



Congregation Ahavat Shalom Newsletter

November 17-18, 2023 | 5th of Kislev 5784

Yehuda Halpert, Rabbi

Ahavat Shalom Board 2023-2024

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Shul Announcements 📢

- **Seudat Shlishit** will take place after Mincha.
- Rabbi Halpert **will NOT** be in shul this Shabbat.
- **Groups** – Thank you Yeshivat Noam for sponsoring our weekly youth groups! REMINDER that a weekly email must be sent that your child will be attending to shulgroups@yeshivatnoam.org.
- **Annual CAS Membership Renewal Campaign** – Welcome to returning and new members! We welcome all those who would like to join as well: use [this link](#) to register.
- **Last Week's Minyan** - Thank you to all who attended and assisted in making last week's Friday night minyan such a special one! Additional shout-outs to the gabbaim for making sure everything was arranged and to *chazzanim* for pulling together the *kla!*

Mazel Tov! 🎉

- Mazel Tov to Aleeza and Yakov Redisch on the birth of their baby boy! Mazel tov to the extended Dessau and Redisch families. 💙

Kiddush 🍷

- Kiddush is sponsored this week by Yocheved and Aryeh Sunshine *l'ilui nishmas* Ezra Schwartz (Yecheil Ezra ben Ari Yonah) on his 8th *yahrzeit*. May his neshama have an aliyah.

To sponsor a kiddush, please see a board member or [send us an email](#).

Parshat Toldot Zmanim

Friday, Nov. 17

Candle Lighting 4:18pm

Mincha/Maariv 4:19pm

Shabbat, Nov. 18

Shacharit 9:00am

Sof Zman
Kriyat Shema 9:14am

Mincha 4:05pm

Shkiya 4:35pm

Maariv 5:14pm

Havdalah 5:19pm

Next Shabbat Parshat Vayetzai

Candle Lighting 4:14pm

Mincha 4:15pm

Parsha Table Talk

Submitted by Paige Weintraub

When shul ends, I know I can't be the only one who (sometimes) thinks "yum, I can't wait for some cholent!" I listen to *kiddush*, but really part of my mind is focusing on the "end" rather than the "means." I know this isn't great, but hey, it's been at least half an hour since I last ate. An event in this week's *parsha* truly highlights this mentality, the desire for instant gratification. Almost a parallel example, of giving away a birthright, which lasts a lifetime, for a bowl of soup, which at best lasts 10 minutes. Why do we give these kinds of inner struggle any validity, as though it's a thought of clarity, when clearly it is illogical?

There are many times these urges to act for the here-and-now arise, rather than push ourselves to understand what is really best and push ourselves past instant relief or gratification. By practicing having more patience and therefore expanding our perception to outside of the current moment, we can help ourselves make more long-term beneficial choices. Even just a moment's hesitation may yield significantly improved outcomes.

To submit a parsha tidbit, submit your text to Paige @ 908-967-2175 by Thursday!

Membership Counter

CAS MEMBERSHIP



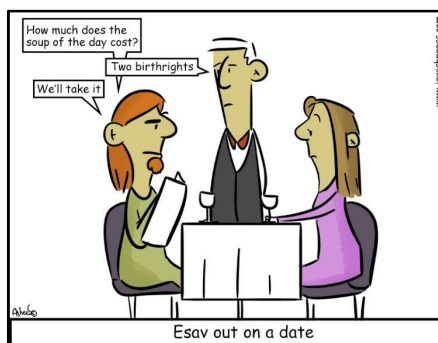
Population: 225

Happy Birthday to Our Members! 🎂

- Jordana Bar-David
- Jonathan Meiner
- Rosie Kaplan

If you see them in shul, feel free to wish them a happy birthday!

Parsha Laughs 😂



Parshat Toldot



Want to become a member or support the shul with a donation? Follow the link below to get started. Or scan the QR code on the next page!

<https://www.ahavatshalomteaneck.com/payment.php>

Note: Ahavat Shalom is a 501(c)(3) organization, and all donations are tax deductible.

Have a Mazal Tov or another announcement for the newsletter? Send it to:

PresidentAhavatShalom@gmail.com
by Wednesday to be included.



Community Buzz



Events & Announcements

YBM Morning Kollel - Learn and get paid! All Men of high school age and up are invited to take part of Yeshivas Bais Mordechai of Teaneck's morning kollel program! This is the perfect opportunity to squeeze in that learning in a true Makom Torah, and start your day off right with the light and bracha of Torah! First Seder – 5:25am (\$15/day). Shacharit is at 6:15am. Second seder - 7:05am (\$10/day).

CAS Welcoming Group- To join the group as a host or explore the community as a guest, contact Carmel Zunenshine @ 347-751.2933.

Youth Groups - One-time registration form link is included in membership renewal, but weekly sign up for kids age 2+ is also required! Each week, make sure to email your child(ren)'s name to shulgroupp@yeshivatnoam.org. **THANK YOU @YeshivatNoam**

ATTN Leiners and Daveners- A shul is as strong as its members' involvement! To sign up as a contributor to the minyan, speak to one of the gabbaim or fill out [this form](#).

Project Ezrah Event - The Project Ezrah Annual Dinner is scheduled for Saturday night, December 2nd 8PM, at Keter Torah. Honoring Rena and Rabbi Elliot Schrier from B'nai Yeshurun, Emma and Ami Kirschner from Bais Medrash of Bergenfield, and Erika and Yahoo Rabin from Rinat Yisrael. Walk-Ins are welcome, or to register please visit ezrah.org/dinner2023.



Contact Us

RabbiYehudaHalpert@gmail.com
PresidentAhavatShalom@gmail.com
AhavatShalomTreasurer@gmail.com

Ahavat Shalom
WhatsApp Group



Ahavat Shalom
Membership Signup



To receive the newsletter via email, please contact the board.



CAS Community Resources



- **Rabbi Halpert Availability:** During the week, Rabbi Halpert can be reached via email - RabbiYehudaHalpert@gmail.com or at 917-497-7934. In an emergency, he can also be reached at 212-909-6591.
- **Teaneck Mikvah:** Usage is BY APPOINTMENT ONLY. To make an appointment and for the most up to date information, please visit www.teaneckmikvah.org.
- **Fertility Resources:** Information on reproductive specialists, support groups, and helpful organizations, can be found on the shul website and accessed directly from the homepage.
- **Chaverim of Bergen County:** (201) 800-4357. Services include: flat tires, lockouts, jump-starts, out of gas, search and rescue, and more.

Tzedakah Opportunities

Rofeh Cholim Cancer Society (RCCS) is now in Bergen County. For patient services please call 718-722-2002. For info, visit www.rccscancer.org or call Dovid Cofnas at (201) 575-9080.

FreeDialysisRides offers rides to dialysis patients, and they need more drivers. For those available to drive please email Freedialysisrides@gmail.com or sign up HERE.

Teaneck Simcha Gemach has folding tables, cocktail tables, chairs and coat racks (w/ hangers) available for loan. Contact teanecksimcha@yahoo.com.

Down the Aisle Gemach: Setting up a home can be daunting and expensive. Help couples by donating new or unopened gifts. We accept household, Judaica, linens, gift-ware, engagement and wedding gifts that perhaps are not your taste but others would enjoy as they start their new lives together. Teaneck Drop off: Carrie Cooper, 1060 Windsor Road 201 -801-9028. candscooper@gmail.com.

Project YECHI Tablecloth Gemach: Project Yechi helps to provide financial support for families fighting illness. Please email projectyechi@gmail.com for details.

Ohel Children's Home and Family Services: Services available for adults with developmental disabilities including community and individual supports, employment and respite. We are also hiring. Please contact us at 718-686-3313 or NJservices@ohelfamily.org

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