 am Sephardim
8:00 am Shacharit (Beit Midrash)
9:00 am Shacharit (Beit Midrash)
12:45 pm Mincha (Beit Midrash)
5:00 pm Mincha, followed by Maariv (Beit Midrash)
9:50 pm Maariv (Sephardic Shul)

Weekday Schedule

6:15 am Shacharit (Beit Midrash)
6:15 am Sephardim
6:50 am Shacharit (Beit Midrash)
7:30 am Shacharit (Main Shul)
7:45 am Daf Yomi (Library)
12:40 pm Mincha (Sephardic Shul)
5:00 pm Mincha, followed by Maariv (Beit Midrash)
7:45 pm Maariv (Sephardic Shul)
9:50 pm Maariv (Sephardic Shul)

WELCOME

Welcome to Juliya and Albert Ismailov and family who moved to Mellon Avenue this week.

Know someone who is looking to move? Encourage them to check out our amazing community! Email welcome@aabjd.org for information and hospitality.

RABBI'S MESSAGE

In preparation for the final *Maka* that Hashem was to bring upon the Egyptians, He told Moshe to instruct the people to paint the doorposts and the lintel of their homes with the blood of the *Korban Pesach*. One would think that the objective was for the blood to be present on the doorpost, but how it would get there would not be as significant. However, as with many *mitzvos* Hashem instructs Moshe that the blood be applied by the use of hyssop as an applicator. Rav Yechezkel of Kuzmir zt"l finds significance in this detail. Hyssop is vegetation that emanates from the lowest point of existence, the ground. The blood symbolizes life and sacrifice. He explains that whenever we are at a low, downtrodden point on a spiritual or religious level, the means to elevate ourselves is by making personal sacrifices. As an example one sacrifices time, effort, and even resources in order to elevate oneself through a particular observance of a mitzvah. A wonderful area of sacrifice with great reward is the sacrifice of time to learn Torah. A special shout out to all who take the time to learn Daf Yomi, Nach Yomi or any other Torah learning in our shul or beyond on a regular basis. Mazel Tov to all who have completed Maseches Nedarim of the Daf Yomi. This is an opportune time to start learning the Daf. It takes sacrifice when it comes to spirituality to reach the lintel. We all can do so and attain a level of closeness with Hashem emulating our ancestors who witnessed Hashems wonders in their homes centuries ago. The Eruv is up. Good Shabbos!

Last Motzai Shabbos we were all saddened to hear the news about Harold Dershowitz z"l passing. Harold was the chairman of our Adult Education committee for many years, and was responsible for a tremendous amount of Torah and learning which took place in our community during his tenure as chair. He will be sorely missed and remembered. *Yehi zichro baruch*.

View Rabbi Zwickler's WebDvar at: www.aabjd.org/webdvar

KIDDUSH & SEUDAH SHELISHIT

Kiddush this week is not sponsored.

Naomi & Hadar Weiss are sponsoring Seudah Shelishit in honor of Daf Yomi completing maseches Nedarim & everyone learning the daf. Special opportunity to be offered to everyone who attends.

Please join for a Siyum on Masechet Nedarim and don't miss the chance to join Nazir already in progress.

To sponsor a future kiddush or seudah shelishit, visit the kiddush section of the shul website or email office@aabjd.org

THANK YOU

Thank you to Naomi Berg and Larry Rein for organizing the Yahrzeit Seudah for Rabbi Marcus z"l and to all those who helped and sponsored, to make this a beautiful celebration of the Rabbi's life.

MAZAL TOV

Mazal Tov to Roland and Tova Chamama on the birth of a granddaughter, Avigayil, born to Shalom and Gila Chamama. Mazal Tov to siblings Talya Ahuva, and Daniel Akiva and great grandmother Bernice Weinberger, and to the entire Chamama/Gerstman family.

REFUAH SHLEIMAH

Please keep these names in your tefillah for a complete recovery

Rivka bas Sora Rochel
Henscha Miriam bat Roiza Ettel
Immanual Shraga ben Leah
Sara Necha bat Leya
Moshe Tzvi ben Chana Malka
Uri ben Mindel
Shoshana Michla bas Hinda Golda
Esther Bayla bat Batya
Tova bat Miriam
Shmuel ben Hinda Leah
Melech Ben Frima
Tzivia bat Miriam
Binyamin Gershon ben Michal Elior
Tova bas Chaya
Chaim Lev ben Ora Yael
Rachel Henna bas Liba
Chaya Leah bas Chana

BARUCH DAYAN HAEMET

Davida Stadtmauer is sitting Shiva for her mother Mrs. Margaret Block a"h at 6 Moran Road, West Orange NJ, through Wednesday morning February 1, 2023.

YAHRZEIT

The following members of our shul are observing Yahrzeit for a loved one this coming week. May their neshamot have an *aliyah*.

5 Shevat Moshe Furer for his sister Malka Furer on Fri Jan 27
5 Shevat Miriam Stone for her mother, Renee Hoch on Fri Jan 27
6 Shevat Jack Becker for his father Shalom Becker on Shabbos Jan 28
6 Shevat Bryan & Andrea Bier for their daughter Lauren Elise Bier on Shabbos Jan 28
6 Shevat Jill Geiger for her mother Eva Wienerkur on Shabbos Jan 28
6 Shevat Murray Laulicht for his sister-in-law Ruth Kushner on Shabbos Jan 28
6 Shevat Elaine Scherman for her mother-in-law Luba Scherman on Shabbos Jan 28
7 Shevat Lee Alexander for her brother Reuven Gross on Sun Jan 29
7 Shevat Libby Levitt for her mother, Lillian Levison on Sun Jan 29
10 Shevat Arielle Newcombe for her grandmother, Hadassah Goldfischer on Wed Feb 1
11 Shevat Andrea Elstein for her mother Rachel Rosenfeld on Thu Feb 2
11 Shevat Leonard Elstein for his mother Jeanne Elstein on Thu Feb 2
11 Shevat Arnold Klausner for his mother Rose Klausner on Thu Feb 2
11 Shevat Leon Lipp for his mother Masha Chaya Lipp on Thu Feb 2
11 Shevat Nancy Staum for her father Seymour Adams on Thu Feb 2
12 Shevat Lori Raskin & Bobbi Luxenberg for their son/brother Herbie Raskin on Fri Feb 3
12 Shevat Marilyn Stadtmauer for her father, Julius Felsen on Fri Feb 3

Please visit www.aabjd.org/member/yahrzeits to keep your Yahrzeit information up to date

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SAVE THE DATE

- ✓ **Feb. 1 at 8 p.m. virtual lecture with our Yoetzet Halacha, Nechama Price.** "Breaking boundaries: Defining Miriam's role amongst her brothers." Zoom Meeting ID: 845 7469 1999 Passcode: 597603
- ✓ **February 4, 2023 Sisterhood Cafe Night** featuring comedian Ariel Elias, dairy dinner, raffles and much more! www.aabjd.org/event/sisterhood-cafe-night-2023.html
- ✓ **Motzei Shabbat February 25**, Zayin Adar Melave Malka with Guest Speaker - Rabbi Dovid Asher
- ✓ **Motzei Shabbat March 4**, Game Night for adults. Get a team together, or come solo and join a table in support of this fun youth department fundraiser!
- ✓ **Sunday March 5**, Annual Purim Carnival!

SUPPORT THE SHUL WHILE PREPARING FOR SHABBAT

- Scrip on sale! Shop for Shabbat and support AABJ&D at the same time. Gift cards available for 100+ stores, conveniently delivered right to your phone, your home, or as a gift for family and friends. Visit aabjd.org/scrip.
- AABJ&D offers BEAUTIFUL BOUQUETS by Barry Geiger of Midtown Florist. Purchase for yourself, as a gift, for Shabbat, a simcha, or refuah. Order deadline for Shabbat delivery is every Wednesday at 8:00PM: www.aabjd.org/form/SisterhoodFlowers

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YOUTH ACTIVITIES AND PROGRAMMING

Shaindy and Dovid Saleman, Youth Directors (youth@aabjd.org)

Teen Minyan at 9:30 am | Shabbat Morning groups at 9:45 am | Minyan Katan at 10:15 am

This Shabbat:

- **January Birthday Kiddush**: Thank you **Jenn & Gabby Minsky, Esti & Jason Buskin, Sorahleah & Joey Mandlebaum, and Erica and Eliot Bank** for sponsoring. Happy Birthday **Ezra Minsky, Nathan Buskin, Lily Mandelbaum, and Aiden Bank!**
- Thank you **Cheryl and Jason Munk** for sponsoring Teen Minyan Kiddush in honor of **Ari's** Birthday!
- Mishmash returns! Beginning at 6:40 in the Youth Lounge. Thank you **Gail & Mark Hausdorff** for sponsoring this week's Mishmash in honor of their grandchildren, **Serena, Owen**, and **Alexis Turk**, and **Liza, Oscar, Kate**, and **Celia Fellus**!

Upcoming Youth Events

- January 30: Makkot Munch Madness: Age 2-6, 5:15 - 6:15 PM in the Youth Lounge.
- February 2: Wiffleball Night: Grades 2nd - 5th, 5:15 - 6:45 PM in the Social Hall.
- February 5: Tu B'shevat Event: Grade K-5th, 5:00 - 6:30 PM in the Social Hall.
- February 16: High School Cholent Cook-off, 7:00 PM in the Social Hall.
- February 17: High School Cholent Cook-off Oneg, 8:00 - 9:30 PM.
- February 21: Purim Palooza, Hebrew Moment with Morah Reut. Ages 2 - 6, 5:15 - 6:45 PM in the Social Hall.

Stay up to date on all Youth information: Check the bulletin boards located outside the youth lounge and outside the main entrance or the Youth webpage at www.aabjd.org/youth

Lauren Elise Bier Nursery School: Weekly Spotlight Aliza Maslansky, Director

A new section to highlight the exciting activities happening in our shul nursery program.

It was so nice to welcome everyone back to school this week. We started off the week by enjoying a whole school gathering for Rosh Chodesh Shevat. We sang a few songs about trees and read the book "Happy Birthday Trees". If the snow won't come to New Jersey then the children of the Lauren Elise Bier Nursery School will make their own snow! The children have been hard at work all week in science and art creating their own snow and getting creative. No snow won't stop us from having a blast!

We look forward to celebrating Tu B'Shevat together in a couple of weeks.

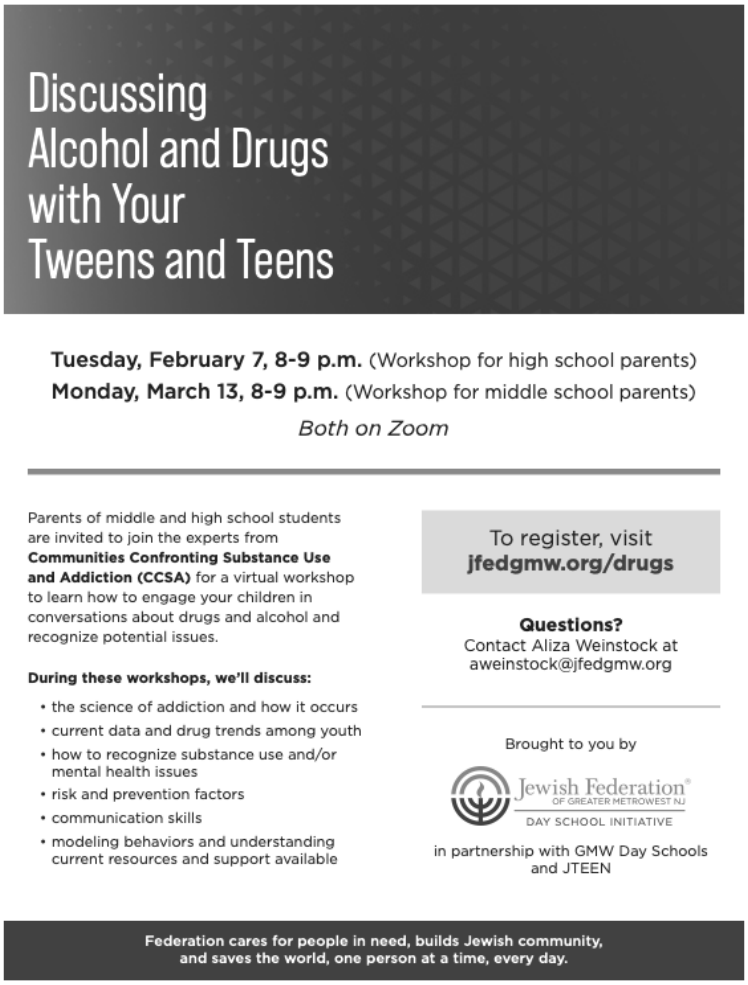
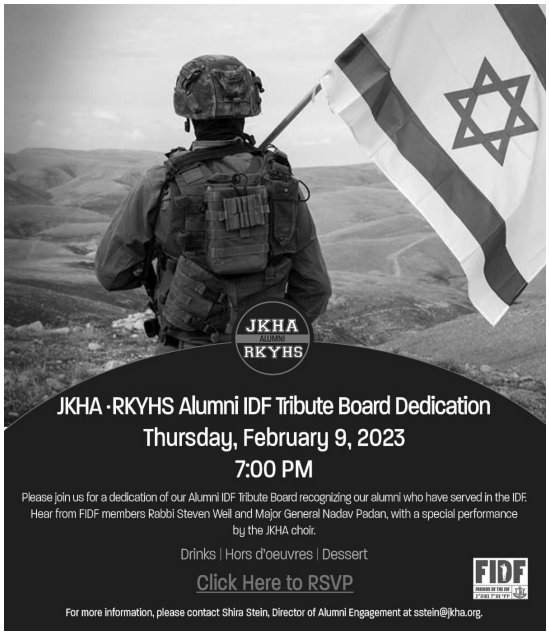
ADAR IS COMING ...

SAVE THE DATES!

SATURDAY, MARCH 4
GAME NIGHT FOR ADULTS OF ALL AGES
Get a team together or come solo and join a table! Mark your calendar and bring your game face in support of this *Youth Department Fundraiser*

SUNDAY, MARCH 5
ANNUAL PURIM CARNIVAL
Run by the AABJ&D Youth Department

Both events to be held at AABJ&D. Additional details to come!

COMMUNITY RESOURCES & EVENTS

- **Wednesdays at 8:00pm - Caregivers Support Group**, led by Rachel Pollack, LCSW, in support of those taking care of aging elders. In the AABJ&D Zoom Room. Participants are welcome to join anonymously. To sponsor, contact Rabbi Zwickler.
- **Israeli Dance for Women only, Tuesdays at 7:30 pm.** $12 / week. Any questions contact Elyse Litt or Debbie Buechler.
- **Mikvah Hours 7:30 - 9:45.** Make appointments for mikvah usage: Call/text Selene Brickman at (201) 841-3199; Call the Mikvah number (973) 731-1427; Email: womikvah@gmail.com Please make sure to call or text at least 30 minutes before coming to the mikvah so our attendant can be there to greet you. You can find opening times and the scheduled attendant for any evening listed on westorangemikvah.org. Monthly sponsorships allow all women to use the Mikvah without a fee. **Our men's mikvah is open weekly on Fridays and Shabbos. The West Orange Mikvah** needs our support through membership donations. Membership covers the calendar year: **Please donate: westorangemikvah.org**
- **Jewish Job Network (JJN)** for help finding employment: Visit http://jewishjobnetwork.com.
- **Nechama Price, our community Yoetzet Halacha**, is available to answer questions you may have regarding family purity, using the mikvah and more. She can be reached at asknechama@gmail.com or 201-888-6999.
- **Free Community CPR Classes: www.hatzalahmetrowest.org/cpr. Next Class is Feb 1st at 7 pm at SSTC.**
  Hatzalah Metrowest: Keep the phone number (**973**) **604-4000** in a central location in your home and snap the QR Code to save it as a contact in your mobile phone. Call Hatzalah for all medical emergencies Trained volunteers are available 24/7. Contribute to their life saving mission at www.hatzalahmetrowest.org