



Shabbat Times



Friday, July 20	
Mincha/Maariv:	7:15 PM
Candle Lighting:	8:05 PM
Shabbat, July 21	
Shacharit:	9:00 AM
Kriyat Shema:	9:22 AM
Mincha (No Shul SS)	5:45 PM
Fast Begins:	8:20 PM
Shkiya:	8:23 PM
*Shabbat Ends:	9:01 PM
Maariv:	9:15 PM
Sunday, July 22	
Havdalah and Fast Ends:	9:10 PM
Next Friday, July 27	
Mincha/Maariv:	7:15 PM
Candle Lighting:	7:59 PM

Weather Report: Friday night: 70°, Mainly clear Shabbat day: 81°, Rain in the afternoon

Mazel Tov - to DL, Avraham Meir and Rachel Schmalberg on the birth of a baby girl!

Mazel tov - to Yael and Gabe Nadel on the birth of a baby girl!

There will be no groups this week. If you know anyone who is ready and willing to lead groups over the summer, please reach out to Ben at presidentahavatshalom@gmail.com.

Tisha B'Av - We will be having a minyan for leil Tisha B'Av, which will take place Motzei Shabbat. We will also be having a kumzitz following megillah. For more information, please reach out to a Member of the Board. **Please see the reverse side of the newsletter for specific details about Tisha B'Av.**

Rosh Hashana - is a little under 2 months away, but we are trying to determine if there will be a minyan at Ahavat Shalom this year. If you are interested in staying around for Rosh Hashana, please send an email to Ben at presidentahavatshalom@gmail.com so we can start to plan accordingly.

Join the Ohr HaTorah Community (36 Rector Ct. in Bergenfield) for an inspirational and meaningful Tisha B'av weekend, July 20th-22nd, with Rav Menachem Mendel Blachman, Dean of Overseas Program at Yeshivat Kerem B'Yavneh and Mrs. Suzanne Blachman, Lecturer at Michlala Yerushalayim. Rav Blachman will be speaking multiple times throughout Shabbos Chazon and Tisha B'av, and Mrs. Blachman will give a women's shiur on Shabbos afternoon. The detailed Shabbos Chazon/Tisha B'av Schedule is as follows: **Friday Night Oneg @ 9:15PM** with Rav Blachman @ Zachter home, **19 Rector Ct. Shabbos Day, July 21:** (a) 8:30 AM Shacharis, Drasha by Rav Blachman; (b) 4:30PM: Shiur for Women by Mrs. Suzanne Blachman: "It Was Not Just Sinas Chinam"; (c) 5:30PM: Shiur by Rav Blachman: איסור תלמוד תורה בתשעה באב בהלכה (דובאגדה) 8:45PM: Divrei Chizuk by Rav Blachman: Why Cry! followed by Maariv and Eicha at 9:20PM. **Sunday, July 22 (Tisha B'av Observed):** Shacharis: 8:30AM, Kinnot: 9:15AM (approx.) led by Rav Blachman: "A Journey from Rejection and Solitude Towards Introspection and Tesuva".

Chesed Committee - The Chesed Committee's Community Resource Initiative is open for business! If there is anyone in need of professional services, please reach out to chesed@teaneckapartments.com. Thanks to the generous members of our community, we have set up a professional network to assist you with your professional needs. All correspondence will remain virtually anonymous. Available services include financial planning, tax returns and advice, therapy/counseling and more.

Teaneck Community Mother-Daughter Bat Mitzvah Trip to Israel! Led by Rebbetzin Michal Zahtz of Congregation Bnai Yeshurun, November 18-24, 2018. Highlights include: Unique chesed opportunities, Shabbat at Emunah Children's Home in Afula, Jerusalem scavenger hunt, Dialogue in the Dark, Jeeping, Bat mitzvah program with girls from Afula 4 Nights at the Dan Panorama; 1 Night at Kibbutz Lavi. Land Package \$1,950/per person. To register visit www.emunah.org/teaneck-bat-mitzvah-mission. For more information please contact Ronnie Faber ronnie@emunah.org or Michal Zahtz mzazhtz@gmail.com

Rabbi Halpert's Availability

Rabbi Yehuda Halpert will be here: 7/21. He can be reached via email at RabbiYehudaHalpert@gmail.com, or phone in the evenings at 201-836-3828. In the event of an emergency, Rabbi Halpert can also be reached at 212-909-6951.

Yeshivat Noam Youth Groups

There will be no groups this week. If you know anyone who is ready and willing to lead groups over the summer, please reach out to Ben at presidentahavatshalom@gmail.com.

Chesed Committee

If you or anyone you know has moved in recently or knows somebody moving in, let Yosef Chai Klein or Yael Wine know! Check out ahavatshalomteaneck.com/movingin for more information.



Congregation Ahavat Shalom Board Members 2017-2018

President: Ben Wine **Vice Presidents:** Alex Daiteh | Ariel Kirshenbaum | Yosef Chai Klein | Evan Rottenstreich **Secretary:** Eli Baum **Treasurer:** Yonatan Isser
Sisterhood: Melissa Kirshenbaum | Sam Locke **Gabbaim:** Dani Weinberger | Steven Lowinger | Benjy Lebowitz | Adam Ehrenreich

We welcome your input! Please send your newsletter announcements by Wednesday.

board@teaneckapartments.com | president@teaneckapartments.com | rabbivehudaahalpert@gmail.com



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MORTGAGE ADVANTAGE PROGRAM



PROGRAM BENEFITS:
Exclusively for Ahavat Shalom Members

- Waive of all bank fees (\$1490 value)
- A dedicated mortgage professional assisting you through the entire process
- Competitive rates

*Minimum loan amount \$300,000
Loan must be originated with Jordan Kadry. Must be a member of Ahavat Shalom at time of application. Offer expires June 1, 2018.



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Tisha B'Av Guidelines

This Shabbat is known as "Shabbat Chazon" after the beginning of the Haftarah, "Chazon Yeshayahu ben Amotz," the "Vision of Yeshayahu, the son of Amotz." The haftarah is read to the same haunting melody as is "Megilat Eichah," and it describes the breakdown of the relationship between bnai yisrael and hakadosh-baruch-hu. Tish'a B'av begins motzai Shabbat. The fast begins at sunset which is at 8:20 PM. There is no eating after this time, but visible acts of mourning, such as sitting on the floor and removing leather shoes do not begin until after Shabbos at 9:01 at which point "Baruch Hamavdil bein Kodesh Lechol" is recited (but not the full havdalah) one changes out of shoes and then maariv will take place at 9:15.

Unique Halachot For This Year:

There is no seuda hamafsekes this year because erev Tisha BeAv is on Shabbos. Regular Seuda Shlishit is eaten and a mezuman can be done if a group has eaten together.

Usually, many minhagim of the Nine Days continue until midday of the day after Tisha Be'Av because of the fact that the Beis HaMikdash continued to burn through the 10th of Av. However, since Tisha BeAv is actually on Shabbos this year, and Sunday is the 10th, most laws and customs of the Nine Days end at the end of Tisha BeAv, Sunday night. Bathing, shaving, haircutting and laundering is permitted on Sunday night. Eating meat is permitted on Monday morning but not on Sunday night.

Havdala: On Saturday night we make the bracha of bore meorei haesh on the candle and that is it. On Sunday night havdala is made without a candle or spices, with just the brachos of bore pri hagafen and baruch hamavdil. Wine or grape juice can be used and drunk by an adult.

General Halachot:

Tish'a B'Av, is the saddest and most tragic day of the year. It is a day of fasting and mourning which commemorates five catastrophes in Jewish history (Taanit 26b):

On Tish'a B'Av the following prohibitions are in practice:

Fasting - We refrain from eating and drinking for the 25 hour period beginning sundown Saturday night until nightfall Sunday night (anyone who is pregnant or sick should contact me to discuss fasting as in certain situations fasting may not be required).

Shoes - No leather footwear is worn, including leather sneakers.

Washing - No bathing for pleasure. Wash (until the knuckles of the hand) only upon arising, to remove dirt, or after taking care of bodily needs or after taking care of a baby or young child's bodily needs.

Marital Relations - are prohibited on this day.

Studying Torah - Torah study gladdens the heart and is therefore prohibited, save for such books as Eicha (Lamentations), kinot, Job, selections from Jeremiah that deal with catastrophe, parts of the Talmud that deal with the destruction of the Temple or the laws of mourning (i.e. Moed Katan 14a-18a, 19a-29a; Sanhedrin 104a-b; Gittin 55b-58a).

Work - One should not engage in any business affairs at least all evening and all morning of the fast day. After chatzot on Tisha B'Av, if it is absolutely necessary, one is permitted to engage in business affairs.

Sitting - It is customary to sit only on a low stools until chatzot of Tisha B'Av Greetings - We, as mourners, do not greet one another in our customary manner on this tragic day.

Minimized Comfort - It is customary to deprive oneself of some comfort when going to sleep (i.e. fewer pillows).

Tefillah and Minhagei Beit Knesset on Tish'a B'av:

Saturday night in shul, as a sign of mourning, only those lights that are necessary for reading are lit. The parochet for the Aron Kodosh and the decorative cover for the bimah are removed. Following maariv we sit on the floor or on low benches for the reading of Eikha. After Eicha several kinot are recited. Sunday morning because the talit and tefilin are called religious "adornments" and are symbols of beauty, neither is worn at the morning services on Tisha B'Av. A special selection is read from the Torah and the prophets during shacharit and a larger selection of kinot are recited in the morning, following shacharit. After chatzot several of the mourning practices are relaxed. The ark and bimah covers are replaced and we once again sit on regular chairs. Talit and tefilin are worn for minchah. At this time the Shema is recited in full since in it the laws of tefilin are mentioned. In the shemoneh esrei two special paragraphs are recited: Aneinu, as on every fast day, and Nacheim, which is unique to Tisha B'Av. Kiddush Levana is said after Tisha Be'Av on Sunday night.

May we each take this opportunity to reflect on our relationship with each other and with hakadosh baruch hu and pray that we will be able to fulfill the maxim -- בנחמתה זוכה ורואה בנחמתה Who ever mourns over Jerusalem merits to see its consolation.

By: Rabbi Yehuda Halpert



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