



Congregation AABJ&D

700 Pleasant Valley Way, West Orange, NJ 07052
 Tel: (973) 736-1407 Fax: (973) 736-8006
 Visit our website: www.aabjd.org
 Contact us at office@aabjd.org

Eliezer Zwickler, Rabbi
 Alvin M. Marcus, Rabbi Emeritus
 Yosef Sharbat, Associate Rabbi/Sephardic Rav
 Andrew Yolin, President

Rabbi Zwickler can be reached via email at ezwickler@gmail.com

Vaetchanan– Shabbat Nachamu– 16 Av 5779 – August 17, 2019

SHABBAT SCHEDULE

Early Minchah	5:00 PM
Sephardic Mincha	6:55 PM
Candles	7:00/ 7:36 PM
Mincha	7:00 (BM)/ 7:40 (Main Shul) PM
Hashkomah	8:00 AM
Rabbi's Shiur	8:30 AM
Sephardim	8:40 AM
Main Shul	9:15 AM
No Smilowitz BM this Shabbat	
K'Shema	9:34 AM
Torah in 20 given by Rabbi Sharbat "Texting and Driving: Should I Recite <i>Gomel</i> ?"	
Chevra Shas	6:25 PM (BM)
Pirkei Avos Chapter 4	
Rabbi's Shiur given by 6:30 PM "Who Will Build The Third Bet Hamikdash?"	
Sephardic Mincha	7:10 PM
Mincha in the Main Shul	7:15 PM
Maariv	8:27 PM
Havdalah	8:37 PM

REFUAH SHELEIMAH *Please keep these names in your tefillah:*

Daniella Bracha Zahava Bat Faiga Leah Rachel Hena Bas Leeba Freydal bas Sheindel Chana bat Devorah Shoshana Michla bas Hinda Golda Donna Mindel bat Bayla Leah Rivka bat Sora Rochel Anina Malca bas Hila Fruma bat Chaya Ruchama Sura Malka bat Chaya Sima Shoshana Malka bas Chaya Zelda Leah bat Charna Frayda Mihal bat Tova Rochel Bas Shifra Daniella Zahava Bat Faiga Leah Uhdud Shmuel ben Feigi Shmuel ben Malka Avraham Eitan Ran ben Yocheved Yisrael Yosef ben Liba Reuven Moshe ben Avraham Peretz Yisroel Ben Batya Kayla Dovid Eitan Ben Tziporah Miriam Reuven Ben Shoshana עמנואל שרגא בן לאה

WEEKLY SCHEDULE

S	
Shacharit	7,7:30, 8 & 9 AM
Sephardim	8:00 AM
Mincha	7:40 PM
Late Maariv	10:00 PM
M	
Sephardim	6:15 AM
Shacharit	6:35 & 7:25 AM
Mincha	7:40 PM
Late Maariv	9:45 PM
T	
Sephardim	6:15 AM
Shacharit	6:50 & 7:30 AM
Mincha	7:40 PM
Late Maariv	9:45 PM
W	
Sephardim	6:15 AM
Shacharit	6:50 & 7:30 AM
Mincha	7:40 PM
Late Maariv	9:45 PM
Th	
Sephardim	6:15 AM
Shacharit	6:35 & 7:25 AM
Mincha	7:40 PM
Late Maariv	9:45 PM
F	
Sephardim	6:15 AM
Shacharit	6:50 & 7:30 AM
Early Mincha	5:00 PM
Sephardic Mincha	6:55 PM
Candles	7:00/ 7:25 PM
Mincha	7:00/ 7:30 PM

The Torah Handouts for the month of August are sponsored by Florence & Gary Schlanger to commemorate the 14th Yahrzeit for Florence's mother, Mrs. Goldie Leff/ Pesha Golda bas HaRav Lieber.

Kiddush this Shabbat is sponsored by Mickey Weiss and Family in commemoration of the Yahrzeit of Zitta Weiss, z"l.

Rabbi's Message

You Tube WEB DVAR with Rabbi Zwickler—CHECK IT OUT!

In Parshas Vaeschanan we are commanded to love Hashem. This mitzvah of "Veahavta" is mentioned four times a day in the Shema we recite regularly. Chazal wonder about the expectation to love Hashem. Love is an emotion, if the emotion is present one can experience love, but if it is not present, one cannot force himself or herself to feel. How then can Hashem expect all of us to truly love Him? The Sfas Emes zt"l explains that there is an embedded feeling of love for Hashem within each of us. Our job when performing this mitzvah, is to activate the feeling of love which may at times be dormant within us. A method of activating this feeling is by being cognizant and appreciative of all of the good we are blessed with by Hashem in our lives.

Good Shabbos!

-I am away on vacation until Monday September 2nd, please contact Rabbi Sharbat with any issues that are urgent or time sensitive.

MAZEL TOV

- Mazel Tov to Sharon & Jerry Volk on the engagement of Adam Volk to Dassi Mann of New Milford. Mazel Tov to grandmother Rita Markowitz and siblings Rebecca, Talia and Gavi Wolk and Ruby Sydney and Sammy Wolk. Mazel Tov to Doug and Renee Mann and Linda and Phil Fleishman and their families.
- Mazel Tov to Naomi & Howie Berg on the engagement of their daughter Dana to Itai Abelski. Mazel Tov to both the Berg and Abelski families, and to Bubby Riva Bell.
- Mazel Tov to Eric & Julie Applebaum on the marriage of their daughter, Noa to Aaron Heideman, son of Alan and Susan Heideman of New Milford and Caren Heideman of Teaneck. Mazel Tov to grandparents Ed and Marilyn Croman.
- Mazel Tov to Orach Schlanger on her upcoming marriage to Saadia Tuchman of Silver Spring, Maryland. Mazel Tov to parents, Rena & Bruce Schlanger and Elissa & Ari Tuchman; grandparents, Florence & Gary Schlanger and Joe Mezistrano; sister, Reva; and the entire Schlanger and Tuchman families.
- Mazel Tov to Ethan & Ruth Moskowitz Kra on the birth of a grandson to Simi & Rochie Moskowitz of Kew Gardens Hills. Mazel Tov to grandparents Rabbi & Mrs. Daniel Pollack and great grandmother Mrs. Pollack. Mazel Tov to siblings Zviki, Mindy, Nosi and Aliza.
- Mazel tov to Phyllis & Chaim Lauer on the birth of their first great grandchild, born to Shlomo & Shana Rotter Koppel, daughter of David and Dvora Lauer Rotter, in Jerusalem. Mazel tov to the extended Lauer, Rotter and Koppel families on the upcoming Brit.

We honor the memory of the following members of the armed forces and security forces of the United States who were recently killed in Iraq or Afghanistan: Marine Gunnery Sergeant, Scott A. Koppenhafer, 35, Mancos, Colorado.

Yamim Noraim 5780

Everyone should have received their High Holidays seating application in the mail. Please return your completed seat application, Yizkor book form and honor request form along with full payment to the office. The deadline has passed and due to high seat demand we unfortunately cannot guarantee specific seats at this point.



LASHON CORNER

Every Sunday our shul provides a Shacharit Minyan for our members who would prefer a slower pace davening. It meets in the **Zitta Weiss Youth Lounge** at 7:30AM and normally concludes by 8:20AM.

If you would like to have a Mazel Tov included in our announcements, such as the birth of a baby, engagements, etc., a family member should email the exact wording to office@aabjd.org by the Thursday prior. This is so names are spelled correctly, people are not left out, and the timing of the announcement is acceptable to the family.

Children, in particular, are prone to teasing others who are different from them. "Retarded" and "crazy" are unfortunately often-heard childish insults. Adults can, by example and instruction, train children away from this destructive habit. Except in a clinical setting in which determinations of normalcy have a constructive purpose, there is rarely, if ever, a useful purpose in labeling someone "not normal." Obviously, if Hashem created each individual with unique attributes and flaws, our task is to appreciate, not to deride, the distinct personalities that populate our world.

UPCOMING EVENTS

ISRAEL ACTION & ADVOCACY COMMITTEE (IAAC)

Israel Action & Advocacy Committee (IAAC) is collecting Hebrew and English children's books to send to Israel. You can drop off your gently used books to the Shul Office. If you have any questions please contact Michal Strauss at michalstrauss2003@yahoo.com

Want to have some fun while learning to speak Hebrew, or learning to improve your Hebrew? Join our "Reality" Hebrew Classes- Israel Action & Advocacy Committee (IAAC), and the Jewish Culture group are hosting Hebrew Lessons focusing on the following: "How to" topics: Shopping, Travelling, Cooking, Dining in Restaurants, etc. Please contact Debbie Buechler, Barbara Muskin, or Esther in the office if you are interested, and we will update you on possible dates.

JEWISH CULTURE SERIES

Sunday, September 22 FOOD CRAWL- Tour led by Rosebud-Brooklyn, NY. Spots are VERY LIMITED, so book early. Send payment to shul office with your name and email address. Cost is \$75 pp. Make checks payable to Rosebud Fashion Tour. We will be crawling and eating our way through Brooklyn, tour and food is included. Attendees will meet there (own transportation) beginning at noon and finishing up around 5:30 pm. Come hungry (starting out pareve/ dairy, finishing up meat). Any questions, contact shul office.

Israeli dance will resume on September 3 @ 7:30PM \$10/wk

SHUL CLOUD

For your convenience, we have the following payment options:

- 1) NEW: eCheck-the fee is .75% and you can opt to absorb this cost, saving the shul money. The amount comes from an account that you specify.
- 2) Credit card - fee of 2.9%. You have the option to absorb this cost and save the shul money.

We encourage members to log in to ShulCloud and manage their own account. Go to <https://www.aabjd.org/> and click on the Login link at the top right of your screen.

DR. IRA AND DORIS KUKIN: ADULT EDUCATION

- Monday 7 PM Women's Tehillim group; contact Ora Bloom for info.
- Mon-Tues 8:15-9:45 PM: Teenage boys and male adults are invited to learn with the West Orange Kollel rabbis. Contact Steve Malech at smalech@wiggin.com or Rabbi Stone at ourfr@netscape.net.
- Tuesday 10 AM Women's Parshat Hashavuah class/ Rabbi Zwickler—will resume in the fall.
- Tuesday 1 PM: Class by Rabbi Yonah Lazar at the Datalife offices, 500 Bloomfield Ave, Verona.
- Thursday at 8 PM in the Sephardic Shul: "Parsha and Parshanut" by Rabbi Sharbat.
- Thursday 8:45 PM: Please join our weekly chaburah, now in its 19th year, in the library every Thursday from 8:45 to 9:45 PM. We are currently learning Sukkah. For questions or to join our email list contact Zvi at lando@alum.mit.edu
- Thursday at 8:30 PM in the Smilowitz Beit Midrash: Gemara Shiur, Masechet Kiddushin given by Rabbi Zwickler.
- Join our expanding Sunday morning Gemara Chabura after the 8 AM minyan. We meet each week for 1 hour and cover about half an amud (page) per week. For more info contact Moshe at mglickus@gmail.com.

DAF YOMI

- Shabbat morning shiur at 8:15 AM in the Library.
- Daf Yomi shiur on Monday & Wednesday evenings at 8 PM in the library.
- Daf Yomi shiur every weekday morning in the library after the first minyan.

Support the Lauren Elise Bier Nursery School and Camp Shemesh

Join us in this exciting fundraiser to support the PTA of the Lauren Elise Bier Nursery School and Camp Shemesh of Congregation AABJ&D. Anyone and everyone can buy...just visit the following link... campaigns.mabelslabels.com Choose our organization/ Lauren Elise Bier Nursery School- Congregation AABJ&D. Place your order TODAY!

Eruv

Thank you very much to so many of you that have paid the Eruv fee.

If you have not done so, please pay your Eruv dues, so we can maintain the Eruv for our community. Shabbos would not be the same without the Eruv.

We are looking for volunteers to stand outside on Shabbat mornings with the Police officer. If you are interested you can reach out to Alex Usdan at alexusdan@yahoo.com or 646-408-6197.

Hachnosas Kallah

The shul is now offering beautiful Tehillim cards that can be used at your wedding. For the donation of \$1 per card, you can participate in this great mitzvah and create a fund for brides who may require financial assistance. Please contact the shul office at 973-736-1407 to purchase these beautiful cards.

Kulanu Metrowest

Kulanu Metrowest launches on Monday, September 9th.

Pass along the word to those families that have children who do not attend Yeshiva or Hebrew Day School.

Check out website at www.kulanumw.org.

THE FELICE BLANK SENIORS PROGRAM

For more information please contact, Debbie Druce, Seniors Coordinator, at 973-736-1407 x240 or email her at SRSTOT@gmail.com.

YOUTH DEPARTMENT

- Modified Summer groups for the summer for Minyan Katan through 2nd grade.
- Please note that during the month of August Minyan Katan will be babysitting only and not a parent lead program.
- Happy Birthday to Meir Kaplan! Thank you to the Kaplan family for sponsoring the Ice Cream Kiddush.
- Registration for RH and YK babysitting is now open! Registration deadline is September 17th. After that date your registration will incur a \$25 fee. Register here! <https://forms.gle/dXDziutVkcZpiWks5>
- **Parents:** For your child's comfort and safety, please walk your child into the room and greet the group leader. Remind the leader where you daven and if your child has any allergies or special needs.
- Have a great summer!

NCSY

- Hope everyone had a great summer and looking forward to another incredible year!!
- If you have any fun ideas, looking to get involved, or just want to say "hey" please feel free to reach out. Alexandra - hermana@ncsy.org, Levi - hermanl@ncsy.org