



Congregation Ahawas Achim B'nai Jacob & David
PARASHAT BEHAR-BECHUKOTAI
IYAR 21 - IYAR 28 | MAY 12 - MAY 19

WWW.AABJD.ORG
Eliezer Zwickler, Rabbi
Yosef Sharbat, Associate Rabbi and Sephardic Rav

Shabbat Schedule

FRIDAY NIGHT

5:00 pm Mincha (Main Shul)
7:00 pm Mincha, followed by Kabbalat Shabbat & Maariv (Main Shul)
7:46 pm Candle Lighting
7:50 pm Mincha, followed by Kabbalat Shabbat & Maariv (Beit Midrash)

SHABBAT DAY

7:30 AM Parasha Chabura (Beit Midrash)
7:45 am Hashkama Shacharit (Beit Midrash)
8:30 am Parsha Shiur (Social Hall)
9:00 am Sephardim
9:15 am Shacharit (Main Shul)
9:30 am Shacharit (Beit Midrash)
9:30am Teen Minyan (Youth Lounge)
9:45 am Shabbat Morning Groups
9:17 am Sof Zman Kriat Shema

Rabbi Leventhal will be speaking following Kiddush as well as before Mincha at 6:45 PM

7:30 pm Mincha, followed by Seudah Shelishit
8:42 pm Maariv
8:52 pm Havdalah

Sunday Schedule

7:00 am Shacharit (Beit Midrash)
7:45 am Daf Yomi (Library)
8:00 am Sephardim
8:00 am Shacharit (Beit Midrash)
8:35 am Navi shiur (Beit Midrash)
9:00 am Shacharit (Beit Midrash)
1:45 pm Mincha (Beit Midrash)
7:55 pm Mincha, followed by Maariv (Beit Midrash)
9:50 pm Maariv (Sephardic Shul)

Weekday Schedule

6:15 am Shacharit (Beit Midrash)
6:15 am Sephardim
6:50 am Shacharit (Beit Midrash)
7:30 am Shacharit (Main Shul)
7:45 am Daf Yomi (Library)
1:40 pm Mincha (Sephardic Shul)
7:55 pm Mincha, followed by Maariv (Beit Midrash)
9:50 pm Maariv (Sephardic Shul)

Yom Yerushalayim is Friday, 28th Iyar

Gabbai Note: The last opportunity to make a *kel malei* until the 14th of Sivan at shabbos mincha is this shabbos afternoon, the last time to make a kel maeli is thursday May 18th the 27th of Iyar. The next opportunity to make a kel malei will be at mincha on Shabbos June 3 the 14th of Sivan

RABBI'S MESSAGE

As we welcome Shabbos, the day of rest, the words in Parshas Bechukosai אָרְךָ שְׁלוֹם בְּאָרֶץ וְנֹתַתִּי שְׁלוֹם - "and I will bring peace upon the land" ring in our ears. May Hashem continue to protect our brethren in Israel, and may they have a peaceful Shabbos. *We will be adding a perek of Tehillim in all of our minyanim until further notice.*

In the beginning of Parshas Bechukosai Hashem tells the Jewish people that He will bless us if we observe the mitzvos. One of the brachos mentioned is that we will eat the bread of the land and be satiated when doing so. Rashi explains that this means that one will become full from just a small amount of food. The Tzemach Tzedek zt"l suggests that every time that we eat we have the ability to elevate the mundane and experience holiness. He notes that the word maachal(food), contains the exact letters as the word malach(angel). By making a bracha on the food that we eat we not only elevate the food, but more importantly elevate our souls. Good Shabbos!

Watch Rabbi Zwickler's WebDvar at: www.aabjd.org/webdvar

Kiddush & Seudah Shelishit

Hashkama Kiddush is sponsored by The Berliners in honor of their return to West Orange (at least for one Shabbat)

Main Kiddush is co-sponsored anonymously in recognition of Aharon and Hannah Kestenbaum for spearheading a great Yom Ha'atzmaut event at the shul, and for their leadership on our Israel Committee.

We thank Larry Liebman for coordinating Kiddushim and Seudah Shelishit for the past several years as he retires from his service.

To sponsor a future kiddush or seudah shelishit, visit the kiddush section of the shul website or email office@aabjd.org

Scholar In Residence This Shabbat

Rabbi Avrohom Leventhal, educator, speaker and the Executive Director of Lema'an Achai in Israel, an organization that provides the less fortunate with the tools they need to break the cycle of poverty. Prior to his Aliyah in 2005, Rabbi Leventhal was a senior instructor at the Talmudical Academy of Baltimore and a director of the Ahavas Yisrael Chesed Fund. Since Aliyah, Rabbi Leventhal has been involved in many aspects of communal affairs including rabbinic leadership, municipal politics and international initiatives against poverty. Rabbi Leventhal and wife Eshkie are grateful parents and grandparents.

Sponsorship available for Tikun Leil Shavuot and Shavuot Kiddush. Email office@aabjd.org to sponsor.

MAZAL TOV

Mazal Tov to Dr. Ronnie and Andrea Sultan on the engagement of their son Ben, to Simcha Sadacka, daughter of Dr. and Mrs. Jack Sadacka.

REFUAH SHLEIMAH

Please keep these names in your tefillah for a complete recovery

Rivka bas Sora Rochel	Melech Ben Frima	Chaim Eliyahu ben Mina
Henscha Miriam bat Roiza Ettl	Tzivia bat Miriam	Shoshana Leah bas Daniella Chana
Immanuel Shraga ben Leah	Binyamin Gershon ben Michal Elior	Basha bas Malka
Sara Necha bat Leya	Tova bas Chaya	Tova bat Miriam
Moshe Tzvi ben Chana Malka	Chaim Lev ben Ora Yael	Henya bat Chaya
Uri ben Mindel	Rachel Henna bas Liba	Chaya Gila bas Sora Hersha
Shoshana Michla bas Hinda Golda	Chaya Leah bas Chana	
Esther Bayla bat Batya	Basha bat Tobah Baila	
Shmuel ben Hinda Leah	Moshe Ben Bashe	

BARUCH DAYAN HAEMET

We mourn the loss of two cousins who were murdered in a shul in Tunisia this past week: Aviel Hadad, age 30 who lived in both Tunisia and Israel, and Ben Hadad, age 42 who lived in France. Ha-Shem yikom damam.

Yahrzeit

The following members of our shul are observing Yahrzeit for a loved one this coming week. May their *neshamot* have an *aliyah*.

22 Iyar Selma Daner for her father-in-law Irving Daner on Shabbos May 13
22 Iyar The Raskind Family for their grandmother Miriam Ginsberg on Shabbos May 13
22 Iyar Anthony Rosen for his father Jack Rosen on Shabbos May 13
23 Iyar Robert Greenfield for his father Joseph Greenfield on Sun May 14
24 Iyar Helen Feinberg for her mother Dorothy Koral on Mon May 15
24 Iyar Marylin Marcus for her mother/grandmother Sarah Marcus on Mon May 15
25 Iyar Herbert Goldfarb for his father Robert Goldfarb on Tue May 16
25 Iyar Gail Hausdorff for her mother Sara Cohen on Tue May 16

25 Iyar Matthew Lipman for his mother, Evelyn Lipman on Tue May 16
27 Iyar Carolyn Blum for her father-in-law Morris L. Blum on Thu May 18
27 Iyar Harold Fluss for his father, Hersh Fluss on Thu May 18
28 Iyar Barry Goldsammler for his mother Sara Goldsammler on Fri May 19
28 Iyar Ron Richman for his father Yehoshuah Richman on Fri May 19
28 Iyar Sandy Small for her father Rabbi Oscar Kline on Fri May 19

Please visit www.aabjd.org/member/yahrzeits
to keep your Yahrzeit information up to date

SAVE THE DATE

- **Sunday May 21 at 10 am.** Neshar is hosting an important community-wide event on suicide awareness. The guest speaker will be Rabbi Shalom Hammer whose 18-year-old daughter, Gila, died by suicide in 2019. His presentation on Zoom will tell her story and what led to the tragic end of Gila's life. He will discuss the importance of removing stigmas and the warning signs and risk factors of suicide that we all need to be aware of. Please register for this imperative and potentially life-saving discussion: <https://us02web.zoom.us/meeting/register/tZAtdu6tqD4tHNJTD5NiRmXc2QYJYEPkZC3e#/registration>
Generous donations from the Eric Eliezer Levenson Foundation for Hope and the Jewish Federation of Northern NJ have been made to support this event.
- **May 21 at 7:00 PM Women's Achdut Community Kumzitz @ JKHA/RKYHS**
- **Wednesday May 31 at 8 pm.** Nechama Price, our community Yoetzet Halacha and director of GPATS will be speaking to women at a private home in Livingston. More details to follow.
- Save the date June 10: Shifra Rabenstein, renowned speaker and educator and the granddaughter of Rabbi Marcus z"l and Mrs. Marcus, will give two shiurim for women in the late afternoon. Stay tuned for more details. To sponsor, please email cherylmunk2@gmail.com with your pledge and sponsorship wording and promptly pay online on the shul website. Sponsorship Levels: \$500, \$250, \$180, \$100.
- **Annual Shul Hakarat Hatov dinner honoring past presidents of our Sisterhood and Men's club** will take place on Monday Evening, June 19th 2023 at The Wilshire Grand. RSVP and Place your ad: www.aabjd.org/event/2023-shul-dinner.html

SHIURIM & LEARNING OPPORTUNITIES

- Daf Yomi Shiur daily with Rabbi Stone at 7:45 AM
- Sunday at 8:35 AM: David Cherna z"l Navi Class in Beit Midrash
- Sunday at 10:00 AM: Join Joel Rich to learn Rambam's Mishneh Torah, Sefer Madda, Hilchot Sanhedrin: aabjd.org/zoom
- Monday, Tuesday and Wednesday Nights from 8:30 - 10:00 PM: Weekday Kollel led by Rabbi Stone in the Albert Jacob z"l Sephardic Wing. Chavrusa learning nightly for men and boys. Please contact Rabbi Stone, Steve Malech, Menachem Zwickler, or Eldar Ben-Zikry for more information or to be connected with a Chavrusa.
- Wednesday 8:15 am EST current issues in Halacha with Joel Rich will resume on 4/19 after Pesach
- Tuesday Women's Parsha Shiur at 10:00 AM with Rabbi Zwickler on zoom: aabjd.org/zoom
- Tuesday at 8:00 PM in the Beit Midrash: The Book of Mishlei with Rabbi Sharbat
- Thursday Night Mishmar
 - Gemara Shiur (8:00 PM) with Rabbi Zwickler in the Smilowitz Beit Midrash
 - Young Professionals Chabura (8:45 PM) with Rabbi Zwickler in the Smilowitz Beit Midrash
 - Weekly Chaburah now in its 25th year! (9:00 PM) in the Library. All are welcome. Studying Avodah Zarah.
- Shabbat
 - 15 minutes before Hashkama Minyan: Parasha Chabura in the Beit Midrash
 - Before Main Shul Shacharit (8:30 AM): Parashat Hashavua Shiur given by Rabbi Zwickler
 - Rabbi Zwickler's Torah in 20 following Kiddush
 - Chevra Shas 40 minutes before Mincha on Shabbos, we are learning Masechet Sukkah
 - Pirkei Avot shiur by Rabbi Zwickler, 50 minutes before Mincha
- Nach Yomi: Finish Nach, learning one perek a day. For information or to join contact Batya Sharbat or Sharon Zwickler

Did you know? You can sponsor a shiur, a class, a program, or a week of learning in memory or in honor of a friend or loved one. Dedicate a leaf or a mezuzah, or buy a permanent memorial plaque. Email office@aabjd.org to sponsor.

YOUTH ACTIVITIES AND PROGRAMMING

Shaindy and Dovid Saleman, Youth Directors (youth@aabjd.org)

Teen Minyan at 9:30 am | Shabbat Morning groups at 9:45 am | Minyan Katan at 10:15 am

This Shabbat:

- Hot Cocoa and Halacha: 9:15 am - 9:30 am
- Shabbat Lunch for 2nd-3rd Grade Boys, 12:00-1:30 PM at the Saleman's

Upcoming Youth Events:

- May 16: Chess Tournament, Grades 2 - 5 at 5:30-7PM in the Youth Lounge
- May 18: Soccer Game, Grades 4 - 5 in the Social Hall
- May 20: Shabbat Lunch for 2nd-3rd Grade Girls, 12:00-1:30 PM at the Saleman's
- May 24: Pre-Shavuot Event. Ages 2-5 in the Youth Lounge
- May 25: Tikkun Leil Shavuot: Details coming soon!

Stay up to date on all Youth information: Check the bulletin boards located outside the youth lounge and outside the main entrance or the Youth webpage at www.aabjd.org/youth



Lauren Elise Bier Nursery School: Weekly Spotlight

A section to highlight the exciting activities happening in our shul nursery program.

Thank you to the PTA of the Lauren Elise Bier Nursery School for helping the amazing teachers celebrate Teacher Appreciation week! Throughout the week the teachers enjoyed breakfast, lunch, coffee, gift cards and Shabbat treats. We are so lucky to have such a dedicated and hard working staff.

Registration for the 2023-20224 school year is OPEN! Register today.

LAUREN ELISE BIER NURSEY SCHOOL
CHALLAH BAKE
Thursday, June 8th at 8:00PM

ALL WOMEN ARE INVITED TO AN EVENING OF UNITY AND INSPIRATION LED BY MRS. ALTHE KASOWITZ, (SHAINA'S MOM) AS WE PERFORM THIS BEAUTIFUL MITZVAH TOGETHER.

\$38 Admission
Sponsorship Opportunities*
\$72, \$118, \$250, \$380
*Sponsorship includes a dedication and opportunity to have your personal Challah recipe printed.

Congregation AABJD
700 Pleasant Valley Way
West Orange, NJ

COMMUNITY RESOURCES & EVENTS

- **Elevate the Month of May With Mindful Speech:** We are joining over 25 participating synagogues, schools and Jewish organizations to challenge ourselves to uplift our speech and our community this May. Clean Speech New Jersey is a 30-day community-wide education and awareness campaign taking place in Essex, Morris, Sussex, and Somerset counties this May to unite us in the practice of Jewish mindful speech, to build a more positive, respectful, and peaceful world. Join the 30-day speech detox and each day you'll receive daily videos, tips, and tools to elevate our speech. For more information and to sign up go to <https://cleanspeech.com/nj>
- **Israeli Dance for Women only, Tuesdays at 7:30 pm.** \$12/week. Any questions contact Elyse Litt or Debbie Buechler.
- **Mikvah Hours 5/7-5/13: 8:00pm - 10:15pm:** The month of Iyar is sponsored הרב ישראל פינחס בן ר' יצחק צבי הלוי זצ"ל. Monthly sponsorships allow all women to use the Mikvah without paying a fee. Please call or text the mikvah at least 30 minutes ahead of your arrival at 347-277-4441. Please arrive at least 30 minutes before closing if you wish to prepare at the mikvah. 24 hour notice is required for Friday night and holiday appointments. The West Orange Mikvah needs your support. Please donate: westorangemikvah.org
- The West Orange Mikvah will be having its annual membership meeting on Wednesday, May 31st at 8:30 PM. The meeting will take place in the AABJ&D Beit Midrash, immediately following davening. If you have not yet paid membership fees for 2023, you can donate through the website
- **Job Network (JJN)** for help finding employment: Visit <http://jewishjobnetwork.com>.
- **Nechama Price, our community Yoetzet Halacha,** is available to answer questions you may have regarding family purity, using the mikvah and more. She can be reached at asknechama@gmail.com or 201-888-6999.
- **Hatzalah Metrowest:** Keep the phone number (973) 604-4000 in a central location in your home and snap the QR Code to save it as a contact in your mobile phone. Call Hatzalah for all medical emergencies Trained volunteers are available 24/7. Contribute to their life saving mission at www.hatzalahmetrowest.org



Shavuot 5783
Tikun Leil Shavuot
 First Night Shavuot Beginning 11:30 PM
Learning for Adults, Teens and Children
 food and drinks throughout the night
with shiurim by...
 Rabbi Eliezer Zwickler
 Rabbi Yosef Sharbat
 Rabbi Sacha Pecaric
 Rabbi Doniel Witkin
 Jason Buskin*
 Batya Sharbat*
 Alex Malech*
 Dovid Saleman*
 Yoni Laub*
*for youth only
 Ann Dershowitz Amit Shavuot Shiur given by
 Nina Taub-Horowitz
 "Zachor: What do we remember about what happened on Masada?"
 Shabbat Afternoon 5:00 PM
 Smilowitz Beit Midrash

AABJ&D INVITES YOU TO THE ANNUAL
HAKARAT HATOV DINNER
honoring
PAST-PRESIDENTS OF SISTERHOOD AND MEN'S CLUB
 MONDAY
 JUNE 19, 2023
 6:30 PM
Wilshire Grand Hotel
 WEST ORANGE, NEW JERSEY
dinner committee
 ESTI BUSKIN MEYER REICHMAN
 HANNAH KESTENBAUM EILEEN ROTHMAN
 DAVEDA LIPMAN SUSAN TEEGH
 LEE MORREALE HALEY VOGEL
 ANDREW YOLIN
CLICK TO RSVP BY JUNE 1
AND SUBMIT YOUR AD FOR THE ONLINE JOURNAL

Rabbi Shalom Hammer
 Sunday, May 21
 at 10 AM
 Rabbi Hammer, a renowned speaker, educator, and writer will be joining NJY Camps for a conversation about mental health awareness. Rabbi Hammer serves as Senior Lecturer for the Jewish Identity Branch of the IDF, contributing writer to the Jerusalem Post, and founder of Gila's Way, a nonprofit that implements, educates and presents programs regarding mental health awareness and suicide prevention in order to save lives. Rabbi Hammer created Gila's Way as a way to honor his daughter Gila, of blessed memory, who passed away by suicide.
 Please join us over zoom, scan this QR code to register.
 Jewish Federation of NorthWest New Jersey
 eric eliezer JEVENSON FOUNDATION FOR HOPE
 THE HEALTHCARE FOUNDATION OF NJ
 NJY CAMPS

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