



Congregation AABJ&D

700 Pleasant Valley Way, West Orange, NJ 07052
 Tel: (973) 736-1407 Fax: (973) 736-8006
 Visit our website: www.aabjd.org
 Contact us at office@aabjd.org

Eliezer Zwickler, Rabbi
 Alvin M. Marcus, Rabbi Emeritus
 Yosef Sharbat, Associate Rabbi/Sefardic Rav
 Bryan Bier, President

Rabbi Zwickler can be reached via email at ezwickler@gmail.com

Shabbat Bo: 6 Shevat 5779– January 12, 2019

SHABBAT SCHEDULE

Candles	4:31 PM
Mincha	4:35 PM
Hashkomah	8:00 AM
Rabbi's Shiur	8:30 AM
Sephardim	8:40 AM
Main Shul	9:00 AM
Smilowitz BM	9:15 AM
Teen Minyan	9:30 AM
K'Shema	9:42 AM

Torah in 20 after Kiddush given by Rabbi Zwickler "The Value Of A Dog"

Chevra Shas	3:30 PM (Library)
Mincha	4:15 PM
Maariv	5:26 PM
Havdalah	5:36 PM

Scott Krieger, President of our Jewish Federation of Greater MetroWest will be back this Shabbat to speak at the conclusion of the Hashkama Minyan and at the 9:15 minyan.

REFUAH SHELEIMAH *Please keep these names in your tefillah:*

Frima Sora bas Ita
 Chana Ita bas Devorah Leah
 Shoshana Michla bas Hinda Golda
 Leah Rachel bat Etel Dina Bracha
 Rachel Hena bas Leeba
 Donna Mindel Bat Bayla Leah
 Ruchel Bat Shifra
 Rivka bat Sora Rochel
 Dvosha Freyda bat Esther
 Anina Malca bas Hila
 Chana bat Devorah
 Fruma bat Chaya
 Shoshana Malka bas Chaya Zeld
 Chana Bracha bat Frieda Chaya
 David Mayer ben Chana
 Yom Tov Lipa ben Tzivya
 יהודה בערל בן רחל
 Pesach Ben Rachel
 Yitzhak Yechiel Ben Yenta Yehudit Machla
 Shmuel ben Miriam Rachel
 Shalom Yisrael Ben Sarah
 Pinchas Nachum ben Udell
 Meir ben Chana
 Ephraim Moshe ben Perel Margoliot
 Mordechai Ben Chaya
 Yosef Ben Baila

WEEKLY SCHEDULE

S	
Shacharit	7,7:30, 8 & 9 AM
Sephardim	8:00 AM
Minchah	4:40 PM
Late Maariv	10:00 PM
M	
Shacharit	6:35 & 7:25 AM
Sephardim	6:15 AM
Minchah	4:40 PM
Late Maariv	7:45 & 9:45 PM
T	
Shacharit	6:50 & 7:30 AM
Sephardim	6:15 AM
Minchah	4:40 PM
Late Maariv	7:45 & 9:45 PM
W	
Shacharit	6:50 & 7:30 AM
Sephardim	6:15 AM
Minchah	4:40 PM
Late Maariv	7:45 & 9:45 PM
Th	
Shacharit	6:35 & 7:25 AM
Sephardim	6:15 AM
Minchah	4:40 PM
Late Maariv	7:45 & 9:45 PM
F	
Shacharit	6:50 & 7:30 AM
Sephardim	6:15 AM
Shabbat candles	4:39 PM
Mincha	4:45 PM

The Torah hand-outs for the month of January are sponsored by Lydia, Craig and Norman Eckstein in commemoration of the 23rd Yahrzeit of their husband and father, Louis Eckstein, Aryeh Ben Avraham, z"l, on the 28th day of Teves.

Kiddush this Shabbat is sponsored in honor of December, January and February Birthdays and Anniversaries. For a complete list of sponsors please see below.

Seudah Shlishit is sponsored by Natalie & Bob Lichtman in honor of AAB&D members who are Jewish communal professionals at our Greater MetroWest Federation and its partner agencies. Bob Lichtman is speaking at Seudah Shlishit "Be a Man".

Rabbi's Message

You Tube WEB DVAR with Rabbi Zwickler—CHECK IT OUT!

The Torah tells us that the Mitzrim struggled in two ways when it came to the makkah of Choshech (darkness). First, the darkness was so heavy that a person was not able to see one's family member or neighbor. Even someone who would ordinarily be easily recognizable could not be seen. The second ailment was that the darkness was so heavy that one was not even able to rise out of bed. The Chidushei Harim connects these two types of struggle. He explains that on an allegorical level if a person cannot feel the pain of others, he or she cannot function in a healthy way. Although the Jews who didn't want to leave Mitzrayim died during this plague, the rest of the people were not affected physically. Yet, a lesson from the nature of this makkah has left its mark even on our generation. We must always strive to feel for others. If we fail to do so, we are truly living in the dark. Good Shabbos!

MAZEL TOV

- Mazel Tov to Linda & Murray Laulich on the recent wedding in Israel of their granddaughter Joy Davis to Rami Fischberger. Mazel Tov to parents Shellie & Eric Davis and Elana & Michael Fischberger.
- Mazel Tov to Judy & Doni Israeli and Karen & Avi Shapiro on the birth of a granddaughter Rivka Esther. Mazel Tov to parents Alex & Amanda. Mazel Tov to great grandparents, Bella Dolinsky and Tova & Yaakov Israeli and Alyssa Roth. Mazel Tov to Eric, Jen and Judah, Andrew, Racheli and Netanel and Zach.
- Mazel tov to Dr. Steven Kirshblum who is being honored by BINA Stroke and Brain Injury Assistance with the Physician Leadership Award at their Annual Dinner this Sunday.
- Mazel Tov to Dr. Steven Kirshblum who is being honored by BINA Stroke and Brain Injury Assistance with the Physician Leadership Award at their Annual Dinner this Sunday.

CONDOLENCES

- We extend our condolences on the passing of Rita Silverman beloved mother of Chaim Silverman. Shiva: at Chaim's sister, Shelley Scharaga, 406 Barnard Avenue, Woodmere, from Sunday morning, January 13th, through Monday morning, January 14th. Chaim will be sitting Shiva in West Orange at 27 Greenwood Avenue from Monday, January 14th, Mincha through Wednesday morning, January 16th.
- We extend our condolences on the passing of Anbar Bat Elazar beloved mother of Fara Azar. Shiva: Saturday night from 7 to 10pm, and Sunday from 8 am to 4 pm at 24 Florence Street, Great Neck, NY 11023. Davening Schedule is as follows: Shacharit at 7 am and Mincha at 4:15 pm. There will be a Memorial service that will take place on Sunday, Jan 13th from 4 to 7:30 pm at Congregation Torah Ohr, 575 Middle Neck Road, Great Neck, NY.

Birthdays/Anniversary Kiddush: This Shabbat, January 12, 2019

Birthdays: Sherry Amster, Mitch Cohen, Doris Hartman, Jay Hartman, Stephanie Hartman, Joanne Ingerman, Julia Lyons, Jack (the four-legged wonder) Minsky's,

Ari Munk, Elisheva Rosenrauch, Donny Rosenrauch, Linda Schiffman

Anniversaries: Sandy & Norm Cantor sponsored by their children



We invite you to join us on Motzei Shabbat, February 9th at 8:30 PM to pay tribute to all these special people and to support their very important work. Featuring Keynote Speaker Rav Ron Yitzchok Eisenman

\$25 per person-admission only

Scroll of Remembrance: We invite all our sponsors to pay tribute and pen a few words in memory of their departed loved ones in our Scroll of Remembrance. This opportunity to share memoirs and life stories in the Scroll of Remembrance is available to our Sponsors (\$180 and up) and includes a photo and tribute (max 250 words). Sponsorship Opportunities: \$72, \$120, \$180, \$250, \$360, \$500. Please email your text and photo before Friday, February 1st to office@aabjd.org.

The Main Shul and Beit Midrash will be combining minyanim for January 19 and 26 beginning at 9:15 AM.

Lashon Corner: Sometimes, details are vital. One who wants to properly observe a mitzvah must know the details. A doctor prescribing medication or reading test results must attune him or herself to the finest details, because in these situations, details count. But sometimes, people use their memory for details to constantly correct and revise meaningless things. Sometimes, the motivation is their desire to display their superior memory or knowledge. Sometimes, they might be motivated by the little prickle of distress it gives them to hear the facts inaccurately stated. For the person who is bothered by the details, it is important to weigh the value of offering a correction against the distress that might be caused. The proper balance can only be reached when a person fully respects the feelings of the speaker and considers whether the accuracy of this particular detail is important enough to be raised at that moment, or at all. As with almost all forms of ona'as devarim, the key is to refrain from speaking on impulse. The momentary thought one gives to the words he is about to say can, and will, save him from this sin many times every day. (Positive Word Power)

UPCOMING EVENTS

**Save The Date!!!
53rd Annual Shul Dinner
Wednesday, May 15, 2019
at the Wilshire Grand Hotel**

Guests of Honor Larry and Yaffa Liebman
Keter Shem Tov Rabbi Yosef and Batya Sharbat
Young Leadership Doron and Staci Zeif
Lifetime Achievement Marvin and Debbi Weintraub

Dinner Committee Chairs: Andrea & Bryan Bier, Debbie & Bruce Buechler, Hattie & Arthur Dubroff, Shira & Barry Hammerman, Rivkie & Yaakov Moradi, Larry Rein, Linda & Robbie Sipzner, Lilli & Jaicky Tammam

Cyndi Schoenbrun, our new synagogue Administrator, would love to hear from you! Please email her at cschoenbrun@aabjd.org with kudos, comments or constructive suggestions.

We are looking for volunteers to stand outside on Shabbat mornings with the Police officer. If you are interested you can reach out to Alex Usdan at alexusdan@yahoo.com or 646-408-6197.

A big Yasher Koach to Rich Sobin, Rich Finkelstein, Reuben Ehrlich and Michael Cohen for standing outside on Shabbat with the Security Guard.

Nechama Price serves as a consultant to women in the West Orange/Livingston communities to answer questions related to niddah and family purity.

She can be reached at asknechama@gmail.com or 201-888-6999.

Jewish Culture Series

Israeli Dance continues each Tuesday night beginning at 7:30 PM. Taught by Elyse Litt from DancesFromTheHeart. Cost is \$10/ class. For beginners and up.

For your convenience, we have the following payment options:

1) NEW: eCheck-the fee is .75% and you can opt to absorb this cost, saving the shul money. The amount comes from an account that you specify.

2) Credit card - fee of 2.9%. Here too, you have the option to absorb this cost and save the shul money.

We encourage members to log in to ShulCloud and manage their own account. Go to <https://www.aabjd.org/> and click on the Login link at the top right of your screen.

Hachnosas Kallah

The shul is now offering beautiful Tehillim cards that can be used at your wedding. For the donation of \$1 per card, you can participate in this great mitzvah and create a fund for brides who may require financial assistance. Please contact the shul office at 973-736-1407 to purchase these beautiful cards.



The beautiful canvas of the West Orange lone soldiers, presented during our IDF Shabbat, is now available for sale in poster size. All proceeds will go to support The Lone Soldier Center in Memory of Michael Levin. A regular poster is \$25 and a waterproof poster (perfect for the sukkah) is \$36.

You can pay by credit card on the AABJD website or drop off a check at the Shul made out to "The Lone Soldier Center."

DR. IRA AND DORIS KUKIN ADULT EDUCATION

- Monday 7PM: Women's Tehillim group; contact Ora Bloom for info.
- Mon-Tues 8:15–9:45PM: Teenage boys and male adults are invited to learn with the West Orange Kollel rabbis. Contact Steve Malech at smalech@wiggin.com or Rabbi Stone at ourfr@netscape.net.
- Tuesday 10AM-Women's Parshat Hashavuah class/ R' Zwickler in the Smilowitz Beit Midrash.
- Tuesday 1PM: Class by Rabbi Yonah Lazar at the Datalife offices, 500 Bloomfield Ave, Verona.
- Tuesday at 8 PM in the Smilowitz BM-Sefer Yehoshua: All men & women are invited to a lively and interactive text based Navi Shiur by Rabbi Yosef Sharbat.
- Wednesday at 7:45PM in the Smilowitz Beit Midrash-Parshat Hashavuah class given by R' Zwickler .
- Thursday at 8 PM in the Sephardic Shul- "Parsha and

Parshanut" given by R' Sharbat.

- Thursday 8:45 PM: Please join our weekly chaburah, now in its 19th year, in the library every Thursday from 8:45 to 9:45PM. We are currently learning Sukkah. For questions or to join our email list contact Zvi at lando@alum.mit.edu
- Thursday at 8:30 PM in the Smilowitz Beit Midrash-Gemara Shiur, Masechet Kiddushin given by R' Zwickler.
- Join our expanding Sunday morning Gemara Chabura after the 8 AM minyan. We meet each week for 1 hour and cover about half an amud (page) per week. For more info contact Moshe at mglickus@gmail.com.

The Felice Blank Senior Program: Together on Tuesday

Tuesday, January 15 @12:30PM-In honor of the upcoming holiday, Tu B'Shevat, the Jewish new year for the trees, festive lunch at 12:30, program at 1:00PM, "A New JNF Initiative; How "Hashomer Hachadash" brings the youth of Israel back to revitalizing agriculture in Israel" by Barbara Bortniker, artist and JNF representative. Cost \$7.00.

DAF YOMI

- Shabbat morning shiur at 8:15 AM in the Library.
- Daf Yomi shiur on Monday & Wednesday evenings at 8pm in the library.
- Daf Yomi shiur every weekday morning in the library after the first minyan.

YOUTH DEPARTMENT

- Teen minyan this week @ 9:30 AM followed by chulent kiddush @ youth house!
- Wear Bow ties and ribbons for Parshat Bo this Shabbat!
- Mish Mash this Motzei Shabbat from 6:30- 7:15 PM in the Zitta Weiss Youth Lounge with Pizza! Bring your own learning.
- Bat Mitzvah Club this Sunday morning at 9:30 AM in the Zitta Weiss Youth Lounge.
- Please bring in your new (with tags) Socks for our sock drive in memory of Refael Yehoshua ben Dovid.

NCSY

- If you have any fun ideas, looking to get involved, or just want to say "hey" please feel free to reach out. Alexandra-hermana@ncsy.org, Levi-herman@ncsy.org