

The ACHDUS NEWSLETTER www.ahavatshalomteaneck.com

Davening TABC, 1600 Queen Anne Rd. Mailing PO Box 595, Teaneck, NJ 07666-0595

Parshat Balak

Volume: 17, Issue: 47 | July 7-8, 2017

Tamuz 14, 5777 Rabbi Yehuda Halpert

Shabbat Times

DITUDUAL TIMES	
Friday, July 7	
Mincha/Maariv:	7:15 PM
Candle Lighting:	8:12 PM
Shabbat, July 8	
Shacharit:	8:45 AM
Kriyat Shema:	9:16 AM
Mincha / Shalosh	8:05 PM
Seudot:	0.05 I M
Shkiya:	8:30 PM
Maariv:	9:15 PM
Shabbat Ends:	9:20 PM
Next Friday, July 14	
Mincha/Maariv:	7:15 PM
Candle Lighting:	8:09 PM

Weather Report

Friday night: Partly cloudy, 71° Shabbos day: Partly cloudy, 87°/65°

17th of Tammuz – On Tuesday, July 11, is Shiva Asar B'Tammuz (fast day) and the beginning of the Three Weeks. Please check below for times. Additionally, please check the back of the newsletter for additional information regarding Shiva Asar B'Tammuz, the Three Weeks and the Nine Days. If you have any specific questions, please reach out to Rabbi Halpert.

Fast Start Time: 4:21 AM Fast End Time: 9:05 PM

Celebration Kiddush - This month's Celerbration Kiddush will be on July 29th and everyone is invited to join! If you have an occasion you'd like to celebrate with the shul and would like to be a co-sponsor, reach out to the board! (Anonymous co-sponsors are accepted.)

Membership Directory - The first ever, Ahavat Shalom Membership Directory was distributed last week! Check your inbox for your copy! If you are interested in becoming a member, reach out to the Board.

Rabbi Halpert's Availability

Rabbi Yehuda Halpert will be here on: 7.8, 7.22, 7.29, 8.5. He can be reached via email at rabbihalpert@verizon.net, or phone in the evenings at 201-836-3828. In the event of an emergency, Rabbi Halpert can also be reached at 212-909-6951.

Yeshivat Noam Youth Groups

Groups for children ages 2-4 are located in the room across the Shul from 9:30am - 10:45am. Morah Yael will supervise. Toys and books will be provided by Yeshivat Noam. We ask parents to please send your child with a snack. Signup is on the website.

Welcoming Committee

If you or anyone you know has moved in recently, let us know! Check out ahavatshalomteaneck.com/movingin for more information.

Welcome to
Ahavat Shalom!

Households: 102
(Adults: 199, Kids: 59)

Nishma Research - Nishma Research, under the leadership of Mark Trencher, is conducting an independent survey of United States Orthodox Jews. The goal is to collect information about various attitudes within the community. It covers a wide range of issues, such as shul and davening, Jewish education and learning, raising a family, issues of concern to women, success and challenges of living in today's society, etc. This survey is open to anyone age 18+ who attends an Orthodox synagogue. The survey is totally anonymous. Note also that there will be ten \$100 gift cards given out to randomly selected respondents. The survey will be available for completion online through August 31. Check your inbox for the survey link which was sent last week.

6th Annual Childrens Clothing Drive/Gemach in Teaneck. We are collecting childrens clothing, shoes and coats (size baby-teen) in Very Good condition to share with those in our community. Drop off dates, Sunday, July 9th (9-11AM) and all day Monday, July 10th at the Keter Torah ballroom in Teaneck. We also need VOLUNTEERS from July 9th- July 19th- Please email childrensclothingdrive@gmail.com for more info and volunteer sign up sheets. Could you benefit from gently used clothing for your children from your neighbors? Everyone is invited to sign up to make an appointment to shop (suggested donation of \$1/item) at the childrens clothing drive July 12th-19th (appts are in small groups or private). Please email childrensclothingdrive@gmail.com for a sign-up sheet.

On Sunday, July 16, at 6:45 p.m., at Congregation Beth Aaron, Meylekh Viswanath will discuss a Shabbat he recently spent with the Bnei Noah of Vishakapatnam on the eastern coast of India. Most of the Bnei Noah are former Christians who were dissatisfied with the contradictions they see in the Christian understanding of Biblical sources and look instead to the Hebrew Bible and to the Jewish view of the obligations of Gentiles.

On Wednesday, July 19th, Project Ezrah will hold the second seminar for "The Aisle: A Path Toward Financial Fidelity." 7:00 pm Congregation Beth Abraham. Please contact Robert Hoenig at the Project Ezrah office if you have any questions.

Save the date: Wednesday July 26th 8:00 pm. 5th Annual Community-Wide Yoetzet Halacha Event @ Rinat Yisrael. This year's Jewish Women's Journey Through Life focuses on mind, body & soul with panelists Shera Dubitsky, healthy mindfulness lecturer and Director of Navigation and Support Services at Sharsheret, Rebbetzin Bassie Taubes, long-time nurse and Director & Owner of Wellness Motivations, and Yoetzet Halacha Shoshana Samuels. After each panelist explores perspectives and tools from her years of experience of service with our community on mind, body & soul respectively, Dr. Rayzel Yaish, Director of Guidance at Ma'ayanot will moderate Q&A. Women of all ages and stages are welcome!

AMIT Hindy Weinstock Geula Chapter invites you to their Summer Afternoon Tea on Shabbat, July 29 at 5:00 pm at the home of Lois Blumenfeld & Dr. Norman Sohn, 1358 Sussex Road, Teaneck. Tikvah Wiener, Head of School, The Idea School will speak on, "Imagining Grief: Preparing for Tisha Bav." For more information or to register online, go to www.amitchildren.org.GeulaChapterTea or contact Genene Kaye at genenek@amitchildren.org.

Congregation Ahavat Shalom Board Members 2016-2017

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We welcome your input! Please send your newsletter announcements by Wednesday.

 $\underline{board@teaneckapartments.com \mid president@teaneckapartments.com \mid rabbihalpert@verizon.net}$









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General Outline of the *Halachos* of the Three Weeks and the Nine Days

During the "Three Weeks" (from *Shiva Asar BeTamuz* until *Tisha Be'Av*) we begin to observe some practices of communal mourning. Below is a general outline of these observances, if you have specific questions please contact Rabbi Halpert directly at rabbihalpert@verizon.net.

- 1. **Shiva Asar BeTamuz**. Individuals who are sick, pregnant, nursing or elderly are not required to fast. However, eating should be limited to food that merely sustains as opposed to snacks and other delicacies.
- 2. Listening to Music, Dancing and the playing of musical instruments are generally prohibited during the Three Weeks.
- 3. **Shehecheyanu** should not be said during the Three Weeks. Therefore, we try to avoid entering into situations where the *bracha* of *shehecheyanu* is required. New fruits should not be eaten and new clothing should not be purchased. This refers <u>only</u> to significant clothing that would require this *bracha*. For example, a simple shirt may be purchased.
- 4. **Haircuts and shaving:** Haircuts are prohibited during the three weeks. Many poskim extend this to shaving as well. People who normally shave daily and have a need to shave may shave during the three weeks. All should refrain during the Nine Days, or at least during the week of *Tisha Be'Av*.

The Nine Days - In addition to the above, there are additional restrictions that apply during the "Nine Days" (From Rosh Chodesh Av until Tisha Be'Av).

- 1. Lawsuits and Business Ventures It is best to minimize business ventures and lawsuits during this time.
- 2. **Purchases** Any object of simcha (joy) should not be bought during the Nine Days.
- 3. **Construction and Home Decorating** All construction of *simcha (joy)* should be suspended during this time. If the construction is needed for living, then it is permissible.
- 4. Eating Meat and Drinking Wine is prohibited (except for Shabbos).
- 5. Laundry may not be done at home, or at the cleaners. In addition, one should not enter a laundromat, even if the clothing was washed before the Nine Days. Children's clothing that easily becomes soiled may be washed.

Freshly laundered clothing should not be worn. This restriction applies to linens and tablecloths as well.

- 6. **Swimming** is generally prohibited during the Nine Days.
- 7. Showering and Bathing for pleasure are prohibited even with cold water. It is permitted, however, before Shabbos, or if you are dirty or perspired.



