



Congregation Ahavat Shalom

The ACHDUS NEWSLETTER

www.ahavatshalomteaneck.com

Davening TABC, 1600 Queen Anne Rd.
Mailing PO Box 595, Teaneck, NJ 07666-0595

Parshat Matot-Masei

Volume: 18, Issue: 50 | July 13-14, 2018

Av 2

Rabbi Yehuda Halpert

Shabbat Times



Friday, July 13	
Mincha/Maariv:	7:15 PM
Candle Lighting:	8:10 PM
Shabbat, July 14	
Shaacharit:	9:00 AM
Kriyat Shema:	9:19 AM
Mincha / Shalosh Seudot:	7:55 PM
Shkiya:	8:27 PM
Maariv:	9:11 PM
Shabbat Ends:	9:16 PM
Next Friday, July 20	
Mincha/Maariv:	7:15 PM
Candle Lighting:	8:05 PM

Rabbi Halpert's Availability

Rabbi Yehuda Halpert will be here. He can be reached via email at RabbiYehudaHalpert@gmail.com, or phone in the evenings at 201-836-3828. In the event of an emergency, Rabbi Halpert can also be reached at 212-909-6951.

Yeshivat Noam Youth Groups

Due to unforeseen circumstances, there will be no groups this week. If you know anyone who is ready and willing to lead groups over the summer, please reach out to Ben at presidentahavatshalom@gmail.com.

Chesed Committee

If you or anyone you know has moved in recently or knows somebody moving in, let Yosef Chai Klein or Yael Wine know! Check out ahavatshalomteaneck.com/movingin for more information.



Weather Report: Friday night: 68°, Mainly clear Shabbat day: 88°, Partly cloudy and humid

Mazel tov to - Melissa and Ariel Kirshenbaum on the birth of a baby girl, Keira Madison!

Welcome to - Eliana and Joe Segal who recently moved into the community!

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Tisha B'Av - We will be having a minyan for leil Tisha B'Av, which will take place Motzei Shabbat, July 21, 2018. We will also be having a kumzitz following megillah. For more information, please reach out to a Member of the Board.

Rosh Hashana - is two months away, but we are trying to determine if there will be a minyan at Ahavat Shalom this year. If you are interested in staying around for Rosh Hashana, please send an email to Ben at presidentahavatshalom@gmail.com so we can start to plan accordingly.

Chesed Committee - The Chesed Committee's Community Resource Initiative is open for business! If there is anyone in need of professional services, please reach out to chesed@teaneckapartments.com. Thanks to the generous members of our community, we have set up a professional network to assist you with your professional needs. All correspondence will remain virtually anonymous. Available services include financial planning, tax returns and advice, therapy/counseling and more.

AMIT Hindy Weinstock Geula Chapter invites you to their Summer Afternoon Tea on Shabbat, July 14 at 5:00 pm at the home of Lois Blumenfeld & Dr. Norman Sohn, [1358 Sussex Road, Teaneck](http://1358SussexRoad.Teaneck). Shira Schiowitz, Tanach Teacher, SAR High School will speak on, "Devarim as a Handbook for Life." For more information or to register online, go to www.amitchildren.org/GeulaChapterTea or contact Genene Kaye at genene@amitchildren.org.

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Annual Yoetzet Event - Wednesday July 18th 2018 at 8:00 PM at Rinat. The topic will be *Life in Transition: Looking Back and Looking Forward*. Women of all ages and stages are welcome to join us for a stimulating and informative conversation with Yoetzet Halacha Shoshana Samuels, who is making Aliyah to Israel this summer and in-coming Yoetzet Halacha Tova Warburg Sinensky, moderated by Rebbetzin Shira Schiowitz. Hear their personal reflections, visions, lessons learned from work in this field, and why so women say after they call, "Really?! I'm so glad I asked!" Suggested donation: \$10 Please consider a sponsorship to support our Teaneck Yoetzet Halacha Initiative. RSVP, sponsor, and message the panelists at www.rinat.org/yoetzetevent2018

Summer Pottery Classes - CBY BNOT Summer Pottery Class! A 6-session summer pottery class will be given by Michael Preston (pottery teacher at Teaneck Rodda Center, JCC, Teaneck Community Charter School, Teaneck Sports and Arts, etc.). This year we will be offering 2 classes one on Tuesday nights & one on Wednesday nights. There are only 10 spots in each class and they will ONLY be held with receipt of payment. Tuesday classes: July 17, 24, 31 & Aug. 7; Wednesday classes: July 11, 18, 25, Aug. 1, 8, & 15 at 8:00 -10:00 pm - Congregation Bnai Yeshurun, Lower Level Classrooms 1-3. Class fee \$100. Open to men & women. To register please visit www.bnaiyeshurun.org/events. For more information contact Sari Sheinfeld at TheSheinfelds@gmail.com

Congregation Ahavat Shalom Board Members 2017-2018

President: Ben Wine **Vice Presidents:** Alex Daitch | Ariel Kirshenbaum | Yosef Chai Klein | Evan Rottenstreich **Secretary:** Eli Baum **Treasurer:** Yonatan Isser

Sisterhood: Melissa Kirshenbaum | Sam Locke **Gabbaim:** Dani Weinberger | Steven Lowinger | Benjy Lebowitz | Adam Ehrenreich

We welcome your input! Please send your newsletter announcements by Wednesday.

board@teaneckapartments.com | president@teaneckapartments.com | rabbiyehudahalpert@gmail.com

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General Outline of the Halachos of the Three Weeks and Nine Days

During the "Three Weeks" (from Shiva Asar B'Tammuz until Tisha B'Av), we begin to observe some practices of communal mourning. Below is a general outline of these observances, if you have specific questions please contact Rabbi Halpert directly at rabbivehudahalpert@gmail.com.

1. Shiva Asar BeTamuz - Individuals who are sick, pregnant, nursing or elderly are not required to fast. However, eating should be limited to food that merely sustains as opposed to snacks and other delicacies.

2. Listening to live music, dancing and the playing of musical instruments are generally prohibited during the Three Weeks.

3. Shehecheyanu should not be said during the Three Weeks. Therefore, we try to avoid entering into situations where the bracha of shehecheyanu is required. New fruits should not be eaten and new clothing should not be worn. This refers only to significant clothing that would require this bracha. For example, a simple shirt may be worn.

4. Haircuts and shaving: Haircuts are prohibited during the three weeks. Many poskim extend this to shaving as well. People who normally shave daily and have a need to shave may shave during the three weeks. All should refrain during the Nine Days, or at least during the week of Tisha Be'Av.

The Nine Days - In addition to the above, there are additional restrictions that apply during the "Nine Days" (From Rosh Chodesh Av until Tisha Be'Av).

1. Lawsuits and Business Ventures – It is best to minimize business ventures and lawsuits during this time.

2. Purchases – Any object of simcha (joy) should not be bought during the Nine Days.

3. Construction and Home Decorating – All construction of simcha (joy) should be suspended during this time. If the construction is needed for living, then it is permissible.

4. Eating Meat and Drinking Wine is prohibited (except for Shabbos).

5. Laundry may not be done at home, or at the cleaners. In addition, one should not enter a laundromat, even if the clothing was washed before the Nine Days. Children's clothing that easily becomes soiled may be washed. Freshly laundered clothing should not be worn. This restriction applies to linens and tablecloths as well.

6. Swimming is generally prohibited during the Nine Days.

7. Showering and Bathing for pleasure are prohibited even with cold water. It is permitted, however, before Shabbos, or if you are dirty or perspired.

By: Rabbi Yehuda Halpert


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