Shabbat Services

Friday, October 4
7:30 PM Erev Shabbat Service

Saturday, October 5
10:00 AM Shabbat Shuvah Morning Service

Friday, October 11
7:30 PM Erev Shabbat Service

Saturday, October 12
10:00 AM ShabbASANA
10:00 AM Shabbat Morning Service at Chadeish Yameinu

Friday, October 18
7:30 PM Erev Shabbat Service

Saturday, October 19
10:00 AM Netter Bat Mitzvah
10:00 AM Sukkot Shabbat Service at Chadeish Yameinu

Friday, October 25
7:30 PM Rock Shabbat Service

Saturday, October 26
10:00 AM Shabbat Morning Service
10:00 AM Orzech Bat Mitzvah

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October 2019 ♡ Tishrei–Cheshvan 5779 ♡ Vol. 53, No 2

Temple Beth El
Jewish Community Center • 3055 Porter Gulch Road, Aptos, CA 95003 • 831-479-3444 • www.tbeaptos.org

Pizza in the Hut
Simchat Torah
Celebration

All School Family Service
Kindergarten Consecration

Sunday, October 20, 5:00 PM

You won’t want to miss this year’s Simchat Torah at TBE! We will begin in our TBE sukkah with “pizza in the hut” at 5:00 PM. Please RSVP to Sarah at sclarkson@tbeaptos.org with the number of adults and kids so we know how much pizza to order. Join us in the Sanctuary at 5:45 PM, for an all-school family service, which will also honor our kindergarteners as they begin their Jewish exploration with Temple School. After this, we move into the Social Hall. With our own variation of the joyous Simchat Torah traditional hakafot, we dance around with the Torah. Then we all help to unroll the whole Torah in a huge circle so that we can have the unique opportunity to glance at the Torah’s entire glorious cycle. Sleepy children (and adults) will be able to leave early, but those who stay will nosh (snack) and schmooz (chat) together as we wrap up the celebration with a delicious oneg.

Rock Shabbat

Friday
October 25
7:30 PM

Musical, spiritual, uplifting—for the whole family!
Spirituality

THOUGHTS FROM RABBI PAULA

“From the four corners of the world—red, black, white and green. Red is the blood, black is the innards and green for the body. Why from the four corners of the earth? So that if one comes from the east to the west and arrives at the end of his life as he nears departing from the world, it will not be said to them, "This land is not the dust of your body, it’s of mine. Go back to where you were created.” Rather, every place that a person walks, from there she was created and from there she will return.”

Midrash Yalkut Shimoni 1:13

Every Friday, Lily Howe took the 40 minute bus ride from her home in the Bronx to our home in White Plains. She worked hard cleaning our home, and most weeks, she babysat for my brothers while my parents and I went to Shabbat evening services. I always liked it when she stayed for dinner because she would make us fried chicken. I knew very little about Lily’s life. My grandfather called her “the colored girl.” That was the way most people I knew spoke about “the help.” I remember asking him once, what color he thought she was... Lily was kind to us, and she was also firm. She expected us to behave ourselves and for the most part, we did.

I hadn’t thought much about Lily over the years. But after my trip to Alabama and reading a number of books about racism I have started thinking about my place in the dynamic of white privilege and the messages I’ve been raised with.

Over the span of three days, I spent a few hours on the phone with my brothers and my mom, asking them questions about Lily. My youngest brother told me that he remembered when Lily’s oldest daughter was murdered. Her daughter was about 19 years old and she was stabbed to death. My brother told me he saw Lily crying about it with my mom. I didn’t remember this at all. I really know almost nothing about the conditions this woman lived in and she worked for us over the span of 15 years.

Another insight I’ve had recently, is that we always called Lily by her first name. Our other babysitter, a white woman, we always called Miss Campbell.

I grew up in the late 60’s and 70’s, after the Civil Rights Movement. I learned about Dr King and the Freedom Riders, but there’s so much I didn’t learn. As the midrash above teaches us, we are all created from the same earth. We also know that each and every one is created in the image of the Divine, with sacred worth. How can we listen to the voices of people of color who are sharing their stories now, and what are the stories and memories we might explore about how race has played out in our lives? During this new year, in the season of our return, how can we become more aware? I’ve been reading, watching and working hard to listen. I know that many of you have been doing this for years. We can each start from where we are and commit to staying with the process of understanding while we work for the changes that would bring our true values of equality and justice to bear.

Please visit our website for a list of books and movies on this subject. Reverend Deborah Johnson and I will be facilitating book groups after the new secular year. Our congregations will be reading the book, White Fragility, by Robin DiAngelo. I invite you to engage in this process together.

–Rabbi Paula Marcus

Rosh Hodesh Women in the Sukkah

Monday, October 14
6:00 PM

TBE Sisterhood and Rosh Hodesh women wish to invite all TBE women to join us for a vegetarian potluck dinner in our newly constructed Sukkah. Please join us under the stars for kibbitzing, singing, and enjoying one another’s company as we celebrate Sukkot, the Festival of Ingathering, and honor our foremothers.” Rabbi Paula will join us, leading us in prayer and song. We hope to see you there.

For transportation needs or information, please contact Shelly Nadelman-Douglass at (831) 428-6208 or shellyanadelman@gmail.com.

Rosh Hodesh Heshvan

Monday October 28, at 7:00 PM
with Lenore Hindin

We welcome the new month of Heshvan. Please feel free to bring a round food to share (optional). All women are welcome. Bring your friends!
At this time of the year I am reminded how lucky we are to have such rich traditions, and more importantly to have rich traditions of joy.

It seems every Jewish festival is celebrated with joy, although many have additional emotions added to the mix: awe on Rosh Hashanah, regret on Yom Kippur, freedom from oppression on Passover. However, Sukkot... Sukkot is pure joy! Even in our prayers, we call it simply ‘the season of our rejoicing.’

Given the season, it gives me even greater pleasure to announce that, after an exhaustive three month search, we have filled our office staff positions with people who fit—not just in function and talent, but who bring their own joy and spirit to our community.

Cynthia and Marilyn joined the TBE family in mid-September. Marilyn Valencia is now managing our front desk, calendar, and more. She has assisted in the past at various TBE events and is no stranger to Temple Beth El. Our inside Accounts Admin, Cynthia Carmen, has been on this side of the hill in the past, and now returns to the coast from the Los Gatos JCC.

We are thrilled to have them both on board. I know we are not a shy group by nature, so don’t start now, drop by the office and say hello.

—L'Shalom, Tanya Lorien

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**In The Temple Family**

**NEW MEMBERS—August**

Avihai Saady & Stacey Hendren
Michael & Anne Acheatel
Julia Ragen & Nels Andrews
James Feinstein
Jessica Breheny

**MAY THEIR MEMORIES BE FOR A BLESSING**

August 16 thru September 15

Leonard Cohen, beloved father of Rabbi Eli Cohen, Janice Cohen, and Aaron Cohen; grandfather of Jessica Mehlman and Michael Mehlman; father-in-law of Eli’s husband, Akiva Bankole.

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**NOVEMBER 2019 SHOFAR DEADLINES**

Articles are due October 3. Advertising deadline is October 4. Email text or advertising questions to mstein@tbeaptos.org or call (831) 460-1389. The Shofar is published September–June by Temple Beth El Jewish Community Center, 3055 Porter Gulch Road, Aptos, CA 95003. Phone (831) 479-3444, fax (831) 475-7246. A TBE membership benefit. Non-member subscription rate is $40/year. Vol. 53, No. 2. Marcia Stein, Editor/Publisher.

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General News

GET TO KNOW

Jenny & Ray Kaupp

It’s time to get to know familiar faces, Jenny and Ray Kaupp. Married for 44 years, they met in San Diego. Their love of redwoods and mountains brought them to Santa Cruz more than 30 years ago. Parents of two grown boys and two rescue dogs, the family remains close through monthly dinners together.

Jenny is a clinical psychologist. Ray spent many years in tech industry marketing, and more recently has been a professor and administrator at the community college level. They enjoy bird watching, live music, and the dog beach.

The Kaupps are quite involved in Temple Beth El regularly attending services, Torah study, Kabbalah classes, Tent of Abraham, and the Social Action Committee. Jenny has served on the Board of Directors and leads the Caregiver Support Group, as well as being a self-described ‘mean-dishwasher’ for community events. Jenny and Ray have traveled to Israel twice with TBE, and last month, Jenny went to the Arizona border to work with AZ Jews for Justice to help immigrant families—an experience she describes as quite moving.

Ray appreciates TBE’s role in being a platform for social justice activities and says; “Here is where we make the connections with people who think like us about how the world should work.” Jenny adds that TBE is where her friends are, where our work is, and where we study. “It’s my spiritual, social and intellectual home.” She values the people and Rabbis and reflects on just “how lucky we are!”

Congratulations to

Gail Michaelis-Ow, the 2020 Candy Coonerty Woman of Valor honoree.

Each year, as a tribute to Candy Coonerty’s legacy, the Woman of Valor award honors a Jewish woman who has served both the Temple community and the community at large. Save the date to honor Gail and all her contributions to the community at the Candy Coonerty Woman of Valor ceremony and celebration on Friday, February 21, 2020.

Sisterhood
Gift Shop

The Gift Shop has a fine selection of Jewish art calendars [16 month] which make excellent gifts, as well as three NEW lines of jewelry. Come to browse on Wednesday afternoons 2:30–6:00 PM and Sunday mornings 9:30 AM–12:00 Noon. If another time is easier for you, give us a call: Shirley (831) 685-2710 or Ruth (831) 476-1154. We are here to help!
Dear TBE community,

Our first days of the 2019/2020 school year went smoothly at Simcha Preschool. We’re so pleased to welcome back returning families, and new families too. So far, three families are benefiting from the generous income-based scholarship fund created by Edward Newman. Thanks Ed, for starting this program and helping families access our wonderful, play-based preschool!

The Simcha toddlers are starting to learn the ropes of their daily routines such as toileting, hand washing, and cleaning up. They are exploring play dough, paints, and building materials. The Preschoolers are enjoying their dramatic play area, magnetiles, drawing table, and outdoor play. Our Pre-K children are building community together while discussing the classroom guidelines for safety and kindness and enjoying the big yard where they get to play daily.

Our dedicated teachers have been bringing activities into their classrooms from “Greenify,” an ECE training masterminded by K. June Ellis of Soquel, CA. With a focus on personal self-care, emotional regulation techniques, and healing breathwork, the concepts stem from five elements (i.e. water, earth, air, fire and ether), as well as environmental sustainability. We are blessed to have ongoing teacher and staff coaching with June, a seasoned ECE and elementary school teacher, who was Rabbi Shifra’s son’s preschool teacher years ago.

We are looking forward to our Simcha Sukkot Potluck on October 18th when we get to celebrate the fall harvest with Rabbi Paula and our Simcha Preschool community!

Best wishes,

–Lisa Mendez, Director
Donor Recognition

Donor Spotlight: Mazon Project

Our donor spotlight this month acknowledges the longest running social justice project at TBE—the Mazon Project. Part of a much larger organization, our local chapter is 100% volunteer led and staffed since 1988! Currently at the helm are Robin Belkin and Chris Goldstein.

A team of dedicated participants sign up to help complete a full meal for 40 people currently experiencing homelessness—every single Sunday evening of the year. 52 weeks each year times five individual contributors equals 260 donations each year! Everyone from Chavurot Groups and B’nai Mitzvah students, to members honoring a special event, and folks who just want to ‘do something’ contribute to this wonderful effort. As Robin states; “We all want the world to be better and sometimes we just don’t know where to start.” We can’t fix everything, but we do know that there are people who are hungry right here, right now. “This is where you can live your values.”

The dinners are divided into five sections: main dish for 20 people (x2), veggies and rolls (x2), and dessert for 40 people. Some donors choose to purchase the meal, others prepare it themselves, some prepare it as a group at the shelter. There is the choice to drop off the food or stay and help serve. Some also choose to stay to dine with residents. As a 20-year regular volunteer and one time leader, Martha Jacobsen says; “It’s not just a chicken casserole. You are nourishing people’s souls, and your own as well. I am amazed by the gratitude of our recipients. We are telling them that we care!” Martha is also graciously volunteering to mentor new volunteers, to ride-a-long with her and to help out any way she can.

Chris would like to commend the extremely dedicated, compassionate and powerful group of volunteers who have kept this program thriving for so very long. He would also like to emphasize that when you “do something tangible to help someone else, you often receive something greater in return.” He goes on to explain, “We know we aren’t solving the homelessness crises, but we are lighting a candle in the darkness.”

There are important causes, often too many of them to comprehend. But unfortunately, hunger and food insecurity is one that seems to never fade. Second Harvest Food Bank estimates that one-in-five adults and one-in-four children in our county are experiencing hunger and food insecurities.

So a very long overdue and heartfelt TODAH RABAH to the entire group of TBE Mazon volunteers who, in Martha’s words, have the attitude of; “I should and I can, so I will!” Thank you ALL!
Contributions  August 8–September 5

BIMA ACCESSIBILITY CAMPAIGN
In memory of Alan Miller
Renee Winter and Paul Roth

BUILDING FUND
In memory of Milton Cornblatt
Mimi Stein

CARING COMMITTEE FUND
In memory of Alan Miller
Linda Fields

CHOIR FUND
In loving memory of Alan Miller
Emily Sinclair
In memory of Alan Miller
Murray and Sheila Baumgarten
Marilyn Rigler
Ray Levinson and Joe Vela
Joan Levine
Sandra and John Warren
Julie Lorraine and Barry Marks
Robert and Michele Kibrick
In memory of Michael Shikora
Meryl Selman and Dave Ptak
Julie Lorraine and Barry Marks
In memory of Milton Cornblatt
Olive Pechner
In memory of Esther Weill, Julie’s grandmother
Julie Lorraine and Barry Marks

GENERAL MEMBERSHIP SERVICES FUND
Wishing a speedy recovery for Richard Nanas, who has made so many good things possible
Andrew Marcus
In honor of Gail Levine
Margie Kern-Marshall
In honor of Kathleen Allari’s Bat Mitzvah
Lisa Nagamine

In honor of Amy Harrington for her many kindnesses to me
Margie Kern-Marshall
In loving memory of Scott Fleigel believed cousin of Tanya Lorien
Rabbi Paula Marcus
In loving memory of my dear grandmother Ruth Levine Chandross
Elana and Alexander Titus
In memory of Alan Miller
Mark and Eileen Hirsch
Joyce and Roger Miller

HIGH HOLIDAY 2019 YISKOR DONATION
In loving memory of Bea and Leo Greenberg
Rivka Greenberg

ILSA E. ROWE HEBREW SCHOOL ASSISTANCE FUND
In memory of Sade Tannenbaum
Harold and Francine Raphael

JANET ROTHCHILD ROCK SHABBAT FUND
In memory of Jane Michaelis
George Ow and Gail Michaelis-Ow
In memory of Alan Miller
George Ow and Gail Michaelis-Ow

JANET ROTHCHILD ROCK SHABBAT JANUARY 24, 2020 SPONSORSHIP
A gift
Scott Roseman and Jasmine Berke

MINYAN FUND
In memory of Milton Cornblatt
Joan Levine

ONEG FUND
In loving memory of my grandmother,
Ruth Levine Chandross
Elana and Alexander Titus

PIANO FUND
In loving memory of Alan Miller
Terry and Jerry Spodick
Robert and Catherine Cooper
In memory of Alan Miller
Carol Maler
Meryl Selman and Dave Ptak
Mimi Stein
Paul and Carol Berman
Julie Lorraine and Barry Marks
Jacob Young
Lester and Martha Miller

RABBI LITVAK DISCRETIONARY FUND
Thanking you for officiating at my mother’s memorial service
Debra Bicknell and Kevin Curry

RABBI MARCUS DISCRETIONARY FUND
In memory of my loved ones
Michelle Simon
In memory of Anita Kessler, mother of
Diana Rose
Joan Levine

SENIOR CONNECTIONS FUND
Wishing a speedy recovery for Jack Gelb, beloved husband, father, and grandfather
Lorrene Gelb

SIMCHA PRESCHOOL FUND
In memory of Natalie Weill
Julie Lorraine and Barry Marks

TEMPLE SCHOOL SCHOLARSHIPS FUND
In memory of Milton Cornblatt
Phyllis Rosenberg and Janice Macias

YOUTH SCHOLARSHIP/CAMPERSHIP FUND
In memory of Milton Cornblatt
Gail Levine and Emily Wughalter

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Community Picnic and Temple School Opening Day—September 2019

Social Action

Brotherhood Work Day June 2019

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<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
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| **1**        | Rosh Hashanah Second Day Service 10:00am  
Tashlich at Natural Bridges & Rio Del Bar Beaches 5:30pm  
Simcha Closed | **2**        | **3**        | **4**        | **5**        | **6**        |
| **7**        | No Temple School | **8**        | Library Staffed 3:00pm  
Women's Song Circle 7:00pm (out)  
No Chair Yoga  
No Temple School  
7th Grade & Hebrew High | **9**        | Erev Shabbat Service 7:30pm  
Office & Simcha Closed | **10**       | **11**       |
| **14**       | Senior Connections 1:30pm  
Women's Potluck in the Sukkah 6:00pm  
Erev Sukkot  
Sukkot | **15**       | **16**       | **17**       | **18**       | **19**       |
| **20**       | Shemini Atzeret Service at CY 6:30pm  
Baby Bunch 11:00am  
Simcha Torah Service at CY 6:30pm  
Women's Song Circle 7:00pm (out)  
NFTY C-DUBB Smash  
No AM Temple School | **21**       | **22**       | **23**       | **24**       | **25**       |
| **27**       | Sukkah Take Down 9:00am  
Temple School Grades K–6 and Third Grade Parent Participation 9:45am  
Adult B'nai Mitzvah Class 12:30pm | **28**       | **29**       | **30**       | **31**       | **32**       |

All events are subject to change. Please check the Temple website. www.tbeaptos.org or call the office at 831-479-3444 to verify information.

info@tbeaptos.org • www.tbeaptos.org • October 2019 • The Shofar
Activities & Events

The Fall Lifelong Learning Brochure Is Here!

The fall Lifelong Learning brochure is available now, both online and as an insert in this Shofar. The TBE Lifelong Learning Committee has put together an exciting lineup of class offerings, evening salons, and other educational programs and events. What a great way to start the New Year!

See the activities that start in October below, and get more information in the enclosed brochure.

Adult B’nai Mitzvah Class
with Rabbi Shifra Weiss-Penzias
Sundays, October 13, 27, November 3, 17, 24 and December 8, at 12:30 PM

Jewish Values and Food Justice—A Sukkot Celebration and Potluck
Tuesday, October 15, 6:00 PM

Introduction to Kabbalah, Part 2
with Peter Cardilla
Wednesdays, October 16, 23, 30, November 6, 13, 20, December 4, 11, 18 at 7:00 PM

Kavod Café—Holy Friends
with Holly Blue Hawkins and Rose Ashford
October 17, 7:00–8:30 PM

Lunch and Learn
with Rabbi Paula Marcus
 Thursdays, 12:00–1:00 PM, starting October 24

A Taste of Mussar
with Rose Ashford
Mondays, October 28, November 4, 11, 18, 7:00–8:30 PM at Chadeish Yameinu

Brotherhood Assembles the Sukkah Once Again

Sunday, October 13, 9:00 AM sharp

Calling all folks handy with a ladder and a hammer to help Brotherhood once again construct the temple’s Sukkah! We’ll meet outside the Social Hall. It’s fun, according to the guys who have helped in past years (maybe it’s the free food that causes that reaction). If you’re interested, let Dan Iuster know at dan@iuster.com.

Justice, Justice Shall You Pursue
with Andrew Goldenkranz
Wednesday, October 30, 7:00–9:00 PM at the home of Elise and Jim Atkins

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Activities & Events

TBE Men’s Writing Group

Our ongoing and successful men’s writing group is looking for new members! We meet twice a month at the temple, every other Tuesday afternoon at 2:30 PM. First timers or accomplished writers in any genre are welcome. As a co-operative group we believe in the value of positive support for the betterment of our craft and the richly rewarding adventure of personal discovery through writing. Please contact Dan Phillips, at 831-818-4552 or at dipmensch@aol.com.

Senior Connections

October 14
Can we protect the oceans and the communities that depend on them? A local approach goes global with FishWise director, Tobias Aguirre

October 28
UCSC Professor Emeritus Bob Kibrick: Challenges to Democracy (insecure voting systems, gerrymandering, voter suppression, electoral college) and current efforts to address each challenge

Programs are 2:00–3:30 PM in the TBE library. Come at 1:30 PM to nosh and schmooze. Open to the public. Free.

Save the Date

Beth El Bim Bam
Friday, November 15, 5:45 PM

Rock Shabbat
Friday, November 15, 7:30 PM

Sisterhood Speaker Series
Women’s Health Rights—Healthcare
Sunday, November 17, 1:30 PM

Challah Making
Thursday, November 21, 3:30 PM

Pre/K–12th Grade
Open House October 20, 11:00 am

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Rosh Hodesh

RAC Lobby Day 2019

Torah Tales in the Trees
June 2019