



# Congregation AABJ&D

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 Visit our website: [www.aabjd.org](http://www.aabjd.org)  
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Eliezer Zwickler, Rabbi  
 Alvin M. Marcus, Rabbi Emeritus  
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## Shabbat Noach: 4 Cheshvan 5779– October 13, 2018

### SHABBAT SCHEDULE

Candles	6:03 PM
Mincha	6:10 PM
Hashkomah	8:00 AM
Rabbi's Shiur	8:30 AM
Sephardim	8:40 AM
Main Shul	9:00 AM
Beit Midrash	9:15 AM
Teen Minyan	9:30 AM
K'Shema	9:54 AM

Torah in 20 after kiddush given by Rabbi Sharbat "The Siamese Twins Dilemma"

Chevra Shas PM 4:45 (Library)

Rabbi's Shiur given by Rabbi Sharbat at 4:55 PM, "The Lessons Of The Tower Of Bavel"

Mincha	5:40 PM
Maariv	6:51 PM
Havdalah	7:01 PM

### REFUAH SHELEIMAH *Please keep these names in your tefillah:*

- Rachel Hena bas Leeba
- Donna Mindel Bat Bayla Leah
- Ruchel Bat Shifra
- Rivka bat Sora Rochel
- Pesha Kayla Sarah bas Shaindel
- Dvosha Freyda bat Esther
- Anina Malca bas Hila
- Chana bat Devorah
- Fruma bat Chaya
- Gittel bat Esther
- Shoshana Malka bas Chaya Zelda
- Chana Bracha bat Frieda Chaya
- David Mayer ben Chana
- Yom Tov Lipa ben Tzivya
- יהודה בערל בן רחל
- Pesach Ben Rachel
- Yitzhak Yechiel Ben Yenta Yehudit Machla
- Shmuel ben Miriam Rachel
- Shalom Yisrael Ben Sarah
- Pinchas Nachum ben Udell
- Menachem Mendel ben Masha Malka
- Meir ben Chana
- Ephraim Moshe ben Perel Margoliot
- Mordechai Ben Chaya

### WEEKLY SCHEDULE

<b>S</b>	
Shacharit	7,7:30, 8 & 9 AM
Sephardim	8:00 AM
Minchah	6:05 PM
Late Maariv	10:00 PM
<b>M</b>	
Shacharit	6:35 & 7:25 AM
Sephardim	6:15 AM
Minchah	6:05 PM
Late Maariv	9:45 PM
<b>T</b>	
Shacharit	6:50 & 7:30 AM
Sephardim	6:15 AM
Minchah	6:05 PM
Late Maariv	9:45 PM
<b>W</b>	
Shacharit	6:50 & 7:30 AM
Sephardim	6:15 AM
Minchah	6:05 PM
Late Maariv	9:45 PM
<b>Th</b>	
Shacharit	6:35 & 7:25 AM
Sephardim	6:15 AM
Minchah	6:05 PM
Late Maariv	9:45 PM
<b>F</b>	
Shacharit	6:50 & 7:30 AM
Sephardim	6:15 AM
Candles	5:53 PM
Minchah	6:00 PM

The Torah handouts for the month of October are sponsored by Karla Gross and family in commemoration of the 15th Yahrzeit of her beloved husband Larry Gross, Yehuda Aryeh ben Yehoshua, z"l on the 7th of Cheshvan. Since January Karla has become a great grandmother to Yehuda Aryeh from her granddaughter Elana Citer-Wollman.

Kiddush this Shabbat is sponsored in honor of the September, October and November Birthdays. For a complete list of sponsors please see below. Happy Birthday!

Ethan Kra will be speaking at Seudah Shlishit, "From Judah and Henry VIII to Reproductive Organ Transplants: Modern Medicine and Novel Issues in Yevamot"

### Rabbi's Message

**You Tube** WEB DVAR with Rabbi Zwickler—CHECK IT OUT!

Rashi offers two opinions as to the meaning of the word "tzohar", which Noach was instructed to build in the Teiva. One opinion is that the "tzohar" was a window, while the other opinion is that it was a stone which brought forth light. The Avnei Aizel z"l, while quoting a fascinating statement of the Zohar, points out that the gematria (numerical value) of the word "Tzohar"(window) is 295. The gematria of the word teiva (ark) is 407. Combined, these numbers equal 702 which is the numerical value of the word "Shabbos". The Zohar states that Noach and Shabbos are connected via the meaning of each word. Shabbos is the day of rest, and the meaning of Noach is rest. Just as Noach was protected from the flood taking place outside of the teiva, so too the Jewish people are protected by Shabbos from the "flood" that we often encounter emanating from the world around us throughout the week. Shabbos serves as the window into our spiritual selves and remains the light as well as focal point of our week. Good Shabbos!

*We honor the memory of the following members of the armed forces and security forces of the United States who were recently killed in Iraq or Afghanistan: Army National Guard Specialist, James A. Slape, 23, Morehead City, North Carolina. We mourn the loss of Kim Levengrond Yehezkel, 29, a mother of one from Rosh Ha'ayin, and Ziv Hajbi, 35, a father of three, who were shot by a terrorist in the Barkan Industrial Park last week. Ha-Shem yikom damam.*

### MAZEL TOV

- Mazel Tov to Phyllis & Chaim Lauer on the birth of their granddaughter Avigail Sarah to their children Rena and Yiftach. Mazel Tov to the entire family.
- Mazel Tov to Craig & Andra Goldman and Rabbi Ezra & Adina Wiener on the birth of a granddaughter, Shifra. Mazel Tov to parents Michael & Avigayil Goldman and the extended Goldman and Wiener families.
- Mazel Tov to Gail & Bruce Bukiet on the birth of a granddaughter. Mazel Tov to parents Etan & Penina and to big sister Nava and the entire family.



**Kiddush this Shabbat is sponsored in honor of the September, October and November Birthdays. Happy Birthday!**

Clara Beckerman (102), David Buskin, Elisa Cohen, Molly Cohen, Betty Lando, Emma Lando, Larry Rein, Barry Rodin, Phyllis Rodin, Robyn Shoulson, Stuart Yedwab

Please join us next Shabbat, October 20th, for an IDF Shabbat spotlighting Shul members who are currently or formerly lone soldiers in the IDF. There will be a special rendition of the bracha for the chayalim after shacharit, the Rabbi will talk about lone soldiers in his drasha, two former lone soldiers, Doron Hindin and Hannah Kestenbaum, will speak after davening about their experiences, and there will be a catered kiddush with an Israeli theme. We are hoping to help raise awareness as well as funds for The Lone Soldier Center in memory of Michael Levin. Several levels of sponsorship are available. For more information, please contact Sharon Zughaft.

Meet the candidates in the 2018 West Orange Mayoral Election: Robert Parisi and Joseph Krakoviak. October 14 from 4-6 PM at Temple B'nai Shalom, 300 Pleasant Valley Way. Sponsored by the Pleasant Valley Civic Association & Bnai Shalom.

We welcome the Biale Rebbe of Bnai Brak. Joe and Lori Rozehzadeh will be hosting a Tish on Friday night at 9:30 PM at their home, 19 Roosevelt Avenue. The Rebbe will be in West Orange through Wednesday, October 17. For an appointment to meet with him please call 917- 272-4045.

### For your convenience, we have the following payment options:

- 1) NEW: eCheck - the fee is .75% and you can opt to absorb this cost, saving the shul money. The amount comes from an account that you specify.
- 2) Credit card - fee of 2.9%. Here too, you have the option to absorb this cost and save the shul money. We encourage members to log in to ShulCloud and manage their own account. Go to <https://www.aabjd.org> and click on the Login link at the top right of your screen.

**Jay Hirschhorn is no longer working in the shul office. Please contact Esther for membership issues and Esterina for billing issues.**

**Lashon Corner:** Humor, like ice cream, is in many ways a matter of taste and sensibilities. What is marvelously satisfying to one person can be repugnant to another. Beyond questions of taste, however, humor has great potential to create pain and ill will. The funny, clever comments that cannot help but pop into some people's minds can, when allowed to emerge from their mouths, greatly humiliate the person who is the subject of the comment. This is especially so when such a comment is made in front of others. In a private venue, the victim might be able to defend themselves or express displeasure at the comment, but in public, with a whole group of people laughing and smiling at the witticism, the victim is defenseless. To admit to being hurt would only add to his or her humiliation, marking him or her as someone who is over sensitive or lacks a sense of humor. (Positive Word Power)

**UPCOMING EVENTS**

**West Orange Singles Fall-Back Shabbaton: Nov 2<sup>nd</sup>-3<sup>rd</sup>, 2018**  
**Modern Orthodox Singles ages 30-45- Featuring Shabbat.com founder, Rabbi Benzion Klatzko**

Events include:

- Friday night Kabbalat Shabbat services in Smilowitz Beit Midrash- singles only, followed by dinner and program
- Shabbos morning singles-only kiddush followed by meals with West Orange families
- Saturday night (at Ohr Torah) program featuring Comedian Avi Lieberman, ice breakers and more (*Singles of all ages are invited for the Saturday night program*)

\$150 for Shabbaton (incl. Sat nite), \$125 if RSVP'ed and paid by Oct 19<sup>th</sup>, \$50 for Sat nite event only

**Do you know anyone who is single - daughter/son, friend, grandchild, work associate? Invite them to this exceptional Singles Shabbaton!**  
**RSVP or questions to [westorange.singles.shabbaton@gmail.com](mailto:westorange.singles.shabbaton@gmail.com).** Feel free to contact any committee member: Bryan Bier, Betty Lando, Sorahleah Mandelbaum, Davida Moradi, and Larry Rein. **Sponsored by Congregation AABJ&D Sisterhood**

**Jewish Heritage Night: Monday, December 3 at 7:00 PM @ Prudential Center**  
**Join your friends on the first night of Chanukah at the NJ Devil's Annual Jewish Heritage Night.**

\$45 per ticket pre-sale price includes \$10 food/beverage voucher before 11/12  
 \$50 per ticket after 11/12

- Discounted tickets to the game!
- Pre-game Menorah Lighting!
- Jewish Heritage night t-shirt and backpack with each ticket!
- Group welcome on the big screen!
- Brian Boyle Masterton Trophy Poster Giveaway

Registration is not complete without full payment in advance. Checks can be made payable to Congregation AABJ&D or to go our website [www.aabjd.org](http://www.aabjd.org) and click on the "Donation" icon. Remember to indicate what you are paying for in the "notes" section.

Questions? Ready to order?  
 Contact the Shul office at [office@aabjd.org](mailto:office@aabjd.org)

**Jewish Culture Series Fall 2018**

- Jewish Cooking will take place soon. Each class will feature a meal from a different country.
- On 10/17 we will be making/eating food from India; November 14 from Mexico and on December 12 from Asia. Each class has limited space, so reserve asap. Classes cost \$50/ class or \$125 for the series of all 3. RSVP to the office at AABJ&D and pay in full before the classes begin.
- Israeli Dance will finally begin on October 16. Elyse Litt, from Dances from the Heart will be our instructor. Dancing starts at 7:30 pm. Please join us with or without dance experience. Classes cost \$10/ week or pay for a session in advance. Contact the AABJ&D office for more info.

**SHABBOS PROJECT: October 25-27, 2018**

Featuring Renowned Guest Speaker, Rabbi YY Jacobson

Thursday, Challah Bakes - 5:30pm at JCC and 6:30 at Shabbat House

Thursday, 8 PM Whiskey & Wisdom at Suburban Torah Center

Friday night, Wilshire Grand at 5:30PM - Kabbalas Shabbos and Dinner

Shabbos day - Rabbi YY Jacobson will speak after kiddush, 1 hour before mincha and during Seudah Shlishit at. Saturday night, 8PM at JCC - Special Havdallah Service with Music and Live-streaming of Rabbi Jacobson around the world. Sign up at [www.shabbatwo.com](http://www.shabbatwo.com). Any questions, please contact Ira Bloom, Moshe Glick, Craig Goldman, Rabbi Klar, or Larry Rein

All women are invited to a refresher course on Hilchot Niddah with Community Yoetzet, Nechama Price. Tuesday, October 23 at 8:15 PM at Chany Chapman, 25 Sherbrooke Parkway in Livingston. More details to follow. For more information or to RSVP, please email [info@mikvahchana.com](mailto:info@mikvahchana.com). Cheryl Munk and Dara Orbach

Please join Teach NJS and Congregation AABJ&D for the first Teach NJS event in Livingston on October 31. We will be joined by Jeremy Halpern of Kushner Academy, Sam Moed who serves as the Chairman of Teach NJS and Cheryl Weiner Rosenberg who serves on the Englewood Council and on the Executive Committee for Teach NJS. We will discuss how voting in your local elections directly impacts the cost of your tuition bill so our children receive fair funding including security funding. **In this fiscal year, Trenton allocated only \$75 per pupil in security funding for our children, while public school students received over \$200. Learn how to close this gap in security funding.** Kindly RSVP to Jackie Yehudiel, Teach NJS Director, at [yehudielj@ou.org](mailto:yehudielj@ou.org). **ACT for Jewish education. Don't wait. Our children's safety depends on it.**

Team Eric will be joining the American Foundation for Suicide Prevention, Out of the Darkness Walk, to be held this year in Verona Park on Sunday afternoon, October 14th. Our community has seen a number of young people succumb to depression and mental illness, and we as a community must come together to fight the stigma of mental illness, which so often prevents people from seeking the help they desperately need. Eta Levenson is available to speak to individuals, families or groups about the problem of mental illness and suicide in our community.

**DR. IRA AND DORIS KUKIN ADULT EDUCATION**

- Monday 7PM: Women's Tehillim group; contact Ora Bloom for info.
- Mon-Tues 8:15-9:45PM: Teenage boys and male adults are invited to learn with the West Orange Kollel rabbis. Contact Steve Malech at [smalech@wiggin.com](mailto:smalech@wiggin.com) or Rabbi Stone at [ourfr@netscape.net](mailto:ourfr@netscape.net).
- Tuesday 10AM—Women's Parshat Hashavuah class/ R' Zwickler in the Smilowitz Beit Midrash.
- Tuesday 1PM: Class by Rabbi Yonah Lazar at the Datalife offices, 500 Bloomfield Ave, Verona.
- Tuesday at 8 PM in the Smilowitz BM- Sefer Yehoshua: All men & women are invited to a lively and interactive text based Navi Shiur by Rabbi Yosef Sharbat.
- Wednesday at 7:45PM in the Smilowitz Beit Midrash-Parshat Hashavuah class given by R' Zwickler .
- Thursday at 8 PM in the Sephardic Shul- "Parsha and Parshanul" given by R' Sharbat.
- Thursday 8:45 PM: Please join our weekly chaburah, now in its 19th year, in the library every Thursday from 8:45 to 9:45PM. We are currently learning Sukkah. For questions or to join our email list contact Zvi at [lando@alum.mit.edu](mailto:lando@alum.mit.edu)
- Thursday at 8:30 PM in the Smilowitz Beit Midrash-Gemara Shiur, Masechet Kiddushin given by R' Zwickler.
- Shabbat Morning at 10 AM– Mishnah Berurah led by Joel Rich
- Join our expanding Sunday morning Gemara Chabura after the 8 AM minyan. We meet each week for 1 hour and cover about half an amud (page) per week. For more info contact Moshe at [mglickus@gmail.com](mailto:mglickus@gmail.com).

**The Felice Blank Senior Program: Together on Tuesday**

**Tuesday, October 16-** "Cryptocurrency: Economics and the Evolution of Money" by Dr. Mark D. Grebenau. Dr. Grebenau will discuss the utility of money as a medium of exchange, as a substance of intrinsic value and as a token of confidence. He will bring you up to date on understanding current terms such as "Bitcoin."

**DAF YOMI**

- Shabbat Morning Shiur at 8:15 AM in the Library.
- Daf Yomi shiur on Monday & Wednesday evenings at 8pm in the library.
- Daf Yomi shiur every weekday morning in the library after the first minyan.

**YOUTH DEPARTMENT**

- Teen minyan in Zitta Weiss lounge @ 9:30 AM followed by chulent kiddush @ the youth house
- Ice cream kiddush this week! Happy birthday to all October babies
- Kindercong lunch next Shabbat Oct 20th. Please RSVP to Shifra!
- Bat Mitzvah Club starting October 21 in the shul 9:30 am upstairs classroom
- October 25th– Jr. Teens Challa Baking and Shabbat Project Prep

**Be Part of a Tradition at the New York City Marathon** For the 35<sup>th</sup> year, the TCS New York City Marathon, on November 4, 2018, will feature morning services at the Fort Wadsworth staging ground for the many Jewish runners expected to compete in the 48<sup>th</sup> edition of this world-famous road race. The Minyan venue is a tent on Drum Road (designated on the Fort Wadsworth site map), a short walk inside the main gate. Full *shachris* services will commence at approximately 7:00 a.m. and at appropriate intervals thereafter, to accommodate the hundreds of expected participants from around the world who are assigned to the several wave starts of the race. Each service should take about a half hour, and runners are urged to attend a service that will allow them at least 45 minutes after completion to get to their race start marshaling corral.