

# THE CHAAP!

## *Keeping Me Accountable*

**I COMPLETED MY CHALLENGE TODAY!**

*The Challenge:* ELEVATING AN ACTION TO THE SOURCE

**WEDNESDAY** Today, I \_\_\_\_\_

**THURSDAY** Today, I \_\_\_\_\_

**FRIDAY** Today, I \_\_\_\_\_

**SHABBOS** Today, I \_\_\_\_\_

**SUNDAY** Today, I \_\_\_\_\_

**MONDAY** Today, I \_\_\_\_\_

**TUESDAY** Today, I \_\_\_\_\_

### **COMMENT:**

After completing this challenge for one week, I have learned that \_\_\_\_\_

I feel \_\_\_\_\_

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**I COMPLETED MY CHALLENGE TODAY!**

*The Challenge:* **"MY MOUTH SPEAKS ONLY LOVE"**

NESHAMA PRINCIPLE #1

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- SHABBOS** Today, I \_\_\_\_\_
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