

# HAR HASHEM'S INDIVIDUALIZED HEBREW PROGRAMMING

## M'AMEIN

### Your Family's B'nai Mitzvah Teacher, Mentor, Advisor, and Resource

*M'amein* (the singular of *m'ameinim*, pronounced m'-amen) or coach/trainer comes from the Hebrew *shoresh* (root) "amen," which is related to the words: foster, educate, practice, confidence, artist and faith.

As your child begins his or her journey of Hebrew learning and deeper engagement with Jewish life, our *m'ameinim*\* help guide and support your child's entrance to adolescence. *M'ameinim* develop a connection with each family, acting as an advisor and mentor while guiding families through this transitional time in their lives. Our *m'ameinim* serve as role models of Jewish living and learning, inspiring your child to develop his or her own unique gifts, to celebrate successes and to learn from failures. *M'ameinim* help your child acquire the necessary skills, beliefs, and sense of belonging to become *bar* or *bat mitzvah*, and nurture the growing sense of responsibility, faith, and agency in each child. By deeply listening to and respecting each individual child, the *m'ameinim* use Judaism as a guide and source of strength to help your child address the big questions of his or her emerging self, and to encourage each student to find his or her own individual voice. *M'ameinim* infuse a sense of meaning and caring into the process by which your child comes to understand, appreciate, and own what it means to mark this significant moment in the family's life.



#### Your Child's Teacher

Your *m'amein* will work with your child to develop skills and understandings such as:

- Hebrew decoding, grammar, and vocabulary
- Chanting of prayers, Torah, and Haftarah portions
- Public presence on the bima
- Prayer as a vehicle by which we communicate with God
- Jewish spiritual traditions and sacred texts
- *Mitzvot* – our obligations and understandings



#### Your Child's Mentor

Your *m'amein* will serve as a mentor and role model for your child as students begin to:

- Identify their unique gifts
- Stretch their thinking and capabilities
- Use Jewish values, rooted in Torah, to make significant decisions in their lives
- Consider their place in the Jewish community
- Develop their ideas and ask questions about Jewish ideas, prayer, and practice
- Develop their own understanding of *mitzvot* and our *brit* with God and the Jewish people



#### Your Family's Guide

Your *m'amein* will develop a connection with your family and will be available for guidance and advice as you:

- Embrace *b'nai mitzvah* as a whole family learning process
- Consider your family's place in the Jewish community
- Consider your family's emerging role within the Har HaShem community
- Celebrate this transition with your Jewish community
- Navigate the Har HaShem *b'nai mitzvah* process