



DATMINYAN

Parashat Emor

May 14, 2022 ~ 13 Iyar 5782



Rabbi Shmuel Halpern, Rabbi ~ Dr. Jonathan Fishman, President

440 S. Monaco Pkwy., Denver, CO 80224 ~ www.datminyan.org ~ office@datminyan.org

Earliest Candle Lighting	6:36 pm
Candle Lighting	7:47 pm
Havdalah	8:52 pm

This Shabbat, all services will be at The Jewish Experience (399 S. Monaco Pkwy)

Friday

Mincha/ Kabbalat Shabbat/ Maariv: 6:20 pm
Shema should be recited after 8:51 pm

Shabbat

Shacharit: 9:00 am (*with childcare*)
Latest time for Shema is 9:21 am

Kiddush at TJE following services

Masks are optional at our minyanim. We encourage anyone who wishes or needs to wear a mask to continue to do so. If you have any symptoms or not feeling well, please stay home.

Lag Ba'Omer is this Thursday 5/19

SHAWL:	6:45 pm
Mincha:	7:45 pm
Maariv:	8:52 pm

D'var Torah by Rabbi Halpern

Professional athletes don't have it easy. There's the grueling training, a lot of travel, and never-ending pressure. If this is the case, why do athletes keep coming back for more? Win a game, pocket the cash and call it a day. It's fun to win, but if you're the competitive type, it also hurts to lose. Why keep risking a loss? Status and money are factors too, but perhaps it's the very intensity of the game that keeps them coming back.

When athletes are at the top of their game, they enter into what psychologist Mihaly Csikszentmihalyi famously described as the "state of flow." The world disappears, and along with it, their anxieties and insecurities. There is only this moment in time and this one task at hand. They are entirely absorbed in what they're doing and lose the sense of "me and the game,"

rather, "I felt as if I was one with the field/track/music."

Paradoxically, they become more, not less, alive with only one narrow focus.

Like with anything good - no pain, no gain. Attaining a flow state requires pushing ourselves to find the optimal balance between challenge and skill. If you've played in the NFL, and are now coaching middle school, don't expect to reach flow when you toss the ball across the field.

Optimal performance is as relevant in everyday life as it is for athletes, musicians, and artists. If we take success for granted, greatness will elude us, and mediocrity will be our lot. Instead, let's approach life's

Continued on next page

Davening Times for the Upcoming Week:

Weekday Davening will be held at DAT Minyan (440 S. Monaco Pkwy)

Shacharit

Sun:	8:00 am
Mon, Thurs:	6:30 am
Tues, Wed, Fri:	6:35 am

Mincha

Sun-Thurs:	7:50 pm
Fri:	6:25 pm

*Every person counts for Minyan!
Please make an effort to attend*

Message from Rabbi Halpern

I'm available on the phone or in person for your halachic needs, rabbinic counseling, or anything else that I can assist you with. You can reach me on my cell at 732-237-5455 or at shmuel.halpern@datminyan.org

D'var Torah (cont.)

tasks with a healthy sense of respect, and even some fear that there's something before us that's just beyond our reach. Then, we can reach a flow-like state of absorption and find the excellence we are capable of achieving.

It isn't only the end results that matter. A life lived with flow and energy is a different quality life. One who lives with this kind of focus is, in a sense, more alive.

This connection between fear and vitality is borne out of a beautiful midrash on this week's Parsha. Midrash Tehillim (19) relates, "Rabbi Levi said, because Aaron feared Hashem, he merited a mitzvah that will never depart from his descendants."

Aaron's humble fear was the polar opposite of complacency. Knowing that his lofty role was a gift from Above, he constantly strove to make himself worthy. He didn't live off yesterday's accomplishments but sought, each day anew, to climb the ladder to Heaven.

Aaron's trepidation ensured that he fully lived the work he engaged with. Every fiber of his being pulsed with the nervous excitement of being in such close proximity to the Divine Presence.

As a reward, he and his descendants were gifted with a special mitzvah for all time. The Kohen, carrying the torch of Aaron, is infused with life and must therefore stay away from the dead. While it's true that, like the rest of us, he will one day face his own mortality, he must be that much more alive during his allotted time on this earth.

Fear = awareness = life.

The primary issues with *tumaat meit* (being in contact with the dead) relate to the Temple and eating *korbanot* and tithes. Though the Kohen's work may be limited today, his spiritual makeup hasn't changed.

The Jews deeply mourned Aaron's passing — with his death, it was as if life itself had been diminished and diluted. But his descendants carry on where he left off.

We are fortunate to have Aaron's children with us; they serve as a constant reminder to us that we, too, can strive for more. We can approach each day and task with a renewed sense of purpose. We can find new and exciting ways to improve our service to Hashem. And, just as importantly, we can infuse the old with new energy. Have we done something one thousand times? Great. But have we studied the relevant halachot? Have we wondered about the deeper meaning of what we're doing?

Let's roll up our sleeves; there's lots more work to do. And that's exciting!



DAT Minyan Announcements

- **Mazal Tov** to Dr. Marc Avner on being honored at Denver Academy of Torah's Annual Event on Thurs, May 19.
- **Yasher Koach** to Dr. Rachel Rabinovitch who is a presenter in the Global Health & Halacha Virtual Conference taking place this Sunday- Tuesday, May 15-17. For registration and information, www.healthandhalacha.com
- **Aaron Lipkin**, an Israeli Bible scholar who specializes in the Biblical archaeology of Israel, will be speaking at **Seuda Shelishit this Shabbat** and at EDOS on Wed, May 18. See flier on page 6 for more details.
- **Volunteer Day #4** This Sunday at Denver Academy of Torah 3:00-5:00pm. See next page for details.
- Join us for our **Hachnassat Torah Street Party** on Tuesday, May 31 at 5:30 pm at Schraiberg Gardens at BMH. See flier on page 7 for more information!

Members' Milestones



Yoni Gorlin, Michael Schwartz, Dina Kornbluth, Ian Boyd, Yehuda Shapiro, Lena Pomeranz, Max Raphaely,

Refuah Shlemah

Please include the following names in your tefilla. May each be granted a Refuah Shlemah.

Aliza bat Batsheva
Alonit bat Yael
Bella bas Malka
Chaika bat Rachel
Eliezer ben Tova
Leah bat Sarah
Masha bas Rivka

Mika Ester Bat Adi
Mordechai ben Chaya Hannah
Naama
Penina Devorah bas Shulamit Itka
Ruchel Malkah bat Leah
Sarah Rivka bat Rachel Leah
Shmuel Aharon ben Jenny

Shoshanah bat Miriam
Yisrael ben Yocheved
Yonatan Zeev ben Netaa
Yosef Simcha Chaim ben Sarah Chana
Yosef Yitzchok ben Sima Chasya
Yossef ben Dinah
Zev Shmuel ben Heleina

Names are kept on the list until Rosh Chodesh. Help us keep the list accurate by updating the [Cholim Document](#) or by emailing office@datminyan.org

Come Learn With Us

- We are excited to join Nishmat's Miriam Glaubach Center and Mizrahi Canada for the second annual **Global Family Health & Halacha Virtual Conference**. May 15-17, 2022. See flier for more information.
- **Mishna Berura Shiur** Shabbat morning at 8:35am. "*The Halachos of Yom Tov*"
- **SHAWL** led by Sara Halpern at The Jewish Experiences at 6:45pm
- **The Siddur: Its Laws and Customs and Their Meaning**. Led by Rabbi Halpern on Sundays at 8:45 am following Shacharit. This Sunday's topic is "*The Gift of Gratitude*." Breakfast will be served. [Click here for Zoom](#)
- **Words of Wisdom** sponsored by The Women's Experience, a division of The Jewish Experience. Led by Ellyn Hutt on Tuesdays from 2-3 pm. Join Ellyn in delving deeper into the significance of Hebrew words from each week's parsha for personal inspiration and spiritual connection. Meeting ID: 884 9530 8316. For women only.
- **Masechet Megillah Chabura**. Monday evenings, 70 minutes prior to Mincha, at the home of Michal Elias-Bachrach and Yoni Eckmann, 375 S. Krameria St. We are learning Masechet Megillah led by Michal. For men and women, all comfort levels welcome. You can join any time! You can contact Michal at ebmichal@gmail.com or 610-348-8508.
- **Parsha for Women** sponsored by The Women's Experience. Led by Ellyn Hutt Thursdays from 11am - 12pm. Each weekly Torah portion gives us insight into how we can live our lives more meaningfully and mindfully. Join Ellyn as we explore and chart our spiritual journey in sync with the parsha. Meeting ID: 922 119 870
- [Click here](#) to view this week's edition of **Mizrahi's Parshat Hashavua package**.

Community Happenings

- Denver Academy of Torah commencement exercises will be held at Aish of the Rockies on May 24 at 7:00 pm. Light dairy refreshments to follow. Mazal tov to all the graduates!
- Southwest NCSY Spring Regional for grades 8-12 at Camp Young Judea from May 27-29. Register at <https://southwest.ncsy.org/events/430285/register>. Email Rabbi Fry at miretzkye@ncsy.org with any questions.
- Sunday, May 29 Denver Kollel's Pre-Shavuot Learn-a-thon. 10:15am - noon. A communal completion of an entire Tractate in one hour. Followed by a Siyum and buffet lunch. West Denver Kollel Torah Center (5080 W 14th Ave)
- YU Annual Shavuot Yarchei Kallah. June 3 - June 6. More info and registration at www.yushavuos.com
- East Side Eruv. Visit www.denvereruv.org to sign up for weekly status messages, Eruv maps, and to make donations.
- MOED: Visit www.mikvahofeastdenver.org for updates, donation form, membership info and more!
- Chana Feige Abrahams is scheduling appointments for the Zussman Mikvah. Call 720-295-7718 or text 720-838-4093.

Volunteer Day #4

This Sunday ~ 3:00-5:00 pm

Meet at DAT Campus

Help us pack up our books that are still at Denver Academy of Torah

Most of our sefarim are still at the school building, and it's time for them to come home! We are thankful for Denver Academy of Torah for taking good care of them all this time.



Welcome to our new DAT Minyan Members!

~ Rabbi Chaim and Rivka Sher ~

**Interested in becoming a member or know someone who is?
Please email office@datminyan.org**

NURTURING FAMILIES WITH DEEP TORAH ROOTS



INVITE YOU TO THE SECOND ANNUAL

GLOBAL FAMILY

Health & Halacha

VIRTUAL CONFERENCE

70 COMMUNITIES | 20 ORGANIZATIONS | 85 SPEAKERS

MAY 15-17 2022

Join our virtual space for dialogue around the most pressing contemporary family and health issues, rooted in Torah and Halacha. How does living a life committed to Halacha give us a strong basis to deal with the struggles we face as individuals, spouses, parents, children, and friends? Join us for a virtual deep dive. Emerge with valuable building blocks that will leave you strengthened to continue the holy work of building Jewish families and communities. You'll be glad you did. **Register at www.healthandhalacha.com**

Topics Include:

- Raising children who are critical thinkers but also internalize our values
- Consent and Halacha
- Pregnancy and childbirth
- Infertility and pregnancy loss
- Addiction
- Speaking out about abuse

...and so much more!

Speakers include:



See full list of speakers and schedule at www.healthandhalacha.com

AARON LIPKIN



Aaron is an Israeli Bible scholar who specializes in the Biblical archaeology of Israel and lectures in many churches, synagogues, TV and Radio stations.

Aaron is also a film maker and has created several videos that incorporate Biblical text, Archaeology, the geography of Israel and stunning drone videos.

He is a member of the "Manasseh Hill Country Survey" team founded by Professor Adam Zertal of the Haifa university.

He is a "Joshua's Altar" activist and was involved in the finding of the Mt. Ebal Inscription – The oldest Hebrew text dating to the year 3300 BCE.

Owner and CEO of Lipkin Tours, a tour agency dedicated to bringing tourists to the Biblical heartland of Israel, Judea and Samaria.

Aaron is also a spokesperson of his town, Ofra – a Jewish township in Samaria.

Aaron is involved in interfaith dialogue between Jews and Christians and serves as a liaison between Pastors and Rabbis.

Born and raised in Jerusalem. Married to Esther and father to 5 children.

Aaron Lipkin is on a two months lecture tour across the US,
and will be speaking in Denver

- *DAT Minyan* - Seduah Shelishit (Mincha at 7:45 pm)
- *EDOS* -Wednesday, May 18 at 7:00pm

DAT Minyan
invites the entire community to our
Hachnassat Sefer Torah
Street Party!

Tuesday, May 31 5:30 pm
Schraiberg Gardens at BMH-BJ
560 S. Monaco Pkwy (enter on Center St.)

- **Slider and Hot Dog Bar**
(Vegetarian & Gluten Free Options Available)
- **L'Chaim Tables with craft beers, delicious wine, margarita bar and hand selected bourbon and scotch!**
- **Cotton Candy**
- **Popcorn Machine**
- **Bouncy Houses**
- **Art Projects**
- **Pop-A-Shot Contests**

**Win a chance to write
the final letter of the Torah!**

**7:30 pm: Join us as we dance the Torah
to its new home at
DAT Minyan (440 S. Monaco Pkwy)**

No cost to attend.

Please RSVP at datminyan.org so we have an accurate count for catering



SAVE *the* DATE

WITH GRATITUDE TO HASHEM, WE CORDIALLY
INVITE YOU TO JOIN US AS WE CELEBRATE A

סיום והכנסת ספר תורה

THE COMPLETION AND DEDICATION OF

THE FRIED FAMILY SEFER TORAH

•••••

WRITTEN IN HONOR OF

OUR DEAR MOTHER

דינה פריד שתחי'

AND IN MEMORY OF

OUR DEAR DEPARTED PARENTS

חיים שלמה פריד ז"ל

יצחק רוזנטל ז"ל מחלה רוזנטל ז"ל

•••••

THURSDAY, JUNE 2, 2022

ד' סיון, תשפ"ב

Writing of the letters from

4:30 PM - 5:45 PM

AT OUR HOME

220 S. FOREST STREET, DENVER 80246

Procession from our home to EDOS

6:00 PM

Dancing and reception of the new Sefer Torah

6:45 - 7:30 PM

Looking forward to greeting you in person,

YOSSI AND AGI FRIED

והנה הסנה בוער באש



והסנה איננו אובל

THE FRIED FAMILY SEFER TORAH