

### **Elementary:**

- 1) Yitro brought Moshe's wife Tzipora and sons Gershom and Elazar to him at Har Sinai. Where were they coming from?
- 2) What advice did Yitro give Moshe to help him judge the People?
- 3) How many Zekeinim were appointed to help Moshe?
- 4) Can you list the Aseret HaDibbrot? In what other parsha are the Aseret HaDibbrot mentioned?
- 5) Why is Kibbud Av V'Em on the Bein Adam LaMakom (Man and God) side of the Luchot?

#### Middle/High School:

- 1) According to Rashi (18:1) news of which 2 events motivated Yitro to come join the Jewish People?
- 2) According to Rashi (18:3) why was Tzipora with her father, Yitro, and not with Moshe when Bnei Yisrael left Egypt?
- 3) What famous teaching does Rashi (19:2) share on the words "ויחן שם ישראל"?
- 4) How does Rashi (19:4) explain the words "אַשׂא אַתְכֶם עַל־כַּנְפֵי נָשׁרִים"?
- 5) According to Rashi (19:5) what does it mean that we are an "Am Segula"?

## What would you do?

Discussion starter for your Shabbat table..

# If you could choose an 11th Commandment what would you choose?

## Did You Know?

Kiddush BeMakom Seudah

Kiddush must always be followed by a seudah. Most poskim maintain that mezonos eaten at a kiddush is considered a "seudah" for this purpose (Mishnah Berurah 273:25). After making Kiddush, at least a k'zayis (approximately 1 ounce) of mezonos must be eaten within three to four minutes. One who failed to do so must repeat Kiddush at home before his meal. A notable exception is the view of the Vilna Gaon, who maintains that Kiddush can be made only when a seudah of bread follows. His view is quoted by the Beiur Halachah 273:5 without comment. Aruch ha-Shulchan 273:8 considers this to be the preferred method. The general custom, however, follows the view of most poskim. While there is no obligation to repeat Kiddush at home if the requirements for Kiddush were met earlier in shul or at the simchah hall [unless there are other people at home who did not yet hear Kiddush], it is praiseworthy to do so. (Torah.org)



<u>Delegate and Soar by Adam Lieberman (Aish.com)</u>

Jethro, the father-in-law of Moses, came to see Moses after he had heard all of the miracles that God had performed for the Jewish people. Jethro saw that a countless number of Jews were all standing in line to speak to Moses with questions they had. Jethro then told Moses:

"Why do you sit alone with all the people standing by you from morning to evening?... You will surely become worn out ... as well as this people that is with you...." (Exodus 18:14-17)

Jethro couldn't believe that Moses was the only person who was able to give advice and answers to the Jewish people. Jethro knew that this lack of hierarchy was destined for failure. So he advised Moses how to establish a system whereby the Jews would first go to other knowledgeable people and only seek out Moses for the most complicated and difficult questions and cases.

This method of delegation is in place in virtually every company, army, and government around the world. In fact, it's vital for any large entity to ever run effectively. Even though the power of delegation can be just as effective in our own lives, many of us have a difficult time delegating certain important tasks to others. The reason for this is that the moment we ask someone else to do something for us we immediately lose a sense of control. Even though we all have very capable people around us, many of us live with a belief that the best outcome can only occur when we do something ourselves.

But ironically, the exact opposite is true. This is because the only way ever to achieve greatness is to be able to go "outside yourself" and be humble enough to realize that others are extremely capable and many times can actually do a better job then you can. Also, allowing others to assist you in the countless tasks that they're very capable of doing will immediately increase your self-esteem. This is because it will reign in your egocentric belief that you're the best one to do everything and demonstrate that you have the ability to trust others to get a job done. And all of this will then free you up to do the things that no one else really can't do.

Additionally, there are times when we would love to delegate something to someone else but the other person simply lacks the knowledge to do it. So we say to ourselves, "it's easier if I just do it myself." Again, this is a debilitating belief. While initially it might take some time to teach others a new set of skills or knowledge, investing a few minutes with them now will enable and empower them to know exactly what to do in the future. So fight the urge, and delegate important tasks by asking someone to do something that you ordinarily would only do yourself. This will prevent you from "surely becoming worn out" and allow you to focus your energies only on the things that have the potential to make you great.