

GUIDE TO THE HIGH HOLY DAYS 2018 FOR GUESTS

Congregation Har HaShem
קהילת הר השם

ON THE MARGOLIS FAMILY CAMPUS



INCLUSION

Har HaShem aims to include individuals of any age who may temporarily or permanently move, hear, see, touch, think, learn, communicate, process stimuli, and/or experience emotions differently.

If you need an accommodation to help you participate in our services and programs, please email inclusion@harhashem.org.

We'll try to meet your needs.



Congregation Har HaShem

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WELCOME *hello*

We look forward to the new year and its beginning at the High Holy Days. This booklet contains the information you need to prepare for services, which will be held at Boulder Valley Christian Church (BVCC) and Har HaShem (HHS).

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Act Now

1. Name Tags

Request name tags online. Name tags help us greet you, help you greet others, and are part of our security at High Holy Days.

2. Childcare

Reserve a space for children eight and younger who will not attend services.

3. Remembering – Yizkor

Remember any you have loved and lost on our Yizkor Wall of Remembrance.

4. Volunteer to Greet the Congregation

During the High Holy Days, as always, we rely upon the work of volunteers. Help make these days meaningful by volunteering to greet, usher, prepare break-the-fast, and more. Please email volunteer@harhashem.org.

5. Tzedakah Opportunities

Every season contains opportunities for tzedakah – including the High Holy Days. Please consider making an act of tzedakah – a contribution.

Attend

6. Preparation: Elul

Study and worship in the month **before** the Holy Days.

7. During the Holy Days: Tashlich and Study

Additional opportunities to learn **during** the Holy Days.

8. Festivals

Sukkot and Simchat Torah **after** Yom Kippur.



High Holy Day information and forms are available
online at harhashem.org.

If you don't have internet access, please call our office at 303-499-7077.



1. NAME TAGS

Your name tag is your ticket to the Holy Days...and the easiest way to meet people, allow us to greet you, and help with security. Here's what you need to know this year:

1. Non-members, newcomers, and visitors are welcome and may request name tags online.
2. **Everyone age 13 and older needs a name tag.**
3. If you need additional tags, we welcome family and friends. Request name tags online by September 1 at www.harhashem.org.

If you join Har HaShem during this calendar year, we'll count your High Holy Day contributions towards your membership commitment.

We don't turn away worshipers for financial reasons. Please call if you need assistance.

Traveling for the High Holy Days?

Use the form at www.harhashem.org to tell us where you'd like to attend services, and we'll contact that congregation for you. Please note that congregations control their own services and seating, and reciprocal admission is subject to their policies and practices.



**REMEMBER TO BRING YOUR
NAME TAG TO SERVICES –
IT IS YOUR TICKET.**



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NAME TAGS CONTINUED

Newcomers, visitors, and members' guests are welcome:

Your children under 30 are welcome...

...as if they were members. Your act of tzedakah is welcome. Login to harhashem.org to request name tags for them online.

Your extended family: parents, children 30 and older, siblings, grandchildren are welcome...

...at the recommended contribution of: \$36 for Rosh Hashanah OR Yom Kippur. \$72 for both holidays. Please complete the form online at www.harhashem.org by September 1.

Your friends: those not related to you are welcome...

...at the recommended contribution of: \$200 for Rosh Hashanah OR Yom Kippur. \$350 for both holidays. Please complete the form online at www.harhashem.org by September 1.

Friends or family who belong to other congregations...

...should contact their home congregation to request reciprocal admission. Their congregation will contact Har HaShem.



**Request name tags online by
September 1 at
harshem.org**



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2. SO YOU HAVE YOUNG CHILDREN?



We encourage children 13 and older to attend High Holy Day services at BVCC. Now that they've reached b'nai mitzvah age, we hope they'll join the adults. We welcome younger children who are ready for the longer service to join us at BVCC. You know your child. We trust your judgment.

And we know that little ones can't always sit through services, so we provide options to help them...and you...celebrate the High Holy Days.

These options provide a range of opportunities that allow all of the members of your family to celebrate, separately and together, in a meaningful way. Choose the options that best fit your family.

Non-members may reserve childcare for \$36 for any number of services.

Childcare is available only for children of adults who are attending services and only at BVCC.



**All Childcare and Children's Programming
requires online registration
by September 1.**



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YOUNG CHILDREN CONTINUED

Options for families and young children:

Family Services
Mornings only at
Har HaShem

These are a bit less formal, a bit shorter and designed for readers. We invite children to bring a shofar on Rosh Hashanah morning.

Childcare for children
ages 4 to 8 during
services at BVCC

If you're attending services, engage your children in Holy Day programming – indoor and outdoor activities, learning, and fun.

Reservations are required to help us hire the right number of staff.

Babysitting during services
at BVCC for children
younger than 4

If you're attending services, we will take care of very young children.

Reservations are required to help us hire the right number of sitters.

Services at BVCC

We trust your judgment. If your children are ready, they are welcome to join us.



**Reserve childcare online at
harhashem.org**



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3. REMEMBERING – YIZKOR

On Yom Kippur afternoon, we remember those we have loved and lost. During the Holy Days, we pray that our own names will be inscribed for blessing and life in the coming year, and we invite you to remember the names of the loved ones who have blessed your life.

Har HaShem creates an interactive wall of remembrance in the foyer of BVCC. We will print and hang the names of those who have died since last Yom Kippur. We will include additional names at your request.

To include names, please complete the online form at www.harhashem.org by September 12. If you prefer to call or send an email, please contact Paula Young at py@harhashem.org or 303-499-7077, ext. 111.

Non-members may also include names on our memorial wall. Share names online.

Tzedakah – giving – like remembering, is an intentional, generous act. Our tradition encourages us to make an act of tzedakah – a contribution – as another way to remember those we loved. We suggest a contribution of \$18 per name, but we welcome your act of tzedakah in any amount.



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4. VOLUNTEERING



We rely upon our members and friends to help throughout the High Holy Days. We welcome your assistance.

Greet and Usher:

Be one of the smiling faces that welcomes members and guests, answers questions, points out bathrooms, helps those entering find seats, and sits or stands near doorways during services. This is a great way to greet your friends, to meet new people, and to make these services and this season welcoming!

Distribute Prayerbooks:

Members and visitors need prayerbooks to participate in our services. Members who purchased copies of our new prayerbook, *Mishkan HaNefesh*, will pick them up at BVCC. These volunteers stand near the prayerbooks to answer questions, greet entrants, and offer books.

Break the Fast:

The day before Yom Kippur, we need a few volunteers to help prepare trays and some of the food that will be enjoyed by all at our Break the Fast. While you work, you can chat with friends, and the task will be complete before Yom Kippur begins.

Physicians:

Just in case someone feels faint or ill, it's helpful to have a medical professional who is willing to help out. All we ask is that you tell us where you are sitting in the sanctuary.



**To volunteer, send an email to
volunteer@harhashem.org
and let us know how you'd like to help.**



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5. TZEDAKAH



Our tradition commands us to make acts of tzedakah – contributions – to support our communities and those in need, and to improve our world. This year, Har HaShem encourages you to consider the following opportunities.

Project Isaiah: Our Yom Kippur Food Drive

On the day we fast, help Community Food Share feed those who don't choose to go hungry. Bring a bag of food with you on Yom Kippur or drop it off in advance. Learn more about our partner at communityfoodshare.org.

Collection at Har HaShem throughout September.

Collection at BVCC on Yom Kippur only.

Mazon: A Jewish Response to Hunger

Mazon ensures that vulnerable people have access to the resources they need to put food on the table. Har HaShem's participation with Mazon allies us with nearly 1,000 synagogues and tens of thousands of individual donors who are committed to ending hunger, once and for all. Learn more and donate at mazon.org.

Make a Gift to Ensure Har HaShem's Vibrant Future

For more than 50 years, Har HaShem has been a center where Boulder's Jews gather, pray, study, and act together. As a community, we have educated two generations of children, celebrated and mourned together, and, through our advocacy and action, shaped Boulder and the world beyond. We have touched lives, built friendships and shaped our world.

Everyone can leave a legacy. Har HaShem's Har Nevo Legacy Society includes members like you whose lives have been touched by Har HaShem. Their planned gifts ensure that Har HaShem will continue to touch future generations.

If you have already included Har HaShem in your will or other estate plans, please let us know. We would like to welcome you into the Har Nevo Legacy Society. If you would like more information, contact Alan Halpern, ah@harhashem.org or 303-499-7077.



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TZEDAKAH CONTINUED

A New Prayerbook

This year, Har HaShem adopts *Mishkan HaNefesh*, the new Reform prayerbook for the High Holy Days (a *machzor*). Like our Shabbat prayerbook, the fully-transliterated, two-volume book offers more choices of readings and a more contemporary approach to services. If you have questions or would like to see a copy, please call Har HaShem.

You can help Har HaShem adopt the prayerbook or purchase a copy of your own. *Mishkan HaNefesh* is also available in a paperbound, three-volume, large print set or as a Kindle book from Amazon.

Purchase *Mishkan HaNefesh* for yourself \$ 50
Delivery at Boulder Valley Christian Church at
High Holy Day services.

Dedicate a set of *Mishkan HaNefesh* for Har HaShem \$ 50
Your donation will be memorialized by a bookplate placed
in one two-volume set.

Purchase a large-print set of *Mishkan HaNefesh* for yourself \$125
Delivery at Boulder Valley Christian Church at
High Holy Day services.

Dedicate a large-print set of *Mishkan HaNefesh*
for Har HaShem \$125
Your donation will be memorialized by a bookplate
placed on one, three-volume, large print set.

Mishkan HaNefesh is also available directly from the CCAR or
Amazon, in print and Kindle versions.

Or support a fund of your choice at Har HaShem:
harhashem.org > click on donate



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6. PREPARATION: THE MONTH OF ELUL



#MeToo and Our Jewish Community

**Thursday, August 16, 2018
at Har HaShem**

with Rabbi Greene and Holli Berman, Cantorial Soloist

7:00 pm **Study and Discussion**

During the month of Elul, members of Jewish communities take time for honest reflection and soul-searching. Join us for a discussion and text study responding to #MeToo. We will explore themes of gender, power, accountability and how our Jewish community ought to respond.

We seek to offer a safe place for exploration and discussion. These texts and this discussion may be disturbing. We encourage attendees to prepare themselves emotionally.

Selichot: The Poetry of Our New Machzor

**Saturday, September 1
at Har HaShem**

with Rabbi Greene

8:00 pm As we move into this new Jewish New Year, we have grown and changed as individuals. Our *machzor* (High Holy Day prayer book) has also changed! Our new *machzor* includes readings that speak to our times, our sensibilities, our experiences. Let's explore them together.

Everyone welcome — open to members and non-members.



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7. DURING THE HOLY DAYS



Tashlich

Monday, September 10
behind St. Andrew Presbyterian Church

3:00 pm **Tashlich Service**

On Rosh Hashanah, by tradition, we gather at waters' edge and cast bread crumbs representing our sins and misdeeds into the flowing water. Today, we toss pebbles instead to protect our ecosystem and wildlife.

This service, led by our clergy, is for everyone — young and old, families, and singles. We encourage all to attend.

Yom Kippur Study

Between morning and afternoon services at BVCC, gather with others to reflect on the themes of the Holy Days, to learn, and to continue your Yom Kippur experience.

Wednesday, September 19

Locations announced at the end of morning services.
No reservation required.

12:30 pm **Bargaining with God:** Howard Bernstein

We will explore different sources that illustrate how our ancestors interacted with God in times of stress.

1:30 pm **The Prophet Isaiah: "We afflict our soul, and you do not know it?":** Jim Edelman

Isaiah describes the ideal way to humble ourselves. However, none of us is ideal. We will study examples from scripture of people who "afflicted their souls" to help guide our own Yom Kippur journeys.

Additional Services

3:30 pm **Healing Service**

Rabbi Bronstein and Cantorial Soloist Berman



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8. THE FESTIVALS AFTER



Sukkot

Evening

**Sunday, September 23
at Har HaShem**

3:30 pm **Building Challenge: Sukkot Edition!**
Bring your skills, creativity, and enthusiasm. We are going to build a sukkah village at Har HaShem. Learn about the mitzvah of building a sukkah. Gather with friends and family to build.

6:00 pm **Sukkot Service**
A brief sukkot service.

After **Bring Your Own Picnic**
You're invited to bring a picnic dinner to enjoy in a sukkah. It's part of the holiday! Har HaShem will provide cookies and drinks.

Day

**Monday, September 24
at Har HaShem**

9:00 pm **Sukkot Service**

Simchat Torah

Evening

**Sunday, September 30
at Har HaShem**

6:00 pm **Simchat Torah Service and Dancing**

Day

**Monday, October 1
at Har HaShem**

9:00 am **Simchat Torah Service and Yizkor**



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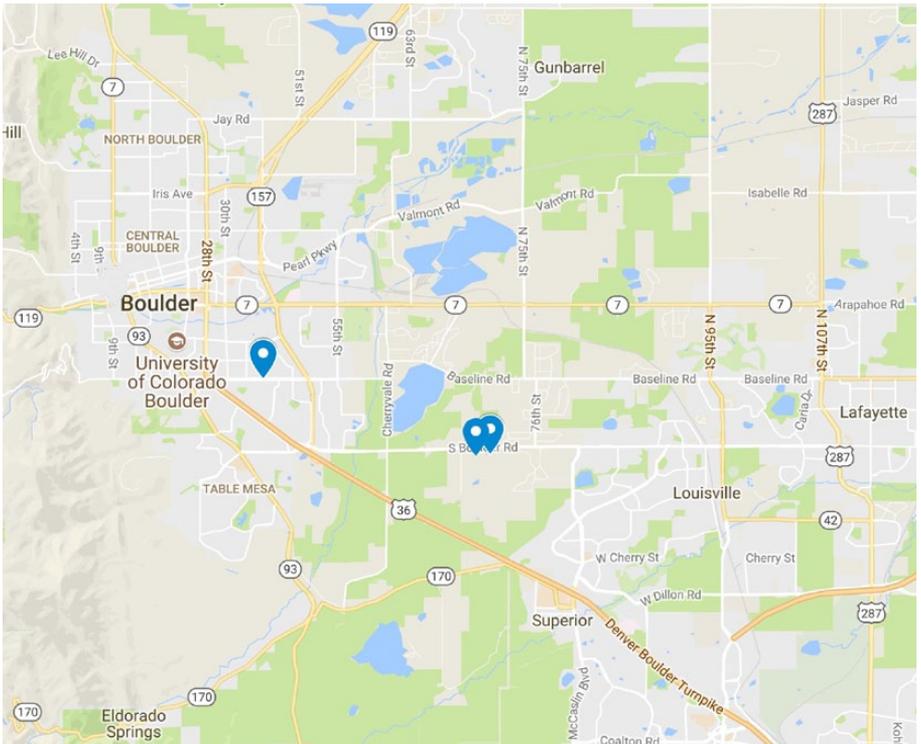
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LOCATIONS

High Holy Day services will be held at the following locations:

- 1. Congregation Har HaShem**
3950 Baseline Road, Boulder
- 2. Boulder Valley Christian Church**
7100 South Boulder Road, Boulder
- 3. St. Andrew Presbyterian Church**
3700 Baseline Road, Boulder



Please observe and follow all parking signage.



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